

**ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY
PLANNING & OVERSIGHT COMMITTEE MINUTES
JUNE 8, 2016**

Planning & Oversight Committee Chair, J. Robert Fowler, Ph.D., called the meeting to order at 4:00 p.m.

Committee Members Present: Elsie Caraballo, J. Robert Fowler, Ph.D., Pythias D. Jones, M.D., Katie Kern-Pilch, MA, ATR-BC, Steve Killpack, MS, LPC-S, Mary M. Step, Ph.D., Mary R. Warr, M.Ed., Anngela Williams

Other Board members: J. Richard Romaniuk, Ph.D. / **Absent:** Reginald C. Blue, Ph.D.

Board Staff Present:

William M. Denihan, CEO, Frank Brickner, Michael Doud, John Garrity, Carol Krajewski, Dave Lambert, Michelle Myers, Linda Torbert

1. APPROVAL OF MINUTES

The May 11, 2016 Planning & Oversight Committee (P&O) minutes were approved as submitted. Ms. Warr asked the record to show that her rationale for voting “no” on the recommendation for the Representative Payee Program at last month’s meeting was due to her hesitancy about the Assured Payee Service provider that consists of one person. She has asked that this provider be invited to present at a future P&O Committee meeting.

Follow-up on Murtis Taylor Human Services System Pharmaceutical Management – The Board has executed a contract with the Visiting Nurse Association to independently evaluate and produce a status report of MTHSS accomplishments regarding their pharmacological service with Residential Care Facilities. Mr. Denihan noted that a full report will be presented to P&O Committee members in July.

2. SUBURBAN JAIL LIAISON REPORTS

Michael Doud, Adult Behavioral Health Services Administrator, introduced Erin Tilbert, LPCC-S, Associate Director of Forensic Services at Recovery Resources, and David Brown, M.Ed., NCC, LPCC-S, Director Adult Behavioral Health & Residential Services. Mr. Doud explained that the Municipal Court Forensic Liaison Program is designed to assist with early identification of offenders with mental health and addiction treatment needs in both the Cleveland and Suburban Municipal Court systems; services offered to clients include screening, referral and linkage services. The program also offers consultation and technical assistance to the courts regarding the coordination of mental health and addiction services.

Forensic Liaisons, Amanda Kafesak and Floyd Rice, shared information about the program and noted that the data shows increasing numbers of referrals throughout our county from 2014 to 2016. Referrals come from a variety of places (e.g. City of Cleveland, Lakewood, Rocky River, Shaker Heights, Cleveland Heights, East Cleveland, Euclid, Solon, Parma and Berea.) Liaisons are the first leg to clients receiving services. The program helps not only the offender but also their family members to understand the services available in the community. Additionally, the Forensic Liaison Program also serves the courts with technical assistance.

3. WELLNESS PROGRAM: THE CENTERS FOR FAMILIES AND CHILDREN

Mr. Denihan invited Nicole Martin, LPCC-S, Director of Services Integration at the Centers for Families and Children, to elaborate on the wellness program aimed at creating a healthy environment for clients. Mr. Doud noted that the Board invested funds into the Center’s Integrated Health & Wellness Program in 2014. The Summary of CY2015 Utilization of Services is the 1st Annual Report.

Ms. Martin noted that The Centers started its wellness programming in 2009 with a SAMHSA Healthcare Integration four-year grant to integrate behavioral healthcare and physical healthcare on site at a community mental health center. Wellness was an important component. Thankfully, the ADAMHS Board stepped in to support the expansion of services. The initial components included therapy, yoga, smoking cessation to help clients in reducing depression and anxiety and increased participation in The Centers other services. In 2015, the Stanford CDSM (Chronic Disease Self-Management Model) was added. (The Annual Report including client completion rates and activity schedules is attached to the original minutes stored in the Executive Unit.)

4. SFY 2017 COMMUNITY PLAN

John Garrity, Chief Quality Officer, explained that the SFY2017 Community Plan draft contains information from the needs assessment and work resulting from the Request for Information funding process, the Recovery Oriented System of Care Survey, etc. He noted that no action is requested at this time as the document is a work in progress.

Although OhioMHAS officials at a training in late April announced that the Community Plan will not impact funding to Boards for the budget biennium, our Board feels strongly that the Community Plan should drive funding decisions. A new state law will require all ADAMHS Boards to offer a complete continuum of care for clients with addiction treatment needs. Our Board intends to prepare our Community Plan submission and a second document that will be capacity based and illustrate the unmet needs in Cuyahoga County.

Committee Member Input:

- Recommend using the Community Plan components as a training piece for Board of Directors.
- CEO Denihan suggested utilizing color/bullets to highlight important issues in the Community Plan submission.
- Suggest writing transitional summaries to help identify talking points.
- Consider the promotion at the state level a coordinated effort to bring together criminal justice and behavioral systems on behalf of clients.

5. Y-HAVEN TRANSITIONAL HOUSING & TREATMENT

CEO Denihan reported that Y-Haven is not a contract agency of the ADAMHS Board; however, this YMCA of Greater Cleveland program does an incredible job of providing transitional housing, recovery and treatment services, education training, vocational services and permanent housing placement to men who are homeless. Y-Haven has the capacity to serve 113 single homeless men at a time in its transitional housing program. It received notice on 5/02/16 that funding would be discontinued from the Department of Housing and Urban Development (HUD) as of 5/31/16 and had only one month to figure things out. The reduction to this program took a 75% hit resulting in a reduction of \$840,000.00.

ADAMHS Board staff has met several times with Y-Haven to consider how the Board could assist in keeping the program operating. Mr. Denihan noted that he has received numerous letters of support from various provider agencies. There is no request for action at this time; the intent is to bring a funding request to the Finance & Operations Committee after additional meetings are held. In the meantime, Y-Haven staff have been invited to share this important issue with Planning & Oversight Committee members.

Representatives from Y-Haven included Executive Director, Ed Gernerchak, Clinical Director, Phil Buck, and Acting CEO of YMCA, Joe Cerny. Mr. Gernerchak thanked the committee for permitting Y-Haven to present their recent challenges and explained that HUD has routinely funded Y-Haven for more than 20 years. The recent notice and change reflects a change of Federal priorities to reallocate funds from transitional housing programs nationally to permanent housing programs.

Y-Haven is now looking for bridge funding to cover expenses in order not to close and continue to serve homeless men in our County. The bridge funding will allow the program to operate while it transitions to Medicaid funding. The estimate of need is \$500,000.00. To date, the agency has raised \$325,000.00 which is 64% of its goal. It was noted that the City of Cleveland voted to provide \$240,000.00. Y-Haven has received CARF accreditation last October and has been certified by OhioMHAS to provide outpatient treatment and as a half-way house.

Y-Haven is a branch of the YMCA and is located at 6000 Woodland in the Carl B. Stokes Social Services Mall run by CMHA. Transitional housing is provided for up to 113 homeless men at a time and stay in 1, 2, or 3 person units, each with its own bathroom and kitchen. Referrals come exclusively from the Cuyahoga County Homeless Coordinated Intake Office that is run by FrontLine Service. Each person coming to Y-Haven enrolls in a 90-day intensive outpatient addiction treatment program. After the 90-day period, residents enter the continuing care services; they meet with their case counselor, attend aftercare groups, see case management to help them find work, housing, etc. Most residents stay about 6 months.

- In 2015, Y-Haven served 183 men; averaged 108 men at a time; capacity level was 94%.
- 68% completed their 90-day treatment program (according to 2011 national average for finishing a 90-day treatment program was 45%; and in Ohio was 38%).
- 84% of residents moved into permanent housing when they left the program; this exceeds the HUD targets.
- Average age of residents – 37 years of age
- 43% have a co-occurring mental illness
- 36% have a chronic health condition
- 31% have a physical disability
- 21% are employed at exit
- 34% have Social Security Income (SSI) or Social Security Disability Income (SSDI)

Board member, Mary Warr, requested that vocational/employment information be included in outcome data.

Board member, J. Richard Romaniuk, Ph.D., LISW, LICDC, strongly advocated for Y-Haven and reported on his experience with the program through his work at the Louis Stokes Cleveland Veterans Administration Medical Center in addressing the needs of homeless men with addiction issues. Dr. Romaniuk passionately stressed that the system and community must do everything it can to save Y-Haven and the services it provides. (Dr. Romaniuk's letter of support for Y-Haven, distributed to P&O Committee members, is attached to the original minutes stored in the Executive Unit.)

6. FUTURE P&O COMMITTEE TOPICS

July 2016

- Process for Mid-Year Review of Two-Year Contracts
- Evaluation of Community Psychiatric Supportive Treatment (CPST) Services

September 2016

- Update on New One-Year Contracts
- Behavioral Health Re-Design
- Recovery Oriented System of Care Update
- Lifetime Planning

Tentative Dates/Topics

- Representative Payee Services Update
- HIPAA Security Risk Assessment
- Needs Assessment – October 2016

There being no further business, the meeting adjourned at 5:40 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: J. Robert Fowler, Ph.D., Planning & Oversight Committee Chair