

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT COMMITTEE MINUTES

JUNE 14, 2017

PRESENT: J. Robert Fowler, PhD, Committee Chair, Elsie Caraballo, Pythias D. Jones, MD, Katie Kern-Pilch, MA, ATR-BC, Steve Killpack, MS, Mary R. Warr, M.Ed., Anngela Williams

ABSENT: Reginald C. Blue, PhD, Mary M. Step, PhD

BOARD STAFF PRESENT:

William Denihan, C.E.O., Frank Brickner, Holly Butterfield, Michael Doud, Tami Fischer, John Garrity, Valeria Harper, Myra Henderson, Derrick Kirklen, Carol Krajewski, Dave Lambert, Michelle Myers, Farid Sabet, MD, Starlette Sizemore-Rice, Linda Torbert

1. CALL TO ORDER

Dr. Fowler, Planning & Oversight Committee Chair, called the meeting to order at 4:00 p.m.

2. APPROVAL OF MINUTES

The Planning & Oversight Committee minutes of May 10, 2017 were approved as written.

3. PUBLIC ACADEMIC LIAISON (PAL) PRESENTATION

Dr. Robert Ronis, Chairman of the Department of Psychiatry of University Hospitals of Cleveland, presented an update on the Public Academic Liaison (PAL) program via a power point presentation. The program's original concept was to provide direct clinical services and in-service training by dedicated faculty and residents in psychiatry to its constituent agencies.

The presentation included a review of the history and mission of the PAL program, an explanation of MEDTAPP (Medicaid Office of Technical Assistance and Program Policy) and its impact on PAL expansion, a list of accomplishments from the past year and a discussion of the current challenges and opportunities. A hard copy of the presentation is attached to the original minutes stored in the Executive Unit.

Dr. Farid Sabet, Chief Clinical Officer, thanked Dr. Ronis for the comprehensive presentation that elaborated also on the potential shortage of psychiatrists and medical training and thanked Dr. Ronis for his community-minded leadership throughout his career. Dr. Sabet addressed the issue of training for both adult and child psychiatrists in the area of addiction and asked Dr. Ronis for this opinion about the inclusion of this component for clinicians so that it is not necessary to wait for a specialist. Dr. Ronis noted that efforts are underway to enhance the training curriculum around addiction issues as clients with co-occurring disorders are directing this need.

4. PERMISSION TO RELEASE REQUEST FOR INFORMATION (RFI) FOR ADULT MENTAL HEALTH RESIDENTIAL CARE

Michelle Myers, Adult Behavioral Health Specialist, noted that on May 8th, Murtis Taylor Human Services System informed the ADAMHS Board of its intent to discontinue the operation of adult mental health residential care services. Consequently, ADAMHS Board staff requests authorization to release a Request for Information to identify other providers interested in this providing this service.

The RFI will outline the program goals/objectives released to service provider agencies and will clarify that agencies will not be responsible for building or maintenance issues as the facilities are currently owned or managed by other entities. Ms. Myers noted that RCF's serve clients who are transitioning out of hospitals and are most in need of supportive housing environments.

For the purposes of clarity, Ms. Warr suggested that the RFI emphasize the precise number of residential beds in question. Ms. Harper noted that Board staff intends to re-visit the specific use of residential beds going forward.

Motion to recommend authorization to issue a RFI for the provision of adult mental health residential services to the full Board. MOTION: P. Jones / SECOND: S. Killpack / AYES: E. Caraballo, P. Jones, K. Kern-Pilch, S. Killpack, M. Warr, A. Williams / NAYS: None / ABSTAIN: None / **Motion passed.**

5. MEDICATION ASSISTED TREATMENT (MAT) RECOVERY HOUSING – CLEVELAND TREATMENT CENTER

Derrick Kirklen, Adult Behavioral Health Specialist, noted that the ADAMHS Board, in response to the opiate epidemic in Cuyahoga County, reviewed the existing Respite Program-Residential Care Facility (RCF) and determined that more effective use of resources would be to convert the use of the facility from a RCF to a structured recovery living environment.

The Cleveland Treatment Center (CTC) represented by Ms. Antoinette Gray, MSW, CDCA, RA, reported that the CTC recently submitted a program and budget proposal to serve eight (8) to sixteen (16) clients in a (Level III) Recovery Housing environment for a period of six (6) months or one hundred and eighty (180) days for:

- Persons successfully completing detox and in need of treatment and housing until a non-medical community residential treatment bed is available, and
- Person receiving MAT (Medication Assisted Treatment-Suboxone or Vivitrol) who need to maintain living in a recovery/sober environment that offers treatment services.

The goals of the MAT Recovery House would be to provide interim maintenance, case management, and recovery supportive services to individuals ready for treatment. The CTC will utilize a person-centered, strength-based approach to promote the active participation of the client, in creating a recovery plan and making decisions to support recovery skills, foster independent living, promote community integration and increase the length of overall health and recovery while decreasing the risk of relapse. The power point presentation presented by Ms. Gray is attached to the original minutes stored in the Executive Unit.

Motion to recommend entering into a contract with Cleveland Treatment Center for the provision of Medication Assisted Treatment Recovery program to the Finance & Operations Committee. MOTION: K. Kern-Pilch
SECOND: P. Jones / AYES: E. Caraballo, P. Jones, K. Kern-Pilch, S. Killpack, M. Warr, A. Williams / NAYS: None
ABSTAIN: None / **Motion passed.**

6. PLAN FOR CURES

- **Medication Assisted Treatment** – Frank Brickner, Chief Financial Officer, noted that the CURES Act is a federally funded program passed by Congress to combat the prescription opioid and heroin crisis. Ohio applied for funding and will receive \$26 million for each of the next 2 years. Approximately \$15 million will go to ADAMHS Boards state-wide. The remainder will be kept by the state for some of its own initiatives around prevention, etc.

The purpose is to increase access to medication assisted treatment. Cuyahoga County was notified that we will receive an allocation of \$2,125,000.00 for the 1st year; the 2nd year funding amount is not yet known. Our county has been directed to spend the funds in 3 areas as listed: MAT, Quick Response Protocol Pilot Program, and Peer Recovery Support for Substance Abuse Disorders. As we did not receive the \$5 million requested from the state, we are still negotiating with the state around the budget. Mr. Brickner noted that CURES Act funds cannot be spent on expenses for food, utilities, and/or administrative costs. Consequently, the Board may have to back out some of its expenses.

- **Quick Response Protocol Pilot Program** – This program fast tracks clients into detoxification programs. The Board is working with several police departments on this initiatives. The program will assist individuals revived from a heroin/fentanyl overdose. Police will assess the person on the scene or in the Emergency Room to determine if the person is serious about receiving treatment. If so, they would be transported to one of the three detox programs.
- **Peer Recovery Support for Substance Abuse Disorders** – We hope to bring this initiative to the Board soon as we identify peer support for addiction programs. The peer supporters will help clients to manage their recovery from substance abuse and live a sober life style.

Valeria Harper, Vice President of Operations, noted that Board staff found it disappointing to learn that peer support staff cannot be assist with any mental health-related services. Additionally, all peer or recovery supporters hired through these funds must be certified by OhioMHAS.

7. OLD/NEW BUSINESS

- Ms. Katie Kern-Pilch, community member of the P&O Committee, presented a framed proclamation to CEO William M. Denihan from the Buckeye Art Therapy Association recognizing him for his role as an artist and advocate who has enhanced public awareness of mental illness and/or addiction through the display of client art at the ADAMHS Board, in publications and for funding art therapy programs throughout our county.

8. AUDIENCE COMMENT - None

There being no further business, the meeting adjourned at 5:15 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: J. Robert Fowler, PhD, Planning & Oversight Committee Chair