ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT COMMITTEE MINUTES FEBRUARY 8, 2017

<u>Committee Members Present:</u> Reginald C. Blue, Ph.D., Eugenia Cash, LSW, MSSA, CDCA, Robert Fowler, Ph.D., Pythias D. Jones, M.D., Katie Kern-Pilch, MA, ATR-BC, LPC-S, Steve Killpack, MS, Mary M. Step, Ph.D. **Absent:** Elsie Caraballo, Mary R. Warr, M.Ed., Anngela Williams

Board Staff Present:

Valeria Harper, Vice President of Operations, Frank Brickner, Michael Doud, John Garrity, Myra Henderson, Carol Krajewski, Dave Lambert, Scott Osiecki, Michaele Smith, Maggie Spellman, Linda Torbert, Tom Williams

1. CALL TO ORDER

Planning & Oversight Committee Chair, Robert Fowler, called the meeting to order at 4:00 p.m. Ms. Harper read aloud the Committee Mission Statement: "The Planning & Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of clients, their families, and the community."

2. APPROVAL OF MINUTES

The Planning & Oversight Committee meeting minutes for January 11, 2017, were approved as submitted.

3. HEROIN CRISIS PARTNERSHIP UPDATE

As a follow-up to last month's Heroin Crisis Partnership overview, Ms. Harper explained that the partnership aims to expand the number of treatment beds, recovery beds, and sober housing. On 2/02/17, ADAMHS Board staff met with Merle Gordon, Director of Cleveland's Department of Public Health, along with a representative from Mayor Frank Jackson's office, Ms. Natoya Walker-Minor, Chief of Public Affairs, to go over the Cleveland's partnership portion of \$250,000.00 towards the overall allocation.

The partnership document references the addition of 113 beds (residential treatment, recovery beds, and sober beds) – 97 of which will be located within the City of Cleveland. Ms. Harper elaborated on the various facilities identified. Actual legislation will be needed to address the allocation and will be presented before Cleveland's City Council by both Mr. Gordon and CEO Denihan in the spring.

Dr. Step asked to go on record that she appreciates the steps being made to increase the number of treatment, recovery and sober beds; however, she advocated for "being absolutely bold" about the importance of prevention efforts. She referenced the CBS television program that identified Cuyahoga County as the epicenter of the heroin epidemic in Ohio and encouraged Board members to strongly advocate for prevention efforts by outcome--whether it is targeting specific groups—those relapsing, young people engaged in casual use, physicians who are over-prescribing.

Dr. Jones referenced remarks made to a BBC reporter by the President of Mexico who stated that there is nothing in place to address the demand/craving for drugs by Americans. Dr. Jones noted that, in addition to the various steps planned, a challenge is to work to determine the root cause of people being so unhappy that they want to change their mood by using drugs.

Scott Osiecki, Director of External Affairs, and Ms. Harper shared with committee members the various prevention efforts currently untaken by the ADAMHS Board:

- OhioMHAS Cures Act
- Heroin Prevention Campaign billboards, bus placards, radio shows, social media, etc.
- Public Art Mural Project which also includes prevention emphasis for participating youth.
- Community Recovery Advocacy Meetings communication portal for those affected by addictions
- Formation of Youth Advisory Council to gather input and create prevention components

The concept of establishing an ad hoc committee to focus on this important issue was raised; Dr. Step noted her interest in leading such an effort. Ms. Cash noted that this suggestion would be taken under advisement.

4. QUICK RESPONSE PROTOCOL PILOT PROGRAM

Ms. Harper noted that Commander Gary Gingell, is the lead person from the Cleveland Division of Police, Narcotics Unit, working with his team around the significant number of overdoses both fatal and non-fatal. The Quick Response Protocol Pilot in Cuyahoga County is a plan to assist in reducing the number of deaths by heroin/fentanyl overdose.

The ADAMHS Board of Cuyahoga County in partnership with the Cleveland Division of Police Narcotics Unit and the Cuyahoga County Sheriff's Office is ready to implement a new 24-hour Quick Response Protocol and Pilot Program to help individuals revived from a heroin/fentanyl overdose with Naloxone get into detox and treatment following stabilization. Ms. Harper identified the preliminary components of a Quick Response Protocol Pilot Program. Specific details of the pilot program are yet to be developed. The next steps are to schedule site visits to assure that the various components and facilities are able to respond 24/hours, 7-days/week. The pilot intends to target up to 20 individuals with the goal of ironing out any wrinkles.

- The anticipated pilot launch is 3/01/17 in Cleveland's First and Second Police Districts with consideration for a pilot program also with the City of Lakewood.
- Police would screen at the scene and/or the emergency room to determine if an individual was serious about receiving treatment. When a person is determined to be a good candidate, police will facilitate a phone screening with one of the three detox providers; Stella Maris, Salvation Army Harbor Light and St. Vincent Rosary Hall.
- The police or sheriff's office will bring the person to the detox provider. The individual must want to be taken for treatment -- no one will be transported without consent.
- The pilot is for 12-months, with reviews held every two months. Academic partner, Cleveland State University (CSU), will assist by collecting data and conducting research on the efficacy of this pilot program. Police will also be provided information whether a person successfully completes or terminates treatment.
- In order to communicate between the providers, the Board, CSU and law enforcement personnel regarding specific individuals, a Release of Information must be completed at the provider agency per the confidentiality requirements of HIPAA and 42 CFR.

Upon learning that the pilot will include Recovery Coaches in order to provide peer-to-peer conversation that may lead to agreeing to treatment, Dr. Fowler inquired about the possibility of Recovery Coaches riding along with police. It was noted that confidentiality is also an issue that must be addressed.

Ms. Kern-Pilch indicated an interest in seeing statistics about how much of Naloxone has been dispensed and how many people have been saved through the use of Naloxone. She felt that this might be good information to share as well as the number of heroin overdoses.

5. EPILEPSY ASSOCIATION: TIME PROJECT

Ms. Harper noted that the Targeted Self-Management of Epilepsy and Mental Illness (TIME) program is a self-management model that is recovery-oriented and evidence based. It would offer a tool for professionals working with individuals living with epilepsy and mental illness that is not currently available and would provide another treatment option for clients looking to improve their lives. Family members of people with epilepsy will also learn skills that help them support individuals with epilepsy.

Ms. Harper introduced Kelley Needham, CEO of the Epilepsy Association, and Dr. Martha Sajatovic, MD, from University Hospitals, who provided specifics on the recommended TIME program.

Motion to recommend approval of the Epilepsy Association's TIME Project and funding allocation in an amount not to excel \$55,000.00 to the Finance & Operations Committee. MOTION: R. Blue / SECOND: K. Kern-Pilch AYES: R. Blue, E. Cash, K. Kern-Pilch, S. Killpack, M. Step / NAYS: P. Jones / ABSTAIN: None / Motion passed.

6. DAY TREATMENT: JUVENILE COURT

Linda Torbert, Children's Behavioral Health Administrator, noted that the Day Reporting Program has been in existence since 1995 and is considered a short-term alternative to restrictive placements such as residential treatment, detention center, or correctional institutions. The program is solely used by Cuyahoga County Juvenile Court and the Division of Children & Family Services. Typically the youth served are between the ages of 11 and 18.

The program goals, through Applewood Centers, will serve up to 60 youth through ADAMHS Board funding. Of the youth projected to be served, 75% will be diverted from the Detention Center, avoid residential placements or hospitalization and avoid recidivism for offenses or deeper court involvement.

Motion to recommend approval of funding in the amount not to exceed \$122,000 to maintain the Day Reporting Program for CY2017 to the Finance & Operations Committee. MOTION: R. Blue / SECOND: K. Kern-Pilch AYES: R. Blue, E. Cash, K. Kern-Pilch, S. Killpack, M. Step / NAYS: P. Jones / ABSTAIN: None / Motion passed.

7. SHARES AGGREGATE REPORT

Dr. John Garrity, Chief of Quality Services, provided an update on the progress of SHARES (Shared Health and Recovery Enterprise System). During CY2016, the Board initiated a pilot with Catholic Charities, Recovery Resources, Stella Maris, and Northcoast Behavioral Health Community Care Services Network; pilot agencies have enrolled clients, submitted service authorizations, collected outcomes and submitted claims.

Presently, all prevention service agencies have been trained and are ready to submit claims and prevention outcomes. Due to a delay in obtaining Medicaid data, the training for five other provider agencies is now underway for Community Assessment & Treatment Services, The Centers, Connections, FrontLine Service and Murtis Taylor Human Services System. Other smaller agencies will be scheduled for training thereafter. The former MACSIS System is scheduled to go down on 7/01/17.

Aggregate data and charts regarding the number and types of records processed in SHARES during CY2016 was reviewed; the document is attached to the original minutes stored in the Executive Unit.

8. STRATEGIC PLAN UPDATE

Dr. Garrity reported that RAMA Consulting has been working with the ADAMHS Board to gather community input and develop a 3-year Strategic Plan. A two-day summit was held in December 2016; since that time, a one-day board retreat was held. Moving forward several smaller internal meetings will be held to develop specific action steps for the various goals. The intent is to have a draft ready for review and input by Board members during March and its approval scheduled for the April meeting cycle.

9. OLD/NEW BUSINESS

- ORCA House Update Michael Doud, Adult Behavioral Health Administrator, shared background information
 regarding several issues connected with ORCA House's physical plant. He noted that the Board had received in
 November 2016 a complaint about the agency's facility and most of the deficiencies were addressed at that time.
 Recently, a family member lodged another complaint about ORCA House's condition with a TV reporter as noted on
 the local evening news. It was noted that the City of Cleveland has conducted another inspection and will provide
 the agency with a list of deficiencies to correct.
- Ms. Harper was pleased to introduce Michaele Smith, a new staff member assigned to the Planning and System Development Team and who will also serve as her Administrative Assistant.

■ FUTURE P&O COMMITTEE TOPICS

- Aggregate SHARES Report
- Heroin Crisis Partnership
- HIPAA Security Risk Assessment
 - Security Policies
 - Privacy Policies
- Lifetime Planning

There being no further business to discuss, the meeting adjourned at 5:30 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: J. Robert Fowler, Ph.D., Planning & Oversight Committee Chair