ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY PLANNING & OVERSIGHT COMMITTEE MINUTES JUNE 13, 2018

<u>Committee Members Present:</u> J. Robert Fowler, Ph.D., Elsie Caraballo, Katie Kern-Pilch, MA, ATR-BC, Steve Killpack, MS, Eugenia Kirkland, LSW, MSSA, CDCA, Rev. Brenda Ware-Abrams

<u>Absent:</u> Reginald C. Blue, Ph.D., Pythias D. Jones, M.D., Mary M. Step, Ph.D.

Board Staff Present:

Scott Osiecki, Chief Executive Officer, Carole Ballard, Tonya Birney, Michael Doud, Cheryl Fratalonie, John Garrity, Felicia Harrison, Derrick Kirklen, Carol Krajewski, Vicki Roemer, Starlette Sizemore-Rice, Maggie Spellman, Maggie Tolbert, Linda Torbert, Jessica Torres, Beth Zietlow-DeJesus

- 1. CALL TO ORDER: Dr. Robert Fowler, P&O Committee Chair, called the meeting to order at 4:00 p.m.
- 2. APPROVAL OF MINUTES: The Planning & Oversight Committee minutes of 5/09/18 were approved as written.

3. <u>NORTHEAST OHIO REGIONAL COLLABORATIVE: WITHDRAWAL MANAGEMENT-DETOXIFICATION AND MENTAL HEALTH CRISIS EXPANSION</u>

As the State Budget for SFY2018/2019 allocated funding by region to expand availability of specific services, Mr. Osiecki reported that the NE Ohio Regional Collaborative issued a Request for Information in March 2018 to seek proposals to expand Inpatient Withdrawal Management/Detoxification and Mental Health Crisis Stabilization services in the NE region. The Collaborative received five responses to provide withdrawal management services and one response to provide mental health crisis stabilization services. Upon review of the proposals, the Collaborative selected the following agencies:

- Windsor Laurelwood to add six new inpatient substance use treatment beds to its existing 41 beds.
- Stella Maris to add four new inpatient substance use treatment beds to its existing 16 beds.
- Ravenwood Health to add two additional mental health crisis beds to its existing 9 beds.

It was noted that our Board was selected to serve as the Fiscal Agent for the regional expansion grant. Derrick Kirklen, Adult Behavioral Health Specialist provided additional details and answered specific questions of committee members.

Motion to recommend approval of the ADAMHS Board serving as the Fiscal Agent for the NE Ohio Regional Collaborative and entering into contracts for the expansion of Withdrawal Management/Detoxification, Medication Assisted Treatment services, and expansion of Mental Health Crisis Services to the Finance & Operations Committee. MOTION: S. Killpack / SECOND: K. Kern-Pilch / AYES: E. Caraballo, K. Kern-Pilch, S. Killpack, E. Kirkland, B. Ware-Abrams / NAYS: None / ABSTAIN: None / Motion passed.

4. <u>CUYAHOGA COUNTY DIVISION OF CHILDREN & FAMILY SERVICES (CCDCFS) TREATMENT FOSTER CARE/KINSHIP CARE PILOT – REQUEST FOR PROPOSAL RECOMMENDATION</u>

Linda Torbert, Director of Prevention & Children's Behavioral Health Programs, introduced Maggie Spellman, Children's Behavioral Health Specialist, who explained that CCDCFS staff requested the ADAMHS Board's assistance in developing a clinical model to support children and their families in foster care and relative/kinship placements.

Based on the review of the RFP submissions, the RFP Review Committee recommends contracting with Catholic Charities to provide intensive clinical support services for children and their families in foster care and relative/kinship placements. It was noted that the ADAMHS Board will also provide contractual oversight and program monitoring to ensure the provision of services are fulfilled to meet the overarching goal to divert and decrease the length of stay in the child welfare system.

Motion to recommend approval of accepting the funds from CCDCFS and contracting with Catholic Charities for the Treatment Foster Care/Kinship Care Pilot to the Finance & Operations Committee. MOTION: S. Killpack SECOND: K. Kern-Pilch / AYES: E. Caraballo, K. Kern-Pilch, S. Killpack, E. Kirkland, B. Ware-Abrams / NAYS: None ABSTAIN: None / Motion passed.

5. PERMISSION TO ISSUE REQUEST FOR PROPOSAL FOR BEHAVIORAL HEALTH SERVICES PROVIDED AT THE CUYAHOGA COUNTY JUVENILE COURT (CCJC) INTERVENTION CENTER

Ms. Torbert noted that Board staff requests approval to partner with Cuyahoga County Juvenile Court to develop and release a Request for Proposal (RFP) for the provision of Behavioral Health services within the CCJC Intervention Center. The goals of the program are to divert youth with behavioral health needs into clinically appropriate services and supports; limit or prevent deeper penetration into the juvenile justice system; and identify behavioral health needs at the earliest point of contact with the juvenile justice system.

Motion to recommend approval of the ADAMHS Board partnering with Cuyahoga County Juvenile Court to develop and release a Request for Proposal for the provision of Behavioral Health services within the CCJC Intervention Center to the full Board. MOTION: S. Killpack / SECOND: K. Kern-Pilch / AYES: E. Caraballo, K. Kern-Pilch, S. Killpack, E. Kirkland, B. Ware-Abrams / NAYS: None / ABSTAIN: None / Motion passed.

6. PERMISSION TO ISSUE REQUEST FOR PROPOSAL FOR EARLY CHILDHOOD MENTAL HEALTH SERVICES

Ms. Torbert explained that the Board's contractual agreement with Cuyahoga County Office of Early Childhood - Invest in Children (IIC) requires the Board to issue an RFP every two years, in addition to establishing a review committee to provide contract recommendations. The purpose of the RFP issuance is to procure contracts for the unique specialization of early childhood consultation, early intervention and treatment services. Board staff requests approval from the ADAMHS Board of Directors to partner with Invest in Children to develop and release a RFP for the provision of Early Childhood Mental Health Services.

Motion to recommend approval of the ADAMHS Board partnering with Invest in Children to develop and release a Request for Proposal for the provision of Early Childhood Mental Health services to the full Board. MOTION: E. Kirkland / SECOND: S. Killpack / AYES: E. Caraballo, K. Kern-Pilch, S. Killpack, E. Kirkland, B. Ware-Abrams / NAYS: None / ABSTAIN: None / Motion passed.

7. SHARES OUTCOME PRESENTATION

John Garrity, Chief Quality Officer, and Tom Williams, Evaluation & Research Officer, utilized a power point presentation to illustrate the Outcomes Report for Cuyahoga County ADAMHS Board Substance Use Disorder Treatment Providers. The Brief Addiction Monitor (BAM) instrument is a 17 question, client self-report substance use assessment tool developed by the Veterans Administration. The BAM has three subscales that are valuable to see how a client is progressing with his/her treatment. The three subscales are Use Factors, Risk Factors, and Protective Factors. Dr. Fowler was pleased to see analytical proof to confirm that treatment works and people recover; he advocated for outcome information to be included in contracts and agenda process sheets. (A hard copy of the presentation is attached to the original minutes in the Executive offices.)

8. <u>LEADERSHIP IN FIGHTING THE OPIATE CRISIS UPDATE</u>

Mr. Osiecki and Ms. Zietlow-DeJesus highlighted examples of how the ADAMHS Board initiatives are working to combat the Opioid/Heroin Crisis in Cuyahoga County. A summary list is shown below:

- Support of Project DAWN & distribution of Narcan kits
- Fentanyl Test Strip Pilot Program featured on TV* and Facebook Live
- Advocate for changing the national Institute of Mental Disease (IMD) Rule
- Active member on the Cuyahoga County Opiate Task Force and the U.S. Attorney's Opioid Task Force
- Our Board recognized by Ohio as coordinating agency for the County Hub Program to combat Opiate Addiction.
- Quick Response Protocol since March 2017; now working with Ascent Program.

9. OLD/NEW BUSINESS

- Dr. Garrity confirmed that the ADAMHS Board is actively applying for six (6) grants and briefly summarized each.
- General Meeting on June 27th will be held at the Women's Recovery Center.
- Joint Planning & Finance Committee Meeting = Wednesday, July 18, 2018 at 4:00 PM. The decision made to hold a Joint Committee meeting was based upon the fact that Independence Day fell on the first Wednesday.

There being no further business, the meeting adjourned at 5:20 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: J. Robert Fowler, Ph.D., Planning & Oversight Committee Chair