

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT COMMITTEE MINUTES

APRIL 11, 2018

COMMITTEE MEMBERS PRESENT: J. Robert Fowler, Ph.D., Committee Chair, Elsie Caraballo, Pythias D. Jones, M.D., Katie Kern-Pilch, MA, ATR-BC, Steve Killpack, MS, Mary M. Step, Ph.D., Rev. Brenda Ware-Abrams
Other Directors Present: Sharon Rosenbaum / **Absent:** Reginald C. Blue, Ph.D.

BOARD STAFF PRESENT:

Scott Osiecki, Chief Executive Officer, Tonya Birney, Holly Butterfield, Ada Cancel, Michael Doud, Tami Fischer, Cheryl Fratalone, John Garrity, Myra Henderson, Derrick Kirklen, Carol Krajewski, Michelle Myers, Cassandra Richardson, Farid Sabet, Starlette Sizemore-Rice, Maggie Spellman, Linda Torbert, Thomas Williams

1. CALL TO ORDER

Dr. Robert Fowler, Planning & Oversight Committee Chair, called the meeting to order at 4:00 p.m. Mr. Osiecki introduced Maggie Tolbert, RN, as the Board's new Assistant Chief Clinical Officer. Ms. Tolbert noted that she has been on staff for 20+ years. As a psychiatric nurse, she is passionate about working on behalf of behavioral health clients and looks forward to working in her new position.

2. APPROVAL OF MINUTES: The Planning & Oversight Committee minutes of 3/14/18 were approved as submitted.

3. REQUEST FOR YEAR 2 CURES FUNDED PROGRAMS

Michael Doud, Director of Adult Behavioral Health Programs, utilized a power point presentation to elaborate on the FY2017 CURES Funding initiatives by project. Each slide identified the partner organization, funding amount, start date, number of persons served through February 2018 and the year-to-date expenses. Unfortunately, OhioMHAS made a decision to spread the CURES Funding for Year 2 (beginning on May 1st) among all 88 counties instead of the tiered-system used initially. As a result, the ADAMHS Board staff needed to make adjustments in the allocations for Year 2 to allow for the \$800,000.00 funding reduction. Mr. Doud and Dr. Garrity answered questions from committee members. (The document is attached to the minutes stored in the Executive Unit.)

4. UPDATE ON EFFORTS TO TACKLE THE OPIOID CRISIS

Mr. Doud expounded on the ADAMHS Board of Cuyahoga County's efforts to tackle the Opioid Crisis:

- Participation on Ohio Association of County Behavioral Health Authorities (OACBHA) Opioid Committee
- Opioid Hub part of the Opiate Task Force
- First Responder Appreciation Week
- Utilization of Naloxone/Narcan
- Medication Assisted Treatment
- Recovery living environments
- System coordination & authorization Board funded SUD services
- Greater attention to the need recovery supports
- Work to increase Medication Assisted Treatment in jails
- Work with jails and prisons on the reintegration of offenders with addiction to opiates

Mr. Osiecki confirmed that there is coordination between state and local Boards to address this complex issue/crisis. It was noted that the state of Ohio has also become very strict in its enforcement of new regulations for the prescribers of medication.

The Committee Chair noted an interest in seeing statistics comparing the number of opiate-related deaths to the number of traffic deaths, etc. and asked that this information be shared in future updates.

Chief Clinical Officer, Dr. Sabet, reported that there are trends and movements on both the state and national level regarding physician medication reporting requirements. He noted that the state of Ohio is one of the earliest states to reach full compliance as it is closely monitors prescribing physicians. Another national debate centers around the need to address the legitimate need of persons who need assistance with pain management. Mental Health agencies are currently properly screening clients for substance abuse.

Ms. Rosenbaum addressed a federal case underway where 450 agencies across the country are suing pharmaceutical companies to recover costs. She wondered if we should consider joining this effort in order to reapply any funds realized back into the community for treatment services needed..

5. COMMUNITY-BASED SUBSTANCE ABUSE DISORDER (SUD) RESIDENTIAL TREATMENT PROGRAM & FEDERAL IMD EXCLUSION

Mr. Doud referred to the draft document distributed and noted that since the mailing, official word has been received that the IMD exclusion rule is now in effect; it applies to mental health facilities only not to SUD facilities. This will require the Board to revisit existing contracts with SUD providers and will mean that residential treatment programs will not be totally dependent on local Boards for funding. It may also allow our Board to allocate funds for other recovery services.

6. CRISIS REDESIGN DISCUSSION

John Garrity, Chief Quality Officer, noted that the Board has been engaged in conducting a comprehensive community needs assessment of Cuyahoga County's Crisis Services System to identify strengths and challenges. The Board currently has contracted with the Begun Center at Case Western Reserve University to assist in the assessment study.

Board staff recommends utilizing a Lean Six Sigma Kaizen Event in order to aid in developing the best Crisis Services model for our community. The potential five-day process would include key Board staff, neighboring systems, stakeholders and Medicaid managed care organizations and would address crisis services for both adults and children. Ms. Torbert, Director of Prevention & Children's Behavioral Health Programs, added that the independent contractor recommended is familiar with our county and was also the person who conducted the recent Kaizen process for the Juvenile Court that is working to refine its front-door/intake process. A suggestion was made to include on the APS (agenda process sheet) the credentials for the independent contractor identified.

Motion to recommend approval of contracting with independent contractor, Regina Lurry, for the delivery of the Lean Six Sigma Kaizen Event in the amount of \$6,750.00 to the Finance & Operations Committee.

MOTION: P. Jones / SECOND: K. Kern-Pilch / AYES: E. Caraballo, P. Jones, K. Kern-Pilch, S. Killpack, B. Ware-Abrams M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

7. RESIDENTIAL ASSISTANCE PROGRAM (RAP) DISCUSSION

Mr. Doud introduced guests from Ohio NAMI (National Alliance on Mental Illness) Mr. Terry Russell, Executive Director, and Ms. Rachel Gearinger, Associate Director of the Ohio Adult Care Facilities Association.

At the March P&O Committee meeting, Mr. Doud shared information about the RAP program and the increase in RAP expenditures both in CY2016 and CY2017 that led to the rationale and decision to reduce the RAP budget for CY2018. As the Board recently completed its contract process with all Adult Care Facilities, Mr. Doud reported that in our county there are approximately 330-340 group homes and that Cuyahoga County has the largest number of group homes per capita in the state.

Under contract, there are 117 group homes on the East side of Cleveland and 90 under contract on the West side. The ethnicity of operators is 73% African American operators with 26% Caucasian operators. Our latest Annual Report provides a breakdown of clients with mental illness in our system: 44% are African American and 38% are Caucasian. Mr. Doud stated that Board staff anticipates that by June 2018 as one person transitions off the RAP program into the state's RSS (Residential State Supplement) program, another person's referral can be accepted. Mr. Doud assured the committee that no one lost their housing due to this decision.

Mr. Russell distributed copies of two articles from the Columbus Dispatch and The Plain Dealer and utilized a separate power point presentation to illustrate his concern regarding the Board's decision to delay admitting new applicants until an opening appears. He passionately advocated for persons with mental illness who are in need of supervision and assistance with daily living. Mr. Russell ended his presentation by recommending that the ADAMHS Board reconsider its decision and advocated for increasing the budget for the RAP program by \$1 million to cover the actual expense of residents needing this service." Discussion followed. (The documents referenced are attached to the original minutes in the Executive Unit.)

Dr. Fowler thanked Mr. Russell for the information shared and stated that he understood his serious concerns. Dr. Fowler pledged that he would meet with the Board Chair and staff to review the information to see would could be done.

8. OLD/NEW BUSINESS

- Next P&O Committee Meeting – Wednesday, May 9, 2018 at 4:00 PM

There being no further business, the meeting adjourned at 5:40 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: J. Robert Fowler, Ph.D., Planning & Oversight Committee Chair