

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT COMMITTEE MINUTES

FEBRUARY 14, 2018

COMMITTEE MEMBERS PRESENT: J. Robert Fowler, Ph.D., Committee Chair, Reginald C. Blue, Ph.D., Elsie Caraballo, Pythias D. Jones, M.D., Katie Kern-Pilch, MA, ATR-BC, Steve Killpack, MS, Mary M. Step, Ph.D., Rev. Brenda Ware-Abrams

BOARD STAFF PRESENT:

Scott Osiecki, Acting CEO/Chief of External Affairs, Tonya Birney, Holly Butterfield, Michael Doud, Tami Fischer, Cheryl Fratalone, John Garrity, Myra Henderson, Carol Krajewski, Cassandra Richardson, Starlette Sizemore-Rice, Maggie Spellman, Linda Torbert, Tom Williams

1. CALL TO ORDER

Dr. Robert Fowler, Planning & Oversight Committee Chair, called the meeting to order at 4:00 p.m.

2. APPROVAL OF MINUTES: The Planning & Oversight Committee minutes of January 24, 2018 were approved as submitted.

3. PRESENTATION: CASE WESTERN RESERVE UNIVERSITY (CWRU) RESEARCH GRANT REPORT: RECOVERY APP & 24/7/365 PEER RECOVERY COACHING

Michael Doud, Adult Behavioral Health Services Administrator, introduced presenters: Brian Bailys, Founder of Ascent: Connect.Hope.Live, Mike Matoney, MBA, LICDC, Chief Executive Officer of New Directions, and Karen Flynn, Ph.D., CWRU.

Mr. Matoney shared that New Directions began to utilize the cell phone Recovery App almost two years ago as a tool for enhancing human contact between its adolescent clients and therapists. New Directions found that days in treatment reduced as their young clients favored the use of texting. Therapists were very receptive to the use of this tool and found tremendous benefits as engagement increased.

New Directions partnered with CWRU to pilot the usage and satisfaction of the Addiction Comprehensive Health Enhancement Support System (ACHESS) mobile phone app with 95 adult clients in substance abuse treatment through 7 local agencies (Catholic Charities, ORCA House, TASC, Woodrow Project, Hitchcock Center for Women, Recovery Resources and Stella Marris). The app was used to enhance agency treatment outcomes rather than as a stand-alone tool. A handout produced by CWRU provided outcomes for the pilot. (The document is attached to the original minutes stored in the Executive Unit.)

Findings:

- The majority of clients who responded found the app “very helpful”.
- The majority of surveys completed identified the peer coaches as “very helpful”.
- Clients used the app the most during the first 30 days and then the frequency of use tapered off.
- The app tools viewed the most by clients were “alerts” sent by their agency, discussion messages, various content, daily check-in and user profiles.
- For a large subgroup of these clients (90%), this was their first time in substance abuse treatment.

4. POLICE ASSISTED ADDICTION & RECOVERY INITIATIVE (P.A.A.R.I.)

Michael Doud, Adult Behavioral Health Services Administrator, introduced Martina Moore, Ph.D., LPCC, LICDC-CS, CEAP, SAP, President & CEO, Moore Counseling & Mediation Services, Inc. and Artur Faison, Certified Peer Recovery Specialist, Supervisor and Counselor who presented background information about this program.

In responding to the opiate epidemic in Cuyahoga County, the ADAMHSCC Board identified Moore Counseling and Mediation Services as the service contractor to work with The Police Assisted Addiction and Recovery Initiative (P.A.A.R.I.) Model--Safe Passages in conjunction with the Cities of Euclid, Lyndhurst, Mayfield Heights, Mayfield Village, Highlands Heights and Richmond Heights and their Police Departments.

The P.A.A.R.I. Safe Passages supports local police departments as they work with opioid addicts who they come in contact with through various channels. The program acts as a diversion to arrest as a “way out” of the problem of drug addiction. Funding this program will allow approximately 50 to 150 people to be connected with treatment providers and allow for access to assessment and the county’s treatment continuum at the appropriate level of care for the treatment of Opioid Use Disorder. Certified Peer Recovery Support will provide overall support, assessment for level of care and case management. Presenters addressed questions posed by committee members. Clarification was requested for item #4 listed in the CY2018 Goals.

Motion to recommend approval of allocating \$51,620.00 of CURES funding to Moore Counseling & Mediation Services to support the implementation of the Police Assisted Addiction & Recovery Initiative to the Finance & Operations Committee. MOTION: R. Blue / SECOND: M. Step / AYES: R. Blue, E. Caraballo, P. Jones, K. Kern-Pilch, S. Killpack, M. Step, B. Ware-Abrams / NAYS: None / ABSTAIN: None / **Motion passed.**

5. PROGRAMMATIC CHANGE TO OHIOGUIDESTONE FAITH-BASED PROGRAM

Starlette Sizemore-Rice, Public Benefits Administrator, introduced Andy Cooper, Vice President, Community Counseling, and Rev. Andrea Jacobs, MDIV, BCC, Director of Spiritual Care of OhioGuidestone. It was noted that OhioGuidestone has integrated spirituality into their new line of Therapeutic Behavioral Services (TBS) and is confident that the TBS will be covered by Medicaid. Therefore, they would like to utilize the Faith-Based Program dollars to focus on a different population and to hire a part time individual. The intent is to use the dollars to offer spiritual services to specific populations who are on Medicaid but NOT currently receiving mental health services due to stigma, reluctance, etc. Their hope is that by providing spiritual support to 80 individuals in the programs listed below, they will become less reluctant and in fact encouraged to start receiving mental health services.

The specific three areas are MomsFirst, Help Me Grow Home, and OhioGuidestone’s Workforce Development and Job Training Program. It was noted that the Faith-based Outreach Committee approved this recommendation at its meeting of February 7, 2018.

Motion to recommend approval of revising the agreement with OhioGuidestone to reflect the recommended programmatic changes to their faith-based program for the period of January 1, 2018 through December 31, 2018 to the Finance & Operations Committee. MOTION: K. Kern-Pilch / SECOND: S. Killpack / AYES: R. Blue, E. Caraballo, P. Jones, K. Kern-Pilch, S. Killpack, M. Step, B. Ware-Abrams / NAYS: None / ABSTAIN: None / **Motion passed.**

6. DISCUSSION OF AUTHORIZATION TO ISSUE A REQUEST FOR INFORMATION (RFI) FOR MEDICATION ASSISTED TREATMENT (MAT)

Mr. Osiecki explained that the purpose of a Request for Information is to gather information to help an organization to review and decide on a direction to take. As the Opioid/Heroin Epidemic does not show signs of decreasing, the specific purpose of this RFI is to make informed decisions about the issue of MAT; no funding is attached to this action request. Board staff requests authorizing the issuance of a Request for Information (RFI) for the provision of MAT to gauge the availability of providers, both current and future and non-and for-profit agencies, for future planning and budgeting efforts.

Committee member input:

- Consider investigating how other parts of the country are addressing the opiate epidemic, prevention initiatives, etc. to find out what is out there and what is working.
- Suggest adding language to the APS – “other harm reduction approaches”.
- In response to Dr. Step’s announcement that a group of students that she is supervising are working on innovative ideas regarding supervised injection sites, it was suggested that the graduate students might be invited to present their concept to the Planning & Oversight Committee.

7. REVIEW OF HIPAA (Health Insurance Portability & Accountability Act) SECURITY POLICIES

John Garrity, Ph.D., Chief of Quality Services, highlighted the HIPAA Policies drafted by former Director of Risk Management, Dave Lambert, and former Chief Financial Officer, Frank Brickner.

- **Security of Client Information – Administrative Safeguards**
- **Security of Client Information – Physical Safeguards**
- **Security of Client Information – Technical Safeguards**

Dr. Garrity acknowledged that Board staff has been trained on HIPAA policies; a videotape of the training session was made to train absent staff members and new hires going forward. Given no revisions were proposed, a vote was taken to recommend their approval to the full Board. As these were new policies, two readings by the full Board would be required.

Motion to recommend approval of the three HIPAA policies (listed above) to the full Board. MOTION: K. Kern-Pilch
SECOND: S. Killpack / AYES: R. Blue, E. Caraballo, P. Jones, K. Kern-Pilch, S. Killpack, M. Step, B. Ware-Abrams
NAYS: None / ABSTAIN: None / **Motion passed.**

8. CRISIS SERVICES SYSTEM COMMUNITY NEEDS ASSESSMENT

Dr. Garrity reported that the Board entered into a contract with Case Western Reserve University (CWRU) to conduct a community needs assessment regarding the crisis services system. The objective is to obtain, from stakeholders and the overall community, feedback regarding components of the crisis service system--Mobile Crisis, the Crisis Stabilization Unit, St. Vincent Psychiatric Emergency Department, etc. Dr. Garrity acknowledged that this assessment project was one of Ms. Harper's initiatives.

Michael Doud, Adult Behavioral Health Administrator, and Linda Torbert, Children's Behavioral Health Administrator, will coordinate with the needs assessment initiative, and the intent is to conduct a community-wide needs assessment to ask key stakeholders what they think are good ingredients to a comprehensive crisis system. Given the carve-out of Behavioral Health Redesign, Mr. Doud noted that there may be opportunities for the providers in the system to revisit their needs as well as their provision of services. On the children's side, Ms. Torbert noted that this may be an opportunity to streamline services.

9. GRANTS UPDATE

- SAMHSA Offender Re-Entry Grant

In January, the ADAMHS Board partnered with the Cuyahoga County Corrections Center, CWRU, Recovery Resources and MetroHealth Medical Center to respond to SAMHSA's Offender Reentry Program RFP. The partners proposed serving a female population in the county jail, diagnosed with Substance Use Disorders, by replicating a successful project currently offered to men. The population of focus would be high risk/high need females incarcerated at the county jail for 5-12 months, who have a substance use or co-occurring disorder. Pre- and post-release evidence based treatment would be delivered including 6 months of post release case management. Reentry transition planning would begin immediately upon incarceration. Pre and post release treatment would be delivered by the same agency and clinicians, to ensure continuity. A total of 250 women would be served during the 5 years of the project.

- SAMHSA (Substance Abuse & Mental Health Service Administration) Early Diversion Grant

In March 2018, the ADAMHS Board partnered with the Cleveland Division of Police, Frontline Services, and CWRU to respond to SAMHSA's Early Diversion Program RFP. The project's purpose is to expand staffing and Peer Supporter services at the county's current Crisis Stabilization Unit (CSU) to create a dedicated drop off location for persons with Serious Mental Illness/Co-Occurring Disorders who are in crisis and encounter law enforcement.

Identified service gaps include a need for immediate stabilization/pharmacological management, a comprehensive behavioral health assessment (including identification of any co-occurring Substance Use Disorders) and linkage to treatment/supportive housing within 48 hours of admission. A consistent support network in the community for individuals is also important for their ongoing stability and treatment engagement, enabling them to avoid crises and further encounters with law enforcement.

Services proposed included: 2 dedicated beds at the county's CSU designated for early diversion; additional prescriber availability after hours; and the addition of 5 Peer Recovery Supporters to provide linkage and support in the community by those challenged by SMI. The Board anticipates a response from SAMHSA in September 2018.

10. SHARES UPDATE

Dr. Garrity reported that the Board had been working with our SHARES software vendor, InfoMC, to replicate the Behavioral Health Re-Design codes. Since the BH Redesign codes were introduced by the State after the SHARES system was designed and up and running, InfoMC stated that in order to achieve this Cuyahoga County would have to purchase a new system separate from Franklin and Hamilton County Boards. Given that the Board completed its due diligence, it is clear that purchasing a separate system would incur significant additional costs and delays and would additionally require the Cuyahoga Board to withdraw from the Council of Government (COG) with Franklin and Hamilton County.

As the former MACSIS claims system operated by the OMHAS has been shut down and is no longer accepting any new claims submissions, the Board will need to move forward without the BH Redesign codes. In order to guarantee an uninterrupted cash flow during 2018, the Board will pay service providers on a 1/12 grant system on a temporary basis until approximately June 30, 2018. Invoicing will be required with a reconciliation process for the period of January 1 to June 30, 2018; service providers will be expected to submit their Board claims into SHARES.

11. OLD/NEW BUSINESS

- Next P&O Committee Meeting – Wednesday, March 14, 2018 at 4:00 PM

12. FUTURE P&O TOPICS / UPDATES:

- SHARES Update
- Heroin Crisis Partnership
- Juvenile Court Diversion
- Residential Assistance Program (RAP)

There being no further business, the meeting adjourned at 5:30 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: J. Robert Fowler, Ph.D., Planning & Oversight Committee Chair