

# ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

## PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES JULY 17, 2019

**Committee Members Present:** Eugenia Kirkland, LSW, MSSA, CDCA, J. Robert Fowler, Ph.D., Rev. Benjamin F. Gohlstin, Sr., Katie Kern-Pilch, MA, ATR-BC, Mary M. Step, Ph.D.

**Absent:** Reginald C. Blue, Ph.D., Gregory X. Boehm, M.D., Elsie Caraballo,

**Board Staff Present:** Scott Osiecki, Chief Executive Officer, Carole Ballard, Christina Bohuslawsky-Brown, Curtis Couch, Tami Fischer, Cheryl Fratalonie, Felicia Harrison, Bill Hebble, Leslie Koblentz, Carol Krajewski, Linda Lamp, Lavedia Smith, Maggie Tolbert, Leshia Yarbrough-Franklin, Beth Zietlow-DeJesus

1. **Call to Order:** Eugenia Kirkland, Committee Chair, called the meeting to order at 4:00 p.m.
2. **Approval of Minutes:** The P&O Committee minutes of June 12, 2019 minutes were approved as submitted.

### 3. **Presentation: Cuyahoga County Domestic Relations Court**

Magistrate Judy Jackson-Winston, on behalf of Judge Tonya R. Jones, thanked the ADAMHS Board for funding the Families First Program designed to assist parents battling substance use disorder and/or mental health issues which are barriers to effective, co-parenting. The program links parents with supportive, treatment services so that they may become healthy, vital parts of their children's lives. The results of the program as of October 2018 were shared with the committee and are listed in the power point handout attached to the original minutes in the Executive Unit.

Ms. Jackson-Winston noted that participation in this program is voluntary and must have approval from both parents. The goal is to work to get people help so that they can be better parents, keep the family together and to eradicate stigma. She noted that this is the first program of its kind in our state and the second in the country. Both Judge Jones and Magistrate Jackson-Winston are licensed social workers and are scheduled to speak about this program at the upcoming Recovery Conference and at a national conference in October 2019. Committee members expressed their appreciation of this effort to intervene on behalf of the entire family and agreed that the ADAMHS Board needs to broadcast its success.

### 4. **Travel the Road to Wellness: Behavioral Health Wellness Fair – Monday, July 22, 2019**

Clients Rights Officers, Bill Hebble and Christina Bohuslawsky-Brown, briefed committee members on the plans for the Behavioral Health Wellness Fair scheduled for Monday, July 22, 2019 at the Cleveland Marriott Airport on West 150<sup>th</sup> Street. To publicize the event, Mr. Hebble stated that the Board has distributed flyers via U.S. mail, sent emails and personally made phone calls to group homes and provider agencies.

The Behavioral Health Wellness Fair will offer health screenings--dental, vision and podiatry; benefits check-ups; HIV testing and blood pressure screening and have 25 vendor tables reserved. The event will run from 10:30 a.m. to 2:30 p.m. and the Board anticipates serving 200 people. The revised flyer lists the offerings on its reverse side and the offerings were highlighted. Participants will receive a bag to collect their materials, a box lunch, a hygiene kit, etc. A gift card will be an incentive for participants to visit 5 resource tables, receive 2 or more health screenings, and attend 5 or more interactive sessions. Board staff will keep statistics on the health fair activities and produce a progress report to be shared.

### 5. **Reiki Presentation**

Katie Kern-Pilch, P&O Committee Vice Chair, introduced Rosanne Radziewicz, MSN, APRN-CNS, Psychiatric Advanced Practice Nurse & Reiki Master Teacher who established the Reiki Program at MetroHealth Medical Center in 2006 and trained approximately 200 employees on this form of alternative medicine called energy healing. Reiki practitioners use a

technique called palm healing or hands-on healing through which a "universal energy" is said to be transferred through the palms of the practitioner to the client in order to encourage emotional or physical healing.

Ms. Radziewicz noted that this alternative energy was offered in the hospital's cancer center and aims to reduce anxiety and pain medications. She has also published the outcomes of Reiki for infants who were born from substance use disorder mothers. She is grateful and eager to offer Reiki at the upcoming Behavioral Health Wellness Fair.

Committee Member Input:

- Rev. Gohlstin expressed his interest in including Reiki with the Faith-based Outreach Initiative programs.
- Ms. Kern-Pilch suggested the concept of including Reiki Master training in the Board's Training Institute.

**6. Northeast Ohio Collaborative: Withdrawal Management/Detoxification and Crisis Bed Expansion**

Scott Osiecki, CEO, explained that near the end of SFY19, the Ohio Department of Mental Health & Addiction Services (OhioMHAS) decided to allow unspent funds to be carried-over and spent in SFY20 for the purposes of expanding withdrawal management and mental health crisis beds. The Northeast Ohio Collaborative that includes the Boards of Cuyahoga, Lorain, Lake, Geauga, Ashtabula and Summit Counties) has selected the following agencies to provide additional and/or continued services to utilize this carryover funding:

- Additional Services for SFY2020
  - Nine MH Crisis Beds - Lake Health - \$394,200.00 7/1/19 - 6/30/20
  - Two MH Crisis Beds Ashtabula Medical Center - \$182,500.00 7/1/19 - 6/30/20
- Continuation of Expanded Services from SFY18/19:
  - Two MH Crisis Beds Ravenwood - \$225,000.00 7/1/19 - 6/30/20
  - Six WM Beds - Windsor Laurelwood - \$72,380.00 7/1/19 - 9/30/19\*
  - Four WM Beds - Stella Maris - \$48,253.00 7/1/19 - 9/30/19\*

Our Board currently serves as the fiscal agent for this project. Mr. Osiecki informed committee members that (1) the allocation amounts may be revised before the date of the Finance & Operations Committee and (2) that he suggested to the NE Ohio Collaborative consideration of handling the role of fiscal agent on a rotating basis.

**Motion to recommend approval of funding allocations from the Northeast Ohio Collaborative for Withdrawal Management/Detoxification & Crisis Bed Expansion to the providers listed above to the Finance & Operations Committee.** MOTION: M. Step / SECOND: K. Kern-Pilch / AYES: R. Fowler, B. Gohlstin, K. Kern-Pilch, E. Kirkland, M. Step / NAYS: None / **Motion passed.**

**7. St. Vincent Charity Medicaid Upper Payment Limit Update**

Mr. Osiecki introduced Assistant Prosecuting Attorney, Kelli Perk, and invited her to the Board table. Recently, Mr. Osiecki met with the Finance Director of St. Vincent Charity Medical Center (SVCMC) to discuss the Upper Payment Limit issue. Ms. Perk reported that a preliminary MOU (Memorandum of Understanding) draft has been prepared by the Ohio Department of Medicaid. Ms. Perk noted that she is comfortable with this draft to date; however, the Center for Medicare and Medicaid at the Federal level has to also approve this MOU. Ms. Perk noted that a line should be added to reference the ADAMHS Board's contract with St. Vincent Charity Medical Center to provide the 24-hour Psychiatric Emergency Department services. Presently, we are in a wait and see mode until the Federal agency responds. If approved, Ms. Perk noted that the arrangement will benefit SVCMC fiscally and will ultimately benefit the clients we serve.

**8. SFY20192020 Community Plan**

Mr. Osiecki explained that the ADAMHS Board is required by Ohio law to prepare and submit to OhioMHAS a Community Plan that describes the current conditions and issues in our region in addition to identified priorities for treatment and recovery support services and prevention services. OhioMHAS is particularly interested in an update or status of the following areas identified as priorities by Governor DeWine's RecoveryOhio:

1. Access and capacity changes in mental health and addiction services for both adults, children/youth;
2. Health equity concerns for racial and ethnic minorities and people living in Appalachia or rural Ohio;
3. Distinctive challenges for multi-system youth, families involved in child welfare, criminal justice-involved Ohioans;

4. Prevention and/or decrease of opiate overdoses and/or deaths; and
5. Suicide prevention.

Mr. Osiecki walked committee members through the Board's Community Plan draft and highlighted various areas addressed in the 34-page report along with the comprehensive "Crosswalk from Essential Service Categories to Individual Services". Board members were very impressed with the quantity and quality of information shared. Mr. Osiecki noted that the Community Plan is to be submitted to OhioMHAS by 8/01/19.

**Motion to recommend approval of the ADAMHS Board of Cuyahoga County's SFY 2019 and 2020 Community Plan submission to OhioMHAS to the full Board.** MOTION: R. Fowler / SECOND: K. Kern-Pilch / AYES: R. Fowler, B. Gohlstin, K. Kern-Pilch, E. Kirkland, M. Step / NAYS: None / **Motion passed.**

#### **9. Strategic Plan Update**

Mr. Osiecki provided an update on Goal #5, "Organizational Development and briefed committee members on the accomplishments of the following objectives to:

- 1.0 Develop a Comprehensive Training & Development Program to ensure that staff knowledge and skills support organizational priorities.
- 1.1 Improve the alignment between current staff development needs and training sources offered.
- 2.0 Promote a culture within the Board that emphasizes teamwork, collaboration, and a high sense of professional fulfillment.
- 3.0 Promote a culture of high employee engagement and improve teamwork and collaboration.

The Strategic Plan Update is attached to the original minutes stored in the Executive Unit. Mr. Osiecki concurred with Rev. Gohlstin that a staff training regarding cultural competency will be scheduled soon.

#### **10. Strategic Plan CY2021-CY2015 Discussion**

Input was sought regarding the next steps and timeline for the Board's next Strategic Plan. Board Chair, Rev. Gohlstin, suggested releasing a RFP (Request for Proposal) in the fall of this year for both a Strategic Plan consultant as well as a RFP for a Needs Assessment with the goal of being ready to roll out the overall Strategic Plan in 2021. Committee members concurred on the next steps suggested.

#### **11. Old Business** - None

#### **12. New Business**

Mr. Osiecki stated that Board staff has not yet heard if the State Budget has been approved; however, he did learn from Cheri Walter, the Ohio Association of County Behavioral Health Authorities (OACBHA) Executive Director, that overall it is a good budget for behavioral health and the Boards and shared the preliminary outcomes. Additionally, the state conducted a 2-year audit of OhioMHAS. The auditor's recommendation was that the allocation formula needs to be based on population. Ms. Walter has been in communication with Lori Criss, OhioMHAS Executive Director, on this issue. Director Criss noted that she plans to conduct a thorough review with others at the table, which may be a lengthy process. Mr. Osiecki assured the committee that he intends to fight to be included at the table in order to advocate for our county's needs. Director Criss noted that proposed changes may not impact the distribution of allocations until the next biennial budget.

**There being no further business or audience input, the meeting adjourned at 5:30 p.m.**

**Submitted by:** *Carol Krajewski, Executive Specialist*

**Approved by:** *Eugenia Kirkland, LSW, MSSA, CDCA, Planning & Oversight Committee Chair*