

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES

MAY 8, 2019

Committee Members Present: Eugenia Kirkland, LSW, MSSA, CDCA, Reginald C. Blue, Ph.D., Gregory X. Boehm, M.D., Elsie Caraballo, J. Robert Fowler, Ph.D., Rev. Benjamin F. Gohlstin, Sr., Mary M. Step, Ph.D.

Absent: Katie Kern-Pilch, MA, ATR-BC

Board Staff Present:

Scott Osiecki, Chief Executive Officer, Carole Ballard, Curtis Couch, Cheryl Fratalone, Felicia Harrison, Myra Henderson, Leslie Koblentz, Carol Krajewski, Linda Lamp, Beth Pfohl, Starlette Sizemore-Rice, Maggie Tolbert

1. **Call to Order:** Eugenia Kirkland, P&O Committee Chair, called the meeting to order at 4:00 p.m.

2. **Approval of Minutes:** The April 10, 2019 minutes were approved as submitted.

3. **State Opioid Response (SOR) Housing Grant**

Beth Pfohl, Grants & Evaluation Officer, highlighted the State Opioid Response (SOR) Housing Grant. OhioMHAS is partnering with local ADAMHS Boards to implement recovery housing programs that expand options for persons receiving Medication Assisted Treatment (MAT). In order to expand access to recovery housing in Cuyahoga County, the Board proposes partnering with I'm in Transition, Mommy and Me, Too and the Woodrow Project.

Motion to recommend acceptance of OhioMHAS funds as part of the State Opioid Response (SOR) Housing Grant and to allocate them to: I'm in Transition, Mommy & Me, Too and the Woodrow Project to the Finance & Operations Committee. MOTION: R. Fowler / SECOND: E. Caraballo / AYES: E. Caraballo, R. Fowler, M. Step
NAYS: None / **Motion passed.**

4. **City of Cleveland Department of Public Health: Prevention/Early Intervention Program Funding**

Maggie Tolbert, Assistant Chief Clinical Officer, explained that the Department of Public Health is proposing to implement an evidenced-based prevention education program, "This is (Not) About Drugs" (TINAD) which addresses the opioid public health crisis. The program will be conducted in various wards and recreational centers within the City of Cleveland that are experiencing higher incidents of overdose deaths. The program will target educating 1,500 youth, grades 6th through 12th grade.

Ms. Tolbert stated that the ADAMHS Board will have oversight of the program. Dr. Step and Ms. Kirkland advocated for monitoring the prevention and early intervention outcomes. Dr. Fowler commended the Public Health Department for this pro-active approach to the opioid crisis.

Motion to recommend a funding allocation in the amount of \$67,500.00 to the Cleveland Department of Public Health for the provision of prevention and early intervention education to the Finance & Operations Committee. MOTION: R. Fowler / SECOND: M. Step / AYES: E. Caraballo, R. Fowler, M. Step / NAYS: None / **Motion passed.**

5. **Agreement with Cuyahoga County Board of Developmental Disabilities (CCBDD) for Shared Funding**

Ms. Tolbert noted that the Shared Cost Agreement with the CCBDD not only affords the ADAMHS Board to share the cost of residential treatment services but also to solidify the funding for a Crisis Stabilization Bed for youth with co-occurring disorders (developmental disability and a mental health diagnosis). The average length of stay is 30 days and will serve approximately up to 14 youth.

A discussion ensued around the issue of refining the metrics for measuring outcomes. Committee members agreed to revise the agenda process sheet to report on the number of children admitted into the crisis bed who will not be in need of an inpatient stay upon discharge and/or the number of children who will not need Department of Children & Family Services (DCFS) to take custody upon discharge.

Motion to authorize the Shared Cost Agreement between the ADAMHS Board and the CCBDD to support at risk and crisis stabilization for youth with co-occurring disorders and for the ADAMHS Board to remain the fiscal agent on behalf of the CCBDD to the full Board. MOTION: M. Step / SECOND: R. Fowler / AYES: E. Caraballo, R. Fowler, M. Step / NAYS: None / **Motion passed.**

6. Music Therapy Pilot Update

Starlette Sizemore-Rice, Director of Special Projects, reported that in February 2019 the Board of Directors approved a Music Therapy Pilot Program to be conducted by The Music Settlement. The goal of the Music Therapy for Detox and Recovery Pilot Program at Stella Maris is to provide music therapy interventions to enhance the recovery process for individuals being served in Detox and the Partial Hospitalization Programs (PHP).

In answer to the P&O Committee's request for an update after 90 days, Ronna Kaplan, MA, MT-BC, Chair of the Center for Music Therapy at The Music Settlement, distributed a handout that illustrated the essential elements of the program, timeframes/schedule and initial results through 4/30/19. The initial reporting period of March 22 through April 30, 2019 showed that a total of 18 music therapy groups were held; 12 groups were in the detox unit with 6 in PHP. A total of 79 persons were served during this time period. Ms. Kaplan elaborated on the results of the participant's mood ratings, relaxation ratings, verbal contributions and participation in collaborative experiences. (The complete report is attached to the original minutes in the Executive Unit.) Dr. Fowler expressed his appreciation for the report and advocated for continuing to support this excellent innovative program.

[P&O Committee members, Dr. Boehm and Dr. Blue, arrived.]

7. Agency Technical Assistance

Scott Osiecki, Chief Executive Officer, explained that the ADAMHS Board offers technical assistance to providers based upon either (1) the request of a provider agency or (2) as a result of a program or funding review. Presently, the ADAMHS Board will be providing technical assistance to 2 agencies: Living Miracles and I'm in Transition. Mr. Osiecki noted that it is the responsibility of Board staff to monitor the behavioral health system and report out to the Planning & Oversight Committee those issues that need technical assistance and/or additional review.

Living Miracles - Living Miracles took over the operation of the Warmline that was transferred from Recovery Resources at the end of 2018. As a result, the funding allocation to Living Miracles for CY2019 was significantly increased to staff the Warmline with 8 peer support specialists. In November, Living Miracles informed the Board's Chief Financial Officer (CFO) that the agency would not be able to make its payroll in January without receiving an advance. Board staff met with the Executive Director and requested to see documents and bank statements to understand the situation. Living Miracle's Executive Director did not comply with either of the two requests for financial information. Subsequently, the Board Chair of Living Miracles sent an email to the ADAMHS Board stating that the agency believes it is an independent agency and does not need to provide the information requested and respectfully declined the Board's request.

Mr. Osiecki shared that the ADAMHS Board is the sole funder of this organization and added that part of the provider contract states that the Board can hire an independent auditor to review financial records if deemed necessary. Recently, Mr. Osiecki provided the Executive Director one more opportunity to work collaboratively with the Board to allow the ADAMHS Board's CFO to perform an audit and help to develop a budget. Living Miracle's Executive Director was amenable to this suggestion and agreed to permit the Board's CFO along with one other fiscal staff person to meet with her at the agency on 5/09/19 at 1:30 p.m. to conduct a financial review.

Ms. Kirkland appreciated the fact that the Board does provide technical assistance and hopes that the information requested will be available for review. Mr. Osiecki agreed that it is important to work collaboratively with agencies and that the Board's wish is for agencies to succeed.

I'm in Transition – As the ADAMHS Board provides funding to this agency, receipts are required for services provided. The Board has been working with I'm in Transition to provide technical assistance. Mr. Osiecki reported that this agency asked for an advance since when one of its utility bills was delinquent. Consequently, the Board has requested to see the agency's budget and bank account information; some financial information has been received. The operator has agreed to have the Board's CFO and staff come out to its site to work on a budget and plan.

Board staff have communicated that there is no shame in asking for assistance and support. It was also noted that the ADAMHS Board currently is asking all providers to provide financial data in order to verify expenditures.

8. **Strategic Plan Update** - The Strategic Plan Update is being tabled until a future meeting.

9. **Old/New Business** - None

There being no further business or audience input, the meeting adjourned at 4:40 p.m.

Submitted by: *Carol Krajewski, Executive Specialist*

Approved by: *Eugenia Kirkland, LSW, MSSA, CDCA, Planning & Oversight Committee Chair*