

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES

APRIL 10, 2019

Committee Members Present:

Katie Kern-Pilch, MA, ATR-BC, Reginald C. Blue, Ph.D., Elsie Caraballo, J. Robert Fowler, Ph.D., Rev. Benjamin F. Gohlstin, Sr., Mary M. Step, Ph.D. / **Absent:** Eugenia Kirkland, LSW, MSSA, CDCA, Gregory X. Boehm, M.D.

Board Staff Present:

Scott Osiecki, Chief Executive Officer, Carole Ballard, Curtis Couch, Tami Fischer, Cheryl Fratalone, Felicia Harrison, Linda Lamp, Lindsey McMillion, Beth Pfohl, Starlette Sizemore-Rice, LaVedia Smith, Maggie Tolbert, Thomas Williams, Beth Zietlow-DeJesus

1. **Call to Order:** Katie Kern-Pilch, P&O Committee Vice Chair, called the meeting to order at 4:00 p.m. in the Ohio Room and noted that Scott Osiecki wanted to add an update of the County Jail visit to the agenda. Dr. Fowler read into the record the Committee Mission Statement: *"The Planning & Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of clients, their families and the community."*

2. **Approval of Minutes:** The March 13, 2019 minutes were approved as submitted.

3. **Re-Entry Programs**

Maggie Tolbert, Assistant Chief Clinical Officer, introduced Lindsey McMillion, Adult Behavioral Health Specialist II (Criminal Justice), who is responsible for oversight of the re-entry programs in Cuyahoga County. Ms. McMillion provided a PowerPoint presentation and highlighted Prison Re-entry Programming. She noted that Prison Re-entry Programming is the process by which prisoners, whom have been diagnosed with Behavioral Health Disorders, that have been released from prison, return to the community with the goal of reducing recidivism. During this presentation, Ms. McMillion introduced the following 3 representatives from the 3 providers in Cuyahoga County that provide Re-entry services:

- Rachel Citak, of FrontLine Service, who was invited to share information about FrontLine Service's Prison Reentry Program
- Edward Omabhego, of Murtis Taylor Human Services System (MTHSS), who was invited to share information about Murtis Taylor Human Services System's Correctional Advocacy Re-entry Services (CARES) program
- Annette Amistadi, of Recovery Resources, who was invited to share information about Recovery Resources' Parole Assertive Community Treatment (ACT) program

The facts about mental illness in offenders were highlighted as follows:

- The U.S. Department of Justice says that, on average, one in seven people in prisons and one in three people in jails across the country has a serious mental illness.
- 30% of Ohio's inmates have mental illnesses.
- Cuyahoga County recidivism rate in 2014 was 30.16% for all offenders.
- Nationally 54.3% of mentally ill offenders are rearrested within 12 months.

FrontLine Service's Re-entry Program (July 1, 2018 – June 30, 2019) and Recovery Resources' Parole ACT program (July 1, 2018 – June 30, 2019) are funded by the Ohio Department of Rehabilitation and Corrections on a pass through basis. However, MTHSS's CARES program (January 1, 2019 – December 31, 2019) is funded by the Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County.

The identification of Cuyahoga County re-entry clients commences at the correctional institution (Prison), through the assistance of the Ohio Mental Health and Addiction Services' (OhioMHAS) Community Linkage Social Worker/Adult Parole Authority. Once Cuyahoga County re-entry clients have been identified and have met the established eligibility criteria, they are referred to one of 3 providers in Cuyahoga County that provide re-entry services.

Each of the 3 Cuyahoga County providers have a distinctive process to utilize for individuals during the intake process. FrontLine Service's re-entry intake process stated that if the individual has a Severe and Persistent Mental Illness (SPMI) listed, or there is indication of one based on the symptoms reported, they are scheduled for an Intake Diagnostic Assessment (DA) within 24-48 hours. Psychiatry appointments are scheduled following the DA. Additionally, referrals are only denied if there is no indication of SPMI or if they are requesting to be linked with another agency.

MTHSS's re-entry intake process was highlighted as an intake Diagnostic Assessment appointment (within 48 hours) is scheduled for the individual and provided to the Institution's Community Linkage worker to communicate to the individual in question. After the Diagnostic Assessment is complete, the individual is provided with a psychiatry appointment and is assigned a Community Psychiatric Support Treatment specialist.

Recovery Resources' re-entry intake process consists of an Intake Diagnostic Assessment appointment, which is scheduled for the individual, and provided to the institution's Community Linkage worker to communicate to the individual. The Adult Parole Authority (APA) is also notified of the Intake Diagnostic Assessment appointment. The individual attends his/her APA appointment 24 hours post release, then taken to Recovery Resources for an intake appointment. A Community Psychiatric Specialist is assigned prior to the individual's release from prison and will meet with the individual immediately following the Diagnostic Assessment. Additionally, a psychiatry appointment is scheduled upon completion of the Diagnostic Assessment.

Questions of committee members were addressed. It was noted that through each provider agency's treatment services and recovery support services; outcomes from these re-entry programs were reflective of highly successful programs. A copy of the PowerPoint presentation distributed is attached to the original minutes stored in the Executive Unit.

4. State Opioid Response (SOR) Housing Grant

Beth Pfohl, Grants & Evaluation Officer, presented the State Opioid Response (SOR) Housing grant. OhioMHAS has received funding from the Substance Abuse and Mental Health Services Administration (SAMHSA) as part of the SOR grants to address Opioid Use Disorder (OUD) nationally. The Ohio SOR Project focuses on building a community system of care (prevention, early intervention, treatment, and recovery support) that emphasizes service integration between physical health, emergency health care, behavioral health care, criminal justice, and child welfare for persons with OUD. OhioMHAS is partnering with local ADAMHS boards to implement recovery housing programs that expand options for persons receiving medication assisted treatment (MAT).

In order to expand access to recovery housing to persons in Cuyahoga County with OUD, the ADAMHS Board of Cuyahoga County proposes partnering with Northern Ohio Recovery Association (NORA) and the Briermost Foundation. Presently, Cuyahoga County lacks the capacity to provide recovery housing to persons with OUD who are receiving MAT. Through this partnership, the ADAMHS Board of Cuyahoga will expand options for such county residents. Furthermore, the proposed program supports access to recovery beds and supportive services to anyone with an OUD, who is receiving MAT. The housing providers in this project meet the OhioMHAS Housing Quality Standards and accept persons on any form of MAT, as required by OhioMHAS. Additionally, providers will be required to report client-level data using the SAMHSA Government Performance Reporting Act (GPRA) Tool; data collection will be monitoring by the Board.

Motion to recommend approval of funding from OhioMHAS as part of the State Opioid Response (SOR) Housing opportunity to Northern Ohio Recovery Association and Briermost Foundation to the Finance & Operations Committee. MOTION: R. Fowler / SECOND: M. Step / AYES: R. Blue, E. Caraballo, R. Fowler, K. Kern-Pilch, B. Gohlstin, Sr., M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

5. LifeAct Materials

Scott Osiecki, CEO, reported that LifeAct, a member of the Board's Suicide Prevention Task Force, has requested that the ADAMHS Board of Cuyahoga County provide \$11,900.00 to cover the cost of leave-behind items for 17,000 students in 110 schools in Cuyahoga County that are projected to participate in the *Recognizing Teen Depression and Preventing*

Suicide program in the upcoming 2018/2019 school year. Materials include wallet crisis cards with the ADAMHS Board logo, student handouts and pens.

Mr. Osiecki noted that the program's goal is to cause at-risk students to seek and receive treatment from a mental health professional, as treatment is life-altering and often lifesaving. In Calendar Years 2015, 2016, and 2017, in recognition of the good work of LifeAct and its program, the ADAMHS Board provided \$5,500.00, \$6,500.00 and \$6,500.00 respectively in funding to defray the costs associated with the program's leave-behind items.

Mr. Osiecki referenced that in order to defray the \$11,900.00 cost of producing the wallet crisis cards, student handouts and pens for Cuyahoga County students that participate in the program in amount of \$6,500.00. The ADAMHS Board logo will continue to appear on the wallet crisis cards and will be added to the student handouts to illustrate the Board's support.

Motion to recommend approval to allocate funds to LifeAct to support efforts that help to prevent suicide for leave-behind items to the Finance & Operations Committee. MOTION: E. Caraballo / SECOND: R. Fowler / AYES: R. Blue, E. Caraballo, R. Fowler, K. Kern-Pilch, B. Gohlstin, Sr., M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

6. AIDS Funding Collaborative

Linda Torbert, Director of Prevention & Children's Behavioral Health Programs, reported that the mission of the AIDS Funding Collaborative (AFC) is to strengthen the community's response to HIV/AIDS, as a public/private partnership providing coordination, leadership, advocacy, and funding in Greater Cleveland. The AFC is one of the original 8 community partnerships of the National AIDS Fund (now AIDS United). Since its inception in 1994, the AFC has leveraged and invested over \$10.5 million to support HIV/AIDS-related prevention efforts, care and services, and training and evaluation activities in Greater Cleveland.

The AFC does not provide direct services to individuals. The AFC funds approximately 10 grantees annually in the amount of \$300,000.00 for community prevention and care programming and capacity building. The exceptions are outreach and training – and since 2017, awareness campaigns for pre-exposure prophylaxis (PrEP).

A public/private funding collaborative as a strategy guided by data and stakeholder feedback to reduce the impact of HIV/AIDS in our community. Activities include the following:

- Grant making to fill gaps in the community where other public dollars cannot be used, and build capacity among community prevention and care providers;
- Advocacy for sound public health and fiscal policies for HIV/AIDS programming;
- Forwarding our strategic priorities of PrEP, syringe access and post exposure prophylaxis (PEP);
- Professional trainings for front-line providers; and
- Community outreach

Mr. Osiecki noted that historically the ADAMHS Board has participated as a funding partner of the AFC to increase results related to strategic HIV prevention and care including services for mental health, addiction and harm reduction strategies related to intravenous drug use.

Motion to recommend approval to allocate funds to the Center for Community Solutions-AIDS Funding Collaborative to the Finance & Operations Committee. MOTION: R. Blue / SECOND: R. Fowler / AYES: R. Blue, E. Caraballo, R. Fowler, K. Kern-Pilch, B. Gohlstin, Sr. / NAYS: None / ABSTAIN: M. Step / **Motion passed.**

7. Adhoc Committee Recommendations from Dental & Podiatric Research Findings

Based upon a discussion held at the October General Meeting, an Adhoc Committee was established to conduct some research regarding the need for podiatric and dental services among the population the ADAMHS Board of Cuyahoga County serve. Harvey A. Snider, Esq., Gregory X. Boehm, M.D., Katie Kern-Pilch, MA, ATR-BC, LPC-S, Steve Killpack, MS, and Mary M. Step, Ph.D. were appointed to the Adhoc Committee to research the issue.

The research showed that individuals living with mental illness/substance use disorder increases the risk of adverse oral or podiatric health outcomes and vice/versa. As a result, the Board of Cuyahoga County's recommendation regarding podiatric and dental health care is as follows:

1. Initiate client health fair/s to include:
 - Dental assessments by Care Alliance
 - Podiatric assessments by Kent State University podiatric students.
 - News Coverage.
2. Produce card noting available dental & podiatric resources for:
 - Community Psychiatric Supportive Treatment Workers
 - Clients
 - Distribute information cards/presentation at Brown Bag lunches
 - Distribute cards to clients at residential facilities through LifeWorks
3. Produce awareness:
 - Post on website
 - Utilize social media, etc.

Motion to recommend approval for ADAMHS Board of Cuyahoga County staff to pursue the aforementioned recommendations to the Full Board. MOTION: M. Step / SECOND: R. Fowler / AYES: R. Blue, E. Caraballo, R. Fowler, K. Kern-Pilch, B. Gohlstin, Sr., M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

8. Policy Statement Renewal: EXPENDITURE OF PUBLIC FUNDS FOR A PROPER PUBLIC PURPOSE

Mr. Osiecki highlighted the minor revisions needed to update the policy statement, Expenditure of Public Funds for a Proper Public Purpose. The revisions made to update the policy have been enumerated on a separate document. As there were no other changes proposed, the committee voted to recommend approving the revised policy to the full Board.

Motion to recommend approval of renewing the policy statement, Expenditure of Public Funds for a Proper Public Purpose, to the full Board. MOTION: R. Fowler / SECOND: M. Step / AYES: R. Blue, E. Caraballo, R. Fowler, K. Kern-Pilch, B. Gohlstin, Sr., M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

9. Strategic Plan Update

Mr. Osiecki highlighted the accomplishments and activities related to Goal #4 in the document distributed. The detailed update distributed is attached to the original minutes stored in the Executive Unit.

10. Cuyahoga County Jail Update

Mr. Osiecki reported that several Board Members and staff participated in a site visit to the Cuyahoga County Jail on 4/10/19. Clifford Pinkney, Cuyahoga County Sheriff, escorted the participants on this site visit and offered to present at a future Board meeting.

11. Old/New Business

None

There being no further business or audience input, the meeting adjourned at 5:16 p.m.

Submitted by: Linda Lamp, Executive Assistant

Approved by: Katie Kern-Pilch, MA, ATR-BC, LPC-S Planning & Oversight Committee Vice Chair