

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES MARCH 13, 2019

Committee Members Present:

Eugenia Kirkland, LSW, MSSA, CDCA, Reginald C. Blue, Ph.D., Gregory X. Boehm, M.D., J. Robert Fowler, Ph.D., Mary M. Step, Ph.D. / **Absent:** Katie Kern-Pilch, MA, ATR-BC, Elsie Caraballo

Board Staff Present:

Scott Osiecki, Chief Executive Officer, Carole Ballard, Curtis Couch, Tami Fischer, Bob Garrity, Felicia Harrison, Bill Hebble, Carol Krajewski, Maggie Tolbert, Thomas Williams, Leshia Yarbrough-Franklin

1. **Call to Order:** Eugenia Kirkland, P&O Committee Chair, called the meeting to order at 4:00 p.m. Dr. Fowler read into the record the Committee Mission Statement: *“The Planning & Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of clients, their families and the community.”*
2. **Approval of Minutes:** The February 13, 2019 minutes were approved as submitted.

3. **Roberto Flores Home**

Maggie Tolbert, Assistant Chief Clinical Officer, introduced Leshia Yarbrough-Franklin, Adult Behavioral Health Specialist, who is responsible for oversight of the Flores House, and Angela Glassco, Chief Operating Officer of FrontLine Service, who was invited to share information about the Flores Home. The Roberto Flores Treatment Program is an 8-bed home-like facility that serves individuals with co-occurring substance use and mental health disorders in Cuyahoga County. She noted that the Flores Home is the only specialized Dual Diagnosis IOP (Intensive Outpatient Service) program with residential support in the county.

The typical profile of a Flores resident is someone with low-income, has a history of unstable housing or homelessness, is a long-term consumer of the community behavioral health system, is involved in the criminal justice system and has a history of unsuccessful substance use treatment attempts. Most residents at Flores also have a history of trauma necessitating trauma-informed service delivery as a critical component of the therapeutic milieu.

Questions of committee members were addressed. It was noted that all referrals come to the ADAMHS Board for approval; the majority of referrals come from the state hospital, agency providers or are court-ordered. Once the referral is approved, the Flores' Program Manager schedules an interview with the potential resident at the Flores Home, where clinical appropriateness for the program is assessed and the program rules and expectations are reviewed. The average length of stay is 6 months. A copy of the power point presentation and the brochure distributed are attached to the original minutes in the Executive Unit.

4. **CY2018 Clients Rights Report**

Bill Hebble, Client Rights Officer II and Leshia Yarbrough-Franklin, Client Affairs Officer (in 2018) presented the Client Rights Report that represents all data collected during CY2018. Data from 47 Substance Use Disorder (SUD) and Mental Health agencies are represented in the report that indicates an increase from 44 agencies reporting client rights data in 2017. Each agency self-reports, based upon the services provided at the agency, the number of complaints and grievances received for each service provision. The ADAMHS Board received a total of 1,461 calls during CY18. This represents a decrease of 113 calls when compared with CY17.

Mr. Hebble utilized a power point presentation to illustrate the data shared through various charts with the corresponding explanation. The CY2018 Client Rights Report is attached to the original minutes and will also be available for review on the ADAMHS Board's website.

Committee Member Input:

- P&O Committee Chair, Ms. Kirkland, expressed her appreciation for the clarity of the information provided.

- Regarding the clause, “could be due to” as an explanation for data received, it was suggested that Board staff refine the question to obtain more specific data.
- A discussion ensued around the question: what are the consequences for providers who do not submit an annual Clients Rights Report?
 - Mr. Hebble noted that training for agency CRO’s is provided annually in November on how to complete the Client Rights Annual Report, when it is to be submitted, etc.
 - Mr. Osiecki noted that there were no consequences, in past practices, for those providers that did not submit an annual CRO Report. In CY2020, the Board has on its list the need to review the reporting requirements in provider contracts.
 - Dr. Fowler brought forward the notion of giving performance scores using metrics.
 - Dr. Step noted that there may be many reasons why an agency has not reported and suggested researching this issue further before making any drastic changes.
- Committee Chair Kirkland concurred that researching this issue further is a necessary step going forward.

5. Withdrawal Management

Scott Osiecki, CEO, was notified by St. Vincent Charity Medical Center (SVMCMC) that CareSource, a Healthcare Management Organization (HMO), has informed the hospital that it will no longer pay for claims for inpatient withdrawal management services for persons withdrawing from opioids as it is not deemed medically necessary. Mr. Osiecki noted that he recently addressed this situation with OACBHA (Ohio Association of County Behavioral Health Authorities).

Ms. Tolbert reported that since SVMHC was expecting payment for services rendered at the end of CY2018, it has requested assistance from the ADAMHS Board to reimburse the hospital for services provided. Board staff recommends authorizing a one-time payment of \$41,250.00 to SVMCMC to cover the cost of inpatient withdrawal services from opioids provided to 18 Cuyahoga County residents in CY18 that were denied for payment from CareSource.

Motion to recommend approval of one-time funding to St. Vincent Charity Medical Center for Uncompensated Withdrawal Management services provided at St. Vincent Rosary Hall to the Finance & Operations Committee.

MOTION: R. Blue / SECOND: M. Step / AYES: R. Blue, G. Boehm, R. Fowler, E. Kirkland, M. Step / NAYS: None
ABSTAIN: None **Motion passed.**

Discussion: How to proceed going forward for inpatient detox hospitalizations

- Dr. Boehm noted that some states have eliminated inpatient detoxification for opiate use only. For withdrawal management cases that do not involve medical complications, he noted that individuals could be treated safely through ambulatory detox.
- Ms. Kirkland suggested looking into this issue further to formulate a strategy for providing the services needed with a clear mechanism in place to support clients.
- A suggestion was made to determine what managed care organizations consider a medical complication.

Mr. Osiecki reported that Board staff will continue to discuss this issue further and may also wish to include Dr. Boehm in such a review. Committee members supported the concept of re-visiting this issue, suggested also including the input of the Chief Clinical Officer Consultant with the overall goal of making a recommendation from the P&O Committee.

6. Multi-System Youth Grant

Mr. Osiecki referenced the Board of Directors’ approval in February to allocate \$200,000.00 of OhioMHAS’ Multi-System Youth Grant of \$270,723.00. The remaining funds, \$70,723.00, are recommended to provide treatment and recovery support services to the Cuyahoga County Juvenile Court’s Detention Center for youth who are court-involved and have behavioral health diagnoses.

The funds will be used to provide group therapy, trauma-informed yoga and art and music therapy to the youth residing at the Detention Center through this pilot program. If approved, a Memorandum of Understanding will be prepared for the providers: Applewood Centers, Inc., The Art Therapy Studio, The Music Settlement, The Mat Project and Tough as Milk.

Motion to recommend approval to allocate funds received from the OhioMHAS Multi-System Youth (MSY) Grant for treatment and recovery supports to youth involved in the Cuyahoga County Juvenile Court Detention Center to the Finance & Operations Committee. MOTION: R. Fowler / SECOND: G. Boehm / AYES: R. Blue, G. Boehm, R. Fowler, E. Kirkland, M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

7. OhioMHAS Community Capital Projects Support

Mr. Osiecki explained that when OhioMHAS has additional capital dollars available, it reviews the lower ranked projects and opens the opportunity for Boards to make additional requests. As an additional request was issued by OhioMHAS for Youth Resiliency Capital, the ADAMHS Board of Cuyahoga County wishes to recommend two projects:

- Connecting Youth Through Recovery Drop-In Center – for the purchase of a building for Drop-In Center providing a prosocial environment for middle school, high school and transitional aged youth and their families; and,
- NOAH House – for purchase and renovation of a recovery house for 7 men living in recovery from opioid addiction through the use of medication assisted treatment.

Mr. Osiecki noted that no Board funding is required; however, a resolution approved by the full Board is needed to provide and reaffirm support for the projects listed above.

Motion to recommend approval of ADAMHS Board Support of OhioMHAS SFY 19/20 Community Capital Plan Project Submissions to the full Board. MOTION: R. Blue / SECOND: M. Step / AYES: R. Blue, G. Boehm, R. Fowler, E. Kirkland, M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

8. Policy Statement Renewal: GENERAL POLICY ON PRIVACY AND CONFIDENTIALITY

Bob Garrity, Director of Risk Management, highlighted the minor revisions needed to update the policy statement, General Policy on Privacy & Confidentiality; the 45-page policy was posted online for committee member access. The revisions made to update the policy have been enumerated on a separate document. As there were no other changes proposed, the committee voted to recommend approving the revised policy to the full Board.

Motion to recommend approval of renewing the policy statement, General Policy on Privacy and Confidentiality, to the full Board. MOTION: R. Fowler / SECOND: R. Blue / AYES: R. Blue, G. Boehm, R. Fowler, E. Kirkland, M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

9. Dental & Podiatry Research Summary

Based upon a discussion held at the October General Meeting, an Adhoc Committee was established to conduct some research regarding the question: What are the potential benefits of providing basic podiatric and dental services for county mental health and substance use disorder (SUD) clients? Dr. Mary Step utilized a power point presentation to illustrate the findings from various research literature sources. For the record, she noted that these findings do not constitute a recommendation but are meant to be a sharing of investigation and information. (The research document prepared by Mary M. Step, Ph.D. is attached to the original minutes stored in the Executive Unit.)

Research literature recognizes Dental Public Health by the American Dental Association as the practice of disease prevention and control and is a tract of study at many dental schools around the nation. There is a real need for dental service particularly for underserved populations. Listed below is a brief summary of the research document distributed.

Dental Health

- Basic Services in Dental Public Health include prevention and control of tooth decay, periodontal disease, and screening for mouth and throat cancers.
- People living with moderate to severe mental illness and substance abusers, carry a significantly higher risk of the conditions, listed above.
- Specifically, psychiatric disorders, including severe mental illness, affective disorders and eating disorders are associated with tooth erosion, dental caries and periodontitis.
- People living with severe mental illness carry almost 3 times the risk of losing all their teeth than the general population.

- SUD users face similar outcomes and often benefit from specific programs to improve their dental health.
- Chronic use of certain drugs creates adverse effects such as tooth grinding and jaw clenching.
- Pain management and relief is a significant issue for the SUD population.

Podiatric Health

- Podiatric Medicine concerns the medical, surgical, physical and adjunctive treatment of diseases, injuries and defects of the foot and lower extremities.
- Foot pain has been associated with depression; worse health status for people living with severe mental illness.
- Foot problems are particularly problematic for homeless persons but receive little attention from public health practitioners. Inadequate foot hygiene, poor fitting shoes, exposure to damp conditions, and lack of hygiene are primary reasons for podiatric problems among homeless persons.

Conclusions - *(verbatim from Dr. Step's document)*

Clearly oral and podiatric services could play a significant role in improving the general health and well-being of people living with substance and/or mental health disorders. It appears that there are willing local partners and events to offer these services that ADAMHS could investigate if so inclined. Importantly, Dr. Step has initiated a conversation with public health faculty serving the College of Podiatric Medicine (<https://www.kent.edu/cpm>) at KSU who are eager to discuss potential partnerships. This podiatric medical school is located in Independence Ohio, within Cuyahoga County and offers a tremendous resource for this kind of service.

There are specific dental and physical health needs of ADAMHS clients necessary to the improvement of their entire health. Increased capacity of state or county podiatric/dental health programs to provide service access to the underserved population may provide impactful improvements to the health, well-being, and lasting recovery of the ADAMHS client base. Providing ADAMHS clients with periodontal and/or podiatric services will greatly increase overall health of this population and reduce the economic burden of associated morbidities.

Committee Chair Kirkland noted that several questions came out of the initial General Meeting such as what is the responsibility of the ADAMHS Board, how we can support individuals with dental & podiatric issues? Based on the information shared, Ms. Kirkland suggested that the P&O Committee should keep this issue on the April meeting agenda for consider next steps.

Mr. Osiecki thanked Dr. Step for her excellent and extensive research work. He shared that Board staff made a decision this year not to hold the Annual Client Picnic at the Zoo but to hold instead a Health Fair for clients instead. Mr. Hebble introduced this idea to the ACAC (Action Committee Advocating Change); the response from clients was overwhelmingly positive. Dr. Step offered to reach out to the Dental College to invite interested individuals to participate in the Client Health Fair.

10. Strategic Plan Update

Mr. Osiecki highlighted the accomplishments and activities related to Goal #2 and #3 in the document distributed. The detailed update is attached to the 3/13/19 P&O Committee minutes stored in the Executive Unit. Mr. Osiecki noted that an additional item should be added to item #3.1 – The monthly “Meet Your Legislator Series”. Mr. Osiecki noted that Goals #4 and #5 will be scheduled for the April P&O Committee meeting.

11. Old/New Business

- A request was made for P&O Committee members to receive an updated Acronym List.

There being no further business or audience input, the meeting adjourned at 5:45 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: Eugenia Kirkland, LSW, MSSA, CDCA, Planning & Oversight Committee Chair