

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES FEBRUARY 13, 2019

Committee Members Present:

Eugenia Kirkland, LSW, MSSA, CDCA, Reginald C. Blue, Ph.D., Gregory X. Boehm, M.D., Elsie Caraballo, J. Robert Fowler, Ph.D., Rev. Benjamin F. Gohlstin, Sr., Katie Kern-Pilch, MA, ATR-BC, Mary M. Step, Ph.D. / **Absent:** None

Board Staff Present:

Scott Osiecki, Chief Executive Officer, Ada Cancel, Tami Fischer, Cheryl Fratalone, Bob Garrity, Felicia Harrison, Myra Henderson, Carol Krajewski, Lindsey McMillion, Beth Pfohl, Starlette Sizemore-Rice, LaVedia Smith, Maggie Tolbert, Thomas Williams

1. **Call to Order:** Eugenia Kirkland, P&O Committee Chair, called the meeting to order at 4:00 p.m.
2. **Approval of Minutes:** The January 16, 2019 P&O Committee minutes were approved as submitted.

3. **ID Crisis Collaborative (IDCC) Presentation**

Ms. Starlette Sizemore-Rice, Director of Special Projects, introduced Eileen Kelly, Executive Director of the Identification Crisis Collaborative, who shared the mission of the IDCC to assist people who could not obtain various forms of identification, birth certificates and/or proof of citizenship because of the cost of the documents. She noted that many of the people served are living with a mental illness and/or addiction.

Fact sheets distributed illustrated the various barriers in obtaining an ID, driver's license and/or birth certificate that are needed to apply for a job, taking a GED test, open a bank account, get medical care, subsidized housing, etc. The process to obtain these items also requires computer access and fees. Ms. Kelly noted that in 2018 the IDCC provided 7,682 documents for people who are extremely poor and about a 1/3 of those served were paid for by ADAMHS Board funds. The IDCC collaborates with participating agencies and churches in order to serve people where they are to help pay the fees involved and obtain the individual's required documents.

Ms. Kirkland advocated for the IDCC to reach out to collaborate with Lifeworks. This partnership can help peer support specialists to share important information with clients who reside in our communities residential facilities. Ms. Kelly was receptive to the suggestion. Ms. Kirkland introduced Craig Dunson, Executive Director of Lifeworks—Behavioral Health Solutions, who was present in the audience.

Motion to recommend approval of an allocation to West Side Catholic Center to serve as fiscal agent on behalf of the Identification Crisis Collaborative in the amount of \$48,000.00 to Finance & Operations Committee.

MOTION: M. Step / SECOND: K. Kern-Pilch / AYES: R. Blue, G. Boehm, E. Caraballo, R. Fowler, B. Gohlstin, K. Kern-Pilch, E. Kirkland, M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

4. **Music Therapy for Detox and Recovery Program**

Ms. Sizemore-Rice introduced Ronna Kaplan, MA, MT-BC, Chair of the Center for Music Therapy, The Music Settlement.

Ms. Kaplan shared the mission of the Center for MT (Music Therapy) "to creatively use music as a therapeutic tool for meeting the challenges and needs and promoting the well-being of those in our communities" and distributed a handout to committee members. She reported that there are 14 Board-certified Music Therapists on staff. They served over 4,000 people through community outreach last fiscal year plus over 100 people at the Ohio City and University Circle campuses and private homes. The Center for MT has experience working with individuals with substance abuse disorders at Lutheran Hospital, Salvation Army Harbor Light Complex. In CY2018 served 557 individuals with substance use disorders. The Center for MT also is presently serving individuals with mental health issues at Lutheran Hospital, West Side Community House, etc.

The proposed Music Therapy for Detox and Recovery Program plans to serve at least 100 people at Stella Maris by providing music therapy interventions to enhance the recovery process. Dr. Step inquired about the average length of stay for clients at Stella Maris and the amount of exposure clients will be able to have. Ms. Kaplan stated that Stella Maris staff has requested that group sessions be conducted. Clients are at the agency for 5-7 days in detox; therefore, it is possible for them to participate in 2 group sessions each week. Clients in partial hospitalization are at the agency for 2 weeks.

Committee member input:

- Encourage updating agenda process sheet with measurement accomplishment data from Music Therapy document. Mr. Osiecki concurred and noted that the APS would be revised with the specific evaluation metrics provided.
- Consider this new Music Therapy for Detox and Recovery Program a “pilot” program for its first year.
- Provide feedback on the Music Therapy Program at Stella Maris to the P&O Committee after 90 days.

Motion to recommend approval of an allocation to The Cleveland Music School Settlement (DBA (The Music Settlement) in the amount of \$10,000 to provide music therapy interventions to individuals being served at Stella Maris as a pilot program to Finance & Operations Committee. MOTION: R. Fowler / SECOND: E. Caraballo
 AYES: R. Blue, G. Boehm, E. Caraballo, R. Fowler, B. Gohlstein, K. Kern-Pilch, E. Kirkland, M. Step / NAYS: None
 ABSTAIN: None / **Motion passed.**

5. Jail Liaison Program Recommendations

Mr. Osiecki introduced and welcomed Judge Hollie L. Gallagher who works on the Mental Health and Developmental Disabilities (MHDD) Court Docket, serves on the Mental Health Response Advisory Committee under the Consent Decree and also has been collaborating with Board staff to revamp the Mental Health Jail Liaison Program. Board staff--Maggie Tolbert, Assistant Chief Clinical Officer, and Lindsey McMillion, Adult Behavioral Health Specialist-Criminal Justice Services--spoke to the mission of the Mental Health Jail Liaison Program “to assist offenders with mental illness or dually diagnosed with a substance use disorder. These offenders have been charged with a felony and are actively involved in the criminal justice system”.

Ms. McMillion shared background information on the Jail Liaison Program originally developed to assist individuals living with mental illness and who are incarcerated in the Cuyahoga County Jail. In an effort to revamp and improve the program to better suit the needs of our clients and the Courts, the ADAMHS Board has been working with the Cuyahoga County Court of Common Pleas and subsequently released a Request for Proposal to seek multiple providers to perform the duties related to the Jail Liaison Program.

Ms. McMillion noted that future Jail Liaisons will be required to meet the minimum qualifications of a Bachelor’s Degree from an accredited college and a license to perform diagnostic assessments. Jail Liaisons will be housed at the Justice Center, have “read-only” access to MetroHealth Medical Center’s EPIC (Electronic Health Records), and meet with clients while incarcerated in the county jail to provide continuity of care and linkage to community resources. The Jail Liaisons will provide reports and reintegration plans to the Court of Common Pleas and the Cuyahoga County Jail, and communicate regularly with Judges overseeing the MHDD Court docket. The Jail Liaisons will also meet weekly as a team for training and education with Ms. McMillion.

Ms. Tolbert noted that the revamped program will increase accountability for the program as identified in the metrics section of the agenda process sheet. Also, for the first time, Jail Liaisons will have read-only access to the electronic medical record which will help with coordination of services. Through the RFP Review process, Board staff is recommending contracting with MetroHealth Medical Center, Murtis Taylor Human Service System, Recovery Resources and Signature Healthcare to employ Mental Health Jail Liaisons for a total amount of \$300,000.00 per year with \$75,000.00 to each agency per year. The proposed Mental Health Jail Liaison Program is for 3-years.

Scott Osiecki, CEO, added that job descriptions have been developed for the Jail Liaison position. Additionally, the ADAMHS Board and the Court of Common Pleas will split the cost for a position entitled Jail Liaison Specialist who will work on-site at the Court taking a supervisory/leadership role, and will monitor the work of the Jail Liaisons.

Discussion followed on how all four agency Jail Liaisons will be kept accountable and on the same page. Ms. McMillion noted that she will be actively working with the Jail Liaison Specialist. Ms. Tolbert explained that a monthly monitoring tool has been developed by Board staff for Jail Liaisons to complete with aggregate data and submit to the Board. A copy of the monitoring form template can be shared with members of the Planning & Oversight Committee.

Committee Member Input: Feedback on the Mental Health Jail Liaison Program to be provided in 6 months.

Motion to recommend approval of entering into contracts with MetroHealth Medical Center, Murtis Taylor Human Service System, Recovery Resources and Signature Healthcare to employ Jail Mental Health Liaisons to perform the duties of the Mental Health Jail Liaison Program to the Finance & Operations Committee. MOTION: K. Kern-Pilch / SECOND: M. Step / AYES: R. Blue, G. Boehm, E. Caraballo, R. Fowler, B. Gohlstin, K. Kern-Pilch, E. Kirkland, M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

6. CURES Year 01 Carryover Funding Opportunity 3-Naxolone

Beth Pfohl, Grants & Evaluation Officer, reported that the Ohio Department of Mental Health & Addiction Services (OhioMHAS) has made CURES Year 01 funding available only to Boards existing CURES projects for the purchase and distribution of Naloxone kits by April 30, 2018.

Ms. Pfohl noted that MetroHealth's Office of Opioid Safety reaches offenders involved in the County Jail with Medication Assisted Treatment (MAT) while they are incarcerated. Through this CURES Year 01 carryover funding, the Board proposes to subcontract with MetroHealth's Office of Opioid Safety to work jointly with the Cuyahoga County Sheriff's Department. This collaboration will enable the dissemination of take-home Naloxone kits for 120 eligible inmates of the Cuyahoga County Corrections Center who have been seen as a part of MetroHealth's MAT jail program. MetroHealth assures the Board that funding for the Naloxone/Narcan kits can be expended by April 30th target date.

Motion to recommend approval of accepting funds from OhioMHAS for the CURES Act Year 1 Carryover Opportunity 3 for the time period February 1, 2019 through April 30, 2019 and the allocation of \$9,000.00 for the purchase and distribution of Naloxone kits to MetroHealth Medical Center to the Finance & Operations Committee. MOTION: M. Step / SECOND: R. Blue / AYES: R. Blue, G. Boehm, E. Caraballo, R. Fowler, B. Gohlstin, K. Kern-Pilch, E. Kirkland, M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

7. CY2019 Agreements with Class 2 Residential Facilities

Ms. Tolbert asked Myra Henderson, Adult Behavioral Health Specialist, and Craig Dunson, LifeWorks Coordinator, to join committee members at the Board table.

Ms. Tolbert noted that the ADAMHS Board recently contracted with certified Peer Specialists and peers in the process of becoming certified to conduct home visits of the Residential Facilities that submitted responses to the Board Request for Proposals (RFPs) to be eligible to provide housing to individuals with mental illness funded through the Board's Residential Assistance Program (RAP).

During the home visits, the teams performed a walk through and visual assessment of the residence, took photos, completed a checklist and provided a recommendation of a "Peer Seal of Approval." Ms. Tolbert reported that the home visits conducted were not to be considered a licensing inspection as all of the homes are already licensed by OhioMHAS. The peers looked for cleanliness, upkeep of the property (carpets, floors, cabinets, appliances, visual leaks, utensils, etc.), supplies, availability and quality of food, clean sheets and towels, adequate toiletries, etc.

Eighty-eight responses to our RFP were received and reviewed. Some of the responses were from operators who own more than one home – totaling 105 homes. Of the 105 homes that were inspected, 22 were recommended for a second onsite review that included Board staff. Fifteen of the homes were required to make and/or schedule corrections and/or repairs to receive a contract. This recommendation was based on cleanliness, minor repairs to walls, steps, handrails, windows, doors, appliances, etc.

Five homes were not recommended to receive a contract based on severity of unkempt environment, odor, mold, lack of bedding and/or soiled mattresses, linens and bedcovers, lack of furniture, medications out in the open and unsupervised, house looked abandoned, roof falling in and dangerous flooring. Photographs were displayed showing quality residences and examples of those not recommended. It was noted that clients residing in those homes not approved for a contract will be relocated to better environments.

Mr. Dunson reported that LifeWorks staff will also make unannounced visits to residential facilities throughout the year to review housing conditions, cleanliness, etc. Several committee members commended Scott Osiecki, CEO, Board staff and Peer Support Staff for this Peer Seal of Approval initiative and mentioned their interest in joining in on a few of the Peer Review visits to residential facilities.

Ms. Henderson noted that she is responsible for monitoring the Peer Support Services and is excited about this new Peer Seal of Quality project to assure that clients are living in quality homes. She has been working closely with Craig Dunson in the development of this initiative and will continue to monitor the effort. She also noted that Craig will have an office space on the 6th floor in the former NAMI space to assist clients obtain benefits.

Motion to recommend approval of entering into agreements with the Class 2 Residential Facilities on the list attached to the agenda process sheet that have received the Peer Seal of Quality for CY2019 to the Finance & Operations Committee. MOTION: R. Blue / SECOND: K. Kern-Pilch / AYES: R. Blue, G. Boehm, E. Caraballo, R. Fowler, B. Gohlstin, K. Kern-Pilch, E. Kirkland, M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

8. OhioMHAS Residential Statute Changes

Bob Garrity, Director of Risk Management, provided a brief explanation of recent OhioMHAS Residential Statute Changes. The Bureau of Recovery Supports and Housing, a division of OhioMHAS, started to work on quality housing criteria in January 2018 and began to modify the statutes as far as housekeeping, property maintenance, sleeping and living spaces, etc. The goal is to address client rights issues. The new criteria addresses (1) the physical environment for Class 2 residential facilities, permanent supportive housing and sober recovery housing and (2) programmatic environment.

Mr. Garrity will provide updates when available. The Bureau issued an RFP on January 2nd to have a third party help agencies with the certification and application process. If committee members are interested, Mr. Garrity can provide a copy of the statute changes to date and information about the OhioMHAS' webinar on this topic.

9. Strategic Plan Update

Mr. Osiecki highlighted accomplishments and activities related to Goal #1 in the document distributed. The detailed update is attached to the 2/13/19 P&O Committee minutes stored in the Executive Unit. Several committee members commended Scott Osiecki, CEO, on the accomplishments and update provided. Mr. Osiecki mentioned that other sections will be reviewed during upcoming P&O Committee meetings.

10. Old/New Business - None

There being no further business or audience input, the meeting adjourned at 5:30 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: Eugenia Kirkland, LSW, MSSA, CDCA, Planning & Oversight Committee Chair