

ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT COMMITTEE MINUTES

JUNE 10, 2020

Committee Members Present: Katie Kern-Pilch, ATR-BC, LPC-S, Committee Chair, Gregory X. Boehm, M.D., Crystal Bryant, Esq., MS, LSW, Elsie Caraballo, J. Robert Fowler, Ph.D., Rev. Benjamin F. Gohlstin, Sr., Patricia James-Stewart, M.Ed., LSW, Steve Killpack, MS, Harvey A. Snider, Esq.

Absent: Reginald C. Blue, Ph.D.

Board Staff Present: Scott Osiecki, CEO, Joseph Arnett, Carole Ballard, Curtis Couch, Erin DiVincenzo, Tami Fischer, Cheryl Fratalone, Felicia Harrison, Esther Hazlett, Myra Henderson, Charde' Hollins, Leslie Koblentz, Linda Lamp, Kelli Perk, Allison Schaefer, Starlette Sizemore-Rice, Larry Smith, Jr., Michaele Smith, Maggie Tolbert, Jessica Torres, Beth Zietlow-DeJesus

1. **Call to Order**

Ms. Katie Kern-Pilch, Planning & Oversight Committee Chair, called the meeting to order at 4:00 p.m. Ms. Patricia James-Stewart read into the record the Committee Mission Statement: *"The Planning & Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of clients, their families, and the community."*

2. **Board Member Attendance Roll Call**

Due to the current public health orders surrounding COVID-19, and the Board's commitment to ensuring the health and safety of our Board members, staff, partners, and stakeholders, the Planning & Oversight Committee meeting was held via Zoom. To assure a quorum, Ms. Linda Lamp, Executive Assistant, completed the Board member attendance roll call.

3. **Approval of Minutes**

The Planning & Oversight Committee minutes of May 13, 2020 were approved as submitted.

4. **Needs Assessment Presentation**

Mr. Curtis Couch, Chief Technology and Data Analytics Officer, stated that the ADAMHS Board routinely conducts a system Needs Assessment/Analysis to ensure that Cuyahoga County's Public Behavioral Health and Recovery System continues to adapt to an environment of high service demands and that constrained resources are allocated appropriately. The Needs Assessment/Analysis will assist the ADAMHS Board in identifying areas of greatest need for client services for planning, funding, evaluating and advocacy purposes. The Ohio Department of Mental Health and Addiction Services (OhioMHAS), as well as general evaluation standards, suggest that local Boards conduct a thorough Needs Assessment/Analysis approximately every five years. The ADAMHS Board's last Community Needs Assessment/Analysis was completed in 2016. In preparation for the development of the Board's 2021-2025 Strategic Plan, ADAMHS Board staff has been working collaboratively with Cleveland State University (CSU) representatives to complete this assessment in a timely fashion. However, due to COVID-19, CSU requested a two-week extension for delivery of the final Needs Assessment/Analysis. ADAMHS Board staff approved this extension.

Mr. Couch introduced CSU representatives Cathleen A. Lewandowski, Ph.D., MSW, Professor, School of Social Work, and Director, Center for Behavioral Health Sciences, and Miyuki Fukushima Tedor, Ph.D., Associate Professor, Department of Criminology, Anthropology, and Sociology, and Faculty Affiliate, Center for Behavioral Health Sciences, to provide a presentation on the ADAMHS Board's Needs Assessment. Dr. Lewandowski reported that the Needs Assessment evaluated current mental health and substance use disorder treatment and recovery support services, identified gaps in services and proposed recommendation for change at many levels in the Cuyahoga County system of care for which the ADAMHS Board makes programmatic and funding decisions.

This Needs Assessment, referenced as "the study", analyzed data collected from January through December 2019 utilizing epidemiological analysis, utilization analysis, and input from both clients and experts, or agency executive directors and direct

service providers. Demographic and epidemiological data found in the first three Chapters of this study were used to estimate the unmet needs for substance use disorder and mental health treatment in Cuyahoga County. The study's key estimates revealed that there is a large disparity between individuals with substance use disorders and individuals who receive treatment in Cuyahoga County:

- Approximately 1,481 youth (ages 12 to 17), and 62,116 adults (ages 18 and older) had an alcohol use disorder, would benefit from treatment, and did not receive treatment in the past year.
- Approximately 2,208 youth (ages 12 to 17), and 30,565 adults (ages 18 and older) had an other substance use disorder, would benefit from treatment, and did not receive treatment in the past year.
- Approximately 353 youth (ages 12 to 17), and 4,930 adults (ages 18 and older) had both alcohol and other substance use disorders in the past year but did not receive treatment for either one.

The study indicates a large disparity between individuals with a mental health disorder and individuals who receive treatment and/or service. The study estimates that in Cuyahoga County:

- Approximately 12,455 youth (ages 12 to 17) reported having a major depressive episode in the past year; less than half (5,720) reported seeking treatment.
- Approximately 62,116 adults (ages 18 and older) experienced a mental illness but did not receive any treatment in the past year.

The study also indicates that approximately 1,413 youth or 1.6% of youth (ages 12 to 17) reported having both a major depressive episode and substance use disorder in the past year in Cuyahoga County. Many of the individuals who need substance use or mental health treatment in Cuyahoga County rely on publicly funded services, largely Medicaid, and/or are uninsured. Based on the analysis of the publicly funded client data provided by the ADAMHS Board and responses from surveys to behavioral health and systemwide partners, data revealed the following:

- Respondents most frequently saw the Board's role as providing funding. However, there were several other roles that were identified, including advocacy and support, oversight and accountability, and leadership.
- Males were more likely than females to receive services funded by the ADAMHS Board. However, females were more likely than males to receive services funded by Medicaid.
- Whites were more likely than African Americans or Asians to receive services that were funded by the ADAMHS Board.
- African Americans were most likely among race/ethnicity groups to receive services that were funded by Medicaid. The high likelihood of services funded by Medicaid among African Americans might be explained by the fact that a very high proportion of African Americans receive Medicaid than the proportion of whites receiving Medicaid in Cuyahoga County.
- Hispanics and non-Hispanics were equally likely to receive services that were funded by the ADAMHS Board. They were also equally likely to receive services funded by Medicaid.

Risk factors that can contribute to mental health and substance use disorders include the literacy rate, having a disability, being homeless, Medicaid eligibility, experiencing violence through violent crimes, intimate partner violence and child maltreatment. Other risk factors include marital status, or single parent households, employment, arrest and incarceration rates and education. Cuyahoga County residents have higher rates of these risk factors overall when compared to the state of Ohio and nationally. These categories are called Social Determinants of Health. Social determinants of health describe health disparities and unmet needs in the community. They can result in poor health outcomes, earlier death and increased risk of mental health and substance use disorders. While there are many at-risk populations in Cuyahoga County, the population that frequently "falls through the cracks" are (1) persons with a dual diagnosis, (2) persons who are chronically homeless, (3) women with children, (4) pregnant women, (5) transitional adults age 18-25, and (6) persons whose primary language is other than English.

The report concludes with recommendations from the authors. These recommendations are drawn from the report's findings as well as the authors' understanding of the current state of behavioral health. Each chapter includes a conclusion, summarizing key findings. The recommendations are based on overall findings of both primary and secondary data sources. (The Needs Assessment PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

[Gregory X. Boehm, M.D. left the meeting.]

Committee Member Input:

- Ms. Kern-Pilch expressed her appreciation for the comprehensive nature of the information provided in the Needs Assessment and noted that this information will be utilized for the development of the Board's Calendar Year (CY) 2021-CY2025 Strategic Plan.
- Dr. Fowler inquired with Dr. Lewandowski as to the present status of the ADAMHS Board relative to the delivery of services. Dr. Lewandowski reported that the main purpose of this study was to complete a needs assessment; but believes that overall, individuals were satisfied with the services they received.
- Dr. Fowler also inquired with Dr. Lewandowski as to the reasons why individuals did not seek treatment. Dr. Lewandowski reported that treatment access issues, such as access to services, hours of services and/or individuals not being aware of available services, could exist.
- Mr. Snider inquired as to whether transportation was a barrier for individuals seeking treatment. Dr. Lewandowski responded that transportation was mentioned as a barrier to services but was not identified as a critical barrier.

5. Strategic Plan Recommendation

Ms. Tami Fischer, Chief Administrative Officer, provided committee members with an update regarding the development and implementation of a five-year Strategic Plan for the ADAMHS Board for CY2021 through CY2025. The ADAMHS Board is currently operating under the CY2017 through CY2020 Strategic Plan. In order to plan for the future by ensuring a system of care that enables individuals to access high quality, culturally competent, behavioral health services, the Board issued a Request for Proposal (RFP) seeking a consultant for the development of a new Strategic Plan. This plan will be developed based on the Board's most recent Needs Assessment, workforce development strategies, community input and the performance of the current provider network.

The Board's Strategic Plan will form strategies and resource allocation decisions for CY2021 through CY2025 and is intended to be a fluid document that will be reviewed on a regular basis for modifications with the changing environment. In response to the Strategic Plan Request for Proposal (RFP), the ADAMHS Board received thirteen proposals that were reviewed and rated by an internal Board Review Committee consisting of eight staff members. Each proposal was scored on a 100-point scale with 800 points being the highest possible score. To determine the selected candidate, the Review Committee selected bidders that scored at least 700 points. Ms. Fischer reported that RAMA Consulting, Inc. was the high scorer with 759 points. Public Works, the second-highest scorer, was eliminated due to cost constraints. At \$149,600, their bid was nearly three times the amount of Rama Consulting. The third-highest scorer, Analytic Design Partners, was eliminated following discussion regarding their location, lack of local contracts, and the sense that the majority of the work on this project may rest with the Board rather than the vendor.

The Board's Review Committee also considered hours committed to the project for the bidders in question and determined that RAMA Consulting, Inc's bid, which identified 417 work hours, was determined to be the most efficient hourly rate of \$131. As a result of a number of factors considered during a stringent review process, RAMA Consulting, Inc. was selected as the CY2021 through CY2025 Strategic Planning vendor.

Ms. Fischer added that RAMA Consulting, Inc. was the vender selected for the Board's CY2017 through CY2020 Strategic Plan and reported that RAMA Consulting, Inc. representatives were present to respond to any questions.

[Due to technical difficulties during the Zoom meeting, Patricia James-Stewart, M.Ed., LSW, was not able to vote.]

Motion to enter into a contract with RAMA Consulting, Inc. in the amount of \$57,630 for the development of a Strategic Plan for the Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County for Calendar Years 2021 through 2025 to the Finance & Operations Committee. MOTION: R. Fowler / SECOND: B. Gohlstin / AYES: C. Bryant, E. Caraballo, R. Fowler, B. Gohlstin, K. Kern-Pilch, S. Killpack, H. Snider / NAYS: None / **Motion passed.**

6. Development of Strategic Plan for Behavioral Health Workforce – Consulting Contract Extension

Ms. Fischer reported that the ADAMHS Board is currently contracting through June 30, 2020 with Jeffrey D. Johnson, Attorney-At-Law Consultant, for the development and delineation of implementation of a Strategic Plan for Behavioral Health Workforce Development. Due to COVID-19, Mr. Johnson is requesting a two-month contract extension for completion of his outreach with community partners and to continue writing the plan. This contract extension would be through August 31, 2020.

Motion to amend Resolution No. 19-06-04 to extend the consulting contract for two months with Jeffrey D. Johnson, Attorney-At-Law Consultant, for the development and delineation of implementation of a Strategic Plan for Behavioral Health Workforce Development at a rate of \$83 per hour for approximately 60 hours per month up to a maximum of \$60,000 for the time period of July 1, 2019 – August 31, 2020 to the full Board. MOTION: B. Gohlstin / SECOND: R. Fowler / AYES: C. Bryant, E. Caraballo, R. Fowler, B. Gohlstin, K. Kern-Pilch, S. Killpack, H. Snider / NAYS: None / **Motion passed.**

7. COVID-19 Emergency Funding

Cornerstone of Hope

Mr. Larry Smith, Jr., Director of Programs, reported that Cornerstone of Hope provides individual Counseling/Support Groups for caregivers and community partners. When the COVID-19 quarantine began, Cornerstone of Hope expanded its services beyond bereavement to provide counseling for anxiety, depression, isolation, stress, adjustment disorder, and other related issues. Cornerstone of Hope has been offering remote telehealth counseling, and also opened their offices on May 11, 2020 in accordance with the Responsible RestartOhio protocol. He reported that during the quarantine, individuals and grievers are isolated from friends and family, which can increase feelings of loneliness, panic, depression, and increase risk for substance abuse and suicide. The resulting need for mental health care at this time is great. With this emergency funding, Cornerstone of Hope can ensure the continuation of the organization's ability to provide critical bereavement and mental health care while adding targeted programs for caregivers of all types. They will also be able to serve more low-income clients in need with the ability to obtain reimbursement from Medicare/Medicaid.

Mr. Smith requested the Board to amend Resolution No. 19-11-08 to provide Cornerstone of Hope emergency funding due to the COVID-19 pandemic in the amount of \$40,000 which will increase the existing Cornerstone of Hope agreement from \$67,000 to \$107,000. Representatives from Cornerstone of Hope were present to respond to any questions.

Recovery Resources

Mr. Smith reported that Recovery Resources is a comprehensive Outpatient Behavioral Health organization which provides services to children, adolescents and adults using evidence-based practice and client-centered strategies. ADAMHS Board funding support the following programs through Recovery Resources: Substance Use Disorder (SUD) Prevention, Mental Health (MH) Housing, Two MH Employment Programs, MH Peer Support, and Jail Liaisons, Suburban Jail Liaisons, SUD/MH Prevention for Transitional Aged Youth, Gambling Initiatives and Treatment Services through pooled funding.

Mr. Smith reported that this crucial emergency funding will increase the safety and wellbeing of all clients, staff and visitors who receive services, work or are engaged in other business at Recovery Resources. Screeners will be stationed at entry points to ensure all clients, employees and visitors are screened properly before entering the building. Currently this is an unfunded but required service to ensure the safety of all entering the facility. This will require at least 2.5 Full Time Equivalents (FTEs) for the remainder of the year. Also, due to the current social distancing requirements, alternative waiting areas are needed. As a result, additional Peer Navigators are needed for the remainder of 2020 and additional safety barriers will be put in place in waiting areas.

Mr. Smith requested the Board to amend Resolution No. 19-11-08 to provide Recovery Resources emergency funding due to the COVID-19 pandemic in the amount of \$100,000. A representative from Recovery Resources was present to respond to any questions.

Hispanic Urban Minority Alcoholism and Drug Abuse Outreach Program (UMADAOP)

Mr. Smith reported that Hispanic UMADAOP is an ADAMHS Board contract agency that provides prevention, residential and outpatient treatment specific to the Hispanic/Latino population, although all individuals are welcome to obtain services from the agency. Since the national and State of Ohio declarations of COVID-19 as a public health emergency, Hispanic UMADAOP instituted daily operation guidelines for preventing the spread of the virus while serving clients. However, the COVID-19 pandemic and subsequent State of Ohio-Stay at Home Order began to negatively impact residential client admissions.

Mr. Smith stated that on May 22, an employee of Hispanic UMADAOP tested positive for COVID-19. Hispanic UMADAOP immediately engaged the Cleveland Department of Public Health (CDPH) to interview employees and residential treatment clients, send out quarantine orders, and assist with mapping employee return dates. Within days, Hispanic UMADAOP completed discharge of the remainder of the residential clients and on May 27, 2020 their Board of Directors announced the temporary closure of the residential treatment center through June 14, 2020 for lack of residential clients, professional decontamination cleaning, and lack of available staff. Hispanic UMADAOP requested \$53,102.51 in emergency funding to provide fringe benefits to employees during the temporary closure of its residential services, hazard incentive pay, and for addressing already expended and future costs of reopening its residential treatment services.

Mr. Smith requested the Board to amend Resolution No. 19-11-08 to provide Hispanic UMADAOP emergency funding due to the COVID-19 pandemic in the amount of \$20,382.51, which will increase the existing Hispanic UMADAOP agreement from \$75,000 to \$95,382.51.

[Due to the resolution of technical difficulties during the Zoom meeting, Ms. Patricia James-Stewart, M.Ed., LSW, was able to vote; and Mr. Steve Killpack, MS, left the meeting.]

Motion to amend Resolution No. 19-11-08 to provide Cornerstone of Hope emergency funding due to the COVID-19 pandemic in the amount of \$40,000; to amend Resolution No. 19-11-08 to provide Recovery Resources emergency funding due to the COVID-19 pandemic in the amount of \$100,000; and to amend Resolution No. 19-11-08 to provide Hispanic UMADAOP emergency funding due to the COVID-19 pandemic in the amount of \$20,382.51, which will increase the existing Hispanic UMADAOP agreement from \$75,000 to \$95,382.51 to the Finance & Operations Committee. MOTION: B. Gohlstin / SECOND: P. James-Stewart / AYES: C. Bryant, E. Caraballo, R. Fowler, B. Gohlstin, P. James-Stewart, K. Kern-Pilch, H. Snider / NAYS: None / **Motion passed.**

8. State Opioid Response (SOR) Grant Funding for Training

Mr. Smith provided an update regarding the availability of two SOR funding opportunities that the ADAMHS Board intends to pursue. He reported that this funding is available to the Ohio Association of Community Behavioral Health Authorities (OACHBA) partnering entities that can conduct training for program sustainability and technical assistance to organizations funded through SOR. Presently, the ADAMHS Board has 15 programs funded through SOR and these programs will be the target of these trainings. These funds are intended to help providers funded by SOR assess areas of sustainability, create sustainable business models and sustainability plans, support collective efforts to spark system and local level change and integrate sustainability into business strategies and day to day operations. Through the collaborative efforts of Board staff to utilize these funds prior to end of the Federal State Fiscal Year (September 30, 2020), an extensive list of virtual trainings by national and local presenters will be created for SOR providers. The second SOR funding opportunity the Board intends to pursue consists of the expansion of peer support with Opioid Use Disorder (OUD) in non-traditional settings.

Mr. Scott Osiecki, Chief Executive Officer, commended Ms. Beth Pfohl, Grants and Evaluation Officer, regarding her efforts to thoroughly review all grant opportunities for viability of Board involvement.

9. New Business

A representative from RAMA Consulting, Inc. thanked the Board for being selected as the consultant for the development of the Board's Strategic Plan for Calendar Years 2021-2025.

Mr. Osiecki shared that he provided testimony to the Senate regarding declaring racism as a public health crisis. Mr. Snider commended this testimony and suggested that the ADAMHS Board also pass a Resolution regarding this testimony. He indicated that the Board could use the Ohio Association of County Behavioral Health Authorities (OACBHA) statement as a template; which was developed by a small group that included Mr. Osiecki. Once the Resolution is written, a draft copy could be forwarded to Board members for review prior to placement on the General Meeting agenda. Board members concurred. Mr. Snider requested that in addition to reviewing OACBHA's statement regarding racism as a public health crisis, Board staff should also review the City of Shaker Heights statement for additional language.

Rev. Gohlstin reminded all that the 2020 Census is transpiring and that individuals need to be prompted to complete this document, which determines funding and House representation for each district. Mr. Osiecki reported that Ms. Beth Zietlow-

DeJesus, Director of External Affairs, and Ms. Madison Greenspan, External Affairs Officer, have been very active with the Census and will be contracting with a sound truck to encourage individuals to complete the 2020 Census.

Committee Member Input:

- Ms. Kern-Pilch commended Mr. Osiecki's testimony to the Ohio Senate Health and Human Services and Medicaid Committee; in addition to his recognition by the CSU Public Manager Program.

Ms. Kern-Pilch reported that the next Planning and Oversight Committee Meeting is scheduled for Wednesday, July 8, 2020.

There being no audience comment or further business, the meeting adjourned at 5:15 p.m.

Submitted by: Linda Lamp, Executive Assistant

Approved by: Kathleen Kern-Pilch, ATR-BC, LPC-S, Planning & Oversight Committee Chair