

# ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

## PLANNING & OVERSIGHT COMMITTEE MINUTES FEBRUARY 12, 2020

**Committee Members:** Katie Kern-Pilch, ATR-BC, LPC-S, Committee Chair, Crystal Bryant, Esq., MS, LSW, Gregory X. Boehm, M.D., J. Robert Fowler, Ph.D., Patricia James-Stewart, M.Ed., LSW

**Absent:** Reginald C. Blue, Ph.D., Elsie Caraballo

**Board Staff Present:** Scott Osiecki, CEO, Joseph Arnett, Carole Ballard, Tami Fischer, Cheryl Fratalone, Felicia Harrison, Myra Henderson, Charde Hollins, Linda Lamp, Allison Schaefer, Starlette Sizemore-Rice, Larry Smith, Jr., Maggie Tolbert, Leshia Yarbrough-Franklin, Beth Zietlow-DeJesus

### 1. Call to Order

Katie Kern-Pilch, Planning & Oversight Committee Chair, called the meeting to order at 4:05 p.m. Dr. Fowler read into the record the Committee Mission Statement: *"The Planning & Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of clients, their families and the community."*

Ms. Kern-Pilch thanked Dr. Fowler for participating as the Acting Chair of the Planning & Oversight Committee meeting of January 15, 2020 and welcomed Ms. Patricia James-Stewart as a new member of the Planning & Oversight Committee.

### 2. Approval of Minutes

The Planning & Oversight Committee minutes of January 15, 2020 were approved as submitted.

### 3. Presentations:

- **Crisis Intervention Team (C.I.T.) Plus**

Ms. Carole Ballard, Director of Training and Education, introduced Captain James McPike, CIT Coordinator, Cleveland Division of Police (CDP), and noted that Captain McPike has replaced Captain James Purcell. Ms. Ballard also reported that Sergeant Bridgett Dorr-Guiser is the CIT Liaison with the CDP and works under the direction of Captain McPike.

Ms. Carole Ballard, Director of Training and Education, provided a presentation on the Crisis Intervention Team (C.I.T.) Plus Pilot Project. C.I.T. Plus, which is an acronym for Police Linking Underserved with Services, is for adults suffering from a mental health crisis that does not require hospitalization, but would still benefit from intensive short term mental health services and follow up linkage to a mental health agency and/or other services. She reported that the location is the Crisis Stabilization Unit (CSU), which can be utilized by C.I.T. Officers in all Districts. This location has two beds that are reserved for CDP Officers to bring individuals directly to as a diversion from jail and/or emergency hospitalization. Ms. Ballard further highlighted the admission criteria, coordination of referrals, Challenges for CDP, and opportunities.

The C.I.T. Plus Project began in March, 2019. An orientation to this project is provided during CDP in service training and has reached over 1365 officers. CDP issued a Divisional Notice to all officers authorizing the utilization of the facility across all five districts. Ms. Ballard noted that there were 8 referrals in September, 2019 and as of February 10, 2020, there was an additional 15 referrals. The majority of the referrals are coming from the First, Second and Third Districts. Ms. Ballard noted that only 1 referral has been received from the Fourth District and was to be expected. She noted that Deputy Chief O'Neill has indicated that the time allotment for travel continues to be an impediment for the Fourth and Fifth Districts.

Mr. Rick Oliver, Director of Crisis Services, FrontLine Service, reported that the goal of this project is to keep individuals out of the hospital and/or jail who do not need to be there. He noted that there are some challenges with the admission criteria and indicated that there are a few groups of individuals who are not eligible for this service; however, it is a superior service than the emergency room. Upon discharge from the CSU, a Case Manager and a Peer Support Specialist will follow the individual into the community with the goal of ensuring the individual is linked to a provider agency.

Ms. Ballard reported that the CDP in service will commence on March 2, 2020 and St. Dorr-Guiser will be coordinating this portion of the presentation to ensure that the officers are informed again. Also, a hotspot card has been developed and will be distributed in the training. The information on this hotspot card will be downloaded into CDP's electronic system for viewing on mobile phones. This information will hopefully reach over 900 officers on basic patrol.

Dr. Boehm inquired with Mr. Oliver regarding an individual's need for housing once they have been discharged from the CSU. Mr. Oliver reported that FrontLine Service operates the homeless continuum of care, which assists individuals with finding housing once they are admitted to the CSU. A typical length of stay is 5 to 7 days.

Dr. Fowler inquired as to whether CDP officers had to recall the admission criteria for the C.I.T. Pilot Project from their training or were they provided with written material for reference. Mr. Oliver reported that the admission criteria is provided to the CDP officers in the form of a hotspot card; but will also be accessible electronically. Captain McPike indicated that CDP vehicles are now equipped with a mobile data transmitter (MDT); which allows officers to complete police reports; in addition to utilizing an electronic database, Brazos, to gain access to various forms, such as the C.I.T. form and community engagement form.

Ms. Ballard reported that C.I.T. referrals should increase soon due to CDP in service training; in addition to the first C.I.T. class being scheduled for April, 2020. She noted that in service training; for all divisions, will commence on March 2, 2020 and transpire weekly for 36 weeks with approximately 48 CDP officers in each training. (A copy of the PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

- **K – 12 Prevention Education Dollars**

Ms. Charde Hollins, Prevention Specialist, shared that the Ohio Department of Education and Ohio Department of Mental Health and Addiction Services (OhioMHAS) have partnered to help Ohio districts, schools and community partners conduct self-assessments. The aim is for districts to identify needs, so they can implement prevention programs that reduce risky student behaviors, including abuse, suicide, bullying and other harmful behaviors and build resiliency in students.

As part of the work, a planning process for building community partnerships is underway in every county. In each case, the partners will assess the prevention needs of school-age youth and determine the most effective plans to keep children safe and healthy. Each partnership is also intended to help children build resiliency and cope better with life stresses. Community partners will support schools and families to help reduce the development of substance use disorders, mental illness or other related illnesses.

Schools fill a critical role in identifying young people in need of support services and connecting them with treatment and other caring programming. Research has identified that intervening early is crucial, as half of all lifetime cases of mental illness begin by age 14, and the earlier a child starts using alcohol and other drugs, the higher the likelihood of developing an addiction. In alignment with the Ohio Department of Education's requirement that every school adopt a Positive Behavioral Interventions and Supports (PBIS) framework, the planning and implementation processes of the K – 12 Prevention Initiative will add to districts existing array of PBIS services to benefit children and families and create the most supportive learning environments possible.

The Governor awarded \$1.5 million to Cuyahoga County for K – 12 prevention education. School districts were allotted funding based on student enrollment, averaging \$11.80 per student. Ms. Hollins reported that the multi-step process, which has been designed by OhioMHAS and the Ohio Department of Education under the umbrella of the RecoveryOhio Advisory Council, is as follows:

- School Districts select a representative to complete a self-assessment by June 30, 2020. Districts may abstain by signing a State document to indicate their reason(s) for non-participation
- If assistance is requested, the district representative meets with the respective Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board and Educational Stability Center (ESC) representatives to complete a paper assessment to identify district needs and prevention strategies. Once this self-assessment is completed, the district submits the completed assessment online. However, if assistance is not needed the district team completes the self-assessment and submits it online
- The ADAMHS Board identifies and contracts with an agency who can provide appropriate interventions

- ADAMHS Board meets with district, ESC and provider agency to create an Action Plan
- Districts have until June 30, 2020 to complete the self-assessment and Action Plan online
- ADAMHS Board disperses funding to selected agency for services to commence
- For school year 2019 - 2020, districts must submit their implementation report online by July 30, 2020. For school year 2020 – 2021 this report must be submitted online by July 30, 2021. Annually, this report includes demographics served, outcomes and expenditures.

Ms. Kern-Pilch inquired as to who is involved with this initiative within the various participating school districts. Ms. Hollins reported that contacts vary from district to district; most of them are utilizing Pupil Directors while other districts are utilizing teachers.

Ms. Hollins stated that this initiative was rolled out at a meeting on December 30, 2019 with a representative from OhioMHAS, Bobbie Boyer, who discussed the mission and vision of this initiative. On January 7 & 8, 2020, Ms. Hollins and ESC representatives met with school districts that signed up for the program; and as of the present, have 14 school districts who have started the process; 8 who have submitted their self-assessments and 6 who have paper assessments completed for submission.

Ms. Hollins reported that there are 6 mental health agencies in the schools; however, there are several prevention agencies that also offer school-based services. The core agencies for these services include, but are not limited to: Catholic Charities, Beech Brook, OhioGuidestone, and Applewood. (A copy of the handouts are attached to the original minutes stored in the Executive Unit.)

#### **4. \$1 Million Additional County Levy Allocation**

- **Residential Assistance Program (RAP) Reopening/Mini-Grants for Property Updates**

Mr. Scott Osiecki reported that Cuyahoga County Council has graciously provided the ADAMHS Board with an additional \$1 million county levy allocation to be utilized for residential and crisis services. The ADAMHS Board has determined that \$200,000 will be utilized for the RAP reopening, \$200,000 for mini-grants for property updates and \$600,000 for crisis services.

Ms. Allison Schaefer, Adult Behavioral Health Specialist II, Residential, reported that RAP provides financial rental assistance for indigent/low income adults (18 and over) that are receiving Community Psychiatric Supportive Treatment (CPST) services from a contract agency of the ADAMHS Board. RAP is targeted for adult clients that are discharge ready from an institutional environment such as a hospital, nursing home, jail, Residential Care Facility, Respite or Crisis Stabilization Unit. The ADAMHS Board contracted with certified Peer Specialists and Peers to complete inspections and provide a recommendation of a "Peer Seal of Quality". From these recommendations, the ADAMHS Board developed a list of Class 2 Residential Facilities (Adult Care Facilities (ACFs)/Groups Homes); which include 71 ACFs; totaling 526 beds, to provide safe, decent, and affordable housing for individuals living with mental illness. The ADAMHS Board of Cuyahoga County utilizes RAP funds to provide up to \$1,100 per month, per individual, to the operators of Class 2 Residential Facilities. The Board also provides \$200 per RAP client for personal living expenses. As of December 31, 2019, the ADAMHS Board was providing RAP funding for a total of 56 clients.

Ms. Schaefer requested the Board of Directors' approve, in the amount of \$200,000 for the reopening of the RAP and \$200,000 to provide mini-grants for property improvements, for contracting Class 2 Residential Facilities providing living arrangements for RAP individuals. She indicated that staff would continue to monitor the number of individuals being served and the number of individuals that are approved for Residential State Supplement (RSS) on a monthly basis and continue with the "Peer Seal of Quality".

Mr. Osiecki added that staff have diligently worked to decrease the number of individuals on RAP to 56 individuals by ensuring that the remainder of these individuals were able to successfully obtain RSS and/or other available supplements; thereby allowing additional new individuals to access RAP. He further stated that with reference to the mini-grants; staff has established criteria for accessing this funding. This criteria would include the ACF operator's status relative to owning the residence. Ms. Maggie Tolbert, Assistant Chief Clinical Officer, referenced that ACF operators could utilize this funding for mattress replacement, interior repairs, and/or replacement of appliances.

Dr. Fowler inquired as to who will be providing the “Peer Seal of Quality” in the future. Ms. Tolbert noted that the 2020 “Peer Seal of Quality” was completed by Lifeworks Behavioral Health Solutions during November and December, 2019. Going forward, a different provider agency will be utilized. Mr. John Coleman, Facilities Inspector, is also available to assist with any ongoing problems at an ACF.

Ms. Crystal Bryant inquired as to whether the Board has an established list of vendors to purchase materials. Ms. Tolbert indicated that this program is still in the planning stages; however, one of the Board’s provider agencies, Emerald Development and Economic Network, Inc. (EDEN, Inc.), is a property manager, and may be called upon to assist with this matter. Mr. Osiecki also added that the mini-grants will not be provided directly to the ACF operator; but will be paid to the vendor and/or contractor in each circumstance.

- **Crisis Services**

Ms. Tolbert reported that FrontLine Service provides crisis interventions in the community, which include Crisis Assessments, Information and Referrals, Hotline, Crisis Chat and is the gatekeeper for authorizations to the regional state hospital, Northcoast Behavioral Healthcare (NBH). She stated that the ADAMHS Board has provided funding to FrontLine Service to operate Cuyahoga County’s Crisis Hotline and Mobile Crisis Team for over 25 years. The Crisis Hotline is staffed 24/7 to provide services to adults, adolescents and children in our community who are experiencing a behavioral health (mental health and/or substance use) crisis. The goal of these services is to engage and assess the individual in crisis, provide encouragement and support while identifying the actions and resources needed to resolve the crisis, and then assist in the linkage to those services. The Crisis Hotline also interacts with others in the community who are in contact with or concerned about an individual in crisis. These interactions include, but are not limited to, family members, friends, neighbors, employers, schools, and law enforcement. In addition to the phone services provided through the Crisis Hotline, the Mobile Crisis Team is dispatched to provide face-to-face services to individuals in crisis in the community. These services may be coordinated with other partners in the community with the goal of identifying the level of care needed to address the crisis for linkage to services.

Additional funding will increase the number of Mobile Crisis Team staff responding to a crisis, resulting in an increase of approximately 1,000 crisis assessments annually. Most of these additional assessments will be completed in the community for individuals experiencing a behavioral health crisis; thus, reducing the number of individuals that end up seeking services in a hospital emergency room setting. This funding will allow the Mobile Crisis Team to add 5 additional licensed Crisis Intervention Specialists to the team; thus, bringing the total to 19 staff members. The funding will also allow FrontLine Service strengthen retention of staff through an increase in salaries for the Crisis Intervention Specialists as well as the 6 Call Center Specialists who maintain the Crisis Hotline.

Due to an antiquated telephone system, Mr. Oliver reported that FrontLine Service is in the process of installing a state-of-the-art professional call service system. When an individual contacts the Crisis Hotline, they would be directed to available staff; however, if the call is not answered by that staff person within 10 seconds, the call rolls over to the next available staff person. Presently, 98% of the calls are answered within 30 seconds. Through this new call service system, Mr. Oliver will be able to obtain statistics regarding staff response relative to the number of crisis calls received.

Board member input:

- Dr. Fowler noted that the “Evaluation/Outcome Data” on the RAP Reopening/Mini-grants for Property Updates and the FrontLine Service Mobile Crisis Team Staff Expansion agenda process sheets should state “To Be Determined”.
- Ms. Bryant inquired as to the baseline number of crisis assessments currently being completed by FrontLine Service. Mr. Oliver noted that over the last several years approximately 2,000 crisis assessments have been completed on an annual basis.

**Motion to recommend approval of \$1 million additional county levy allocation to provide \$200,000 for the Residential Assistance Program (RAP) Reopening; \$200,000 for Residential Assistance Program (RAP) mini-grants for Adult Care Facility property updates; and \$600,000 for FrontLine Service Mobile Crisis Team staff expansion to the Finance & Operations Committee.** MOTION: R. Fowler / SECOND: G. Boehm / AYES: G. Boehm, C. Bryant, R. Fowler, P. James-Stewart, K. Kern-Pilch / NAYS: None / **Motion passed.**

## **5. Women's Recovery Center**

Mr. Larry Smith, Jr., Director of Programs, reported that in Calendar Year (CY) 19 the Women's Recovery Center contracted with the ADAMHS Board to provide Ambulatory Detoxification and Medication Assisted Treatment Services. However, they were unable to implement the services and do not plan to implement these services for CY20. For CY20 they have requested to provide their existing Outpatient Treatment services with pooled funding. The treatment curriculum is a minimum of 17 weeks and is comprised of Phase One Intensive Outpatient (IOP), Phase Two Relapse Prevention-Non-Intensive Outpatient (NIOP) and Phase Three Aftercare. Therapeutic modalities include cognitive behavioral therapy, motivational interviewing, mindfulness and brief theory interventions.

Since 1986, the Women's Recovery Center has provided a safe, non-judgement space for women on the near West side of Cleveland to find support and assistance. They provide services that address the unique and complex needs for alcohol and other drug treatment and comprehensive recovery needs for women and families. In addition to treatment, the Women's Recovery Center provides onsite childcare, HIV education and nutrition.

Dr. Fowler noted that although Women's Recovery Center's CY20 request is to provide their existing Outpatient Treatment services with pooled funding; is there a value associated with this request? Mr. Smith indicated that these services are fee for service and once provided, the Board is invoiced for these services.

**Motion to accept changes to the provision of services for Women's Recovery Center not to implement the Ambulatory Detoxification program and restore pooled funding to provide Substance Use Disorder (SUD) outpatient treatment services for CY20 to the full Board.** MOTION: P. James-Stewart / SECOND: G. Boehm / AYES: G. Boehm, C. Bryant, R. Fowler, P. James-Stewart, K. Kern-Pilch / NAYS: None / **Motion passed.**

## **6. Friendly Inn Settlement, Inc.**

Mr. Smith, Jr. reported that Friendly Inn Settlement, Inc. has existed in the Central/Fairfax area for over 145 years providing various services such as the 5-star Early Childhood Center, after-school youth leadership program, food pantry, and various programs for mothers and expectant mothers who are in danger of losing their children. They have qualified staff who are committed to providing quality services in a friendly atmosphere, which make clients feel welcome, safe and comfortable.

Mr. Smith, Jr. introduced Ms. Yolanda Armstrong, Executive Director of Friendly Inn Settlement, Inc. She noted that the longest living Executive Director of Friendly Inn Settlement, Inc., Ms. Geraldine Burns, passed away last week. However, prior to her passing, Ms. Armstrong had conversations with Ms. Burns regarding ways to improve the services in the community, which included opening a newly redesigned Behavioral Health Center that will be named in her honor. Ms. Armstrong highlighted that Friendly Inn Settlement, Inc. has already been approved by OhioMHAS and is certified to provide the following services for General Services (Individual Counseling, Group Counseling, and Assessments), Community Psychiatric Supportive Treatment (CPST), Therapeutic Behavioral Services and Psychosocial Rehabilitation, Consultation, and Referral and Information.

Ms. Armstrong reported that there is a shortage of needed services in the Central/Fairfax area. People who live in the Central/Fairfax and surrounding areas have requested services to be provided by Friendly Inn Settlement, Inc. because it is within walking distance, their ability to do outreach and ability to meet the cultural needs of the community. Furthermore, Friendly Inn Settlement believes strongly in community outreach; therefore, clients have options to meet in their home and/or at Friendly Inn Settlement, Inc.'s office. Ms. Armstrong also reported that Friendly Inn Settlement, Inc. would like to open the Behavioral Health Center in April, 2020.

Ms. Bryant noted that these services are needed in the Central/Fairfax area and inquired as to whether post incarceration trauma services will be offered in this community behavioral health center. Ms. Armstrong indicated that these services are being considered; however, they need to hire qualified staff to provide these services.

Dr. Fowler highlighted that Ms. Armstrong previously stated that she will be moving the new mental health services to the front of the building, in addition to her discussion with Cuyahoga Metropolitan Housing Administration regarding expansion. As a result, will Friendly Inn Settlement, Inc. be able to accommodate the new services in the existing facility, or will there be a need

for more capital funding as well? Ms. Armstrong responded that they have a designated area slated for the Behavioral Health Center; however, she is contemplating growth for expansion of services as they move forward.

**Motion to execute a contract with Friendly Inn Settlement, Inc. for the startup of the Friendly Inn Settlement, Inc. Behavioral Health Center in the amount not to exceed \$250,000 for the period March 1, 2020 – December 31, 2020 to the Finance & Operations Committee.** MOTION: R. Fowler / SECOND: G. Boehm / AYES: G. Boehm, C. Bryant, R. Fowler, P. James-Stewart, K. Kern-Pilch / NAYS: None / **Motion passed.**

#### **7. Lifeworks Behavioral Health Solutions**

Mr. Osiecki reported that as part of its State Opioid Response (SOR) Year 2 funding award, the ADAMHS Board awarded \$180,134.85 to Lifeworks Behavioral Health to provide Peer Support services to persons with an Opioid Use Disorder (OUD). However, the ADAMHS Board terminated the SOR Year 2 contract with Lifeworks Behavioral Health Solutions for reasons including, but not limited to, failure to provide requested financial documentation and misappropriation of public funds. He indicated that Lifeworks Behavioral Health Solutions was paid for SOR Year 2 services for the time period of September 30, 2019 through December 31, 2019 on a reimbursement basis, in the amount of \$42,456.04. Payments were only made for expenses claimed with sufficient supporting documentation. The SOR Year 2 invoice for January, 2020 expenses is due to the ADAMHS Board on February 15, 2020 and will be processed based on supporting documentation submitted by the provider. As a result, the total due to Lifeworks for SOR Year 2 will be finalized once the January invoice and documentation are submitted. The ADAMHS Board will transfer \$115,000 from the terminated Lifeworks Behavioral Health Solutions SOR Year 2 contract to increase the Thrive Behavioral Health SOR Year 2 contract by \$115,000.

Mr. Osiecki also reported that the ADAMHS Board approved a \$250,000 contract for Peer Support services as part of the CY2020 budget. Lifeworks Behavioral Health Solutions has been paid \$22,209.44 against the Peer Support contract for January expenses. The balance of the contract, \$227,790.56, will be transferred to Thrive Behavioral Health.

Mr. Brian Bailys, Executive Director of Thrive Behavioral Health, indicated that representatives met with ADAMHS Board staff and have agreed to assume all SOR Year 2 and Peer Support contract responsibilities.

**Motion for ratification of the termination of the State Opioid Response (SOR) Year 2 contract with Lifeworks Behavioral Health Solutions and the CY2020 Peer Support contract effective February 2, 2020, and reallocation of funds in the total amount of \$342,790.56 to Thrive Behavioral Health to the Finance & Operations Committee.** MOTION: P. James-Stewart / SECOND: G. Boehm / AYES: G. Boehm, C. Bryant, R. Fowler, P. James-Stewart, K. Kern-Pilch / NAYS: None / **Motion passed.**

#### **8. New Business**

- Mr. Craig Dunson, Lifeworks Behavioral Health Solutions Chief Executive Officer, thanked the Board for giving him the opportunity to serve the county and the residents of Cuyahoga County; and stated that he would also like to apologize to everyone that had faith in his organization over the last year. During his first year at Lifeworks Behavioral Health Solutions he reported that he had a steep learning curve and that he wished he knew then what he knows now. Mr. Dunson also introduced Mr. Gus Thompson, Accountant, and noted that he has retained Mr. Thompson to assist with reconciling paperwork for submission to the ADAMHS Board; and once this transpires, will utilize the Board's established appeals process to remove any stain on the organization.
- Mr. Osiecki reported that Board staff have worked very closely with Mr. Dunson and staff to provide technical assistance to ensure the organization's success.
- Ms. Kern-Pilch noted Mr. Dunson's passion in the area of peer support and indicated that this is an opportunity to learn and grow.
- Dr. Fowler reported that the Federal government has a program called the Small Business Administration to assist with consultation around starting a new business.
- Ms. Zietlow-DeJesus, Director of External Affairs, reported that volunteers are needed on Saturday, February 15, 2020 from 8:00 A.M. to Noon at the Greater Cleveland Food Bank, to help assemble yard signs for Issue 33, the Health and Human Services Levy.
- Ms. Kern-Pilch stated that the Cleveland Airport Marriott, which is the location of the Board's Roads to Recovery Conference, will be auctioned off.

***There being no audience comment or further business, the meeting adjourned at 5:15 p.m.***

***Submitted by: Linda Lamp, Executive Assistant***

***Approved by: Kathleen Kern-Pilch, ATR-BC, LPC-S, Planning & Oversight Committee Chair***