

# ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

## PLANNING & OVERSIGHT COMMITTEE MINUTES JANUARY 15, 2020

**Committee Members:** J. Robert Fowler, Ph.D., Acting Committee Chair, Gregory X. Boehm, M.D., Reginald C. Blue, Ph.D., Rev. Benjamin F. Gohlstin, Sr., Patricia James-Stewart, M.Ed., LSW

**Absent:** Elsie Caraballo, Crystal Bryant, Esq., MS, LSW, Katie Kern-Pilch, ATR-BC, LPC-S

**Board Staff Present:** Scott Osiecki, CEO, Joseph Arnett, Carole Ballard, Curtis Couch, Erin DiVincenzo, Tami Fischer, Cheryl Fratalone, Madison Greenspan, Linda Lamp, Allison Schaefer, Starlette Sizemore-Rice, Larry Smith, Jr., Maggie Tolbert, Beth Zietlow-DeJesus

### 1. Call to Order

J. Robert Fowler, Ph.D., Planning & Oversight Acting Committee Chair, called the meeting to order at 4:00 p.m.

### 2. Presentation: OhioGuidestone's Children and Adolescent Residential Treatment Services

Ms. Joellen Woodring, Assistant Director of Clinical Services, OhioGuidestone, shared that OhioGuidestone's Children and Adolescent Residential Treatment Center is located in Berea, Ohio and that there are a total of 8 cottages on the campus that have a combined total of 78 beds licensed by the Department of Mental Health and Addiction Services (OhioMHAS). Currently, there is one unoccupied cottage that accounts for 7 of the licensed beds. OhioGuidestone treats both male and female clients that range in age from seven to nineteen years old. However, they are unable to accept clients who are pregnant at the time of referral, adjudicated for sexual offense, unable to be enrolled in school, or gang involved.

Ms. Woodring reported that currently OhioGuidestone has two secure cottages for males and one secure cottage for females. One of the secure cottages houses a specialized program for court involved males who have felony adjudications. They also have two open cottages for males and two open cottages for females. The secure cottages are 24/7 staffed and all doors except bedroom doors are locked. Clients are limited in what items they are allowed to have due to the safety concerns of clients in this level of care. The open cottages are 24/7 staff secured; however clients have access to more items and have opportunities to engage in on and off campus activities when appropriate.

Clients in their facility attend Snow school on their residential campus grounds. The Snow school is part of the Berea City School District. Clients in open cottages attend co-educational classes based on grade level. Clients in secure cottages attend school in a self-contained classroom in the cottage for safety purposes. The school is able to meet the needs of clients from grades 1-12 with special or regular education designations. Each classroom consists of at least one teacher and one teacher's aide. OhioGuidestone hall monitors are available for classroom assistance and for crisis intervention.

Each child's clinical team is comprised of a Master's level licensed therapist and a Community Mental Health Worker (CMHW). Therapists and CMHWs work within individual, group, and family settings while working in close collaboration with program managers and cottage treatment specialists. This allows them to balance the individual's point of view with feedback from the residential staff who are with the clients on a daily basis. They currently have eight full time therapists, one full time Fine Arts Facilitator (licensed therapist who specializes in creative art interventions), and four full time CMHWs.

*[Dr. R. Blue arrived.]*

Questions from committee members were addressed. It was noted that most OhioGuidestone referrals typically come from county entities, such as the ADAMHS Board of Cuyahoga County. (A copy of the PowerPoint presentation distributed is attached to the original minutes in the Executive Unit.)

### 3. Cuyahoga County Health and Human Services Levy

Ms. Beth Zietlow-DeJesus, Director of External Affairs, briefed committee members on the Cuyahoga County Health and Human Services Levy scheduled for the March 17, 2020 primary ballot by the Cuyahoga County Council. She noted that the passage of the levy will maintain a critical safety net for persons living with mental illness and substance use disorders, as well as children and family services, services to seniors and critical emergency services to the citizens of Cuyahoga County.

The proposed replacement of a 3.9 mill existing Health and Human Services levy and an increase of 0.8 mill is for the purpose of supplementing general fund appropriations for health and human or social services for a period of eight years.

Ms. Zietlow-DeJesus stated that the proposed 0.8 mill increase would go into effect in 2021 and would add about \$35 million more to Health and Human Services, of which \$9 million is slated for new programs and \$26 million would be used to maintain or expand existing services.

With the passage of this levy the County has agreed to provide the ADAMHS Board with a \$5.1 million dollar increase to its base funding; \$2 million for crisis services and \$3.1 million for the Residential Assistance Program (RAP), which provides housing for adults with severe mental illness. This funding is vital to sustaining crisis services, a continuum of care for persons living with severe mental illness and to provide prevention, treatment and recovery support services for the residents of Cuyahoga County.

Mr. Osiecki, Chief Executive Officer, noted that by the end of January, the Cuyahoga County Levy Steering Committee will be meeting to launch a 6 week campaign. He noted that the County has already contacted the ADAMHS Board's provider agencies to request donations for this campaign. Presently, this campaign does not have an issue number assigned to this levy; however, once the issue number has been assigned by the Board of Elections, documentation will be updated as such.

**Motion to recommend endorsement of the Health and Human Services Levy to the Finance & Operations Committee.**

MOTION: B. Gohlstin / SECOND: R. Blue / AYES: R. Blue, G. Boehm, R. Fowler, B. Gohlstin, P. James-Stewart / NAYS: None / **Motion passed.**

**4. AIDS Funding Collaborative (AFC) Board Member Appointment Recommendation**

Mr. Larry Smith, Jr., Director of Programs, reported that the mission of the AFC is to strengthen the community's response to HIV/AIDS, as a public/private partnership providing coordination, leadership, advocacy, and funding in Greater Cleveland. AFC is a funding partnership that includes private philanthropic funders, government agencies, medical professionals, community organizations and people living with HIV/AIDS. AFC funding partners include: ADAMHS Board of Cuyahoga County; Cuyahoga County; Cleveland Department of Public Health; The Cleveland Foundation; The George Gund Foundation and The Mt. Sinai Health Care Foundation. Since 1994, AFC has maximized every dollar invested by local funding partners to benefit the greater Cleveland community. The pooled funding model leverages each funder's contribution, filling critical programming gaps and building community capacity to meet the challenge of ending the local HIV/AIDS epidemic.

The ADAMHS Board has been a funding partner of the AFC since 2006 – leveraging funds to amplify results related to strategic HIV prevention and care including services for mental health, addiction and harm reduction strategies related to intravenous drug use, in addition to transportation, housing, and employment support. The ADAMHS Board's presence and expertise as a collaborative partner promotes the critical need for individuals living with HIV/AIDS to have access to behavioral health services and other recovery supports to sustain their efforts of recovery and resilience. An ADAMHS Board member and staff member sit on the AFC Advisory Committee.

Mr. Smith reported that Ms. Eugenia Cash Kirkland was the Board representative and that the Board needs to select another.

Dr. Fowler recommended that the full Board should be present to select a representative to fill the recent vacancy. Board members concurred. As a result, the AFC Board Member Appointment Recommendation Agenda Process Sheet will be tabled until discussion and action can occur at the General Meeting.

**5. Substance Abuse and Mental Health Services Administration (SAMHSA) Funding for Expansion of Cuyahoga County Court of Common Pleas Medication Assisted Treatment Drug Court (MAT II)**

Mr. Smith reported that SAMHSA's funding provides substance related services for alcohol and other drug dependent offenders participating in the Cuyahoga County Medication Assisted Treatment Drug Court (MAT II). The collaboration between the courts and treatment providers is intended to provide a comprehensive team approach to address substance abuse and behaviors associated with illicit activity which leads to incarceration. The MAT Drug Court is a collaborative between the Cuyahoga County Common Pleas Court/Corrections Planning Board (CCPB), the ADAMHS Board and the selected provider(s) who will work with the Veterans Treatment Court (VTC) treatment team as related to admission and discharge decisions. Length of residence, discharge and re-admission under this contract shall be subject to team staffing.

The Corrections Planning Board monitors the use of the Residential pooled funds by utilizing Catholic Charities Services (Matt Talbot), Community Assessment and Treatment Services (CATS), Stella Maris and Salvation Army/Harbor Light. Treatment services will be provided to opioid addicted justice system involved residents of Cuyahoga County in order to achieve sobriety, maintain long-term recovery, and divert from prison.

Mr. Marty Murphy, from the Corrections Planning Board, thanked the ADAMHS Board for being a valued collaborative partner to the Court's specialized dockets; Judge Joan C. Synenberg's Recovery Court; Judge David T. Matia's MAT Court; Judge John J. Russo's Veterans Treatment Court and Judge Nancy R. McDonnell's Drug Court.

**Motion to recommend acceptance of Substance Abuse and Mental Health Services Administration funding for expansion of Cuyahoga County Court of Common Pleas Medication Assisted Treatment Drug Court (MAT II) for the time period May 31, 2019 through May 30, 2024 in the pooled amount of \$884,400.00 for the following contracts: Matt Talbot, Community Assessment & Treatment Services (CATS), Stella Maris, and Salvation Army/Harbor Light to the Finance & Operations Committee.** MOTION: G. Boehm / SECOND: B. Gohlstin / AYES: R. Blue, G. Boehm, R. Fowler, B. Gohlstin, P. James-Stewart / NAYS: None / **Motion passed.**

#### **6. Parole Assertive Community Treatment (PACT)**

Mr. Smith reported that the Parole Assertive Community Treatment (PACT) Program, operated by Recovery Resources, provides comprehensive community treatment for the mentally ill population being released from Prison on Parole or Post Release Control. The PACT program maintains an active caseload for up to 50 individuals at any given time. The program provides intensive community support services, assistance with housing and other supports. A designated officer from the Adult Parole Authority (APA) is assigned to the team in order to assist and support the team. Recovery Resources will continue to provide intensive community support services to the mentally ill population being released from prison on Parole and/or Post Release Control.

The PACT Program's goals include the improved functioning in social and employment roles; secure housing; decrease in parole violations and new charges; reduce utilization of psychiatric hospitalizations and measure and document the decreasing or elimination of the symptoms of mental illness.

**Motion to recommend acceptance of funding in the amount of \$275,000.00 from the Ohio Department of Rehabilitation and Corrections (ODRC) and contract with Recovery Resources in this amount for the period July 1, 2019 through June 30, 2020 for the Parole Assertive Community Treatment (PACT) Team to the Finance & Operations Committee.**

MOTION: R. Blue / SECOND: B. Gohlstin / AYES: R. Blue, G. Boehm, R. Fowler, B. Gohlstin, P. James-Stewart / NAYS: None / **Motion passed.**

#### **7. Needs Assessment/Analysis Recommendation**

Mr. Curtis Couch, Chief Technology and Data Analytics Officer, reported that the ADAMHS Board routinely conducts a system Needs Assessment/Analysis to ensure Cuyahoga County's Public Behavioral Health and Recovery System continues to adapt to an environment of high service demands and that constrained resources are allocated appropriately. The Needs Assessment/Analysis will assist the ADAMHS Board in identifying areas of greatest need for client services for planning, funding, evaluating and advocacy purposes. The Ohio Department of Mental Health and Addiction Services (OhioMHAS), as well as general evaluation standards, suggest that local Boards conduct a thorough Needs Assessment/Analysis approximately every five years. The ADAMHS Board's last Community Needs Assessment/Analysis was completed in 2016.

The Board issued a Request for Proposal (RFP) for a Needs Assessment/Analysis of Cuyahoga County's Public Behavioral Health and Recovery System (Resolution 19-09-02) on December 9, 2019. The Board received six responses to its RFP and the responses were reviewed and rated by an internal Board committee consisting of five staff members. The RFP Review Committee's recommendation of Cleveland State University (CSU) stems in part from their research-centric approach to study design and data collection, coupled with a well-defined project plan for timely analysis and final report completion, and ample, cost effective resources required for data collection to occur within the Board's established timelines. The selection of a qualified independent evaluation contractor will result in a Needs Assessment/Analysis that will inform the Board's new Strategic Plan, identify opportunities for potential service enhancements and impact the Board's current and potential clients.

Dr. Cathleen Lewandowski, Director of the School of Social Work and Director of the Center for Behavioral Health Sciences, CSU, and Dr. Miyuki Tedor, Associate Professor, CSU, were present to answer questions from committee members. Dr. Lewandowski stated that students will be assisting five faculty members with conducting the Needs Assessment/Analysis of Cuyahoga County's Public Behavioral Health and Recovery System. Mr. Osiecki noted that the Board is looking forward to developing a partnership with CSU.

**Motion to recommend entering into a contract with Cleveland State University (CSU) for \$60,050.00 to conduct a Needs Assessment/Analysis of Cuyahoga County's Public Behavioral Health and Recovery System to the Finance & Operations Committee.** MOTION: B. Gohlstin / SECOND: R. Blue / AYES: R. Blue, G. Boehm, R. Fowler, B. Gohlstin, P. James-Stewart / NAYS: None / **Motion passed.**

**8. Northeast Ohio Collaborative: Withdrawal Management/Detoxification and Crisis Bed Expansion SFY2020 Contracts Update**

Mr. Osiecki reported that the Northeast Ohio Collaborative: Withdrawal Management/Detoxification and Crisis Bed Expansion will be receiving \$1,250,000.00 for opioid treatment as well as mental health crisis from the state. He stated that while this is the third year for the Collaborative; the Board will continue to be the fiscal agent.

**9. Opioid Settlement Update**

Mr. Osiecki reported that meetings have transpired with Thrive, St. Vincent Charity Medical Center and Stella Maris to discuss their programs as it relates to the opioid settlement and noted that the Board has not received the \$10.5 million opioid settlement funding yet. He stated that the County is continuing their efforts to determine a means of collecting the metrics associated with this funding.

**10. Workforce Development Initiative: Progress Report**

Mr. Jeff Johnson, ADAMHS Board Consultant, provided a 60 day status report regarding developing a Strategic Plan for workforce development and implementation in the area of behavioral health, treatment and recovery for provider agencies. He noted that the focus of the Strategic Plan project is defined as the capacity of the current and future behavioral health workforce; while the established goals are to assist provider agencies in strengthening their workforce and meeting the challenges of the changing behavioral health system by increasing retention of staff, reducing staff turnover and expanding available workforce.

Mr. Johnson reported that during this 60 day timeframe, he has researched/reviewed workforce development in the area of behavioral health, treatment and recovery locally and beyond; and met with several ADAMHS Board supported provider agencies and community stakeholders to discuss their experiences, opinions and recommendations regarding workforce. The full report covered highlights from discussions, challenges, action steps done or being considered by providers to respond to staff vacancies, turnover and/or burnout challenges, opinions and recommendations, and limited options for expanding available workforce. The report is attached to the original minutes stored in the Executive Unit.

**11. New Business** - None

***There being no audience comment or further business, the meeting adjourned at 5:15 p.m.***

***Submitted by: Linda Lamp, Executive Assistant***

***Approved by: J. Robert Fowler, Ph.D., Planning & Oversight Acting Committee Chair***