

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY  
GENERAL MEETING MINUTES  
April 27, 2011

Board of Directors Present:

Rev. Charlotte Still Noble, Chair	Richard A. Folbert
Rev. Iris Lynn Bailey	J. Robert Fowler, Ph.D.
David E. Biegel, Ph.D.	Rev. Benjamin F. Gohlstin, Sr.
Pastor Charles E. Brown	Pythias D. Jones, M.D.
Eugenia Cash, MSSA	J. Richard Romaniuk, Ph.D.
Marc G. Crosby, MBA	Harvey A. Snider
Tatiana Falcone, M.D.	Mary R. Warr

Absent: Reginald C. Blue, Ph.D., Rick A. Kemm, MNO, Ericka Thoms, Anngela Williams

ADAMHS Board Staff Present: William M. Denihan, Chief Executive Officer, Tami Fischer, John Garrity, Lisa Griffith, Valeria Harper, Carol Krajewski, Cassandra Richardson, Linda Torbert

1. CALL TO ORDER

Chairperson Charlotte Noble called the General Meeting of the ADAMHS Board of Cuyahoga County to order at 4:00 p.m. and opened the floor for audience input on agenda items; no input received.

Pastor Brown thanked Finance & Operations Committee members for understanding his absence during the Lenten season and expressed his sincere appreciation to Committee Vice Chair, Harvey Snider, for presiding over the meetings during this time period.

2. APPROVAL OF MINUTES

The General Meeting minutes of March 23, 2011, were approved as distributed.

3. PLANNING AND OVERSIGHT (P&O) COMMITTEE REPORT

Committee Chair, Dr. Pythias Jones, reported that the P&O Committee met on 4/13/11. The meeting minutes of 3/9/11 were approved and the following topics were presented:

DEFENDING CHILDHOOD: CUYAHOGA COUNTY CHILDREN EXPOSED TO VIOLENCE INITIATIVE

The "Defending Children" initiative of Attorney General, Eric Holder, aims to reduce childhood exposure to violence, increase knowledge & awareness of childhood violence & its effects, and reduce the negative impact of childhood exposure to violence. ADAMHS Board staff, Scott Osiecki and Linda Torbert, reported that Cuyahoga County has been selected as 1 of 8 sites to receive a \$157,000 grant to prepare and submit a comprehensive strategic plan that uses evidence-based strategies and includes services, training, evaluation policies & public awareness. A power point presentation laid out Cuyahoga County's Planning Structure and goals. Our county's Strategic Plan will be presented in Washington, D.C. on Monday, May 16, 2011. Cuyahoga County will receive either \$500,000 or a total of \$2 million in funding for three years.

VRP-3 (Vocational Rehabilitation Public & Private Partnership)

Board staff, Cassandra Richardson and Myra Henderson, provided an overview of the VRP-3 Project that will help to take advantage of approximately \$33 million of unmatched funds. In order for Ohio to draw down these federal funds, RSC needed boards to provide a local match. The project is a collaboration of: RSC (Ohio Rehabilitation Services Commission); ODADAS (Ohio Dept. of Alcohol & Drug Addiction Services); ODMH (Ohio Dept. of Mental Health) and OACBHA (Ohio Assoc. of County Behavioral Health Authorities).

The Alcohol, Drug Addiction, and Mental Health Board of Cuyahoga County will provide a local match of \$984,745, which will result in a net award of \$3.9 million for this project. The program will begin in April 2011 and funding must be used by September 30, 2012. ADAMHS Board will contract with the following 6 provider agencies to provide the vocational rehabilitation services: Catholic Charities; Cuyahoga County TASC Program; Jewish Family Service Association; Spectrum/Recovery Resources; Magnolia Clubhouse; and Mental Health Services.

Representatives from 4 agencies spoke to the P&O Committee to identify their plans for providing vocational rehabilitation services (to individuals listed in the target populations):

- Steve Morse - Spectrum/Recovery Resources
- Sarah McQuire - Cuyahoga County TASC Program
- Christine Rawlings - Mental Health Services
- David DiTullio - Magnolia Clubhouse

UPDATE ON SCALE - (Screening, Centralized Assessment, Levels of Care & Engagement)

A SCALE Update was provided by Dr. Delos Reyes with year-to-date figures through April 4, 2011. Since January, Connections has conducted 394 phone screenings & found 267 people to be SCALE eligible. The agency has referred 127 individuals, completed 150 assessments and has 37 pending.

Based upon the high volume of telephone calls received from individuals seeking mental health services through the SCALE program, consideration of hiring an additional telephone screener will be brought before the Finance & Operations Committee.

FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE

- Art/music therapy, physical fitness & nutrition (part of the recovery process) - July
- Domestic violence issues – July
- Opiate Epidemic in Ohio
- Integrated Care

NEW BUSINESS

- Mr. Denihan reported on disturbing trends learned at the Opiate Epidemic Conference held in Columbus.
- Ms. Thoms recommended 2 television programs regarding addictions that focused on issues in Ohio on the OWN Network – by Lisa Ling and A&E Channel – Interventions.
- Mr. Snider addressed the recent Plain Dealer Truth Meter article regarding Governor Kasich's remarks about the state mental health hospital which sparked further discussion regarding the utilization of private beds at four Cleveland hospitals. Mr. Denihan is carefully considering bed day funding implications for the future before continuing talks with interested hospitals.

**4. FINANCE & OPERATIONS COMMITTEE REPORT**

Harvey Snider, Committee Vice Chair, presided over the 4/20/11 Finance & Operations Committee Meeting. Mr. Snider noted that approval of the March 2011 Board Vouchers would be removed from the Consent Agenda and be voted upon separately. Mr. Snider highlighted the issues included in the revised Consent Agenda listed below:

**CONSENT AGENDA (Resolution Nos. 11-04-02 through 11-04-04)**

**RESOLUTION NO. 11-04-02, APPROVAL AND RATIFICATION OF INTERAGENCY AGREEMENTS:**

- ◊ Cuyahoga County Board of Developmental Disabilities and Catholic Charities Services/Parmadale
- ◊ Cuyahoga County Board of Developmental Disabilities and Bellefaire Jewish Children's Bureau
- ◊ ODMH Notice of Sub-Award: Early Childhood Mental Health Consultation
- ◊ Cuyahoga County Board of Developmental Disabilities: Services for Consumers who are Dually Diagnosed (MI/DD) & Seasons of Hope Safe House

**RESOLUTION NO. 11-04-03, APPROVAL OR RATIFICATION OF SERVICE PROVIDER CONTRACTS :**

- ◊ Cuyahoga County Board of Developmental Disabilities and Catholic Charities Services/Parmadale
- ◊ Cuyahoga County Board of Developmental Disabilities and Bellefaire Jewish Children's Bureau
- ◊ EDEN, Inc.: Life Exchange Center
- ◊ Connections: SCALE Phone Screener

**RESOLUTION NO. 11-04-04, APPROVAL OR RATIFICATION OF OPERATIONAL AGREEMENTS:**

- ◇ Software House International: Microsoft Office 2010 Software Purchase
- ◇ Warwick Communications: Mitel Phone Equipment Agreement

Motion to approve the Consent Agenda (Res. Nos. 11-04-02 through 11-04-04). MOTION: B. Gohlstin  
SECOND: E. Cash / AYES: I. Bailey, D. Biegel, C. Brown, E. Cash, M. Crosby, T. Falcone, R. Folbert, R. Fowler,  
B. Gohlstin, P. Jones, R. Romaniuk, H. Snider, M. Warr / NAYS: None / ABSTAIN: None / Motion carried.

- RESOLUTION NO. 11-04-01, ACCEPTING THE REPORT OF THE C.E.O. ON VOUCHERS PROCESSED FOR PAYMENT DURING MARCH 2011

Motion to approve Resolution 11-04-01. MOTION: B. Gohlstin / SECOND: R. Folbert / AYES: I. Bailey, C. Brown, E. Cash, M. Crosby, T. Falcone, R. Folbert, R. Fowler, B. Gohlstin, P. Jones, R. Romaniuk, H. Snider, M. Warr  
NAYS: None / ABSTAIN: D. Biegel / Motion carried.

**5. CHAIR'S REPORT**

Rev. Noble reported noted that she is monitoring various components of the Strategic Plan and offered to address questions of Board members.

**6. CHIEF EXECUTIVE OFFICER'S REPORT**

Mr. Denihan elaborated on items featured in the CEO Headliners, April 27, 2011 (issue attached to minutes).

- Update on SFY2012-2013 State Budget – To balance the state budget, Mr. Denihan noted that it could be accomplished by taking 20% from all departments. Yet, in this environment, the proposed budget aims to reduce behavioral health by 30%. The other frustrating circumstance is that the state has opted to take over Medicaid but “on our backs” by taking community line funds (#408 and #505) to use for the Medicaid match. As both the calculations and the process are flawed, the intent is to go before the State Senate to report that this state administration has done worse than any other administration regarding mental health and is anti-urban by reducing funds to the three largest counties in Ohio. Despite the Governor’s inaugural remarks that there will be no draconian cuts, this budget does indeed propose making draconian cuts. Legislators will be told that consequences of these decisions will be that consumers of mental health services will die.
- The ODADAS budget has yet to be published. Director Hall has presented four formulas of ODADAS budget allocations to Ohio county executives and leaders of the state’s county behavioral health boards. Ms. Richardson will travel to Columbus to meet with other Chief Financial Officers to address the distribution of grants within the state. Decisions reached regarding treatment are listed on page 3 of the attached CEO Headliners.
- County Funding – The County Council has agreed to give a contract to Community Solutions to look at what the ADAMHS Board’s base level funding should be from the Health & Human Service Levy. Our Needs Assessment will be released shortly that indicates that we are serving only 50% of the people who need help and treatment.
- State Mental Health Hospital – Mr. Denihan continues to rally to change the state administration’s position on the location of the state mental health hospital. Since bed day funds exist in a credit line for Boards, Mr. Denihan does not have the funds needed to negotiate with private hospitals. He noted his displeasure with not gaining consensus from all providers to advocate for building a new state hospital in Cleveland or setting up an equity account to support the use of local private hospital beds.
- In answer to Pastor Brown, Mr. Denihan noted mental health and AOD issues are partners within the behavioral realm. With respect to funding issues, mental health often dominates the discussion due to the amount of its budget compared to the alcohol and drug addiction budget.

## 6. CHIEF EXECUTIVE OFFICER'S REPORT *(Continued)*

- Opiate Task Forces are being formulated in Ohio and the Ohio Association of County Behavioral Healthcare Authorities (OACBHA) is leading the effort to build a learning collaborative among the task forces to facilitate the sharing of information. Mr. Denihan announced that he is receptive to receiving nominations for a representative from Cuyahoga County to serve on an Opiate Task Force. For the first time, Mr. Denihan reported that unintentional deaths from Opiates have moved from 5th place to 1st place in the state of Ohio.
- Mr. Denihan noted that behavioral health consumers and others are planning to participate in the "Sleep Out for Mental Illness" on Tuesday, May 10<sup>th</sup> from 4:00 pm to 11:00 pm at the Ohio Statehouse. Several buses will be available to take individuals down to the Sleep Out. Rev. Noble reported that consumers also attended the press conference held to protest the state hospital Summit County location.
- The Seasons of Hope luncheon was an excellent event supported by many concerned community partners. Mr. Denihan reported on a \$500 check recently received from the President of Medical Mutual in support of the Seasons of Hope House. An Artist-in-Residence will be working on an art piece at the ADAMHS Board to be donated to the Seasons of Hope House. Additionally, a luncheon attendee involved in construction has offered to have his crews upgrade any safe houses to get them up to code.
- The Training Institute is on hiatus through Winter 2012 due to the struggle to secure trainers at no cost. If efforts to obtain trainers are unsuccessful, a decision may be necessary to discontinue the Training Institute. Providers will be receiving letters to this effect. Dr. Romaniuk advocated for the providing opportunities for providers to present their unique programs to the community through the Training Institute.
- An information meeting with Board members will take place on Thursday, April 28<sup>th</sup>, at 9:00 a.m. in the CEO's Conference Room to learn more about community funding, etc.; the meeting will not include a vote on any issues.

## 8. OLD/NEW BUSINESS

- Rev. Gohlstin, Community Relations & Advocacy Committee Chair, noted that he would like to set up a meeting with Mr. Denihan, Dr. Delos Reyes and the Board Chair to discuss next steps for the Depression Project with Lincoln West High School youth initiated CWRU Medical students who presented their findings to the CR&A Committee. Rev. Noble and Mr. Denihan concurred.
- Mr. Snider referenced a study released this week with interesting and significant statistics concerning smoking, the mentally ill and life expectancy facts that were devastating to read. He advocated for looking into this topic for future discussion. Another study of note deals with the harmful outcomes of mixing Prozac and other antidepressants with other medications and how user directions are not being followed.

Dr. Biegel noted that the Center for Evidenced Based Practices at CWRU has been funded in part by the tobacco funds through the national settlement. Dr. Biegel suggested that this may be a good place to start the discussion to see what has already been done in Ohio. Dr. Falcone learned from a recent needs assessment from patients with mental health issues and epilepsy that less than 12% knew about available resources to them. Dr. Romaniuk also noted that the Cleveland Clinic is quite aggressive in the area of smoking cessation.

Based upon the discussion, Rev. Noble suggested referring the topic of Smoking Cessation to the Planning & Oversight Committee. In its review, the committee may wish to identify appropriate resources available and link the various constituencies.

## 9. AUDIENCE INPUT

For the record, Mr. Denihan noted that all agency directors/representatives present at the 4/27/11 General Meeting had signed on to the letter of support for the state mental health hospital to be located in Cleveland, OH.

- John Nosek, President of the Council of Agency Directors (CAD), stated, all descriptive detail provided by Mr. Denihan regarding the state budget update is accurate. The only point of disagreement is that there is no interest on the part of this administration to make decisions based upon clinical need or consumer benefits. It is all about the bottom line. It seems that those in charge do not want to raise taxes or remove tax loopholes. This is becoming a partisan issue.

As the Affordable Care Act goes into effect in 2014, it means that 1 million uninsured clients will become Medicaid eligible. Moving into the mix will be accountability care organizations, health homes, managed care companies—all new players in the next three years. Effective 7/1/11, agencies will need to deal with tier-rate reimbursement for Medicaid and limits on the amount of partial hospitalization service to be delivered without prior authorization. Agencies are anxious about these issues and some are nervous about taking an advocacy stand at this time. Mr. Nosek provided examples of hesitancy of agencies.

With respect to the Training Institute, there are many mental health providers who provide their own training and could also open them up to others. Perhaps there is not as much of a need on the mental health side. Regarding the smoking issue, Mr. Nosek supported efforts to help consumers to quit smoking.

- Don Davies, of New Directions, noted that although New Directions provides Medicaid services for its clients, the residential treatment is funded by the ADAMHS Board through Non-Medicaid dollars. This is a vital component for the youth being served. Mr. Davies, who formerly worked for Summit County, noted that Summit County had a \$40 million local levy; he estimated that at least twice that amount is needed for Cuyahoga County.

Mr. Davies shared a story about a dear friend, Mark, who worked as a nurse at the Veterans Hospital who overdosed on heroin. When Mr. Davies came to the house after being called by the family, the coroner upon arriving informed Mr. Davies that this was the 15<sup>th</sup> case he had seen within the week. He shared the impact of his friend's death on all of his family members.

Mr. Davies advocated for keeping the Training Institute but suggested that the fees should be discontinued.

- Maureen Dee, Catholic Charities, noted that Cuyahoga County has done a tremendous amount of work to address Opiate Addiction because relapse rates are very high. Cuyahoga County has used initiatives to keep individuals in treatment and success rates are high. When task force groups meet, they should look at the number of adults who come to our treatment centers to emphasize the "lives that have been saved."

With Medicaid reform and Non-Medicaid cuts, our only hope is to go to the Senate Finance Committee and advocate very hard. It is important to convey what will happen if decisions are made not to pay now; there will be repercussions that will require funds elsewhere.

From an AOD perspective, the Training Institute was a helpful instructional piece for preparing people to work in the field. However, the people with knowledge in the field to share are also limited in the amount of time they have to manage their other responsibilities. With respect to the location of the state mental health hospital, Ms. Dee noted that all services should be provided where the families and consumers live; she felt that all agencies should stand behind this best practice.

9. AUDIENCE INPUT *(Continued)*

- Greg Uhland, ORCA House, felt that the Training Institute is a valuable resource. He sees its staff as students rather than teachers. ORCA House began a tobacco-free facility on 1/1/10 and intends to remain in this status. The agency has not seen a loss in referrals since this time.
- David DiTullio, Magnolia Clubhouse, reported that Magnolia Clubhouse has sent a staff member and a member of the Clubhouse staff for training in smoking cessation and has offered this course since February. The Clubhouse would also like to thank the ADAMHS Board for recognizing its advocacy efforts around the state hospital issue.
- Rev. Gohlstin reported that Ms. Brenda Abrams, Executive Director of CAAA (Community Action Against Addiction) is retiring and that a party in her honor is scheduled for 7/29/11 at 6:30 pm at the Manor Party Center. Rev. Gohlstin shared that today's discussion reminded him of his past experience in the AOD arena over 40 years ago.

*There being no further business, the Chair adjourned the meeting at 5:45 p.m.*

*Submitted by: Carol Krajewski, Executive Specialist*

*Approved by: \_\_\_\_\_  
Rev. Charlotte Still Noble, Chair, ADAMHS Board of Cuyahoga County*