

ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES (ADAMHS) BOARD OF CUYAHOGA COUNTY

FAITH-BASED OUTREACH COMMITTEE MINUTES

JUNE 6, 2018

Committee Members: Eugenia Kirkland, LSW, MSSA, CDCA, Rev. Benjamin F. Gohlstin, Sr., Gwendolyn Howard, LSW, MSSA / **Absent:** Rev. Max Rodas, MA; Mary R. Warr, M.Ed.

Board Staff Present: Felicia Harrison, Carol Krajewski, Starlette Sizemore-Rice, Maggie Tolbert, Tom Williams, Beth Zietlow-DeJesus

1. CALL TO ORDER

Rev. Gohlstin, Vice Committee Chair, called the meeting to order at 4:00 p.m. and noted that Rev. Rodas would not be in attendance due to an emergency situation at his agency. Mrs. Howard read aloud the committee's mission statement: *"To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices; and to promote the concept that treatment works and people recover."*

2. APPROVAL OF MINUTES

The Faith-Based Outreach Committee minutes of April 4, 2018 were approved as presented.

3. FAITH-BASED PROGRAM REPORT

Starlette Sizemore-Rice, Director of Special Projects, summarized the Faith-based Outreach Initiative Program: Provider Status Report as of April 2018. The document provides a review of the five programs and is attached to the original minutes in the Executive Unit.

- **Inner Healing Ministries** – Prevention / "Student Training Outreach Programs (S.T.O.P.) – Church Assistance Program". The number of persons served in 2018, as of April 30th, was 349. The agency continues to work to expand its services; Rev. Franklin will present a report under Item #5 on the agenda.
- **Life Recovery Ministries (LRM)** – Prevention / Spiritual Recovery & Wellness Program. The number of persons served as of April 30th was 44.
 - A *Let's Talk Mental Health* broadcast was held on "Say Whaaat" Live Radio program in March 2018; the broadcast was said to have reached over 300 listeners.
 - LRM has been invited to present to the Board of Rabbis on May 7, 2018 as a result of a successful meeting with Rabbi Melinda Mersack. Rev. McDaniel summarized the strides made in linking with this faith community.
 - A presentation of Mental Health First Aid is scheduled for November 2018 in collaboration with the Jewish Family Services Association (JFSA).
 - Rev. McDaniel noted that ORCA House had LRM draft a Memorandum of Understanding and sent it out to Signature Health for final approval; still awaiting receipt of signed document. On May 26th launched a mental health support group at Olivet Institutional Baptist Church that meets every Saturday from 9:00-10:30 a.m.
- **NAMI Greater Cleveland** – Prevention / The number of individuals served as of April 30th was 109.
 - Coordinated with New Community Bible Fellowship on adult and youth mental health awareness sessions.
 - Provided information on mental health conditions and county resources for the resource table in May.
 - Scheduled a Mental Health Fair and Awareness presentation for Saturday, June 16th at Mt. Zion Warrensville.
 - At Open Door, conducted 3 psychoeducation sessions: Anger Management on April 23, 2018 and on April 24th and 26th conducted psychoeducation sessions on Suicide and Teens.
- **OhioGuidestone** – Behavioral Health Treatment: Expanding Spiritual Care
 - OhioGuidestone interviewed candidates for a community chaplain and selected Rev. Michael Kraynak who previously served the Anglican Church in America.

- As the new initiative is targeted to connect people who are not currently seeking mental health services with the goal of integrating spiritual care into non-clinical programs to impact/overcome clients' reluctance in obtaining mental health services, referrals are slowing coming in. Four referrals were received in April and one referral has remained elusive.
- **Trinity Outreach Ministries** – Prevention / As of April 30, 2018, this faith-based program served 96 individuals.
 - Rev. Watson reported on the success of register additional family members through the recent fashion show.
 - A successful Youth Rally was held on 3/31/18 when youth showcased their talents, received messages of hope, encouraged a variety of art expressions and shouted out the Pledge for a Sober Life style to the rhythm of drums and hand-clapping. Youth are involved in attending church services and/or providing community service at the Homeless Shelter for Women.
 - The sports & fitness, music classes, spiritual development and cheerleading sessions had the largest number of participants and the Chess Club activities have steadily grown.
 - Participants in the classes find themselves feeling better about themselves and are encouraging one another to do their best, stand tall and to live clean and sober lifestyles.
 - Participants were invited to talk about the program on WERE 1490 on 4/23/18 and found it to be an exciting opportunity.

Ms. Sizemore-Rice reported on year-to-date statistics for the Faith-based Outreach Initiative Program reflects a total of 602 persons served.

- Client demographics show that the 69% of the participants were female, Christian and 99% African American.
- Highest age group served for the recent time period was children from 5-11 years of age.
- The recent media campaign reached approximately 3,000 listeners.

Rev. Gohlstin reported on a meeting that he and Larry Mahon had with the advance team for U.S. Senator Sherrod Brown. During this meeting, information was shared about our Board's Faith-based initiatives in Cuyahoga County. Senator Brown's aides were very interested and have requested that we make arrangements for the Senator to visit the current faith-based providers. Consequently, efforts will be made to accomplish this with the goal of obtaining additional funds for the opiate crisis and for mental health services.

4. INTRODUCTION OF RABBI VANN, PRESIDENT OF THE GREATER CLEVELAND BOARD OF RABBIS

Rev. Gohlstin welcomed and introduced Rabbi Vann, President of the Greater Cleveland Board of Rabbis. Rabbi Vann added that she also serves at the Suburban Temple – Kol Ami in Beachwood and is happy to begin to participate with the Faith-based Outreach Committee's work. Rev. Gohlstin reiterated the committee's stance to make sure that the committee's initiative are non-sectarian.

5. FAITH-BASED PROGRAM PROVIDER PRESENTATION: INNER HEALING MINISTRIES' S.T.O.P. TRAINING OUTREACH PREVENTION

Dr. Benjamin Franklin, Pastor of Inner Healing Ministries, spoke about the components of the S.T.O.P. (Student Training Outreach Program) designed to avert teens, young adults and their families from engaging in the illegal use, abuse, and addiction to alcohol, tobacco, drugs or other dangerous substances. The program helps to discourage young people from engaging in any activity or behavior that could place their lives at risk, impeded their overall development and jeopardize their future.

A power point presentation outlined the project design that works to enhance external & internal assets as well as its various components. Dr. Franklin also elaborated on adjustments made, opportunities and challenges.

- The S.T.O.P. program is considering providing services to the Omega Mentoring Program & students at Martin Luther King since it takes 30-40 driving minutes to get to the program in South Euclid.
- Four positive stories of recovery from individuals participating in the S.T.O.P. program were included in the written report.
- A copy of the presentation, the S.T.O.P. Spirituality Indicator Assessment Tool and the ACE Mini Survey are attached to the original minutes stored in the Executive Unit.

6. INTERFAITH BREAKFAST

Rev. Gohlstin stated that efforts are underway to host an Interfaith Breakfast to reach out and build relationships with spiritual leaders of other faiths to create awareness and participate in the Board's faith-based initiatives. Arrangements will be made to research the needs of members of other faiths in terms of diets. The goal is to schedule the Interfaith Breakfast by the end of September. Faith-based providers will be invited to make brief presentations.

7. UPDATES:**• Faith-Based Future Radio/TV Taping**

The Radio Station Interview on WERE 1490 Am With Rev. Aaron Phillips--The People, The Issues, The Community—on Monday, April 23rd, with Rev. Aaron Phillips was very well received. We learned from him that the reception of the community was overwhelming. As a result, the radio station has offered the committee the opportunity to have additional broadcast sessions on the 4th Monday of each month.

The next radio broadcast of the Faith-based Outreach Committee is scheduled for June 25, 2018 at 5:00 pm; featured faith-based providers will be Dr. Benjamin Franklin, Inner Healing Ministries and Marsha Blanks of NAMI Greater Cleveland.

• Visit To Franklin County – Faith-Based Program

Several committee members recently visited Franklin County to spend time with individuals involved in their Faith-based program. It was noted that this group was instrumental in the development of our Board's thought process to establish the Faith-based Outreach Committee. Our Board is looking now to expand on what we are currently doing and looking for additional funds to continue on.

• Coalition For A Better Life/Peace in the Hood

The 2018 International Urban, Peace, Justice & Empowerment Summit will be held on June 21-24, 2018 in collaboration with the City of Cleveland, CMHA, and the International Council for Urban Peace, Justice and Empowerment, at Cleveland State University. Coalition for a Better Life is a Cleveland-based organization that works in urban neighborhoods – mentoring children and guiding youth on paths to develop their highest human potential – helps build community and multi-cultural collaborations critical in healthy communities.

8. OLD/NEW BUSINESS

- Based upon attention of this committee and Rev. Gohlstin's role, he has been asked to begin a Black History Studies and Bible Studies for two of the most notorious gangs in this geographical area on Wednesday, June 13, 2018, at 6:00 p.m. He asked for everyone's prayers as he steps out in faith to do take up this charge.
- Rev. Franklin noted that this Sunday, Inner Healing Ministries has invited all past S.T.O.P. graduate clients to be part of the church service. They will be given gifts and a meal to honor their accomplishments.

9. NEXT MEETING DATE - Wednesday, October 3, 2018 at 4:00 p.m.

There being no further business, the meeting adjourned at 5:05 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: Rev. Benjamin F. Gohlstin, Sr., Faith-Based Outreach Committee Vice Chair