ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES (ADAMHS) BOARD OF CUYAHOGA COUNTY

FAITH-BASED OUTREACH COMMITTEE MINUTES APRIL 4, 2018

Committee Members: Rev. Max Rodas, MA, Rev. Benjamin F. Gohlstin, Sr., Gwendolyn Howard, MSSA,

Mary R. Warr, M.Ed. / Absent: Eugenia Kirkland, LSW, MSSA, CDCA

Board Staff Present: Scott Osiecki, Acting CEO/Chief of External Affairs, Carol Krajewski, Starlette Sizemore-Rice, Tom Williams

1. CALL TO ORDER

Rev. Max Rodas, Committee Chair, called the meeting to order at 4:00 p.m. Rev. Gohlstin was asked to read aloud the committee's mission statement: "To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices; and to promote the concept that treatment works and people recover."

2. APPROVAL OF MINUTES

The Faith-Based Outreach Committee minutes of February 7, 2018 were approved as written.

3. FAITH-BASED PROGRAM 2017 YEAR-END REPORT

Starlette Sizemore-Rice, Director of Special Projects, summarized the Faith-based Outreach Initiative Final Report for Calendar Year 2017 findings that provide a detailed review of the five programs. The document is attached to the original minutes in the Executive Unit.

- Overall, the 5 faith-based providers served 1,679 people and met their objective of serving 1500 people; some providers exceeded their target numbers while others were short.
- Several providers used a variety of curriculums for both prevention and treatment interventions for children
 and adults. Some curriculums were presented in a single session while other curriculums were presented
 over weeks or months.
- Client demographics show that the majority of participants were female, Christian, and African American.
- Program objectives were met at a variety of levels depending upon the program.
- Board staff plans to introduce additional outcome measures in CY2018 for full implementation in CY2019 to enable the Faith-based Outreach Initiative to fully evaluate the program performance in CY2019.

4. FAITH-BASED PROGRAM REPORT

Ms. Sizemore-Rice referenced the Provider Status Report for the Faith-based Outreach Initiative Program, as of February 2018, for the providers listed below. (The document is attached to the original minutes in the Executive Unit.)

- Inner Healing Ministries Prevention / "Student Training Outreach Programs (S.T.O.P.) Church Assistance Program". The number of persons served in 2018 (as of February) was 131 individuals. Activities highlighted:
 - Improved the infrastructure & administration of the S.T.O.P. Program
 - Working to expand prevention services to a wider segment of the Greater Cleveland community.
 - Facilitated an addiction recovery group at the Women's Center of Moor Counseling & Mediation Services.
 - Developed a Spirituality Indicator Assessment Tool to help group leaders accurately record instances of spirituality that occur in the S.T.O.P. initiative.
- Life Recovery Ministries Prevention / Spiritual Recovery & Wellness Program. The document reflects that no
 individuals were served in CY2018 as of February 2018. The response received was that Rev. McDaniel had not
 received his FY2018 hard copy contract.
 - Let's Talk, Mental Health Sessions a session is scheduled for 9/26/18 at Emmanuel Baptist Church, 7901 Quincy Avenue; same training offered to Rocky River United Methodist Church.
 - Mental Health First Aid weekly sessions at Olivet Institutional Baptist Church on Tuesdays, 6:00-8:00 pm are scheduled for March 6, 13, 20, & 27; futures sessions are planned for June, August and October 2018.

- **NAMI Greater Cleveland** Prevention / This provider used January and February to meet with church leaders to plan for upcoming activities for March, April and May.
 - Currently coordinating with New Community Bible Fellowship to sponsor a Mental Health Day this year.
 - Held meetings around Mental Health support as well as technical assistance with the following congregations: Blessed Trinity, Bay Presbyterian, Open Door, and Affinity Baptist Church.
 - Challenges and successes will be shared later on the agenda during the NAMI Greater Cleveland presentation.
- OhioGuidestone Ms. Sizemore-Rice explained that no reports were submitted by OhioGuidestone due to programmatic changes to the provider's FY2018 contract that were approved by the full Board at the February 2018 General Meeting.
- Trinity Outreach Ministries Prevention / As of February 2017, this faith-based program served 60 individuals.
 - Time was spent planning and implementing the revision of the website, www.thefaithprogram.org
 - Three locations are utilized for the Little Scholars Program; the primary site is 4600 Carnegie Avenue.
 - The program is being marketed throughout the community; registration has begun for the 2018 classes and programming.

Discussion/Committee Input:

- Regarding numbers of persons served from other counties, Rev. McDaniel and other providers noted that often individuals from other counties attend informational Mental Health sessions offered.
- It was suggested that efforts begin to build partnerships with other counties.
- As a result of a discussion regarding the difficulty in collecting contact information, a suggestion was made to add a statement to the report such as, "unable to secure contact/registration information."

Ms. Sizemore-Rice noted that in CY2019 the intent is to implement outcome measures to reflect a different way of reporting outcomes to the Board following the example of other prevention-type programs. Dr. Watson spoke on behalf of faith-based providers to say that their protocol is to be inclusive of all groups, faiths and locales. Additionally, Dr. Watson emphasized the positive impact that provider's activities are making in the lives of the individuals being served.

5. SPONSORSHIP REQUEST

The purpose of the 2018 International Urban, Peace Justice and Empowerment Summit on June 21-24, 2018 at 13512 Kinsman Road, Cleveland, OH, is to help cities and suburbs combat/reduce violence, crime, opioids, gangs and self-destructive behavior from plaguing neighborhoods, families and communities. Board staff recommends the ADAMHS Board sponsor this event as a \$1,000.00 Patron Sponsor.

Motion to recommend approval of the sponsorship of the Coalition for a Better Life/Peace in the Hood event on June 21-24, 2018 to the Finance & Operations Committee. MOTION: B. Gohlstin / SECOND: M. Warr AYES: B. Gohlstin, G. Howard, M. Rodas, M. Warr / NAYS: None / ABSTAIN: None / Motion passed.

6. FAITH-BASED PROGRAM PROVIDER PRESENTATION: NAMI GREATER CLEVELAND

Marsha Blank, Program Director of NAMI Greater Cleveland, utilized a power point presentation to acquaint the committee to NAMI's expanding faith-based program. The power point presentation is attached to the original minutes in the Executive Unit. Her presentation focused on:

- The goal of increasing awareness of mental health needs of congregations and ministry participants key strategy is relationship building.
- Outreach and Awareness speaking at health fairs, church awareness events, promoting a greater understanding of needs and building relationships
- Mental Health Support, Support Groups & Leader Training barriers and problems learned were shared.
- Mental Health Education goal is to provide mental health education to both youth and adults.
- Status of current partnerships.

7. UPDATES:

• LIFE RECOVERY MINISTRIES

Ms. Sizemore-Rice asked the Committee Chair to provide Rev. McDaniel an opportunity to explain why Life Recovery Ministries had no persons served for the last reporting period. Rev. McDaniel reported that he was waiting for the contract to come through in order to assure that books could be ordered for Mental Health First Aid sessions.

The bulk of activities centered around building relationships with Greater Cleveland Congregations comprised of 45 faith organizations. Life Recovery Ministries has been active by participating in a lot of community meetings, has obtained contact information for faith leaders and is in the process of scheduling meetings with them. Currently, a commitment has been made with Mt. Olivet Institutional Baptist Church to provide a space for quarterly sessions. A meeting has been scheduled with the Board of Rabbis in order to be included in the Jewish community. Last month the first engagement was held Mt. Olivet; it included 38 persons; 25 from the congregation and 13 from the community.

VISIT TO FRANKLIN COUNTY FAITH-BASED PROGRAM

Ms. Sizemore-Rice noted that she is working on a couple of new dates for the visit and will contact those individuals who have expressed an interest in traveling to Franklin County to learn information about its faith-based program/s.

FAITH-BASED FUTURE RADIO/TV TAPING

Radio station interviews on WERE 1490 AM with Rev. Aaron Phillips--The People, The Issues, The Community—are open for either Monday, April 23rd or Monday, April 30; program time is 5:00-6:00 p.m. When the date is confirmed, Ms. Sizemore-Rice will email committee members.

Rev. Rodas proposed a potential format for the radio show: 1) talk about behavioral health challenges; 2) focus on the Board's approach to advocate spirituality in the recovery process, 3) share information about what the faith-based programs are doing and 4) identify those lessons learned.

Rev. Gohlstin suggested including at least two providers at sessions. Ms. Warr suggested including a Pastor to identify some of the challenges.

- For the 1st radio spot 2 providers were identified: Dr. Andrew Clark, Pastor of Trinity Outreach Ministries & Rev. Andrea Jacobs, MDIV, BCC, Director of Spiritual Care, OhioGuidestone.
- For the next radio spot Dr. Benjamin Franklin, Pastor, Inner Healing Ministries & Rev. Karell McDaniel, Executive Director of Life Recovery Ministries.

Rev. Gohlstin stated that Voice-It Radio, an internet radio station with 67 outlets and 27 outlets globally, has also extended an open invitation to the Faith-based Outreach Committee to assist with outreach and awareness goals.

8. OLD/NEW BUSINESS

Dr. Deborah Watson-Daniels pointed out contact information on the Faith-based Outreach brochures needs to be updated.

9. NEXT MEETING DATE - Wednesday, June 6, 2018 at 4:00 p.m.

There being no further business, the meeting adjourned at 5:35 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: Rev. Max M. Rodas, MA, Faith-Based Outreach Committee Chair