

ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

COMMUNITY RELATIONS & ADVOCACY (CR&A) COMMITTEE

JULY 10, 2019

Committee Members Present: Harvey A. Snider, Esq., Reginald C. Blue, Ph.D., Katie Kern-Pilch, ATR-BC, LPC-S, Sharon Rosenbaum, MBA / Other Board members: Gregory X. Boehm, M.D.

Absent: Erskine Cade, MBA, Elsie Caraballo, Eugenia Kirkland, LSW, MSSA, CDCA,

Board Staff Present: Scott Osiecki, C.E.O., Carole Ballard, Christine Bohuslawsky-Brown, Tami Fischer, Bill Hebble, Carol Krajewski, Linda Lamp, Jacob Rosebrock, Madison Scagnetti, Tom Williams, Beth Zietlow-DeJesus

Call to Order: Harvey Snider, Committee Chair, called the meeting to order at 4:00 p.m.

1. Approval of Minutes

The Community Relations & Advocacy Committee minutes from the 5/01/19 meeting were approved as submitted.

2. Legislative Update

State Budget: Scott Osiecki, Chief Executive Officer, reported that the State Budget is not yet complete. To date, significant issues are that the Senate has removed \$18 million funding for prevention activities in the schools as well as funding for the Anti-Stigma Campaign. Consequently, the ADAMHS Board sent out an Advocacy Action Alert regarding the Senate's budget cuts to prevention education in the schools and the statewide anti-stigma campaign to encourage people to contact their Senators.

Meet our Legislator Series: Madison Scagnetti, External Affairs Officer, reported that Representative Bride Rose Sweeney, Ohio House District 14 (D), came to the ADAMHS Board on June 17th to meet with clients, family members, staff, providers and other community members for the Meet Your Legislators Series. There was a lot of discussion about the State Budget, her interest in higher education, parity, etc. The next scheduled meeting in the Legislator Series will be on Monday, July 22, with Representative Jeffrey Crossman at 10:00 a.m.

Federal SOR (State Opioid Response) Funds: Beth Zietlow-DeJesus, Director of External Affairs, reported that Senator Portman introduced the "Combatting Meth and Cocaine Act" that calls for the flexible use of State Opioid Response funds to be used for other substance use disorders, not just opioid use disorder. This is something the ADAMHS Boards have been advocating for and would also authorize SOR program funding for 5 more years at \$500 million annually. No other information is available presently; however, Board members will be kept apprised of new developments.

Ms. Zietlow-DeJesus introduced to committee members our new Americorp Vista worker, Jacob Rosebrock, who started on 7/08/19 and will be on staff for the next year. Mr. Rosebrock is currently applying to dental school and looks forward to working in this new capacity, as Community Relations & Engagement Specialist with the ADAMHS Board and will work specifically on substance use disorders.

3. Behavioral Health Wellness Fair (July 22, 2019)

Clients Rights Officers, Bill Hebble and Christina Bohuslawsky-Brown, briefed committee members on the plans for the upcoming Behavioral Health Wellness Fair scheduled for Monday, July 22, 2019 at the Cleveland Marriott Airport on W. 150th Street. It was noted that this event will replace the Annual Client Picnic held in previous years.

Plans include scheduling inter-active sessions, health screenings and vendor tables. Interactive sessions will include: aroma therapy, art therapy, destressing techniques, exercise & fitness, Reiki, gardening, diet/nutrition, meditation, smoking cessation, etc.

The Behavioral Health Wellness Fair will offer:

- Health screenings--dental, vision and podiatry
- Benefits check-ups
- HIV testing and blood pressure screening by Recovery Resources
- Vendor tables
- Biometric screenings by MetroHealth Medical Center

The event will run from 10:30 a.m. to 2:30 p.m. and the Board anticipates serving 200 people. Mr. Hebble noted that another flyer is being developed that will list the specific information shared on the reverse side and will be disseminated prior to the event.

Mr. Snider, Committee Chair, recommended that the Board follow-up with group homes and providers so that they are able to spread this information to their clients and plan for transportation needs. Mr. Snider noted that he is very excited to learn about this new venture on behalf of clients.

Ms. Kern-Pilch will join 4 other Reiki Masters at the Behavioral Health Wellness Fair. She suggested that a brief Reiki Presentation might be scheduled for a Planning & Oversight Committee meeting in order to introduce this concept. Rosanne Radziewicz, Reiki Master Teacher and Psychiatric Advanced Practice Nurse formerly from MetroHealth Medical Center, could be invited to present.

Ms. Christine Bohuslawsky-Brown, introduced herself as the new Clients Rights Officer, and noted that she has been at the Board for almost a month. Her background includes work in the juvenile sector, with welfare fraud, at the County Jail and now with the Board. She looks forward to her new role at the Board to advocate on behalf of clients.

4. Suicide Prevention Awareness Month Activities

- **Suicide Prevention Charity Spotlight Advertising** - The Suicide Prevention Coalition in preparing for its Suicide Prevention Awareness Month (September) Campaign has an excellent opportunity to work with The Wave, 107.3 and the ADAMHS Board to promote suicide prevention through a Charity Spotlight campaign. The campaign will raise funds for suicide prevention efforts while sharing information about suicide prevention in Cuyahoga County.

Ms. Zietlow-DeJesus explained that the ADAMHS Board has received donations from the following outside partners to assist with suicide prevention efforts: Cuyahoga Valley Career Center donated \$850.00 raised by staff and students, \$1,570.00 was raised by Rita Jermann, who hosts a suicide prevention concert each November in honor of her brother, and The Education Services Center of Cuyahoga County is also donating \$1,000.00 to the ADAMHS Board for this campaign. It was noted that the \$2,500.00 amount listed on the agenda process sheet will be covered by the donations received for suicide prevention efforts.

Motion to approve the Charity Spotlight: Suicide Prevention Campaign in the amount of \$2,500.00 to the Finance & Operations Committee. MOTION: R. Blue / SECOND: K. Kern-Pilch / AYES: R. Blue, K. Kern-Pilch, S. Rosenbaum, H. Snider NAYS: None / **Motion passed.**

- **QPR-A-Thon** - Boards across the state will be doing as many Question, Persuade and Refer (QPR) trainings during Suicide Prevention Awareness Month. Carole Ballard, Director of Education and Training, noted that the ADAMHS Board will be offering a concentrated week (September 9-16, 2019) of QPR Training to the community. She noted that we are the only Northeast Ohio community that said yes to this initiative. Board staff will advertise QPR events, go out into the community for trainings and keep track of the number of people trained. Additionally, the ADAMHS Board has added an evening session of QPR training once a quarter from 4:00-6:00 p.m.
- **Thyme Table Restaurant and Bar Donation** – Ms. Zietlow-DeJesus shared that a new restaurant called Thyme Table in Bay Village has donated funds raised from an event to the ADAMHS Board for suicide prevention efforts. The event was held in honor of Anthony Bourdain's birthday on June 25th. Mr. Bourdain died by suicide.

5. Sponsorships:

Ms. Zietlow-DeJesus highlighted the six Sponsorships recommended by Board staff to the CR&A Committee and referenced the details provided in the individual agenda process sheets for:

- Edna's House Recovery Race (Sun., October 6, 2019, Edgewater Park) - \$1,000.00
- Epilepsy Association Race the River (Sun., September, 15 2019, Merwin's Wharf) - \$850.00
- Cleveland Playhouse CARE Performance and Workshops (Sept.9 – Dec. 20, 2019) - \$750.00
- Community Solutions Celebration of Human Services (October 25, 2019, Hilton Garden Inn) - \$500.00
- 6th Annual Celebrating Recovery Run (Sunday, September 15, 2019, Edgewater Park) - \$500.00
- National African American Male Wellness Walk (Saturday, August 31, 2019, Luke Easter Park) - \$250.00

Jeff Ryder of the Cleveland Playhouse shared information with committee members about the CARE Performance and Workshops that are very important prevention programs benefitting more than 16,000 students in Cuyahoga County at more than 80 schools. Mr. Ryder was also asked to share information about an upcoming play that is being run at Playhouse in November called, *Every Brilliant Thing*. Given the Board's mission, Mr. Snider suggested that Board staff consider working collaboratively with the Cleveland Playhouse on this play. Mr. Ryder noted that Board representatives would be welcome to be present at the lobby at the performances or help to promote future CARE events.

Motion to approve the sponsorships (listed above) to the Finance & Operations Committee.

MOTION: S. Rosenbaum / SECOND: R. Blue / AYES: R. Blue, K. Kern-Pilch, S. Rosenbaum, H. Snider

NAYS: None / **Motion passed.**

6. Training Update

- **Roads to Recovery Conference** - Carole Ballard, Director of Education & Training, reported that the 2019 Roads to Recovery Conference is scheduled for Monday, October 21st, at the Cleveland Airport Marriot Hotel on West 150th Street. Ms. Ballard noted her excitement about the variety of the 32 workshop sessions planned and briefed the committee on the various topics offered.
- **Collaborative Assessment & Management of Suicidality (CAMS)** – Ms. Ballard noted that the ADAMHS Board is often asked to assist with trainings. The CAMS Training is an evidenced-based treatment framework used to assess suicidality and specifically treat suicide risk. This training consists of three parts: a 3-4 hour, self-paced online course, an in-person 1 day Role-Play Workshop scheduled for September 4, 2019 at the Cuyahoga County Community College's Jerry Sue Thornton Center, and group consultation calls. Upon completion of the role-play workshop, participants will receive 10 CEU's. Registration is open now for the 1-day event; the cost is \$30.00 and covers CEUs, lunch and registration.
- **Great Lakes Conference on Refugee Resilience and Integration: Promising Practices, Emerging Trends**
The Refugee Services Collaborative of Greater Cleveland (RSC) is planning its inaugural 2019 RSC Conference and is recruiting nationally for speakers. The conference is scheduled for November 14 and 15, 2019 and RSC has asked the ADAMHS Boards to serve as the CEU's sponsor.
- **ACES Pilot Project Update** - In collaboration with the Cuyahoga County Board of Health and OhioGuidestone, the Board has been involved in a partnership pilot project called ACES Pilot Project. The Board's task has been to be the education arm about the impact of opiate addiction on families for several designated communities. The Health Department chose the areas of Berea and Olmsted Township/Olmsted Falls. In the 1st year of this 2-year funding initiative, the Board has provided training to law enforcement on ACES and this project. Two trainings have been delivered to date to Berea Police Department and two more to Olmsted Township and one to Olmsted Falls Police Department. The training is to help police officers become aware of adverse childhood experiences.

7. Annual Meeting Wrap Up

The ADAMHS Board's Annual Meeting was held on Monday, May 13th, at the Cleveland Marriott East and featured the Annual Art Show and the celebration of the ADAMHS Board's 10th Anniversary. Ms. Zietlow-DeJesus provided the following statistics: There were 507 attendees; of this number there were 417 paid tickets, 19 client tickets, and 71 Award Winner, Board & Staff free tickets.

Breakdown of Annual Meeting expenses: Marriott Cleveland East - \$17,577.66; Give-Aways (note cards, candles) - \$2,167.99; Client Shuttle - \$420.00; Awards - \$645.87; Total Cost - \$20,811.52.

Net Ticket Sales (after fees) - \$15,389.71; **Total Cost to Board = \$5,421.81**

8. Eugene Sopher's Coloring Pages Discussion

Ms. Scagnetti and Ms. Zietlow-DeJesus shared some coloring pages created by a client named Eugene Sopher. It was suggested that the pages be compiled into a coloring book and that Mr. Sopher receive a stipend for providing the artwork. Committee members suggested that the full Board should receive the pages via email for their review. Committee members were very impressed with the artwork and sentiments on the pages and suggested distributing these coloring pages/books to group homes, schools and/or hospitals. If possible, it was suggested to distribute pages at the upcoming Behavioral Health Wellness Fair.

9. Social Media and Media Tracking Reports

- **Tracking Reports** – Ms. Scagnetti provided committee members with an overview of the social media statistics since the last CR&A Committee meeting. We have added 101 new followers on social media. We posted 278 times and received 262 messages which is an increase. We had nearly 825,000 impressions, 3,476 engagements and 477 clicks on our links. Fentanyl Alerts were the most popular posts on social media.
- The **Media/Press Clipping Report** from 5/01/19 through 7/09/19 indicated that the ADAMHS Board had a total of 66 media mentions, 65 were positive, 1 neutral and 0 negative. The fentanyl test strip program received a lot of attention. Our year-to-date media mentions total 154 mentions, 144 considered positive and the other 10 neutral. Ms. Zietlow-DeJesus reported that she intends to email the Media Report with links to all Board members to keep them update.
- Mr. Osiecki and Ms. Zietlow-DeJesus were featured on Harry Boomer's show Focus CW, to air on the Sunday morning show at 6:30 a.m. on Channel 43. Mr. Osiecki commended Beth for the fantastic job she did to convey the comprehensive information shared on the 30-minute show. It was noted that a link to the televised broadcast will be sent out to all Board members.

10. Old/New Business

- Mr. Larry Smith, Jr., Director of Programs, who began working at the Board on July 8th, was introduced to committee members.

There being no further business, the meeting adjourned at 5:05 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: Harvey A. Snider, Esq., Community Relations & Advocacy Committee Chair