

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

**JOINT PLANNING & FINANCE COMMITTEE MINUTES
SEPTEMBER 13, 2017**

PRESENT: Elsie Caraballo, J. Robert Fowler, Ph.D., Rev. Benjamin F. Gohlstin, Sr., Pythias D. Jones, M.D., Katie Kern-Pilch, MA, ATR-BC, Steve Killpack, MS, Eugenia Kirkland, LSW, MSSA, CDCA, Harvey A. Snider, Esq., Mary M. Step, Ph.D. / **ABSENT:** Reginald C. Blue, Ph.D., Ericka Thoms

BOARD STAFF PRESENT: Valeria Harper, CEO, Frank Brickner, Michael Doud, Tami Fischer, Cheryl Fratalonie, Esther Hazlett, Myra Henderson, Derrick Kirklen, Carol Krajewski, Danei Nowosadzki, Scott Osiecki, Ralph Piatak, Diane Taylor, Linda Torbert, Tom Williams

1. CALL TO ORDER

Dr. Fowler, Planning & Oversight Committee Chair, called the meeting to order at 4:00 p.m. and explained that he would be chairing the Planning & Oversight portion of the meeting. He welcomed both Katie Kern-Pilch and Dr. Mary Step who were recently appointed as ADAMHS Board members by the Ohio Director of Mental Health and Addiction Services.

2. APPROVAL OF MINUTES

The minutes of the July 19, 2017 Committee of the Whole meeting were approved as submitted.

3. RECOVERY APP/COACHING UPDATE

Mike Matoney, CEO of New Directions and Crossroads, provided two handouts addressing outcomes for the Recovery App and 24/7/365 Peer Coaching pilot. He reported that New Directions, a residential and outpatient facility that serves adolescents, young adults and their families with substance abuse disorders, partnered with Case Western Reserve University for an outcome study to review the effectiveness and impact of technology through the use of the ACHES App with clients in the outpatient program.

The goal of this project was to enter into the space of young adolescents; 50 participants were enrolled in the study. According to statistics, there is a 42% completion rate for intensive outpatient service for Non App users--10% higher than the national average for adolescents. For App users, the treatment completion rate was improved to 54.2%. An unintended positive result of the App usage, was that treatment days went down as adolescents were in constant communication with their clinicians as opposed to not showing for treatment. What App users liked the most was the ability to text peers and counselors. New Directions also found that during crises or trauma, young clients would self-regulate. The agency is pleased with the pilot results and intends to continue to use the Recovery App concept for its clients and may work to develop its own App.

4. COMMUNITY CAPITAL ASSISTANCE APPLICATION: EAX GREENBRIDGE (MH-1021)

Michael Doud, Adult Behavioral Health Services Administrator, explained that the community capital assistance application referenced identifies an opportunity to develop new construction of permanent supportive housing units for single adults. The proposed 60 units will be added to the existing Greenbridge Project with the funding allocation of \$500,000.00 from Ohio Mental Health and Addiction Services (OhioMHAS) going directly to EDEN, Inc.

OhioMHAS requires the Board to approve the application through a resolution assuring an intent to support the applicant's program consistent with the application and to annually monitor the program and operations of the facility to assure compliance. Mr. Snider commended the Housing Unit and EDEN, Inc. staff for seeking out and bringing these projects forward to the Board.

Motion to recommend approval of supporting EDEN, Inc.'s Community Assistance Application for expansion of the existing Greenbridge Permanent Supportive Housing Project to the full Board. MOTION: P. Jones

SECOND: S. Killpack / AYES: R. Fowler, B. Gohlstin, P. Jones, K. Kern-Pilch, S. Killpack, E. Kirkland, H. Snider, M. Step
NAYS: None / ABSTAIN: None / **Motion passed.**

5. CURES ACT FUNDING FOR AOD PEER RECOVERY SUPPORT INITIATIVES

CEO Harper recapped that our Board was a recipient of CURES Act Funds of \$2.1 million to implement an aggressive action plan to tackle the heroin epidemic in Cuyahoga County. The use of CURES Act funding was earmarked for 3 designated uses: Quick Response Teams, environments that embrace support for Medication Assisted Treatment and the involvement of peer recovery support specialists.

Ms. Harper noted that topics involving funding allocations, during this joint committee meeting, would be voted upon within the Finance portion of the meeting giving committee members from both committees the opportunity to vote.

The agenda process sheet identifies and provides an overview of 3 initiatives/new programs proposed at this time:

- 1) Ascent - \$144,500.00
- 2) I'm in Transition - \$88,920.00
- 3) Woodrow Project - \$39,000.00

Agency representatives were invited to the Board table to add to the discussion. Mr. Doud highlighted the three programs summarized below and introduced agency staff representing their programs.

- 1) **Ascent, in partnership with Metro Hospital (AscentED)**, seeks to help individuals brought to Metro Hospital Emergency Department with an opioid overdose. At that time, a member of the hospital staff calls the AscentED hotline, which is available 24 hours a day, 7 days a week. The hotline connects the caller with a certified peer recovery coach, who then dispatch to the hospital. Prior to the patient's release from the hospital, the recovery coach meets with the patient to discuss available recovery supports and resources in the community. Peer coaches can also provide education on overdose prevention, including information on how to obtain Narcan or Naloxone, a medication used to reverse an opioid overdose, and may provide additional resources and support to family members with the patient's approval. Upon the patient's release from the hospital, AscentED staff follow-up with the patient for the next 10 days, encouraging him or her to engage in recovery support services. Questions were answered by Brian Bails, Founder of Ascent.
- 2) **I'm In Transition/Euclid Lodge** seeks to help men move from instability due to past incarceration, drug addiction, and repeated homelessness, to become productive citizens who can care for themselves and their families and gain a second chance at their lives. This is achieved by providing the residents with a positive social environment which is an intangible yet critical part of supporting a person in any stage of recovery from substance use disorder. This type of environment is characterized by the setting, culture, and style of interaction. The physical space, décor and furnishings help to establish and bolster a social environment. The program provides a volunteer work Force Development Program, assistance in navigating a social service system, as well as other program supportive a recovery based lifestyle. Minister Jason Calloway and his wife, Jennifer, highlighted elements of the program and services provided.
- 3) **Woodrow Project** is a Level 2 Recovery Residence according to Ohio Recovery Housing Standards. This project is for women that have completed inpatient treatment or detoxification for substance use disorder. The program has an on-site house manager that assists women in navigating the challenges associated with the requirements of early recovery like Intensive Outpatient Treatment, medical, dental and psychiatric appointments. The program also provides a live-in, supportive community, strong tools for maintaining a recovery based lifestyle, such as connections to 12-step community or SMART recovery, opportunities to live independently, through education, resume writing, conflict resolution skills, and money management. Erin Helm, Executive Director of the Woodrow Project, fielded questions from committee members.

[Elsie Caraballo arrived.]

6. BRIERMOST-WOODROW PROJECT

Mr. Doud noted that last year the Board allocated funds to the Cuyahoga County Land Bank for the Woodrow Project to secure a property—a recovery home for women that will also provide Medication Assisted Treatment. At the same time, additional funds of \$100,000.00 were earmarked for a second property to bring into the system. Unfortunately, efforts with the Land Bank were unsuccessful.

OhioMHAS stepped in to create a subsidiary/engage a partnership to identify a location for a recovery home. OhioMHAS is investing \$210,000.00 and the Board allocated \$100,000.00 to bring the project to fruition. He noted that it may be necessary to amend the resolution adopted in November 2016 to identify the current funding partners.

Erin Helms, Executive Director of the Woodrow Project, noted that the exciting part of this project has to do with employment. A three-acre farm in North Royalton has been identified and all approvals have been received. There will be a year-round greenhouse, and 3 areas of employment have been identified: 1) working with plants and animals, 2) learning to can jellies, sauces, pickles, etc., and 3) bookkeeping responsibilities. Ms. Helms confirmed that the Woodrow Project has partnered with another entity and does have an East side location.

7. CRIMINAL JUSTICE & BEHAVIORAL HEALTH (CJBH) LINKAGES GRANT

Mr. Doud explained that the goal of this program is twofold: to introduce the use of Certified Peer Recovery Supporters to offenders while incarcerated and to provide cross system training to strengthen the capacity of professionals involved in pre-release planning. The Board reached out to Recovery Resources since its staff has proven experience in working with this population.

Recovery Resources will ensure that prior to release, clients are assigned a Peer Supporter that will assist with navigation throughout the system and provide a bridge between service providers and clients that facilitate the medical and psychosocial needs of the client. Additionally, Certified Peer Recovery Supporters will work with the inmate until they are assigned a Community Psychiatric Supportive Treatment staff member and the inmate attends his/her initial behavioral health appointment. Erin Tilbert, Associate Director of Forensic Services, answered questions regarding the support to incarcerated individuals with mental illness and/or addictions.

Mr. Snider suggested considering sharing outcomes of this program by reporting back to the Court of Common Pleas or the Supreme Court of Ohio so that they can see the results of this new program. Ms. Harper introduced Pam Gill, Executive Director of Recovery Resources, who thanked the ADAMHS Board for support of this grant program and service opportunity.

8. OhioMHAS RECOVERY HOUSING FUNDING OPPORTUNITY

Mr. Doud referenced the table illustrating the Capital Funding Proposal for Recovery Housing submitted to OhioMHAS for state fiscal year 2018. Four projects were brought forward. It was noted that Recovery Housing projects will be limited to 75% of the total project cost or \$500,000.00, whichever is less, and Recovery Housing providers would be required to provide the local match requirement. (The document is attached to the original minutes stored in the Executive Unit.)

9. PREVENTION EXPANSION/ENHANCEMENT OVERVIEW

Linda Torbert, Children's Behavioral Health Administrator, highlighted the two-page outline regarding the Prevention Service Delivery Model. The information covered the current prevention service delivery programming and the plans for enhancing prevention service delivery programming. (The document is attached to the original minutes stored in the Executive Unit.)

10. FINANCE REPORTS

Board Voucher and Operating Expenditures Report for July 2017 and August 2017

Frank Brickner, Chief Financial Officer, reported on the Administrative Budget Reports. Under the July Voucher Report, significant payments were made totaling \$26,962.00 to Chubb and Son, Federal Insurance Company (annual insurance payment for directors and officers liability and employment practices) and Philadelphia Insurance Companies (4-month premium which is a general insurance umbrella package that covers damage to the Board's property and equipment. Mr. Brickner noted that it might be beneficial to invite an Oswald representative in the future to speak to the Board's liability coverage.

Through 8/31/17, total spending in the Administrative Budget was slightly over \$3.7 million. The line item total for Salaries and Fringe Benefits continues to be slightly under budget; we continue to be slightly over budget in Contracts. Board staff continues to project that its Administrative spending will live within its \$5.7 annual budget.

Income Statement: The budget for Revenues and Expenses through August was \$39.8 million, and we received nearly \$6.5 million for the Medicaid Waiver program. It is exceeding our initial budget is that we are serving more youth. The Board is on pace to receive all state and local revenues budgeted and anticipate receiving approximately \$69 million.

Expenses: Through August, a total of \$50,094,901 was spent.

Board Properties: Normal activities and utilities occurred for Board properties. (Financial Reports are attached to the original minutes in the Executive Unit.)

Motion to recommend approval of Board Vouchers & Expenditure Reports for July 2017 and August 2017 to the full Board. MOTION: H. Snider / SECOND: R. Fowler / AYES: E. Caraballo, R. Fowler, P. Jones, K. Kern-Pilch, S. Killpack, E. Kirkland, H. Snider, M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

10. PROPOSED AMENDMENT TO CY2017 BUDGET

Mr. Brickner reported that the ADAMHS Board of Directors approved the CY 2017 Funding Recommendations on November 30, 2016 (Resolution 16-11-06). Subsequently, Board staff has updated their revenue projections due to the receipt of new funding or projected increases to various revenue allocations. The impact of the adjustments, result in a \$5,176,489.00 increase to the Calendar Year 2017 budget. The new proposed budget will now total \$78,271,672.00. The updated revenue amounts were delineated on the agenda process sheet.

Motion to recommend approval of Proposed Amendment to CY2017 Budget to the full Board. MOTION: H. Snider SECOND: E. Kirkland / AYES: E. Caraballo, R. Fowler, P. Jones, K. Kern-Pilch, S. Killpack, E. Kirkland, H. Snider, M. Step NAYS: None / ABSTAIN: None / **Motion passed.**

11. CONTRACTS

Mr. Brickner highlighted agenda process sheets for agreements listed below, answered questions, and provided clarification for committee members.

a. Interagency Agreements: Acceptance of Funds: * Pass-Through Items

1. Opportunities for Ohioans with Disabilities Agency - FFY18 Case Service Contract - \$2,287,111.91 (Contractors: Jewish Family Services Association, Recovery Resources, Inc.)
2. U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration – Assisted Outpatient Treatment Grant - \$846,689.00 (Contractors: FrontLine Service, Inc. Case Western Reserve University)
3. OhioMHAS, Addiction Treatment Program - \$457,629.91 (Contractors: Catholic Charities Services, Community Assessment and Treatment Services, MetroHealth Hospital, Moore Counseling, The Salvation Army, Stella Maris, Inc.)
4. OhioMHAS, Criminal Justice and Behavioral Linkage Grant - \$83,333.00 (Contractor: Recovery Resources, Inc.)
5. **Cuyahoga County Corrections Planning Board - Early Intervention and IOP and Aftercare Dual Diagnosed Programming - \$219,000.00 (Contractor: Catholic Charities Services)
6. **Cuyahoga County Corrections Planning Board – Treatment Services for Jail Reduction/Diversion - \$348,690.00 (Contractor: Community Assessment and Treatment Services, Inc.)
7. Amendment to Resolutions 17-06-03, Cuyahoga County Corrections Planning Board - Mentally Ill Developmental Disorder - \$86,000.00 Increase (Recovery Resources, Inc.)

b. Service Provider Agreements: Allocation of Funds

1. Opportunities for Ohioans with Disabilities Agency – FFY18 Case Service Contract
 - Jewish Family Services Association - \$337,930.36;
 - Recovery Resources, Inc. - \$374,181.85

2. U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration – Assisted Outpatient Treatment Grant
 - FrontLine Service, Inc. - \$599,169.00
 - Case Western Reserve University - \$200,000.00
3. OhioMHAS Addiction Treatment Program - \$457,629.91 of Pooled Funding
 - Catholic Charities Services
 - Community Assessment and Treatment Services
 - MetroHealth Hospital
 - Moore Counseling
 - The Salvation Army
 - Stella Maris, Inc.
4. OhioMHAS, Criminal Justice and Behavioral Linkage Grant
 - Recovery Resources, Inc. - \$83,333.00
5. **Cuyahoga County Corrections Planning Board - Early Intervention and IOP and Aftercare Dual Diagnosed Programming
 - Catholic Charities Services - \$219,000.00
6. **Cuyahoga County Corrections Planning Board – Treatment Services for Jail Reduction/Diversion –
 - Community Assessment and Treatment Services, Inc. - \$348,690.00
7. AOD Peer Recovery Support Initiatives
 - Ascent - \$144,500.00
 - I'm in Transition - \$88,920.00
 - Woodrow Project - \$39,000.00

Amendments:

1. *Amendment to Resolutions 17-06-03, Cuyahoga County Corrections Planning Board - Mentally Ill Developmental Disorder Contract
 - Recovery Resources, Inc. - \$172,000.00 Increase
2. Amendment to Resolution 16-10-04, Coordinating Care for Perinatal Depression
 - Cleveland Regional Perinatal Network - \$0 Increase (Time Extension Only)
3. Amendment to Resolution 17-01-05 – Pharmacological Management Services for OhioMHAS Licensed Residential Care Facilities
 - The Visiting Nurse Association, dba VNA Careplus - \$60,000.00 Increase

c. Operational Agreements:

1. Ratification of OACBHA Recovery Conference: September 11 & 12, 2017
2. Mental Health Advocacy Coalition (MHAC) Public Officials Reception, Friday, October 6, 2017

Motion to recommend approval of Interagency, Service Provider, and Operational Agreements to the full Board.

MOTION: R. Fowler / SECOND: H. Snider / AYES: E. Caraballo, R. Fowler, P. Jones, K. Kern-Pilch, S. Killpack, E. Kirkland, H. Snider, M. Step / NAYS: None / ABSTAIN: None / **Motion passed.**

11. IDENTIFY CONSENT AGENDA

Rev. Gohlstin and committee members agreed to include the following elements into the Consent Agenda: (1) Proposed Amendment to the CY2017 Budget (2) Finance Reports & Vouchers, and (3) Contracts.

OLD/NEW BUSINESS - None

There being no audience comment or further business, the meeting adjourned at 5:15 p.m.

Submitted by: *Carol Krajewski, Executive Specialist*

Approved by: *J. Robert Fowler, Ph.D., Planning & Oversight Committee Chair*
Rev. Benjamin F. Gohlstin, Sr., Finance & Operations Committee Chair