The Cuyahoga County Community Mental Health Board does not discriminate on the basis of race, color, religion, sex, national origin, ancestry, age, handicap, political affiliation and sexual orientation in its contracts, programs, activities, or employment.
Cuyahoga County Community Mental Health Board
FY 2001* Financials

State Funds $41,041,847**
Title XIX Funds $28,120,579
County/Other Local $19,446,519
Federal Funds $3,342,813

TOTAL BOARD REVENUE $91,951,758

Board Operating Budget $5,210,812***
(Including Board Services to Agencies.)

Disbursements to Provider Agencies $85,508,891

TOTAL BOARD EXPENDITURES $90,719,703

** Includes State of Ohio Hold Harmless Amount.
*** Includes board services to agencies and designated agency expenses under Ohio Substitute State Senate Bill 156.

Please Note: The above figures represent the financial activities of the Cuyahoga County Community Mental Health Board.

Message from the Acting CEO:
Valeria A. Harper-Bledsoe

Recovery: Partnership, Trust and Hope – the theme of this annual report – not only reflects the accomplishments of Fiscal Year 2001, but also illustrates the direction of the Cuyahoga County Community Mental Health Board (CCCMHB).

The foundation of the recovery that we embrace is built by the hard work and dedication of the CCCMHB staff and Governors. I deeply appreciate all of their efforts.

The CCCMHB is on the road to recovery as we look forward to new leadership, expanded partnerships and increased advocacy to meet the growing mental health needs of thousands of families.

The Board approved two major steps to integrate mental health services in the community – a children’s services plan developed in partnership with the community, and an agreement with the Alcohol and Drug Addiction Services Board of Cuyahoga County to serve people with both mental illness and alcohol and substance abuse disorders. In addition, CCCMHB continued to provide mental health services to adults and children through partnerships with Cuyahoga Work and Training, the Cleveland Municipal School District’s Project Synergy, the Department of Children and Family Services and the Ohio Department of Youth Services.

We are shaping our recovery by establishing an atmosphere of trust and cooperation among the many stakeholders in our mental health system – consumers, family members, contract agencies, staff, Governors, Cuyahoga County Commissioners, Ohio Department of Mental Health, schools, elected officials, health and human service agencies, the justice system, and the public. Our challenge is to continue to integrate mental health services into the community to meet growing demand as funding declines.

In Fiscal Year 2001, we embarked upon an initiative that offers hope for the future of community mental health services. The Board of Governors adopted the guiding principles in support of the vision statement for the Recovery Project. This project is creating a partnership among consumers, providers and the community to promote dignity, respect and excellent care.

We look forward to continuing to work with our community partners to ensure that Recovery: Partnership, Trust and Hope flourish.
Recovery

Partnership

CCCMHB Staff:

Valeria A. Harper-Bledsoe, Acting Chief Executive Officer
Loyall Abdul-Majid • Maryam Akram • Lois Anderson • Paulette Baglyos • Carole Ballard • Ada Cancel • John Coleman • Tyshon Coleman • Curtis Couch • David Currie • Sherry Deng • Michael Doud • Linda Duncan • Hayne Dyches • Cathy Eggleston • Craig Fallon • Tami Fischer • Cheryl Fratalonie • Karen Frena • Ben Gore • Myra Henderson • Pat Ilavsky • Judy Jackson-Winston • Jeff Johnsen • Harriett Jones • Mark Jones • Carol Krajewski • June Krupinski • William Kunchik • Linda Lamp • Terry Lester • Kathleen LoPresti • Michael Marcellino • Medeanah Miles • Delores Mitchell • Mary Beth Moore • Jack Muzzio • Michelle Myers • Esmat Nasr • DeAnne NiBlack • Richard Njoku • Terri Oldham • Scott Osiecki • Margaret Perpar • Ralph Piatak • Dale Russell • Laura Simmons • Starlette Sizemore • Michael Sosnick • Brian Strowder • Maggie Tolbert • Lori Vitello • David Wesner • Shonye Williams • Victoria Winbush • Leshia Yarbrough-Franklin

Adults Served in FY 2001: 16,204*
Children Served in FY 2001: 9,585*
Total Served: 25,789*

*These numbers are based on paid claims through MACSIS, therefore do not include consumers served for whom claims were not or have not been submitted.

FY 2001
A ccomplishments:

- Ohio’s mental health community rallied together and overcame a proposed reduction of state funding for the Ohio Department of Mental Health (ODMH). The Cuyahoga County Community Mental Health Board (CCCMHB) joined forces with the Coalition for Healthy Communities, and along with NAMI-Cuyahoga County, coordinated the participation of 100 consumers, family members and advocates in a rally of more than 2,000 people at the Statehouse on March 15, 2001. This event, along with a letter writing campaign to our legislature, resulted in mental health being ranked as the state’s top priority for the first time in Ohio’s history. Not only was ODMH spared from budget reductions, but $23 million was added to its budget to avert multiple state psychiatric hospital closings.

- To expand advocacy for mental health issues, CCCMHB launched a legislative tracking system to monitor state and federal legislation. CCCMHB also issued Legislative Updates and Action Alerts by e-mail and fax to mobilize stakeholders in contacting elected officials to gain support of mental health issues.

- CCCMHB made considerable progress in establishing the Recovery Model as the guiding principle for the delivery of mental health services in the system. In June 2001, the Board of Governors adopted the Recovery Vision Statement and Guiding Principles. To expand the awareness of recovery in the community, the Recovery Community Advisory Committee was created.

- In March 2001, five contract agencies were selected for the pilot implementation of the Recovery Project. In addition, CCCMHB developed A Guide to Quality Indicators of a Recovery-Oriented Program/Agency, a self-assessment tool used by the pilot agencies.

- With the aid of an $8,000 ODMH grant, CCCMHB took another significant step in establishing the Recovery Model. A committee of consumer representatives was convened to work with CCCMHB to create a recovery-focused consumer handbook, The Tools for Recovery: Navigating for Self-Empowerment.

- In a collaborative effort with major child-serving systems, children’s mental health agencies, consumers and family members, CCCMHB developed A Plan...
Our Mission

The mission of the Cuyahoga County Community Mental Health Board is to develop a system that enables persons experiencing mental illnesses and children with emotional disturbances to access quality services and programs that assist them, in a culturally competent manner tailored to each individual, to better control their illness, to achieve their personal goals, and to develop skills and supports leading to their living the most constructive and satisfying lives possible in the least restrictive setting available.

Board of Governors

Michael J. Thomas, Chair
Mieko Kotake Smith, Ph.D., First Vice Chair
John Bazyk, Second Vice Chair
Irene Brudno
Kevin Burtzlaff, Esq.
Bonita W. Caplan
Al Kay
L. Douglas Lenkoski, M.D.
Christopher J. McNally
Ella Patterson
Joan Schmetzer
William N. Sheehan
Jesse N. Waller

FY 2001 Former Governors

Susan Adams
Norma Cofresi, Ph.D.
Dwight Hollins
Susan Jones, Ph.D., R.N.
David Muzina, M.D.

to Enhance Mental Health Services to Children, Adolescents and Families in Cuyahoga County. The Board of Governors adopted the plan in June 2001. A steering committee of child-serving systems will oversee implementation of the plan.

- In July 2000, CCCMHB received $405,000 from the Cleveland Municipal School District to provide mental health services through six contract agencies as part of the district’s Project Synergy. Project Synergy aims to increase students’ success in school by addressing their health, social and emotional development and safety. The project is funded by a federal Safe Schools/Healthy Students Initiative grant.

- CCCMHB received a $30,000 ODMH grant in September 2000 to provide mental health services for the Alternative School Program in the East Cleveland School District.

- In December 2000, CCCMHB received a $666,667 ODMH grant to continue the Juvenile Offenders Project to provide mental health services in the effort to divert youth from commitment to the Ohio Department of Youth Services.

- ODMH supported the Early Childhood Mental Health Initiative developed by the CCCMHB in partnership with the Help Me Grow Collaborative, United Way Services, The Cleveland Foundation, and the Schubert Center for Child Development at Case Western Reserve University. In January 2001, CCCMHB received a $50,000 grant to provide mental health training, consultation and direct services to meet the social, emotional and behavioral health care needs of children from birth to age six. In May 2001, the CCCMHB received a $7,000 grant to provide training in the use of the Diagnostic Classification: 0-3 Assessment and Classification tool for very young children as part of the Early Childhood Mental Health Initiative.

- CCCMHB bridged language barriers to expand childhood depression awareness to the Spanish and Russian speaking families by translating the Red Flags booklet into Spanish and Russian.

- A milestone agreement was reached between the CCCMHB and the Alcohol and Drug Addiction Services Board of Cuyahoga County to integrate the two systems to enhance the treatment and
FY 2001 Accomplishments (Continued):

- The CCCMHB funded the Career Advantages Program with TANF dollars. The program provided mental health services at the Neighborhood Family Services Centers, that are operated by Cuyahoga Work and Training. During the year, the number of people served by the Career Advantages Program tripled to more than 2,500 people.

- The CCCMHB funded CONNECTIONS Program, served 500 at risk children and their families. CONNECTIONS provides intensive case management for youth with serious emotional disturbances to help them remain at home and avoid more restrictive and costly out-of-home placements.

- Responding to the needs of the Department of Children and Family Services, CCCMHB funded diagnostic assessment services to more than 500 children at risk.

- CCCMHB distributed $375,000 in ODMH grant funds to 23 contract agencies to prepare an outcome measuring system in accordance with the state's outcomes initiative. The grant money was used for hardware, software, consulting and training. CCCMHB also developed the Cuyahoga County Outcomes Initiative Source Book, a companion guide to the ODMH Consumer Outcomes System Procedural Manual.

- More than 1,400 mental health workers, law enforcement officers, clergy, employees of other health and human services agencies and family caregivers participated in 72 mental health training modules offered by the CCCMHB. The modules covered topics such as CSP Core Curriculum, Children Who Witness Violence, Mental Health Recovery, Cultural Competency, Family Caregiving, Law Enforcement, Depression Awareness and Supervision.

FY 2001 Agencies Funded by or through the CCCMHB:

The following agencies and organizations were under contract with the CCCMHB during FY 2001 to provide mental health and related services.

- Achievement Centers for Children
- Applewood Centers, Inc.
- Beech Brook
- Bellefaire Jewish Children's Bureau
- Bellflower Center
- The Benjamin Rose Institute
- Berea Children's Home and Family Services
- Bridgeway, Inc.
- Canton Friendship Center
- Catholic Charities Services Corp.
- Center for Families and Children
- Children's Aid Society
- Cleveland Christian Home
- Community Behavioral Health Center
- Cuyahoga County Court
- Psychiatric Clinic
- Cuyahoga County Community Mental Health Research Institute
- Emerald Development and Economic Network, Inc. (EDEN)
- Epilepsy Foundation of Northeast Ohio
- Far West Center
- Jewish Family Service Association
- Laurelwood Hospital
- Legal Aid Society
- Lutheran Metropolitan Ministry
- Marycrest
- Marymount Hospital Mental Health Center
- Mental Health Services, Inc.
- MetroHealth Systems
- Murtis H. Taylor Multi-Service Center
- NAMI - Cuyahoga County
- NAMI- Metro Cleveland
- North Coast Behavioral Healthcare System
- North East Ohio Health Services
- Ohio Youth Advocate Program
- Positive Education Program
- Psychobiology Clinic
- Recovery Resources
- St. Vincent Charity Hospital
- Psychiatric Emergency Services
- Salvation Army-Harbor Light Program
- Spectrum of Supportive Services
- V. Beacon Agency
- Visiting Nurse Association
- West Side Ecumenical Ministry
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FY 2001 Accomplishments (Continued):

Supportive services for persons who are dually diagnosed with mental illness and substance abuse disorders.

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John Bazyk, Second Vice Chair
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Bonita W. Caplan

Al Kay
L. Douglas Lenkoski, M.D.
Christopher J. McNally
Ella Patterson
Joan Schmetzer
William N. Sheehan
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Recovery

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