Committee Mission Statement: To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices; and to promote the concept that treatment works and people recover.

AGENDA

1. **Call to Order** – Rev. Max M. Rodas, Committee Chair

2. **Committee Member Attendance Roll Call** – Linda Lamp, Executive Assistant

3. **Approval of Minutes** – October 2, 2019 – Rev. Rodas

4. **2019 Faith-Based Outreach Program Report** – Starlette Sizemore-Rice / Thomas Williams

5. **2020 Faith-Based Outreach Program** – Rev. Rodas / Starlette Sizemore-Rice

6. **Faith Community Supportive Services, Inc. – 2nd Chance Program** – (Action Requested) – Starlette Sizemore-Rice

7. **Faith-Based Self Care for Clergy Training, Date to be Determined** – Starlette Sizemore-Rice

8. **Evaluation/Outcome Training** – Starlette Sizemore-Rice

9. **New Business**
   - Next meeting: Wednesday, June 3, 2020
Devereux Student Strengths Assessment (DESSA) Outcomes

Faith-Based programming for children K-12th grade is measured through the Devereux Student Strengths Assessment (DESSA) instrument. The DESSA web-based system is designed to help school and after-school program staff promote the healthy social-emotional development of all children. The DESSA is a thorough assessment of the following social-emotional competencies:

Self-awareness; social-awareness; self-management; relationship skills; goal directed behavior; personal responsibility; decision making skills, and optimistic thinking which translates to a score and categorized as:

1. **Strengths**” showing children doing well
2. **Typical** positive behaviors for children
3. **Need for Instruction** to further develop social and emotional skills

The following charts show a breakdown of various measures collected from DESSA.

**DESSA K-8th Pre/Post Submissions**

Counts of children who completed both preliminary and post assessments in a program.

![Chart showing DESSA K-8th Pre/Post Submissions](image)

The following chart shows changes in the percentage of children who were identified as in need of instruction, typical, or having strengths. Note that from pre to post assessments, the need declined and strengths went up.
DESSA K-8th Individual Agency Outcomes

The following charts show changes between the pre and post assessments separately for each provider. Note that for the two providers who serve children in grade K – 8 that needs went down and strengths went up from pre to post assessment.
The next two charts show some demographics about the K-8 child population.
**DESSA 9-12th Pre/Post Submission**

The next several charts show results for high school age children.

The following chart shows for all high school age children that although not as dramatic as for K-8 children, need went down and strengths went up.
The next three charts show changes between pre and post assessments for three providers. Two of the providers show the pattern noted above with a decline in need and increase in strengths. The third provider doesn’t show this pattern.
Faith-Based Programs Performance Outcomes 2019 Annual Report
Faith-Based Outreach Committee Meeting
April 1, 2020

Naaleh Cleveland
High Risk Mentorship
DESSA 9th to 12th Pre/Post Ratings
N = 75

Coalition for a Better Life
Project Community Empowerment
Holistic Solution for Holistic Problems
DESSA 9th to 12th Pre/Post Ratings
N = 13
The next two charts show the same demographic measures as above for the high school age children.
Devereux Adult Resilience Survey (DARS) Outcomes

The Faith-Based Program for adults will demonstrate resiliency measured as Always (A), Sometimes (S), or Not Yet (N) through the Devereux Adult Resilience Survey (DARS) instrument that promotes self-awareness regarding personal strengths to enhance creativity and the ability to set limits to cope with adversity and stress measured through the following areas:

- Will gain knowledge to develop healthy relationships
- Will learn skills to increase self-worth to enhance internal beliefs & values
- Will learn strategies to develop/enhance self-motivation to increase independence
- Will learn how to self-regulate & control without the use of substances and negative influences.

The chart below shows that across all programs that used DARS, the DARS scores are near the target score.
DARS Individual Agency Outcomes
*No Data Submissions from Life Recovery Ministries. The following is the response from Life Recovery Ministries to the query about the lack of DARS data.

Life Recovery Ministries has determined that space, time and opportunity are not available to provide or perform the DARS evaluation.

Our programs welcome participants from the community who experience "hurts, hang-ups and habits" (mental health & substance use disorders).

These participants are not our clients but rather participants who come seeking a structured support group experience. Performing the DARS was not agreed upon by these attendees. It would push them away. They only expressed a desire to learn to open their hearts after being faced with painful situations and circumstances.

Those who attend Recovery Church are similar although recognizing the support for Recovery, the religious worship environment is also not an appropriate environment.

For these programs, we currently measure outcome by their ongoing involuntary participation and involvement.
Faith-Based Programs Performance Outcomes 2019 Annual Report
Faith-Based Outreach Committee Meeting
April 1, 2020

### Trinity Outreach Ministries
The Faith Program Inner City Youth and Families Cultural Arts Performance
DARS Submissions

- **# Administered DARS 1**: 26
- **# Administered DARS 2**: 26
- **Percentage of Completed DARS**: 100%

### Trinity Outreach Ministries
The Faith Program Inner City Youth and Families Cultural Arts Performance
Performance Outcomes DARS1 to DARS2

- **N=26**
- **Increase in Relationships**: 92%
- **Increase in Internal Beliefs**: 92%
- **Increase in Initiatives**: 85%
- **Increase in Self-Control**: 88%
- **Increase in Overall Score**: 100%

- **Trinity**
- **Target**
Faith-Based Programs Performance Outcomes 2019 Annual Report
Faith-Based Outreach Committee Meeting
April 1, 2020

Inner Healing Ministries
Student Training Outreach Program
DARS Submissions

- # Administered DARS 1: 94
- # Administered DARS 2: 38
- Percentage of Completed DARS: 40%

Inner Healing Ministries
Student Training Outreach Program
Performance Outcomes DARS 1 to DARS 2
N= 38

- Increase in Relationships: 82%
- Increase in Internal Beliefs: 71%
- Increase in Initiatives: 79%
- Increase in Self-Control: 76%
- Increase in Overall Score: 87%

[Bar charts showing performance outcomes]
Ohio Guidestone
Utilizing Spiritual Care as a Bridge to Mental Health Services
Performance Outcomes DARS 1 to DARS 2
N=74

- Increase in Relationships: 26%
- Increase in Internal Beliefs: 30%
- Increase in Initiatives: 39%
- Increase in Self-Control: 35%
- Increase in Overall Score: 50%
Coalition for a Better Life
Project Community Empowerment Holistic Solutions for Holistic Problems

DARS Submission

- # Administered DARS 1: 13
- # Administered DARS 2: 13
- Percentage of Completed DARS: 100%

Performance Outcomes DARS1 to DARS2

- Increase in Relationships: 86%
- Increase in Internal Beliefs: 86%
- Increase in Initiatives: 95%
- Increase in Self-Control: 86%
- Increase in Overall Score: 95%

N=13
Mental Health First Aid Trainings Outcomes

Mental Health First Aid is designed to teach individuals how to spot the signs and symptoms of mental illness and provide help on a first aid basis. Individuals who are participating in a Mental Health First Aid training provided by a Faith-Based Program provider is expected to successfully complete the course evaluation/quiz and score at least 60% based on the following topics:

- Helpful Things to Say
- Myths and Facts- Suicide and Self-Injury
- Suicidal Thoughts and Behaviors
- Panic Attacks
- Traumatic Events
- Auditory Hallucinations
- Psychosis
- Substance Use Disorders
Education and Awareness Outcomes

- NAMI Greater Cleveland / Naaleh Cleveland - Providing mental health education and support within faith-based communities for individuals with mental illness and their families.
- NAMI Cleveland - Providing mental health education and support within faith-based communities for individuals with mental illness and their families.
- Far West Center - Building bridges between the faith community and behavioral health providers.
Counts and Percentage of NAMI Greater Cleveland Quizzes for Year 2019 Participants

Counts and Percentage of Far West Bridges Program Quizzes for Year 2019 Participants
The table below shows for several Faith-Based providers the counts of expected number of clients served in 2019, the actual number of clients served, and the percent of clients served compared to expected to be served. A percentage greater than 100% means the provider exceeded their expectations for number of clients served.

<table>
<thead>
<tr>
<th>Provider</th>
<th># Expected</th>
<th># Served</th>
<th>% of Expectation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coalition</td>
<td>37</td>
<td>58</td>
<td>157%</td>
</tr>
<tr>
<td>Far West Center</td>
<td>73</td>
<td>60</td>
<td>82%</td>
</tr>
<tr>
<td>Inner Healing</td>
<td>75</td>
<td>94</td>
<td>125%</td>
</tr>
<tr>
<td>Life Recovery Ministry</td>
<td>279</td>
<td>103</td>
<td>37%</td>
</tr>
<tr>
<td>NAALEH Cleveland</td>
<td>30</td>
<td>84</td>
<td>280%</td>
</tr>
<tr>
<td>NAMI Greater Cleveland</td>
<td>200</td>
<td>214</td>
<td>107%</td>
</tr>
<tr>
<td>Ohio Guidestone</td>
<td>100</td>
<td>121</td>
<td>121%</td>
</tr>
<tr>
<td>Trinity</td>
<td>150</td>
<td>150</td>
<td>100%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>944</strong></td>
<td><strong>884</strong></td>
<td><strong>94%</strong></td>
</tr>
</tbody>
</table>
INNER HEALING MINISTRIES

S.T.O.P (Student Training Outreach Program) - Serving youth and their families involved in the criminal justice system to decrease risk factors and increase protective factors.

Highlights

- Helped adults between the ages of 20 and 65 refuse the use of Alcohol, Tobacco, and other Drugs or addictive substances.

- Our program consists of the Adverse Childhood Experience curriculum or (ACEs) which helps our clients identify, understand and process various areas of trauma, dysfunction and unhealthy experiences that may have occurred in their childhood or early developmental years.

- We incorporate spirituality as a core value and an integral component of the program. Numerous participants have renewed their commitment to their former religious practices. Many use praying as a source of inspiration and inner strength to fight against the urge to use addictive substances.

- Some of the participants deem the program to be so helpful to their overall personal development that they return to participate on a volunteer basis after completing the 10-week course.

- We also do our best to help our clients who have special needs by providing; bus tickets, job referral, tutoring, court mandated community service, and we serve hot meals to the clients and their children each week.

LIFE RECOVERY MINISTRIES

Community Mental Health Chaplain/Recovery Church - Meeting the spiritual needs of individuals with apparent or diagnosed chronic life-threatening illnesses such as mental health and/or substance use disorders.

Highlights

- Life Recovery Ministries began Incorporating Spirituality as a Component of Treatment in 2019 as the Community Mental Health Chaplain began visiting residential treatment centers during visitation.

- The University Hospitals Otis Moss Jr. Community & Health Center Chapel was offered and sponsored by Olivet Institutional Baptist Church.

- Spiritual Caregiving for Clients with Mental Health and Substance Use Disorders training was provided by ADAMHS Board to professionals.

- Establishing "Recovery Church" a Faith-based resource for recovering people from April 2019 to December 29, 2019. We had 347 total attendees over 37 weeks. We averaged 9.8 (10) per week.
• Open Heart Healthy Mind Support from January to December 14, 2019 we had 266 total attendees over 48 weeks. We averaged 5.54 (6) per week.

**Life Recovery Ministries**

**Mental Health First Aid** - Reduce stigma associated with mental health problems, inform participants about common mental illnesses and teach participants how to respond appropriately.

**Highlights**

• Completed four consecutive years providing quarterly trainings at Olivet Institutional Baptist Church to the faith community.

• Mental Health First Aid (MHFA) - Of the 125 individual participants we anticipated for the year we trained 125 students, of which 89 have successfully completed.

• For the first time we provided successful trainings at two Jewish Synagogues.

• Participants enjoyed the training which they reflected on the many evaluations we received for instructing.

**Life Recovery Ministries**

**Open Heart Healthy Mind Mental Health Support Group** - Provide spiritual support to assist those affected by mental health and substance use disorders.

**Highlights**

• Participants returning.
• Participants returning beyond their 7-week cycle.
• Participants referring and/or bringing people they believe will benefit.
• Total Support Group attendance went from 83 in 2018 to 266 in 2019.
• Of the 30 participants anticipated, 30 persons were served.

**Life Recovery Ministries**

**Spiritual Recovery Wellness Program** - Spiritual Recovery & Wellness Program - To provide information which raises awareness of the impact that substance abuse has on spirituality, values and spiritual development while enhancing spiritual well-being.

**Highlights**

• The first week at Haven we had roughly 30 men of which 15 said they were interested in meeting with the Chaplain.
• The first week at Haven we had roughly 30 women of which 14 said they were interested in meeting with the Chaplain.

**NAMI Greater Cleveland Outcomes**

**Mental Health Awareness, Support and Education** - provide mental health education and support within faith-based communities for individuals with mental illness and their families.

**Highlights**
• We partnered with NAALEH, a non-profit organization focused on strengthening the emotional and well-being of the Cleveland Jewish community.

• The partnership with NAALEH focused on bringing culturally sensitive psychoeducation to NAALEH’s participants, who have reported that their unique spiritual needs and cultural traditions have often not been adequately accommodated by the behavioral health system.

• We provided families from the Greater Cleveland Jewish community with a presentation on children’s behavioral health, which took place in the home of a member of the Jewish community to build trust, develop rapport and best meet the cultural and spiritual needs of the community.

• Over 50 members of the Greater Cleveland Jewish community were in attendance. Feedback from participants indicated that the format, setting and content of the presentation were helpful and spiritually/culturally appropriate.

• We were proud to be part of this partnership and we look forward to continuing to work together with NAALEH in 2020.

OhioGuidestone
Utilizing Spiritual Care as a Bridge to Mental Health Services - Incorporating a spiritual care component directly into our Workforce 360 program.

Highlights

• We exceeded the number of participants we had hoped to serve.
• There was at least a 43% overall increase in client scores.
• Fifteen percent of our clients were connected to MH services.
• As a result of more streamlined service integration, the chaplain began creating a manual of trainings, specific to resiliency and the 3 dimensions of spirituality (self, others, higher power/purpose) from which professional coaches my chose based on the specific cohort dynamics.
• The DARS has created an opportunity for more vulnerability and transparency in client engagement and is positively impacting the barriers of stigma and reluctance to discuss mental health challenges.

Trinity Outreach Ministries – Another Chance of Ohio
The FAITH Program Inner City Youth and Families Cultural Arts Performance – After school and weekend prevention program that will provide a holistic culturally sensitive faith-based approach to early intervention.

Highlights

• At least 95% of youth demonstrated improvement in Socio Emotional Learning.
• Youth expressed and demonstrated an improvement in self-esteem, music skills, and self confidence
• At least 85% of adults made decisions to be clean and sober and improved in their relationships, internal beliefs and self-control.
• Youth expressed and demonstrated commitments to be clean and sober and the ability to say NO to drugs.
• We produced a documentary of the 2019 Providers: Does Faith Work

Coalition for a Better Life/Peace in the Hood
Project Community Empowerment Holistic Solutions for Holistic Problems – Saturday/Summer Program - Youth and high-risk youth that have had contact with the juvenile justice center and their families.

Highlights

- Additional classes were added to our schedule in order to service more youth in the community (Mt. Pleasant Library).
- Youth from the Library participated in a group painting (36 x 24) that will be displayed in the Library. In addition, 6 small selected paintings (by the youth and parents) will be hung next to the large painting.
- Additional classes were added to the E. 131 Street Library in order to service more youth in the community.
- Renee Evans, Master Crafter has come onboard to facilitate additional crafts activities to take home.
- Renee Evans had custom Cleveland Signs for the youth and adults to paint.

Far West Center
Bridges Program Linking Faith and Mental Health Communities - Building bridges between the faith community and behavioral health providers.

Highlights

- Collaborated and participated in the 7/21/19 public forum Pathways Out of Darkness presentation/panel discussion At ST. Ladislas Roman Catholic Church in Westlake Ohio. With nearly 150 in attendance.
- Completion of three Mental Health First Aid trainings that included Clergy, church staff and laity.
- Bridges 4-part training series completed in September and October.
- The relationships were built with churches and community members.
- The Boards support and encouragement to address spirituality when helping others manage their mental health and wellness. This ability is a major highlight.

Naaleh Cleveland
High-Risk Teen Mentorship Program - Provides a healthy and dependable role model to a struggling teenager. Naaleh is an organization that provides referrals to mental health professionals, support groups, and education for the greater Jewish community.

Highlights

- Aaron has been part of Naaleh’s mentorship program for the last 18 months. He comes to our programing regularly, and although he would often admit that his lifestyle was dangerous and not leading him down a good path, he wasn’t ready to make any changes. Aaron recently approached a mentor at our program and asked for help with a referral to a mental health professional. He feels that with our support, he would like to let go of his destructive behaviors and start a new way of life. The staff at our referral services is working to match Aaron with a professional that will meet his needs as well as insurance situation.

- Coming from a very dysfunctional family background, MD had a severe addiction problem, and used a myriad of drugs. He has a police record and was frequently in and out of psych wards. With the support and guidance of Naaleh’s mentorship program, MD started an IOP and met with great success. He has been completely clean of all drugs or alcohol for over 6 months. Over the last few weeks, MD has been joining Naaleh’s programming at ‘The Living Room’. In this supervised setting, MD has been offering other ‘high-risk’ teens peer to peer support and educating younger boys as to the dangers of their behaviors.
• At 18 years old, YL has failed his way through high school and was essentially just wasting away his life. A mentor at Naaleh’s High Risk Teen program showed YL constant support, letting him know that he would stand by him through thick and thin. Together they explored possible positive character traits and searched for hobby’s that could be turned into skill. YL’s potential was brought to light, and he has just begun a promising internship as a computer programmer at a local Cleveland office, a position that was secured by Naaleh’s staff.

• YF was just a young boy when his father died. Without much parental guidance in his life, when YF became involved in Naaleh’s programming, he was severely addicted to video games and smoking marijuana. Naaleh connected him with mental health professionals that related to his plight and to a psychiatrist who prescribed meds that enabled him to start a new leaf. With the help of his mentor, YF is currently enrolled in Tri-C University in his first semester of college. Our mentors meet with him regularly, to show support and help keep him on track.

• CM is now 18 years old. When he became involved with our mentorship program, he was 17, but he began using heroine at the age of 14. CM has made great strides, particularly in the last six months, as CM began studying for his GEDs with his Naaleh mentor. He is now living at a halfway house and is an apprentice to a real estate agent. This apprenticeship was arranged by our High-Risk Teen Program Coordinator. CM also began working towards-meeting the requirements necessary for acquiring a Real Estate License
FAITH-BASED OUTREACH PROGRAM PROGRESS REPORT

COALITION FOR A BETTER LIFE DBA PEACE IN THE HOOD, INC. - Project Community Empowerment Holistic Solutions for Holistic Problems

Grassroots Saturday/Summer Program - Youth and high-risk youth that have had contact with the Juvenile Justice System and their families serving 75-80 individuals. We take a human centered and spiritual approach in recovery, healing and providing program services.

<table>
<thead>
<tr>
<th>Project Community Empowerment Holistic Solutions for Holistic Problems – Goal 75-80 Individuals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Networking Events</td>
</tr>
<tr>
<td>• We have continued our involvement with the Interfaith group, TeaTime4Peace. Tea-Time seeks to build bridges between diverse faith traditions. We always have a display of our client’s artwork and information on our programs at all Tea-Time programs and events.</td>
</tr>
<tr>
<td>• We met for over 4 months with varying religious groups, non-traditional and traditional committee members for the planning of the 46th Anniversary of the Black History Flag Raising Ceremony at Cleveland City Hall. We invited other faith-based partners from the community.</td>
</tr>
<tr>
<td>• We have reached out to the greater community of all faiths by adding additional programming hours in the Mt. Pleasant Library, E. 131st Street Library and continued service in the Mt. Pleasant NOW Development Corporation Building.</td>
</tr>
<tr>
<td>• We attended The S.T.A.N.C.E. Committee Meeting in January. The S.T.A.N.C.E. committee is a collaboration of law enforcement, prevention and intervention organizations and the faith-based community that meets at the office of the United States District of Northern Ohio.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Program Presentations</th>
</tr>
</thead>
<tbody>
<tr>
<td>• A major protective factor in empowerment of residents is education. We are continuing to provide drug education for our clients.</td>
</tr>
<tr>
<td>• Our certified AOD instructors, one of whom is a former client who came through our program, are providing education and information about drug and alcohol use (3 times during the month of January 2020).</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Activities/Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>• We are promoting “art therapy” in healing primary and secondary trauma. To create art successfully, one must concentrate and focus on the work. This teaches self-control and self-discipline, which are protective factors against illicit drug and alcohol use.</td>
</tr>
</tbody>
</table>

FAR WEST CENTER (FWC) - Bridges Program
Building bridges between the faith community and behavioral health providers – Establishing an ongoing “bridge” relationship with congregations and their ministers serving 93 individuals.

<table>
<thead>
<tr>
<th>Bridges Program – 93 Individuals</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Established Collaborations: Clergy/Congregations/Community</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Faith-Based Organization</strong></td>
<td><strong># of Served</strong></td>
<td><strong>Explain Collaboration</strong></td>
<td><strong>Ongoing Bridge Established?</strong></td>
</tr>
<tr>
<td>St. Ladislas Roman Catholic Church</td>
<td></td>
<td>Continued talk with new parish contact to present Bridges presentations and the 4-part series to their congregation</td>
<td>Yes, A solid working relationship has been established. The church council requested to wait until they have a replacement for Deacon Travis</td>
</tr>
<tr>
<td>Dr. Martin Luther Evangelical Lutheran Church</td>
<td></td>
<td>Successful presentation and the plans for another in 2020.</td>
<td>Yes. The council was open to programming in the summer</td>
</tr>
<tr>
<td>Dover Congregational Church</td>
<td></td>
<td>Provided a very successful Bridges four-part series in January.</td>
<td>Yes. Excellent relationship established with Parish Nurse and Pastor. The four-part series was completed on Sundays in January.</td>
</tr>
<tr>
<td>St Christopher Roman Catholic</td>
<td></td>
<td>Initial conversations with their parish education coordinator</td>
<td>Parish council expressed interest in Mental Health First Aid.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Outreach Efforts</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Faith-Based Organizations</strong></td>
<td><strong># of Efforts</strong></td>
<td><strong>Explain Efforts</strong></td>
<td><strong>Ongoing Bridge Established?</strong></td>
</tr>
<tr>
<td>Cleveland West Conference Northeast Ohio Synod ELCA</td>
<td>2 contacts</td>
<td>Continued contact with the Dean of the West-side Cluster. Program information was disseminated among the membership</td>
<td>Yes. Continued contact with Dean of the West-side Cluster. Calendar of MHFA dates sent for their monthly cluster meetings</td>
</tr>
<tr>
<td>St. Ladislas Roman Catholic Church</td>
<td>3 contacts</td>
<td>Discussed future programming however there has been a transition of church deacon.</td>
<td>Contact reported due to transition of their deacon, we will resume program once they reconfigure</td>
</tr>
<tr>
<td>Dover Congregational Church</td>
<td>2 contacts with their Parish Nurse</td>
<td>Follow-up with Parish Nurse regarding Bridges Program series</td>
<td>Series completed over four consecutive Sundays in January 2020 from 3:00-5:00pm.</td>
</tr>
<tr>
<td>Dr. Martin Luther Lutheran Church</td>
<td></td>
<td>Discussed additional Bridges educational</td>
<td></td>
</tr>
</tbody>
</table>
St. Christopher Roman Catholic Church

4 contacts with clergy and staff and church council
2 phone contacts
opportunities with church council
Program materials provided
Council unanimously agreed to continue mental health programming in 2020
Materials shared with parish planning council interest in MHFA

<table>
<thead>
<tr>
<th>Faith-Based Organizations</th>
<th># of Sessions Completed</th>
<th># Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>Schedule set and Flyers sent out</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Mental Health First Aid

Additional Information:

- New Bridges series was successfully completed at Dover Congregational Church in Westlake, Ohio on four Sunday afternoons in January 2020.
- Attendance was exceptional for this time of year. Follow up in February 2020 was positive with parish nurse. Collaboration began with St. Christopher’s Parish in Rocky River.
- The Parish Planning Committee has shown interest in MHFA. St. Ladislas remains in transition due to change of the church’s personnel but is expected to resume.
- Our MHFA training dates have been set for March 30-31, June 29-30, August 17-18 and October 27-28 and registration has begun, and responses are already coming in.

INNER HEALING MINISTRIES - S.T.O.P (Student Training Outreach Program)

Serving youth, young adults, adults and their families that are involved in the Criminal Justice System. The program is designed to decrease risk factors and increase both internal and external protective factors serving 75 individuals.

- We passed out and mailed numerous STOP brochures.
- Increased drug abstinence, excessive alcohol use and the cessation of criminal behavior through teaching our participants about the negative emotional, psychological and physiological effects of ATOD’s.
- We attempt to deter criminal behavior by encouraging the participants to pursue GED’s job training, college courses, or other education that will prepare them to become gainfully employed.
- We have mailed out our brochures to various other Churches, other denominations, and houses of worship who practice diverse faiths.
- Admitted nine individuals to the program in February.

LIFE RECOVERY MINISTRIES (LRM)

Program 1 - Community Mental Health Chaplain
Meeting the spiritual needs of individuals with apparent or diagnosed chronic life-threatening illnesses such as mental health and/or substance use disorders to enhance spiritual well-being. Targeted population – Adults in detox, residential treatment and diversionary programs, i.e. MH/Drug Court. Also, adults that have experienced an opiate overdose.

<table>
<thead>
<tr>
<th>Organization</th>
<th>Target population</th>
<th>#Served</th>
<th>Service provided:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Olivet Counseling Community</td>
<td>Although our target population is detox, residential treatment and diversionary programs, we appear to be reaching the faith community.</td>
<td>55</td>
<td>Assessment/Spiritual Intervention/Faith-based Recovery Resource Activity</td>
</tr>
<tr>
<td></td>
<td>8 Counseling</td>
<td></td>
<td>11 – Spiritual Intervention/Activity (2/2)</td>
</tr>
<tr>
<td></td>
<td>16 – Spiritual Intervention/Activity (2/9)</td>
<td></td>
<td>10 – Spiritual Intervention/Activity (2/16)</td>
</tr>
<tr>
<td></td>
<td>10 – Spiritual Intervention/Activity (2/23)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Program 2 - Mental Health First Aid – Clergy and Other Lay Leaders

Reducing stigma associated with mental health problems, inform participants about common mental illnesses and teach participants how to respond appropriately.

<table>
<thead>
<tr>
<th>Mental Health First Aid – Clergy and Other Lay Leaders - 8-hour Training</th>
<th>Goal 125 Individuals</th>
</tr>
</thead>
<tbody>
<tr>
<td># Participating</td>
<td>Faith</td>
</tr>
<tr>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>Location</td>
<td>Completed</td>
</tr>
<tr>
<td>N/A</td>
<td>N/A</td>
</tr>
</tbody>
</table>

Additional Information:

Life Recovery Ministries did not conduct any Mental Health First Aid trainings in February 2020. We will conduct our four-week Mental Health First Aid trainings at *Olivet Institutional Baptist Church* in the months of March, May, July, and October 2020 on Tuesdays 6pm to 8pm.

Program 3 – “Open Heart Healthy Minds” Mental Health Support Group: Held at Olivet Institutional Baptist Church

To enhance spiritual well-being and provide spiritual support to assist those affected by mental health and substance use function fully at work, home and in society despite having thought, emotional or behavioral disabilities.

<table>
<thead>
<tr>
<th>“Open Hearts Healthy Minds” Mental Health Support Group</th>
<th>Goal 30 Individuals</th>
</tr>
</thead>
<tbody>
<tr>
<td># Participating</td>
<td>LRM Referral Program or Source</td>
</tr>
<tr>
<td>2/1 = 6</td>
<td>Community</td>
</tr>
<tr>
<td>2/9 = 10</td>
<td></td>
</tr>
<tr>
<td>2/22 = 10</td>
<td></td>
</tr>
<tr>
<td>2/29 = 6</td>
<td></td>
</tr>
</tbody>
</table>

Participants continue to spread the word about group to their family, friends and associates. Advertisements have been spread at Mental Health First Aid trainings, and in our Chemical Dependency First Aid (CDCA) training classes.
NAALEH CLEVELAND – High Risk Mentorship Program

Provides a healthy and dependable role model to a struggling teenager to help them to find themselves during this pivotal and formative time of life.

<table>
<thead>
<tr>
<th>High Risk Mentorship Program – Goal 40 Individuals</th>
</tr>
</thead>
<tbody>
<tr>
<td># of Mentorships</td>
</tr>
<tr>
<td>------------------</td>
</tr>
<tr>
<td>48</td>
</tr>
</tbody>
</table>

- 48 children/adolescents – approx. 12 interactions each
- 10 parents
- Total of 58 Individuals
- Life-skills, self-Esteem building and delayed, offset or arrested the use and abuse of illicit drugs and alcohol.

NAMI GREATER CLEVELAND - Mental Health Awareness, Support and Education

Increase awareness of how mental health conditions affect everyday life and to provide mental health education and support within faith-based communities for individuals with mental illness and their families serving 200 individuals.

Will also work with Naaleh to increase awareness and education in their community and train NAALEH staff to conduct support groups and signature programming in their Orthodox Jewish community.

<table>
<thead>
<tr>
<th>Faith-Based Organizations</th>
<th>Programs Activities – 300 Individuals</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Awareness and Engagement - # Served</td>
</tr>
<tr>
<td>Affinity Baptist: Support Group</td>
<td>0</td>
</tr>
<tr>
<td>Cuyahoga Valley Church</td>
<td>0</td>
</tr>
<tr>
<td>Hispanic Outreach</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Total:</td>
</tr>
</tbody>
</table>

Provider Collaboration
Awareness/Education/Training Activities

<table>
<thead>
<tr>
<th>Increased awareness/education # Served</th>
<th>Trainings - # Served</th>
<th>Discussions</th>
</tr>
</thead>
<tbody>
<tr>
<td>NAALEH Cleveland: monthly gender-specific anxiety &amp; depression support groups</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

Additional Information:
NAALEH-
• NAMI GC continues to offer funding for monthly men and women gender-specific support groups to be based at NAALEH.
• NAALEH has not yet commenced holding monthly gender-specific anxiety/depression support groups. At this point, NAALEH’s social worker is currently on maternity leave; NAMIGC will resume efforts to launch those support groups upon the social worker’s return to work in spring 2020.

NAMI-
• Affinity Baptist: NAMIGC sponsors a monthly support group in collaboration with this congregation; the group cancelled its regular monthly meeting in Feb due to bad weather.
• Cuyahoga Valley Church: NAMIGC sponsors a support group in collaboration with this congregation; the Feb 2020 attendance for this group was 7.
• Sagrada Familia Church: NAMIGC’s new Hispanic Coordinator held a Feb 12 meeting with pastoral life coordinator of Sagrada Familia Church (a Catholic Spanish-speaking congregation) and scheduled a 3/21 meeting to present NAMI’s programs and services to parents of upcoming class of First Communicants, and to present NAMI programs to church group leaders in May.

OHIOGUIDESTONE - Utilizing Spiritual Care as a Bridge to Mental Health Services

Incorporating a spiritual care component directly into our Workforce 360 program – 100 adult clients –Includes teachings on spirituality during the initial phase of the service, in a group setting, as well as offering on-site individualized spiritual care services for participants to access as needed.

| Utilizing Spiritual Care as a Bridge to Mental Health Services – 115 Individuals |
|---------------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| # Enrolled | # Newly accessed MH services | # Received MH services and Spiritual Services | # Only received Spiritual Services | Expanded chaplain engagements |
| 22 | 4 | 4 | 26 | |

Additional Information:
• We had 22 new clients enrolled this month. This group consists of two cohorts. As per usual, we have had some referred for MH Services, but I only include the number above for those who have been assessed. This month, 7 were referred, but so far only one has had an assessment completed.

• Based on year end reflections and knowledge of the content of what our Workforce 360 clients are taught, 100% of them receive training in the categories on our reporting tool. How they process and apply the knowledge they have gained, however, is reflected in the calculations on the Excel Spreadsheet Tool you will receive quarterly.

TRINITY OUTREACH MINISTRIES – ANOTHER CHANCE OF OHIO - The FAITH Program Inner City Youth and Families Cultural Arts Performance
After school and weekend prevention program that will provide a holistic culturally sensitive faith-based approach to early intervention serving 150 youth and families. The aim is to strengthen the protective and resiliency factors in inner city at-risk families that are pertinent to delaying, offsetting or arresting the use and abuse of illicit drugs and alcohol.

<table>
<thead>
<tr>
<th>Activity</th>
<th># Registered</th>
<th># of DARS Completed</th>
<th># of DESSA Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth Show Choir lessons – M W</td>
<td>25</td>
<td>N/A</td>
<td>0</td>
</tr>
<tr>
<td>Positive Blog Lessons –Tue &amp;Thu</td>
<td>12</td>
<td>N/A</td>
<td>0</td>
</tr>
<tr>
<td>Fashion Design - and Sewing T &amp; Th</td>
<td>22</td>
<td>N/A</td>
<td>0</td>
</tr>
<tr>
<td>Adult Choir</td>
<td>20</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Spiritual Character Development Wed &amp;Sunday</td>
<td>35</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Activity</th>
<th># Attended</th>
<th>Explain What the Activity/Service Entailed</th>
<th>Activity Schedule</th>
<th># of DARS Completed</th>
<th># of DESSA Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chanticleer Show Choir</td>
<td>N/A</td>
<td>Not started Yet</td>
<td>M W</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Positive Blogging</td>
<td>N/A</td>
<td>Not Started yet</td>
<td>Tuesday</td>
<td>All done</td>
<td></td>
</tr>
<tr>
<td>Youth Leadership Week Camp/ Motivation</td>
<td>N/A</td>
<td>Not started yet</td>
<td></td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Voice lessons: Children Spiritual Development – M-S</td>
<td>N/A</td>
<td>Not started yet</td>
<td>Not started yet</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

| Total Registered and Served                           | 72           |

**Additional information:**

All the regular programming will start in March. This month was used to:

- Meet with staff and get the website and running with new information.
- Train staff and begin the registration.
- Developed the scheduled and Finalize who would facilitate each class.
- Staff also attending DESSA training in January.
- We made a lot of progress with the registrations and getting families excited about 2020.
COALITION FOR A BETTER LIFE DBA PEACE IN THE HOOD, INC. - Project Community Empowerment Holistic Solutions for Holistic Problems

- At Coalition for a Better Life, we always plan for the unexpected, particularly in winter months where snow can shut down the city. In all our grants, we write in a provision for inclement weather and unforeseen circumstances with video instruction. We are now operating within that mode.

- In keeping with our multi-faceted program, our staff dropped off arts and crafts supplies to 10 homes. Instruction will be by video. To enhance their learning, we require them to do a video of their efforts in painting. We are asking them to write about their feelings during these uncertain times. They may choose to express those feelings in spoken word, poetry or song. The work is sent to us via email or social media. Our program Director is a certified teacher.

- In keeping with our supportive services, our staff is a part of the Cleveland Pandemic Response Social Media Group where members share home schooling resources, online instruction resources, resources for food and essentials as well as virtual videos of everything from museums around the world to ballet classes. We make sure that these resources are getting to our families.

- We are partnering with the Babies and Brunch program of the Northeast Ohio Black Health Coalition, which provides breakfast and lunch to families on the east side who are unable to get to a school to pick up food for their children. The food is delivered to their homes Monday-Friday. Staff are also helping with food distribution at the schools in the Mt. Pleasant area, as well as other food distribution sites. Since most food sites are drive up only, staff have picked up food for some of our families.

- In all our programs, we are stressing the thoughts of Dr. Amy Acton when she said that life is not shutting us down now, it is waking us up. We are believing that we can all come out of this stronger and more united as we pull together.

FAR WEST CENTER (FWC) - Bridges Program

- The Virus has forced us to cancel a MHFA training session next week. The persons signed up have been accommodated at one of the three remaining scheduled later this year.

- Phone contacts with clergy have continued. Most churches have suspended scheduled activities and programming but are interested in pursuing our programming once the crisis is averted and permits future planning to commence. Faith will get us through this trying time.

INNER HEALING MINISTRIES – S.T.O.P (Student Training Outreach Program)

- Due to governmental mandates regarding group size meetings and "stay at home" for non-essential businesses/services.

- The STOP program ceased program operations March 18, 2020 and will remain closed until such time as is permitted by law.
• Due to closures of governmental offices, including courts, the STOP program has not received new service referrals given that our primary participant population are those referred by the criminal justice system.

**LIFE RECOVERY MINISTRIES (LRM)**

• Our **Mental Health First Aid program** was canceled after the first session in March. We will attempt to continue our next scheduled training dates in May.

• Our **Open Heart Healthy Mind** Support group was canceled when Olivet Institutional Baptist Church closed its doors for the month of March. We are hoping and praying to reconvene in April.

• Our **Community Mental Health Chaplain** program still has Recovery Church each Sunday evening, but has moved services to 3558 Lee Road. Counseling services have been canceled.

**NAALEH CLEVELAND – High Risk Mentorship Program**

• Corona has impacted our work at Naaleh in a HUGE way. Our mentors cannot meet with the kids in person. We can't have any activities or use 'The Living Room'. It is sitting empty.

• We have been forced to come up with creative ideas on how to best support our teens and our community.

• Both Nosson and Riki, our teen mentorship coordinators, continue to reach out to their respective kids and check in with them to see what support they need, via phone or via zoom video.

• The teens that lost their jobs because of the of the crisis need extra support now. Nosson is also checking in with them to see if they are keeping up with their therapists via video conference.

• Naaleh has sent out audio presentations from local therapists on how to best manage difficulties during this COVID 19 crisis and we have joined forces with other organizations to offer an anonymous support hotline that is answered by mental health professionals.

**NAMI GREATER CLEVELAND - Mental Health Awareness, Support and Education**

• Multiple congregations have cancelled meetings and phone calls we had planned.

• Congregations are focusing on shifting to “streaming” their services. They’ve also canceled their own meetings and programs, which will make it challenging for us. Usually we utilize those gatherings to deliver education, awareness and discussion programs. We expect that another challenge will be communicating with congregations who’ve closed their administrative offices at this time.

• We’re thinking that as people settle into this “new normal”, perhaps possible paths to providing programs may emerge.

• Our thought is that over the coming weeks, we’ll put our heads together to come up with ideas for creative ways that congregations might engage with us.

**OHIOGUIDESTONE - Utilizing Spiritual Care as a Bridge to Mental Health Services**

• The pandemic has greatly impacted our faith-based services as per our contract. We have been adjusting daily as new information has been shared by Governor DeWine.
• We closed our Workforce building downtown and ALL cohorts have been cancelled. So, there is no opportunity for Mike to have engagements.

• I have encouraged Mike to make phone calls to clients for now, not knowing if they will still be clients by the time the “fog” lifts.

**TRINITY OUTREACH MINISTRIES – ANOTHER CHANCE OF OHIO - The FAITH Program Inner City Youth and Families Cultural Arts Performance**

• Since many of our participates are at home, we are embracing this as an opportunity to share messages of faith, hope and recovery in more creative ways.

• We are thankful to the ADAMHS Board’s leadership and proactive steps in allowing us to reach out to families via phone, tele conference calls, zoom and other telehealth or tele-prevention strategies.

• We have opened a special prayer lines for our Faith program participants and others in the community to call in for prayer, encouragement and support to remain clean and sober.

• We are updating our website to help direct people to the resources and to help facilitate online registration.

• We are conducting our spiritual character development session via tele conference and will teach the dance and voice lesson to families virtually who are not able to leave the home due to the stay at home orders for social distancing.

• We accept the challenge of exploring other creative ways to get us all through this crisis and we are a phone call away for other providers seeking creative ways to serve our families.

• Thanks to Carlisha Bias (Assistant Principal) for designing and making available to families an online schedule for kids to follow at home to help them to continue to grow their academic and social emotional learning skills.
Topic: 2nd Chance Youth Program

Contractual Parties: Faith Community Supportive Services, Inc.

Term: May 1, 2020 – December 31, 2020
       Probationary Period

Funding Source(s): ADAMHS Board

Amount: $20,000 – Cost Reimbursement

Service Description:

- The 2nd Chance Youth Program will provide after-school services/support to high-risk youth (10-17) and their families as an alternative to incarceration in the Juvenile Court – Juvenile Detention Center. The program will also provide services that prevent at-risk youth (10-17) from entering the Juvenile Court System.

- The services/support will include prevention/intervention services, outreach/awareness activities, substance use education, and referrals to support services.

Background Information:

- The ADAMHS Board’s Faith-based Program is making a difference in our communities by reaching thousands of youth, adults, and families through trainings, prevention/intervention services, and outreach/awareness activities in order to build resiliency in our communities.

- Serving many neighborhoods, races, religions, and all levels of income, the Faith Community Supportive Services, Inc. (FCSS) is located inside the Hough Community Multi-Purpose Building and has been providing a variety of services/support to the Hough Community for many years.

- The 2nd Chance Youth Program’s major goals are to (1) provide alternative support services to youth involved in the Juvenile Justice System, (2) demonstrate how faith-based outreach initiatives can reduce delinquency, and (3) reduce youth recidivism.

- The participants are:
Involved in drug violations such as the selling of drugs and/or use of illegal drugs
Court referred high risk youth that have been identified as serious felony offenders
Expelled from school for repeated violations and behavioral problems

• The program will provide the following services:
  - Training and mentoring/tutoring support, personal development, leadership development, outreach support, community service projects, concept art, teen/adult parenting training/support and employment assistance
  - Supportive services and skill develop for grandparents that are taking care of their grandchildren
  - Referrals for specialized services and support

• The referral sources include the Cuyahoga County Juvenile Court, parents, churches, schools, community organizations and other sources with services taking place at the FCSS Center, in the community, schools, home and over the phone.

• The community resource partners are schools, parents, social service agencies, community-based organizations, Political officials, business leaders and volunteers.

**Number of Individuals to be served:** 60-70 individuals

**Funding Use:**
- To provide services/support to include prevention/intervention services, outreach/awareness, and referrals to support services as an alternative to incarceration in the Juvenile Court – Juvenile Detention Center.

**Client & System Impact:**
- Decreased Juvenile Court – Juvenile Detention Center incarcerations
- Linkage to behavioral health/substance use disorder services and faith-based support groups
- Increased knowledge of substance use
- Improve communities

| Metrics | Number of referrals/requests for services  
|         | Number referred to support services  
|         | Number of youths graduated  
|         | Number received substance use education  
|         | Number remained out of the Juvenile Justice System – minimum of 6 months  
|         | Number returned to the Juvenile Justice System  
|         | Number of involved faith-based groups  
|         | Number of outreach services  
|         | Number of client surveys and results  
| Evaluation/Outcome Data | NA  

| Evaluation/Outcome Data | NA  

**Recommendation to Board of Directors from Board Staff and/or from Board Committee(s):**
- To recommend approval of the Board of Directors to execute a contract with Faith Community Supportive Services, Inc. 2nd Chance Program in the amount of $20,000 for the probation period of May 1, 2020 – December 31, 2020.