

Fold out this brochure to find an alphabetical listing of provider agencies and the alcohol and other drug (AOD), mental health (MH) and recovery treatment and support services (as described below) funded by or through the ADAMHS Board of Cuyahoga County:

Assessment is a process of gathering information to evaluate client needs and functioning in order to determine appropriate service/treatment based on identification of the presenting problem, evaluation of mental status, and formulation of a diagnostic impression to determine the need for care, and recommend appropriate services/treatment and/or the need for further assessment.

Case Management activities assist and support clients in gaining access to needed medical, social, educational and other services essential to meeting basic human needs and may include interactions with family members, other individuals or entities.

Counseling (individuals, families or groups) involves interaction in which the focus is on treatment of the person's mental illness, emotional disturbance and/or alcohol and other drug problems and/or addiction and achieving treatment objectives.

Community Psychiatric Supportive Treatment (CPST) is a case management program for children and adults. CPST provides services in the home, community and school. CPST serves as an extra support to outpatient counseling and medication management services.

Crisis Intervention provides immediate response to a crisis or emergency situation experienced by a client, family member and/or significant other to safely de-escalate an individual or situation, determine appropriate treatment services, and coordinate the follow through of those services and referral linkages.

Detox services assist individuals suffering mild to moderate symptoms of withdrawal with 24-hour medical monitoring (sub-acute)

or 24-hour medically-directed assessment and withdrawal management (acute) to promote the recovery of an individual from an addiction.

Drug Screening detects the presence of alcohol and other drugs. Urinalysis includes laboratory testing and/or urine dip screen.

Employment/Vocational Services help promote recovery by providing training and skill development that is goal-oriented, ability-based, and incorporates individual choice in securing/maintaining employment.

Housing includes environments that provide interim support and services for those who are potentially at risk of institutional placement, transitioning from institutional settings, homeless and especially any individual at risk of relapsing with drug or alcohol addiction, including temporary housing and recovery/sobber beds.

Intensive Outpatient Treatment is structured individual and group activities and services that are provided at a certified treatment program site for a minimum of eight hours per week with services provided at least three days per week.

Medication Management is the provision, prescription and supervision of psychotropic medication used to reduce/stabilize/eliminate psychiatric or physical symptoms with the goal of improved functioning, including management and reduction of symptoms. This includes (MAT), treatment for addiction that includes the use of medication such as methadone, suboxone or buprenorphine along with counseling and other support.

Medication Assisted Treatment (MAT), treatment for addiction that includes the use of medication such as methadone, suboxone or buprenorphine along with counseling and other support.

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Other Mental Health Services can include, but is not limited to, residential support, therapeutic and specialized foster care, art therapy, faith-based recovery services, respite services, hoarding treatment, peer services and transportation services; also including Medication Assisted Treatment (MAT) involving Methadone, Suboxone and Vivitrol.

Other AOD (Alcohol and Other Drug Addiction) Recovery Services can include, but is not limited to, programs such as drug-court, training, jail liaison, outreach, re-entry, Project DAWN and faith-based recovery services.

Partial Hospitalization provides intensive outpatient services to address the individualized mental health needs for a minimum of two hours and up to a maximum of seven hours each day at a treatment facility.

Peer Support/Recovery Coach services are a process of giving and receiving support and education from individuals with shared life experiences. Peer Support services are provided by individuals in recovery from mental illness and/or addiction who use their lived experience as a tool to assist others by sharing their personal journeys and knowledge. Individuals engaged in peer services play a vital role in laying the foundation for sustained recovery. Drop-in centers, clubhouse programs and the warmline, run by and for clients, are examples.

Prevention Services aim to reduce the impact of mental illness and addiction in our communities. Prevention services can be implemented regardless of incidence, prevalence, progression or severity of addiction, mental health or emotional disturbance. Alternative Services offered are a form of Prevention.

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Residential Treatment is a 24-hour rehabilitation facility, with constant medical/nursing monitoring, where a planned program of professionally directed evaluation, care and treatment is coordinated based on evidence-based practices for the recovery of an individual living with mental illness and/or alcohol and other drug addictions. Referrals respond to inquiries, usually by telephone, to obtain mental health and/or addiction treatment and recovery services that are either provided by that agency or by another community organization. Information focuses on building awareness and knowledge of the nature and extent of mental illness, emotional disturbance and/or alcohol and other drug use, the individualized mental health needs of individuals and their effects. This also includes providing information about prevention, treatment and/or recovery support services, programs and resources.

Connecting with a case manager at a provider agency can enhance the overall treatment for individuals living with mental illness and/or addiction by providing information about medical, social, educational and other services to assist in obtaining and maintaining recovery.

Definitions adapted from the Ohio Administrative Code and The Ohio Department of Mental Health and Addiction Services (OhioMHAS).

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Eugenia Kirkland, LSW, MSSA, CDCA Board Chair
Scott S. Osiecki Chief Executive Officer

Improving lives through wellness, recovery and independence



Eugenia Kirkland, LSW, MSSA, CDCA Board Chair
Scott S. Osiecki Acting Chief Executive Officer

The Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County (ADAMHS Board) is responsible and accountable for the planning, funding and monitoring of public mental health and addiction prevention, treatment and recovery services delivered to the residents of Cuyahoga County.

The ADAMHS Board of Cuyahoga County does not discriminate on the basis of race, color, religion, sex, national origin, ancestry, age, handicap, political affiliation and sexual orientation in its contracts, programs, activities or employment.

For more information, please visit www.adamhsc.org.

24-Hour Suicide Prevention, Mental Health & Addiction Crisis/Information/Referral Hotline for Adults & Children 216-623-6888
24-hour Crisis Text "4HELP"..... 741741
Crisis Chat adamhsc.org

Peer Support Warmline (9:00 a.m. to 1:00 a.m.) 440-886-5950
United Way's First Call for Help..... 2-1-1

About the artwork: *Four You* by Joan W.
Joan W. lived with schizophrenia and received services at Connections: Health, Wellness, Advocacy. She created this piece at Future Directions where she enjoyed group activities. Over the many years, she created not only original paintings, but also crafted handmade cards, decorated geometric puzzles and designed curio boxes. It was Joan's influence and inspiration that encouraged other members to put acrylic, oil, and watercolor on paper and canvas. Joan passed in 2016.

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