### Positive Education Program (PEP)

- Positive Education Program (PEP) Connections is a cooperative effort between PEP and the child serving systems designed to provide intensive mental health Community Psychiatric Supportive Treatment (CPST) utilizing the wraparound and trauma-informed care models. The ADAMHS Board funding supports the following initiatives:
  - Intensive Community Based Services
  - System Integration
  - Child Wrap
  - Early Childhood Mental Health (ECMH)/Intensive Parenting Support (IPS)

- PEP Connections serves children and adolescents three to 17 years of age who have a Serious Emotional Disturbance (SED), multiple behavioral problems resulting from their mental health issues, involved with several “systems” or at risk for deeper system involvement, and are at risk of out-of-home placement based on these issues.

- As part of their System Integration contract with the ADAMHS Board, PEP has maintained the responsibility of authorizing as well as providing oversight and management of Child Wrap funds that are used to divert and reduce residential placement length of stay. Additionally, Wrap funds are utilized to divert and/or eliminate children, youth, and adolescents from deeper system involvement from neighboring child serving entities.

- Thus far in CY17, PEP Connections plans to serve more than 800 clients and their families/caregivers.

- PEP’s has been a longstanding partner within Cuyahoga County’s early childhood system. PEP has a unique role within the ECMH continuum of services, as they provide early intervention services through their Intensive Parenting Support (IPS) Model as well as providing consultation services.

- Consultation services are delivered as a family driven, strength-based community service to aid parents and caregivers with early intervention support to divert and avoid deeper penetration into the behavioral health system.

- PEP’s IPS program is an early intervention service delivered as an extension of consultation services which includes the evidence based curriculum, Conscious Discipline. The curriculum is “a comprehensive, self-regulation program that integrates social emotional learning and discipline starting with empowering adults first to teach their children emotional intelligence skills.” The curriculum is delivered in 12 sessions.
**Positive Education Program (PEP)**

- PEP is the only agency within the ECMH network of providers that delivers consultant services only.

- In CY16, PEP served approximately 155 children in the ECMH program through ADAMHS Board funding for children birth to six (6) years of age.

- Thus far in CY17, PEP has served 184 children through the ECMH Program.
**RECOVERY RESOURCES**

**Recovery Resources**

- Recovery Resources is a comprehensive Outpatient Behavioral Health Organization which provides services to children, adolescents and adults using evidence based practice and client centered strategies. ADAMHS Board funding supports the following initiatives:
  - Mental Health Treatment Services
  - Substance Use Disorder (SUD) Treatment Services
  - Employment/Vocational Services
  - Behavioral Health Prevention Services
  - Peer Recovery Services
  - Criminal Justice Services
  - Jail Liaison

- The Employment/Vocational Services at Recovery Resources represents an employment continuum that affords opportunities to obtain a job in traditional and/or within the agency’s Social Enterprises.

- Recovery Resources provides Behavioral Health Prevention Services throughout the lifespan to prevent substance use/abuse and illicit drug use. The agency serves individuals through a comprehensive blend of educational and alternative prevention programs.

- Recovery Resources prevention department continues to offer specialized training in anger management, tobacco cessation, parenting skills, and general alcohol, tobacco and other drug information.

- In CY16, the agency served 3,018 individuals in the Behavioral Health prevention programs.

- For CY17, the agency projected serving 1,575 individuals across all programming for the year. The actual number served is 2,241.

- Recovery Resources also provides an array of subsidized housing units throughout the County, which includes nine (9) beds which are designated as Recovery Housing units.

- Recovery Resources expects to house 82 individuals during CY17.

- Thus far in CY17, RR placed 111 individuals in competitive employment by the third quarter and expects to place an additional 64 individuals by the end of the year.

- Recovery Resources plans to expand their Peer Support to include an SUD Peer Support part-time staff person to assist with facilitating groups for clients awaiting...
### Recovery Resources

<table>
<thead>
<tr>
<th>treatment for detox or SUD residential. The program is projected to begin in January of 2018. Protocols are under development for program implementation.</th>
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<tbody>
<tr>
<td>• Recovery Resources is one of a few agencies that provides a variety of program/services for individuals involved in the criminal justice system.</td>
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<tr>
<td>• In CY17, Recovery Resources expect to serve a total of 1,590 individuals across the entire group of re-entry programs.</td>
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<tr>
<td>• To date, Recovery Resources has served 1,200 individuals across the entire group of re-entry program.</td>
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</tbody>
</table>
Salvation Army Harbor Light Complex

- Salvation Army Harbor Light Complex is a multi-functional social services facility and spiritual support center providing a wide-range of services to those in the most need including detox, Intensive Outpatient (IOP) Treatment Programs, emergency shelter for families’ community correction and including transitional housing for homeless men. In addition, SAHL provides Alcohol and Other Drugs (AOD) Sub-Acute Detoxification and IOP Treatment Programs for men and women. ADAMHS Board funding supports the following initiatives:
  - Substance Use Disorder (SUD) Treatment Services
  - Residential Detox

- In CY16, the agency served 500 clients in its sub-acute detoxification program and 120 clients in its IOP program. The expectation for CY17 is for similar client outcomes.

- The agency participates in the Pilot AOD Residential Pre-Authorization Project.

- If after completion of detoxification the client is clinically determined to require alcohol and drug addiction non-medical community residential treatment, the agency retains the client until a bed is available.

- The agency provides transportation for clients to the non-medical community residential treatment to ensure the client starts the next level of care towards recovery.
### Scarborough House

- Scarborough House is a recovery house that has capacity for eight (8) women and accepts drug and alcohol addicted women over the age of 18, who are chemically dependent but have already embarked upon a sober lifestyle through treatment. ADAMHS Board funding supports the following initiative:

  - **Recovery Housing**

- The on-site supports include peer support, employment and access to educational programs.
- Residents are required to attend one Alcoholics Anonymous (AA) group daily.
- Thus far in CY17, Scarborough House served 50 women.
- The agency’s Recovery Residences meet the standards for the National Association of Recovery Residences (NARR) and Ohio Recovery Housing (ORH) as Level 2 Recovery residences. The average length of stay is 180 days.
**Shaker Heights Youth Center (SHYC)**

- The Shaker Heights Youth Center (SHYC) is a community-based social service agency that provides prevention and wellness services to Shaker Heights Residents and their families. By utilizing a variety of strategies and resources, including collaborative projects with other community agencies, the center seeks to inspire youth to lead a productive, drug-free life. ADAMHS Board funding supports the following initiative:

  - **Behavioral Health Prevention Services**

- SHYC provides Behavioral Health Prevention Services to students in grades K-12 in the Shaker Heights City School System (Shaker Schools) through the Intensive School-day Prevention Program (IPP) and the Academic Success Aid Program (ASAP), Positive Engagement Encouraging Resiliency (PEERS) and the Girls Summer Leadership Camp programs.

- IPP served youth suspended from Shaker Schools by providing services as a typical school day until the end of the suspension period for both, K-6 grades and High School and Middle School (HS/MS).

- ASAP served youth expelled from Shaker Schools for the entire school day up to five (5) days per week and provides prevention educational services to include computer-based academic education in the morning and the Like Skills curriculum two (2) days per week in the afternoon.

- SHYC worked with the Shaker Heights Schools, the Public Library and the city of Shaker Heights.

- In school year 2016/17, SHYC served 223 youth.
**St. Vincent Charity Medical Center**

- St. Vincent (St. V’s) Charity Medical Center’s Rosary Hall offers a continuum of care, capable seamlessly transitioning patients through a process of in-patient medical withdrawal/detoxification to outpatient rehabilitation and into community-based support networks. The ADAMHS Board funding supports the following initiatives:
  - **Suboxone Program**
  - **Substance Use Disorder (SUD) Treatment Services**
  - **Psychiatric Emergency Department**

- For CY17, 173 individuals received detoxification services at Rosary Hall, 73 were served in the Intensive Outpatient (IOP) Treatment Program, while three (3) patients were admitted into Outpatient Services.

- In CY17, St. Vincent reports 11 referrals to its Suboxone program year-to-date.

- St. Vincent Charity Medical Center’s Psychiatric Emergency Room (PER) provides assessments, observations, treatment and referrals for individuals experiencing a mental health and/or alcohol and other drug crisis.

- The provider estimates that by the end of CY17 they will have served more than 4,048 people which includes individuals with Medicaid coverage.

- Access to their 23-hour observation bed allows for continued assessments and observation that has resulted in diverting the client from going to jail or an inpatient psychiatric unit.

- St. V’s is an ongoing participant with Crisis Intervention Team (CIT) training with law enforcement officers. The agency provides officers with an overview of the PER in order to increase understanding and awareness about what services are provided and the use of the 23-hour observation bed.
Stella Maris, Inc.

- Stella Maris, Inc., Subacute Detoxification (Detox) Unit provides detox, assessment, counseling and case management services to adult chemically dependent men and women, 24 hours a day, seven days a week. Sub-Acute Detoxification (Detox), and Alcohol and Other Drugs (AOD), Intensive Outpatient (IOP) Treatment Program which is staffed by nurses 24-hours per day and serves as the fiscal agent for Sober Housing resources. The ADAMHS Board funding supports the following initiatives:
  - Detox
  - Sober Housing

- For CY16, Stella Maris’ Sub-Acute Detox provided up to five (5) days of services and supports for men and women. This program served 325 clients with a total of 1,625 bed days. For CY17, Stella Maris is on target to meet the same service numbers.

- The agency’s IOP treatment services encompass three-hour group therapy meetings four (4) time per week, and individual counseling sessions by using evidence based practice curriculum. Groups cover a broad range of topics related to recovery.

- In CY16, Stella Maris provided a total of 1,461 units of services to 46 clients which will include a gender specific women’s group. The average length of stay is 90 days.

- The goal of Stella Maris is to coordinate and provide subsidy, as the fiscal agent, to serve individuals in need of sober living environments, which will ensure continuity of care beyond traditional treatment.
Trinity Outreach Ministries (TOM) Another Chance of Ohio

- Trinity Outreach Ministries (TOM) Another Chance of Ohio is one of the five contract providers that participates in the ADAMHS Board’s Faith-Based Outreach Initiative Program. TOM utilizes a faith-based program that provides a multi-faceted and holistic faith-based approach to early intervention and prevention services for children and families.

- TOM’s goal is to increase protective factors of youth, young adults and their families, as their belief supports that spirituality is an integral part of the recovery process. This fully supports the mission of the ADAMHS Board’s Faith-Based Outreach Initiative Program. The ADAMHS Board’s funding supports the following initiative:

  **Faith Based Prevention Programming**

- Realizing that spirituality plays an important role in the recovery process the Board approved the Faith-Based Outreach Initiative Program. TOM began as a 14-month pilot program from October 2015 to December 2016. The ADAMHS Board of Directors approved its continuance funding for 2017.

- The program’s mission is to:
  - Integrate faith into treatment and intervention/prevention services.
  - Provide alcohol and other drug intervention/prevention services to youth and their families.
  - Increase the awareness and understanding of mental health/addiction in the faith community.

- TOM’s Program Highlights for funding continuance:
  - The Faith Program information was shared in the community highlighting the program and its importance for families and individuals to choose to be clean and sober.
  - The program’s focus was toward "Making Families Strong Again" and making commitments to “kid-friendly,” sobriety and faith-based atmospheres.
  - Supporting youth focused discussions about the rising number of fatalities from the Opioid crises that promote abstinence from illicit drug use.
<table>
<thead>
<tr>
<th><strong>Trinity Outreach Ministries (TOM) Another Chance of Ohio</strong></th>
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<tr>
<td>o “The Art Class” murals completed for the church, with one mural presented as framed art to the ADAMHS Board of Directors, illustrated utilization of the funding.</td>
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<tr>
<td>o Expressed gratitude for the church’s efforts to promote a friendly faith-based community-based program as a relief from challenges in the neighborhood through alternative activities, such as boxing, that was well received in the Glenville area.</td>
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<tr>
<td>o Events that included the FAITH Program Cheerleaders for promotion of the “JUST SAY NO Cheers” to assist in the community to promote a clean and sober lifestyle.</td>
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<tr>
<td>o TV taping with <em>Brenda and Friends</em> to promote the FAITH program through the ADAMHS Board.</td>
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<tr>
<td>• As of September 2017, TOM enrolled 155 children and families.</td>
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United Way of Greater Cleveland’s First Call for Help

- United Way of Greater Cleveland’s First Call for Help 2-1-1 connects individuals challenged by personal, health and economic struggles to social, health and government resources 24 hours a day, every day of the year. The ADAMHS Board funding supports the following initiative:

  - **First Call for Help - Information and Referral Services**

- By dialing “2-1-1” individuals receive free, professional and confidential information and service navigation to help them understand their options, resolve problems and improve their lives.

- United Way 2-1-1 reports that the current trends of client needs in the area of mental health has documented a 20% increase in domestic violence concerns and a 20-30% increase in psychiatric needs.

- In the area of substance abuse, 2-1-1 documented a 10-15% increase in the need for opioid detox, 30% increase in request for Suboxone maintenance and overall increase in the need for substance use/abuse treatment.

- In CY16, 2-1-1 responded to 9,077 requests and made 13,708 referrals in 2016. These engagements were nearly 25% longer in duration than 2015. 2-1-1, as a community resource, does not control the call volume into the service, but addresses needs as they are presented from clients. Performance Outcomes Data Per 2-1-1:
  - Over the last five years, 2-1-1 has experienced a 72% increase in time spent on the call.
  - Clients have shown more complex needs (nearly 40% of the time, staff addresses co-occurring needs with a client).
  - Despite longer hold times, client satisfaction remains high. 2-1-1 is exploring ways to decrease average speed of answer.
## University Hospitals Psychiatric Academic Liaison (PAL) Program

- The Public Academic Liaison (PAL) Program is a joint venture of the Department of Psychiatry at University Hospital Case Medical Center and the ADAMHS Board for the provision of clinical services, education and research in community mental health. The ADAMHS Board funding supports the following initiative:
  - **Pharmacological Management**

- PAL Faculty and/or residents provided services to 14 agencies which now includes the Visiting Nurse Association’s Bridge program and the Carriage House Clinic at Magnolia Clubhouse over the past year.

- The Ohio Medicaid Technical Assistance and Policy (OhioMEDTAPP), allows funds to be used to train additional physicians in critical shortage areas: child and adolescent psychiatry, gero-psychiatry and public and community psychiatry, as the ADAMHS Board funds have been used as match to leverage about $1.3 million per year to provide basic psychiatric services to Medicaid recipients at PAL agencies.

- PAL residents provide Medical/Somatic services to the contract agencies of the Board at no cost provided that supervision of resident services is provided by either full-time or clinical faculty and is at no cost to the participating agency.

- Advance psychiatry residents spend one day per week providing medical/somatic services in community mental health center settings.

- In CY16/17, PAL’s team included 10 third year adult psychiatry residents, six (6) child psychiatry residents and one Post-Pediatric Portal Fellows who will be placed in community agencies.

- In addition, for CY17 Community Fellows from Addiction, Forensic and Psychosomatic fellowships will also participate and spend at least half-time in community placements, and there were six (6) for the 2015-2016 academic year.
<table>
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<tr>
<th>University Settlement, Inc.</th>
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<tr>
<td>University Settlement is a neighborhood center that aims to empower youth, families and seniors in the Broadway/Slavic Village Neighborhood. A broad range of services are delivered through a variety of social, educational, and health programs that transform the lives of children, families and seniors. The ADAMHS Board funding supports the following initiative:</td>
</tr>
<tr>
<td>☐ Behavioral Health Prevention Services</td>
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<tr>
<td>In CY16/17, 125 youth were served through Prevention Education and/or Drug-Free Alternatives.</td>
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<tr>
<td>University Settlement provided School-Based Support Services to assist students and their families with absenteeism and grade level reading.</td>
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<tr>
<td>The agency utilized the evidence-based program, Positive Action, and implemented fidelity to achieve desired outcomes.</td>
</tr>
<tr>
<td>University Settlement offered the Problem Identification and Referrals (PIR) prevention strategy for children/adolescents referred from the out-of-school time and school-based prevention programs.</td>
</tr>
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</table>
**Women’s Recovery Center**

- The Women’s Recovery Center provides comprehensive addiction treatment, prevention and education programs that are client centered, family-based and recovery focused. The ADAMHS Board funding supports the following initiative:

  - **Substance Use Disorder (SUD) Treatment Services**

- The Women’s Recovery Center offers a three phase Alcohol and Other Drugs (AOD) Intensive Outpatient (IOP) Treatment Program curriculum based on a minimum of 17 weeks of a formal treatment curriculum.

- Phase I is IOP; Phase II is Relapse Prevention and Phase III is Aftercare.

- The Women’s Center serves women age 18 and older who are diagnosed with a substance use disorder and may also be diagnosed with major depressive disorder; bi-polar disorder and anxiety.

- Thus far in CY17, 281 women were admitted to IOP treatment programs.
Y-Haven

- Y-Haven is a branch of the YMCA of Greater Cleveland. Y-Haven is located in the Cuyahoga Metropolitan Housing Authority (CMHA) Carl Stokes Service Mall. Its mission is to house and support adult men and women who are homeless, coming from shelters or the streets, the criminal justice system, or addiction treatment programs without a safe, sober place to live. The ADAMHS Board funding supports the following initiative:
  - Alcohol and Other Drugs (AOD) Treatment Programs
  - Recovery Housing

- In July of 2017, Y-Haven expanded its gender specific programming to include women as there was an identified gap for recovery housing with this target population.

- Y-Haven seeks to address barriers to permanent housing due to addiction, mental illness, criminal history, unemployment, and other educational and social issues. Y-Haven addresses these barriers by providing transitional and recovery housing, drug and alcohol treatment, mental health referrals, educational and vocational opportunities, daily living skills training and case management.

- Y-Haven is accredited to provide Outpatient Treatment and Halfway House services. Y-Haven’s clinical services have two primary components: Phase I is an intensive outpatient treatment (IOT) program for addiction that engages clients in 11.25 hours of clinical treatment per week. This phase typically averages 90-days in length and includes daily therapy groups, individual counseling, and case management.

- Continuing Recovery (Phase II) which likewise provides therapy groups and counseling, though in a less intensive manner, and heightened engagement with case management. Continuing Recovery Groups meet American Society of Addiction Medicine (ASAM) Criteria for Outpatient Treatment.

- In CY16, 150 homeless men with addiction were served by Y-Haven and 50 individuals successfully exited the program.

- Thus far in CY17, 172 homeless men with addiction were served by Y-Haven and 70 individuals successfully exited the program.

- In October 2017, Y-Haven opened its new Recovery Housing program for individuals addicted to opioids. The “Rising Hope: Bill Denihan Recovery Center” which has a capacity to serve 80 men and women.