

Providers and Programs



Trinity Outreach Ministries — Another Chance of Ohio
Inner City Life Fitness and F.A.I.T.H Boot Camp

Provides holistic faith-based approach to early intervention and prevention services providing inspirational activities with the goal to strengthen the protective and resiliency factors in families pertinent to delaying, preventing or stopping the use or abuse of illicit drugs and alcohol. Offer daily/weekly classes and activities for the entire family.

For more information and to register please go to www.thefaithprogram.com.

Dr. Deborah Watson, Program Operations Manager
Call 216-288-2038

Contact Information

If you would like more information regarding the ADAMHS Board's Faith-Based Programs contact:

ADAMHS Board of Cuyahoga County
2012 West 25th Street - 6th Floor
Cleveland, Ohio 44113
Phone: 216-241-3400
Website: www.adamhsc.org

Eugenia Kirkland, LSW, MSSA, CDCA, Board Chair
Valeria A. Harper, MA, CDCA, Chief Executive Officer

24-Hour Suicide Prevention, Mental Health & Addiction
Crisis, Information & Referral Hotline: 216-623-6888

24-Hour Crisis Text "4HELP": 741741
Crisis Chat: www.adamhsc.org

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Faith-Based Outreach Initiative Program

Five contract providers/faith-based organizations with unique programs:

- Integrating faith into the overall provision of treatment services.
- Providing prevention and early intervention services for youth and their families.
- Providing awareness and understanding of mental health and substance abuse.



MERGE Spirituality
Mental Health
Emotional Wellness
Recovery
Gaining
Excellence &
Spirituality

Background

The mission of the ADAMHS Board is to enhance the quality of life for our community through a commitment to excellence in mental health and addiction prevention, treatment, and recovery services coordinated through a person-centered network of community supports.

Over the years, Board staff learned that the faith-based community is often contacted by individuals/families experiencing difficult circumstances involving mental health and/or substance abuse issues and realized that spirituality plays an important role in the recovery process.

Recognizing this, the ADAMHS Board formed a Faith-based Outreach Committee and a Faith-based Outreach Subcommittee with the mission:

To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices and to promote the concept that treatment works and people recover.

Since the ADAMHS Board does not provide direct services and recognized the benefits of incorporating spirituality into prevention, treatment and recovery support services, the Board contracted with five organizations with diverse programs to participate in the Faith-Based Outreach Initiatives Program to:

- Increase awareness and understanding of mental health/addiction in the faith community and to address societal stigma surrounding mental illness/substance use disorders.
- Educate the faith community about mental illness & substance use disorders.
- Develop language and boundaries to clarify the scope of practice for auxiliary spiritual leaders duties within the treatment community and health-care professionals within the faith community.
- Incorporate spirituality as a component of treatment.

Providers and Programs

Each program is unique and diverse.
Participation from **ALL** faith communities is welcome.



Inner Healing Ministries — Student Training Outreach Programs (S.T.O.P.) Church Assistance Program

Increasing the protective factors of youth, young adults and their families. This program has seven components that educate individuals about the connection between spirituality/recovery/behavioral health and it provides drug/alcohol free alternative activities for young adults.

Dr. Benjamin Franklin, Pastor
440-786-7858

Nichole M. Cobb, LISW-S, SAP, OCPS II
Kingdom Developers Consulting Inc.
216-481-8585



Life Recovery Ministries — Building bridges between the faith community and behavioral health providers, to better assist people living with mental health and substance use disorders.

Programs:

- **Let's Talk Mental Health** a congregational awareness campaign focusing on breaking down the "wall of silence" between the faith community and people with mental illness and substance use disorders.
- **Mental Health First Aid (MHFA)** a prevention program designed to shape, form and educate caring congregations to welcome and support persons and families affected by mental health and substance use disorders.

Providers and Programs

- **Spiritual Recovery & Wellness Program** a comprehensive 12 week outreach program designed to link clients from participating treatment programs to supportive faith communities.

Rev. Karell T. McDaniel, LICDC-CS, Executive Director
216-408-9091



NAMI Greater Cleveland — Outreach/Awareness

Increasing support, education and referrals around mental health and substance abuse issues in community churches by building support groups/partnerships, providing an understanding of mental/behavioral health and dual diagnosis.

Marsha Blanks, Program Director
216-875-0266



OhioGuidestone: Extending Spiritual Care into the Community.

OhioGuidestone serves clients who are struggling with mental health and addiction issues by taking a holistic approach that incorporates mind, body and spirit into the recovery process. This is accomplished by including a chaplain in the treatment team who will address issues of self-worth, shame, grief, and more by entering into the client's own understanding of spirituality and working to bring healing and wholeness. These services are provided at the client's home, school or in the community.

Colleen L.. Grabowski, MA, PCC-S, LICDC
440-260-8581