



Developing A Better Understanding



RECOVERY IS BEAUTIFUL

Recovery is Beautiful is all about putting the needs of individuals and families requiring addiction and/or mental health programming first and foremost. Members of the Ohio Association of County Behavioral Health Authorities (OACBHA) have envisioned a framework where Ohio will be best served by moving toward a Recovery-Oriented System of Care that supports individuals, families, and communities through a system of addiction and mental health prevention, wellness, crisis intervention, treatment, and recovery support programs and services.

Recovery is Beautiful Vision

Ohio's mental health and addiction services system shall emphasize a Recovery-Oriented System of Care (ROSC) that capitalizes on community strengths. Ohio's ROSC shall offer Ohioans an array of accessible mental health and addiction services and recovery supports that are culturally appropriate, accountable, effective, and efficient while promoting individual and family recovery.

Ohio's Alcohol, Drug Addiction, and Mental Health (ADAMH) Boards ensure that individuals and families affected by mental illness and/or addiction have access to this high-quality, Recovery-Oriented System of Care. Boards, through strong community partnerships, will continue to lead and advance efforts to ensure Ohio's communities are healthy, safe, and drug-free, while assuring accountability and effectiveness in client care.

Recovery is Beautiful BluePrint

OACBHA Members have created a BluePrint for Ohio's Community Mental Health and Addiction System that is a five-year plan for moving Ohio toward a Recovery-Oriented System of Care that transitions from a focus on acute care to one that focuses on recovery management to help individuals not only get well, but to stay well.

All Ohioans need to have the tools necessary to live mentally healthy and addiction-free lives. Moving Ohio's community mental health and addiction system toward a Recovery-Oriented System of Care recognizes that while treatment for crisis situations and acute symptoms is necessary, for a person to recover in the long-term, we must also offer an array of supports such as housing, peer supports, and employment supports that help individuals truly become integrated into their local communities. This BluePrint sets out a framework in which Boards are the Recovery-Oriented System of Care "hub" for their local communities that coordinate across systems to ensure that local entities are prepared to offer community-based mental health and addiction prevention and wellness services, as well as treatment and recovery supports that are person-centered and designed to meet the needs of individuals working toward recovery.

A fundamental principle of a Recovery-Oriented System of Care is that clients are key. Clients are the drivers of decisions about service and support needs. Services are built and systems are put in place so that individuals are able to access an array of services and supports when and where they need them.

Principles to Move the Vision Forward

The following five principles will be at the forefront in moving a Recovery-Oriented System of Care forward.

Focusing on Clients and Families

Healthcare is personal and is most effective when delivered based on the needs and values of the individual receiving care. A Recovery-Oriented System of Care allows individuals and families to drive the mental health and addiction services that they receive within their local community.

Ensuring Timely Access to Care

Local Boards ensure that Ohioans have access to a continuum of high quality, integrated care that is available in a timely manner for individuals and families in need of treatment and recovery supports.

Promoting Healthy, Safe, and Drug-Free Communities

Local Boards promote the health, wellness, and safety of individuals and communities by offering a continuum of services that includes prevention and wellness, community education, crisis services, treatment, and recovery supports, such as housing, employment supports, and peer support.

Prioritizing Accountable and Outcome-Driven Financing

Maximizing the use of federal, state, and local funds to meet locally identified outcomes, ADAMH Boards utilize a blended funding approach that aligns resources and improves coordination between local community stakeholders. This approach enhances accountability and allocates scarce taxpayer dollars in the most efficient and effective manner possible.

Locally Managing Systems of Care

Healthcare is delivered locally, and individuals and communities are best served when the healthcare system is designed and managed locally. Innovation driven at the community level will lead to the implementation of improved mental health and addiction service delivery solutions. By planning for, designing, managing, and advocating for adequate financing, Boards, working with their local partners, are able to determine what works best in their communities.

Why Recovery is Beautiful

Ohio's system of addiction and mental health services and programs were built with one premise in mind; helping Ohioans live better, healthier, and drug-free lives. This is what Recovery is Beautiful is all about. Getting back to the core of why these systems exist, to help individual Ohioans and their families. Recovery is Beautiful is also about helping Ohio's communities become and stay healthy and safe, with the recognition that people often require help, and when they do we need to be ready and able to serve them for the length of time their chronic disease requires.

Mental illness and addiction are chronic diseases and cannot be addressed with just acute care services. ***Treatment Works and People Recover.*** However, we must remember that recovery is a life-long process, and it is not always linear. Recovery is different for each individual and his/her family. It comes in many dimensions and is a very personal journey. Recovery is Beautiful is about supporting individuals and their families in the process of recovery, helping communities become and stay healthy with programs and services from prevention and wellness to crisis services to treatment and long-term recovery supports. Most of all, Recovery is Beautiful is about HOPE, the hope that anyone can recover and by working together we can make recovery not only possible, but desirable!

We hope that you will join us and help make Recovery Beautiful in your community and throughout Ohio. To learn more go to www.oacbha.org.