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National Eating Disorder Awareness Week: February 22-28
Anonymous online screenings available at <http://screening.mentalhealthscreening.org/ADAMHSCC>

Cuyahoga County, OH –

- WHAT:** National Eating Disorder Awareness Week, held February 22-28, brings attention to the critical needs of people with eating disorders and their families. The ADAMHS Board of Cuyahoga County provides free, anonymous eating disorder screenings at <http://screening.mentalhealthscreening.org/ADAMHSCC>.
- WHERE:** Individuals can take an online screening by visiting <http://screening.mentalhealthscreening.org/ADAMHSCC>.
- WHEN:** National Eating Disorder Awareness Week is held February 22 – 28.
- HOW:** A screening consists of a series of questions designed to indicate whether symptoms of an eating disorder are present and if clinical help is needed. After completing a screening, participants receive immediate feedback and referral information for local resources that offer further evaluation and treatment.
- WHY:** Online screenings are an effective first step in eating disorder intervention. Similar to other illnesses, early intervention can significantly increase recovery. National Eating Disorder Awareness Week, held February 22-28, brings attention to the critical needs of people with eating disorders and their families. The ADAMHS Board of Cuyahoga County provides free, anonymous eating disorder screenings at <http://screening.mentalhealthscreening.org/ADAMHSCC>.

All screenings are informational, not diagnostic. Recommendations and resources will be shown at completion of the screenings. Screenings also address the following behavioral health issues: depression, brief screen for adolescence depression, bipolar disorder, generalized anxiety disorder, post-traumatic stress disorder, and alcohol use disorder.

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