

*Improving lives through wellness,  
recovery and independence*



**ADAMHS**  
BOARD OF CUYAHOGA COUNTY  
ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES

**PROVIDER NETWORK GUIDE**  
**2020**

Rev. Benjamin F. Gohlstin, Sr.  
Board Chair

Scott S. Osiecki  
Chief Executive Officer

Fold out this brochure to find an alphabetical listing of provider agencies and the substance use disorder (SUD), mental health (MH) treatment and recovery support services (as described below) funded by or through the ADAMHS Board of Cuyahoga County:

### **Adult and Family Care**

The ADAMHS Board funds family support groups and supportive services for families and adult clients. Adult and Family Care services include: The Hoarding Connection and training provided by Eldercare Services; MH Family Care Giver Support provided by Far West Center and NAMI GC; MH Adult Guardianship Services provided by Lutheran Metro Ministries; MH Representative Payee program provided by Murtis Taylor; Domestic Violence and Family Helpline: 216-391-4357; Providence House's shelter for children of parents who require inpatient treatment; and Healthy Families Pilot Program (Oriana House) designed to improve services for incarcerated parents, their children, and the custodial parents/caregivers.

### **Crisis Services**

Provides assistance in a crisis situation to safely de-escalate an individual or situation, determine appropriate treatment services, and coordinate the follow through of those services and referral linkages to address the problem that led to the crisis.

### **Detox**

Assists individuals suffering symptoms of withdrawal from substance use with 24-hour medical monitoring and/or withdrawal management. Detox is the first step toward recovery for most clients living with SUD.

### **Employment Services**

Promote recovery by providing training and skill development that is goal-oriented, ability-based and incorporates individual choice in securing and maintaining employment.

### **Faith-based Services**

Programs/events/activities that promote spirituality, health and wellness, prevention/early intervention, awareness and education within an overarching goal to reduce/eliminate stigma within faith-based communities.

### **Justice Related Services**

Programs that support individuals who are court-involved or who are currently incarcerated. This includes assessments, drug courts and access to treatment and recovery support services.

### **Medication Assisted Treatment (MAT)**

MAT is a treatment for opioid use disorder that includes the use of medication such as methadone, naltrexone (Vivitrol) or buprenorphine (Suboxone) along with counseling and other supports to aid individuals in recovery.

### **MH Recovery Supports**

Mental health recovery supports can include therapeutic and specialized foster care, art therapy and other supportive recovery services not covered by insurance.

### **MH Treatment Services**

Mental health treatment supports can include assessment, case management psychological testing, individual and group therapy, nursing services, psychosocial rehabilitation, screening, brief intervention, referral to treatment, Community Psychiatric Supportive Treatment (CPST), Assertive Community Treatment (ACT) and Intensive Home Based Treatment (IHBT).

### **Outpatient Treatment**

Structured individual and group alcohol and drug addiction activities and services that are provided at an outpatient program for a minimum of 8 hours per week with services provided at least 3 days per week.

### **Peer Support**

Provided by individuals in recovery from mental illness and/or addictions who use their lived experience as a tool to assist others by sharing their personal journeys and knowledge. Individuals engaged in peer services play a vital role in laying the foundation for sustained recovery. Some examples are AscentED, Project SOAR, drop-in centers, clubhouse programs and the warmline (440-886-5950), which is run by and for clients.

### **Prevention**

Reduce the impact of mental illness and addictions in our communities. Prevention efforts include Early Childhood Mental Health, school-based, after-school and adult programming as well as prevention education such as social and emotional learning, coping skills and resiliency building.

### **Residential/Housing (MH)**

Residential treatment facilities and permanent housing provides supervised care to individuals 18 years or older and provides interim or long-term support and services for those who are potentially at risk of institutional placement, are transitioning from institutional settings or homelessness. Residential facilities are broken into classes based on the level of care needed. Some facilities may include personal care, social services, MH services and/or recovery supports to clients.

### **Sober/Recovery Beds (SUD)**

Recovery housing is characterized as a safe and healthy living environment that promotes abstinence from alcohol and other drugs and enhances participation and retention in traditional clinical treatment. Residents benefit from peer support and accountability, and gain valuable relapse prevention, case management and employment skills training as they transition to living independently and productively in the community.

### **SUD Recovery Supports**

SUD (Substance Use Disorder) recovery services can include art therapy, transitional services for homeless populations and other supportive recovery services not covered by insurance.

### **SUD Treatment Services**

SUD treatment services can include assessment, individual and group counseling, case management, drug screening, medication management, nursing services and withdrawal management.

### **Transportation**

Remove barriers to sustained recovery by providing transportation to and from treatment.

*Connecting with a case manager at a provider agency can enhance the overall treatment for individuals living with mental illness and/or a substance use disorder. A case manager can provide information about medical, social, educational and other services to assist in reaching and maintaining recovery.*

*Definitions adapted from the Ohio Administrative Code and The Ohio Department of Mental Health and Addiction Services (OhioMHAS).*





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The Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County (ADAMHS Board) is responsible and accountable for the planning, funding and monitoring of public mental health and addiction prevention, treatment and recovery services delivered to the residents of Cuyahoga County.

The ADAMHS Board of Cuyahoga County does not discriminate on the basis of race, color, religion, sex, national origin, ancestry, age, handicap, political affiliation and sexual orientation in its contracts, programs, activities or employment.

For more information, please visit [www.adamhsc.org](http://www.adamhsc.org).

24-Hour Suicide Prevention, Mental Health & Addiction Crisis/Information/Referral	
Hotline for Adults & Children .....	216-623-6888
24-hour Crisis Text "4HOPE".....	741741
Crisis Chat .....	adamhsc.org
Peer Support Warmline (9:00 a.m. to 1:00 a.m.) .....	
United Way's 2-1-1 HelpLink .....	440-886-5950
	2-1-1

*Artwork created by Lenora K. from  
Far West Center's Art Helps and  
Heals (AHH!) art therapy program.*

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