NAMI Greater Cleveland

- NAMI Greater Cleveland is dedicated to empowering persons affected by mental illness and their family members to achieve a better quality of life by providing them with mutual support, practical information, referrals, advocacy and educational resources. ADAMHS Board funding supports the following initiatives:
  - **Education and Outreach**
  - **Faith-Based Outreach Initiative Program**

- NAMI provides age-appropriate programming to adults, including those diagnosed with severe and persistent mental illness (SPMI), transitional aged young adults and youth, including children with serious emotional disturbance (SED).

- In CY17, NAMI provided support and education to 794 consumers and family members in support groups and education series.

- NAMI also reached 3,927 individuals through specialized educational programs presented to the community through presentations, workshops, and hospital visits.

- In addition, the Helpline received 2,247 calls and the NAMI Greater Cleveland website was visited over 9,000 times. Both are valuable resources providing vital access to information about mental illness, services, and community resources.

- NAMI Greater Cleveland is one of the five (5) contract providers that participates in the ADAMHS Board’s Faith-Based Outreach Initiative Program.

- Realizing that spirituality plays an important role in the recovery process the Board approved the Faith-Based Outreach Initiative Program as a 14 month pilot with a term of October 2015 – December 2016. The program was approved to continue as a one year contracted program for 2017. The program’s mission is to:
  - Integrate faith into treatment and intervention/prevention services.
  - Provide alcohol and other drug intervention/prevention services to youth and their families.
  - Increase the awareness and understanding of mental health/addiction in the faith community.

- NAMI is expanding prevention services by working with community churches to increase support, education and referral around mental health and substance use disorders within communities by connecting with individuals through their faith.
**NAMI Greater Cleveland**

- NAMI promotes positive mental health and reduces stigma by promoting nurturing social environment and support systems through the establishment of culturally relevant support groups.

- NAMI's outreach/engagement continues to build relationships with churches previously visited in order to gain access and promote program components.

- NAMI developed programs for numerous churches in the community based on the needs of each congregation. For example:
  - **Fellowship Church of Good** - presentation on stress and depression.
  - **Open Door Baptist Church** - provided two sessions on advanced planning for caregivers and individuals with mental illness; two (2) sessions on Substance Use Disorder in Older Adults.

- NAMI participates in numerous community events sharing information on the mental health/substance use and other services they offer.

- NAMI reached out to the Jewish community through Rabbi Hellman of Naaleh - non-profit Jewish agency similar to NAMI. Rabbi Hellman is very interested in becoming a member of NAMI.

- As of September 2017, NAMI has served and/or provided information to 712 individuals.
## New Directions

- New Directions provides quality life-changing treatment to chemically dependent adolescence and their families dealing with emotional, behavioral, or psychiatric needs. They provide residential treatment services for adolescents who are between the ages of 13 to 19 years old, which included pregnant teenagers. ADAMHS Board funding supports the following initiatives:
  - Alcohol and Other Drug (AOD) Residential Treatment Services
  - Substance Use Disorder (SUD) Treatment Services

- Thus far in CY17, ADAMHS Board’s funding support services for 24 females in the residential program, 52 males in the short term residential program and 24 males in the long-term residential program.

- New Directions also provides Alcohol and Other Drugs (AOD), Intensive Outpatient Treatment Programs and residential treatment services.

- Thus far in CY17, ADAMHS Board’s funding supported Intensive Outpatient (IOP) Treatment Programs and Outpatient Treatment Services for 80 youth.
### Northcoast Behavioral Healthcare Community Support Network (NBH/CSN)

- Northcoast Behavioral Healthcare Community Support Network (NBH/CSN) provides services to those with severe and persistent mental illness, as well as Intensive Outpatient (IOP) Treatment Programs and residential treatment services. NBH/CSN supports four (4) licensed residential care facilities with a total capacity to serve 31 adults with mental illness. The ADAMHS Board funding supports the following initiatives:
  - Residential Treatment Services
  - Assertive Community Treatment (ACT)

- Community Support Network’s residential program has served approximately 60 adults with mental illness in CY17.

- Northcoast Behavioral Healthcare Community Support Network also provides Assertive Community Treatment (ACT) Team services to clients that reside in licensed residential care facilities, for a minimum of 20 hours per week. ACT is an evidence-based practice for individuals diagnosed with severe mental illness and whose needs have not be well met by traditional mental health services.

- In CY16, the ACT team provided comprehensive community support for 90 individuals.

- Thus far, in CY17, the ACT team provided comprehensive community support for 85 individuals.
### Northeast Ohio Recovery Residence (NEORRN)

- A grassroots effort, the Northeast Ohio Recovery Resources Network (NEORRN) was founded in 2014 to provide leadership and bring community focus upon the formation of Ohio Recovery Housing (ORH). Created for Ohio in response to the standards and initiatives set forth by the National Association of Recovery Residences, (NARR), ORH has brought an Ohio perspective to fund and regulatory developments challenging our local recovery residences. Recovery residences serve members of the drug and alcohol recovery community with housing to support sober living. ADAMHS Board funding supports the following initiative:

  □ **Recovery Housing Training**

- Ohio Recovery Housing initiatives are providing compliance parameters and clearly articulated high standards for recovery housing. NEORNN will work with interested and existing parties in Cuyahoga County in support of fully developed high quality recovery residences.

- Northeast Ohio Recovery Residence was developed by interested person gathered from the community. The program has grown and have moved beyond the place where part-time volunteers can accomplish their Vision, Mission and Purpose, which are to expand recovery housing options for persons in recovery, provide NAARR trainings and advocacy to support services for people in recovery.

- In CY17, funding supported hiring a full-time Chief Executive Officer and Administrative Assistant to further advance Northeast Ohio Recovery Residence to become an actual “program.”
### Northern Ohio Recovery Association (NORA)

- Northern Ohio Recovery Association (NORA) specializes in providing Intensive Outpatient (IOP) Treatment Programs, Alcohol and Other Drugs (AOD) and HIV prevention services and recovery supports for the following populations: gender specific treatment services; recovery housing for women with children and adolescents 12 to 17 years of age, LGBT support services and Peer Recovery Support Services delivered by certified peer support specialists. The ADAMHS Board funding supports the following initiative:
  - **Substance Use Disorder (SUD) Treatment Services**
    - NORA prioritizes referrals for pregnant women and their children as well.
    - NORA’s admission criteria includes adult women who are diagnosed with Substance Use Disorder (SUD) and other addictions and also in need of supportive housing services.
    - In CY16, NORA served 110 women and 60 children as the agency opened another Step Recovery Housing on Cleveland’s west side.
    - For CY17, NORA expects to meet their target goals.
OhioGuidestone

- OhioGuidestone is a behavioral health agency in Northeast Ohio for children, adolescents and transitional youth. The ADAMHS Board funding supports the following initiatives:
  - Early Childhood Mental Health (ECMH) Programming
  - Behavioral Health School Based Programming
  - Behavioral Health Prevention
  - Transitional Aged Community Treatment (TACT) Team
  - Faith-Based Outreach Initiative

- OhioGuidestone has been a longstanding partner within Cuyahoga County’s early childhood system. Consultation and treatment services, provided by the Early Childhood Mental Health (ECMH) Agency Work Group is delivered as a family driven, strength-based community service to aid parents and caregivers with early intervention support to divert and avoid deeper penetration into the behavioral health system. In CY16/17, served approximately 53 children in the ECMH program through ADAMHS Board funding for children ages birth to six (6) years of age. Thus far in CY17, OhioGuidestone has served 14 children.

- As referenced above, the Behavioral Health School Based program is a collaborative effort that is comprised of the ADAMHS Board, Agency Providers and school districts throughout Cuyahoga County. The Behavioral Health School Based Program utilizes consultation services through brief interventions that are short-term modeled from the Ohio Georgetown Model that is extended to students, teachers, school administration and more importantly parents and/or caregivers without the need to develop a formal treatment plan in effort to intervene. In addition to the aforementioned, programming includes universal and targeted prevention groups to address mental health and social skill struggles.

- In the 2016/2017 academic year, OhioGuidestone served approximately 5,641 children and adolescents through consultation services and targeted prevention groups that are measured through the Devereux Student Strengths Assessment (DESSA).

- OhioGuidestone’s Transitional Age Community Treatment (TACT) Team provides inter-disciplinary support for youth with behavioral health challenges at-risk for, or transitioning from, out-of-home placements by reducing their behavioral symptoms in an effort to progress toward stability and independence.
The overarching goals of the program are to prevent homelessness, avoid or eliminate court involvement, and reduce re-admission to out-of-home placements.

In CY17, the program served 40 youth and young adults aged 16 to 25.

OhioGuidestone is one of the five (5) contract providers that participates in the ADAMHS Board’s Faith-Based Outreach Initiative Program.

Realizing that spirituality plays an important role in the recovery process the Board approved the Faith-Based Outreach Initiative Program as a 14 month pilot with a term of October 2015 – December 2016. The program was approved to continue as a one year contracted program for 2017. The program’s mission is to:

- Integrate faith into treatment and intervention/prevention services.
- Provide alcohol and other drug intervention/prevention services to youth and their families.
- Increase the awareness and understanding of mental health/addiction in the faith community.

OhioGuidestone is expanding efforts in providing spiritual care and support for participants in their existing Integrated Treatment Program by adding dedicated experienced members of the clergy to their staff.

The program sends trained chaplains to meet with clients in their community as part of an integrated treatment team.

Spirituality is thus incorporated into the sessions and becomes a building block upon which clients can learn that treatment works and is effective.

Clergy also help clients connect/reconnect with a faith community.

Rev. Marc Neal continues as the only community chaplain serving numerous clients in spiritual care.

The program continues to have a number of referrals and clients waiting for spiritual care but with additional staff the wait list should decrease.

The change in the contract from a reimbursement model to a fee for service model has already had benefits as staff spends three to four hours less time per month on administrative tasks and can refocus on client engagement.
Some clients do not want to discontinue the spiritual care service despite efforts made to connect them with a faith community. This has contributed to filling our maximum capacity. Efforts will continue to connect clients.

An increased effort will be in place to complete Achenbachs assessment, AOD outcomes and Religious Coping Indexes to report for future months.

OhioGuidestone is able to track the progress of the 51 participates of the 2016 program that carried over into the 2017 program.

As of September 2017, OhioGuidestone enrolled 34 youth/families into their program and continues to serve 51 youth/families that continued from 2016.
ORCA House, Inc.

- ORCA House, Inc. provides non-medical community residential treatment and Alcohol and Other Drug (AOD), Intensive Outpatient (IOP) Treatment Programs for men and women who are addicted to alcohol and drugs, co-occurring illness and/or in need of sober supportive housing. ADAMHS Board funding supports the following initiatives:
  - Residential Treatment
  - Sober Beds
- Thus far in CY17, ORCA House served:
  - 175 clients in its non-medical community residential treatment.
  - A total of 56 clients in Alcohol and Other Drugs (AOD), Intensive (24 clients) and Non-Intensive (35 clients) Outpatient programs for men and women.
- ORCA House is one of three providers of non-medical community residential treatment services participating in the board Pilot Alcohol and Other Drug (AOD) Residential Pre-Authorization Project in collaboration with the three contract providers of detoxification services.
- For CY17, ORCA’S Crawford House, which is a Level 2 Recovery Residence for men in need of a sober living environment after completing non-medical community residential treatment, will accommodate up to four (4) men. The average length of stay is 180 days.