

Mental Health 101: CCDCFS Training
Presenter: Christina M. Delos Reyes, MD
December 12, 2011

Learning Objectives:

Upon completion of this training, participants will be able to:

1. List the symptoms and diagnostic criteria for major mental illnesses in adults.
2. Utilize common screening tools for mental illness in adults.
3. Recognize the most commonly used psychosocial and medication treatments for mental illness in adults.
4. Discuss communication and crisis de-escalation techniques that may be helpful in responding to mentally ill adults.
5. Detect when to refer mentally ill adults for ongoing mental health services.

TIME	AGENDA
900 AM to 1030 AM	Screening, Symptoms, and Diagnosis A. Mood Disorders B. Anxiety Disorders C. Psychotic Disorders D. Personality Disorders
1030 AM to 1045 AM	Break
1045 AM to 1215 PM	Psychosocial and Medication Treatments Communication and De-Escalation Techniques Referral for Ongoing Services

Attachments:

- Powerpoint Slides: MH101

- Appendices:

A: Patient Health Questionnaire-9
B: Generalized Anxiety Disorder-7
C: Instruction Manual for PHQ-9 and GAD-7
D: Modified MINI Screen
E: User's Guide for the Modified MINI Screen
F: Mood Disorder Questionnaire
G: Primary Care PTSD Screen
H: Standardised Assessment of Personality-Abbreviated Scale