I’m In Transition (IIT)

- I’m In Transition (IIT) provides a drug-free recovery residence setting and redirection housing program where clients are provided with a multitude of resources to sustain their recovery. The ADAMHS Board provides funding for the following initiative:
  
  - **Recovery Housing**

- In CY17 the agency was a recipient of a Recovery House Initiative contract by the ADAMHS Board of Cuyahoga County.

- ITT has multiple recovery residences on Cleveland’s east side and is constantly expanding and has plans to add an additional four bedroom house in CY17.

- IIT serves both men and women and can currently accommodate up to 22 residents.

- The agency’s recovery residences meet the standards for the National Association of Recovery Residences (NARR) and Ohio Recovery Housing (ORH) as level 2 recovery residences.

- IIT assists their residents with transitioning and integrating into the community through recovery housing that ensures continuity of care beyond traditional treatment.

- The average length of stay at IIT is 180 days.

**New Program:**

- ITT will serve an additional 17 individuals and help to improve the quality of life for opioid dependent persons by providing a safe and supportive environment that will include transitional services.

- For CY18, I’m in Transition will have a total of 53 beds and will serve up to 233 individuals in their recovery housing units.

- ADAMHS Board funding supports the operating expenditures of this initiative, which began November 1, 2017, and will continue in CY18.
Inner Healing Ministries (IHM)

- Inner Healing Ministries’ (IHM) Student Training Outreach Program (STOP) is one of five contract providers that participates in the ADAMHS Board’s Faith-Based Outreach Initiative Program. IHM’s goal is to increase protective factors of youth, young adults, and their families, as their belief supports that spirituality is an integral part of the recovery process. This fully supports the mission of the ADAMHS Board’s Faith-Based Outreach Initiative Program. The ADAMHS Board’s funding supports the following initiative:

  - **Faith Based Prevention Programming**

- The STOP program initially began as a 14-month pilot, October 2015 to December 2016. The ADAMHS Board of Directors approved its continuance for funding in 2017.

- The mission of the STOP Program is to:
  - Integrate faith into treatment and intervention/prevention services.
  - Provide alcohol and other drug intervention/prevention services to youth and their families.
  - Increase awareness and understanding of mental health/addiction in the faith-based community.

- South Euclid Court is an integral partner in the success of STOP’s outcomes as they increased the enrollment as a result of their First Time-Church Assistance Program.

- In CY16 & 17, IMH increased the protective factors of youth, young adults as well as their families, while working with Kingdom Developers Consulting Incorporated’s Behavioral Health/Preventions Consulting Firm.

- IMH provides educational forums/training for church leaders and peer leaders on various issues specific to mental health and substance abuse, which develops skills to enhance interviewing skills, effective listening, supportive counseling and if indicated referrals to further enhance progress.

- Alternative recreational activities continue to provide support to youth and young adults to resist the pressures of drinking, drugs and criminal activities.
### Inner Healing Ministries (IHM)

- **Program Highlights for funding continuance:**
  - IHM participation increased due to the result of *South Euclid Court First Time Offender Program* participants. As a result a number of participants completed the 10-12 week program.
  - As of September 2017, Inner Healing Ministries STOP Program recruited 108 youth/young adults/families to the program.
  - Participates have experienced meaningful/lasting changes due to spirituality, faith and hope in God as an integral part of this program.
  - Contracted with Radio One for a brief weekly broadcast on WERE 1490AM which increased their enrollment.
  - Collaborated with *Ministry of Reconciliation* and took part in the *Stop the Violence* campaign and the *Adopt-a-School* programs.
  - The City of South Euclid partnered with IHM to oversee their summer meal program for children and teens that also participated in the prevention program. Meals were sponsored by the Cleveland Food Bank.
  - Individuals admitted that their behaviors: alcoholism, drug use, theft, promiscuity, fighting and disregard for the law are almost impossible to defeat without spiritual help.
Jewish Family Services Association (JFSA)

- Ascentia is Jewish Family Services’ (JFSA) division designated to serve people with mental health and cognitive disorders and provides evidence-based, recovery oriented therapeutic and supportive living services. ADAMHS Board funding supports the following initiatives:
  - Mental Health Treatment Services
  - Supportive Employment Services (SEP)
  - Peer Recovery Services

- The agency provides mental health assessment, community support treatment services, pharmacologic management and behavioral health counseling, residential treatment and art therapy services.

- The Employment Service Program (ESP) of JFSA offers employment and vocational rehabilitation services to assist persons with disabilities in obtaining competitive community employment.

- The program is a synthesis of the Supported Employment model and Opportunities for Ohioans with Disabilities (OOD) Case Services Contract forming a continuum of employment services.

- In CY16, JFSA had 55 individuals as part of their SEP and placed 22 of the 55 individuals into permanent positions.

- In CY17, JFSA had 91 individuals as part of their SEP and placed 27 of the 91 individuals into permanent positions.

- University House is a unique treatment living environment designed to meet the needs of four men who are deaf, mentally ill, and have developmental disabilities. The majority of the Staff at University House are deaf and are intimately familiar with the deaf culture.
**Life Recovery Ministries (LRM), Inc.**

**Spiritual Recovery & Wellness Program**

- Life Recovery Ministries (LRM) is one of the five contract providers that participates in the ADAMHS Board’s Faith-Based Outreach Initiative Program.

- LRM’s goal is to increase protective factors of youth, young adults, and their families, as their belief supports that spirituality is an integral part of the recovery process. This fully supports the mission of the ADAMHS Board’s Faith-Based Outreach Initiative Program. ADAMHS Board funding supports the following initiative:

  - **Faith Based Prevention Programming**

- LRM began as a 14-month pilot, October 2015 to December 2016. The ADAMHS Board of Directors approved its continuance funding for 2017.

- The program’s mission is to:
  - Integrate faith into treatment and intervention/prevention services.
  - Provide alcohol and other drug intervention/prevention services to youth and their families.
  - Increase the awareness and understanding of mental health/addiction in the faith community.

- LRM’s Program Highlights for funding continuance:
  - Educated and increased awareness/understanding of mental health/addiction in the faith-based community, incorporated spirituality into treatment and addressed societal stigma surrounding mental illness.
  - Held a monthly series of Mental Health First Aid sessions at Olivet Institutional Baptist Church Health Professional Ministry.
  - Provided outreach to expand Spiritual Recovery & Wellness programs which included the development of the *Heart for Change Program* at *Front Steps and Housing Services*.
  - Conducted a *Let’s Talk…* mental health session at the Minority Health Alliance Professional Education Conference, as well as throughout 2017 at Collinwood Neighborhood Catholic Ministries.

- As of September 2017, LRM has serviced 213 adults/youth in the Spiritual Recovery & Wellness Program.
Links Cleveland

- Links Cleveland is a consumer operated program that provides the opportunity for social, recreational, educational and personal growth experiences to the “club members”. ADAMHS Board funding supports the following initiative:
  
  - **Host and Hostesses Program**

- ADAMHS Board funding supports club members for social activities and peer connectedness three (3) times per week. ADAMHS Board funding also supports the LINKS’ Host and Hostess Program who serve as peer mentors.

- In CY17, 10 Peer Host and Hostesses were employed by Links Cleveland to engage members into various activities and to assist in meal preparation and serving.

- The program, also receives funding support from the St. Augustine Church and in-kind support from Catholic Charities Disability Services and Office of Disability Ministry.
The Life Exchange Center (LEC) is a peer-oriented, member-driven drop in center that offers peer support services and other recovery-oriented services to persons with a mental illness and/or addiction in Cuyahoga County. The ADAMHS Board funding supports the following initiatives:

- Consumer Operated Service
- Peer Recovery Services
- Art Therapy
- Transitional Youth Housing via Peer Recovery Services

LEC states that the goal of the center is to provide supportive programing that assists members in sustaining the highest quality of life while in recovery.

The unique demographics of LEC consist of Asian, Caucasian and Latino members. The majority of the members are African American, 80% male and 20% females.

The LEC’s average daily census is more than 60 members with an average of 201 unduplicated members served per quarter.

In CY16, more than 400 individuals were enrolled to become members of LEC’s programming.

In CY17, the LEC’s goal is to increase membership to 125 targeted and unduplicated members to participate in a daily curriculum that includes reading, math, English and basic life skills training, computer classes, art therapy, social and recreational activities each month.

In addition, for CY17, the LEC continued to explore expanding their hours of operations to include Saturday mornings and open on two (2) evenings per week which will also aid in the center’ goal of increasing their daily census to 75 members. Thus far in CY17, 284 individuals have become members of the LEC.

The LEC provides peer recovery services for the Transitional Youth Housing Program (TYHP), which serves young adults with behavioral health challenges aged 18 to 25.

The program provides up to 12 months of housing while assisting residents in developing independent living skills, employment skills, and pro-social skills to be successfully independent, and aids young adults in learning how to manage behavioral health symptoms with the ultimate goal of sustained permanent housing.

In CY17, ADAMHS Board’s funding supports housing and peer recovery services for approximately five (5) young adults.
Living Miracles Peer Empowerment Center

- Living Miracles Peer Empowerment Center is a consumer operated program that promotes the mental health recovery process by offering hope and motivation through peer support and peer facilitated educational sessions, supportive services and recreational activities. ADAMHS Board funding supports the following initiative:
  - **Consumer Operated Service**

- In CY17, the Living Miracles served 385 clients with average daily attendance of 37.

- Trained peer support specialists visit patients at both the FrontLine Crisis Stabilization Unit and Northcoast Behavioral Healthcare’s In-Patient Psychiatric Unit.

- In CY17, The Living Miracles project to serve 385 clients through services provided at the Empowerment Center, plus an additional 1,200 clients through their Community Outreach Peer Mentoring and Support Program at Frontline Services’ Crisis Stabilization Unit, Algart Nursing Home and some EDEN owned housing programs.

- The Living Miracles will be relocating to a larger location at 2070 W. 117th Street in Lakewood by the end of 2017. The new location will also house Future Directions, a consumer operated drop-in center.
Lutheran Metropolitan Ministry (LMM)

- Lutheran Metropolitan Ministry (LMM) provides Behavioral Health Services, that empower individuals to overcome barriers, obtain job skills, gain employment, locate stable housing, access counseling and support services, secure second chances and become self-sufficient, productive members of our community. The ADAMHS Board funding supports the following initiatives:
  - Mental Health Treatment Services
  - Adult Guardianship Services (AGS)
  - Behavioral Health Prevention Programming
  - Women’s Reentry Program

- AGS serves more than 600 clients annually. Approximately 50% of all clients have a SMI (severely mentally ill) diagnosis, and almost all have some type of mental disorder.

- The current caseload is 590 clients, of which 100 are under contract from the ADAMHS Board. Some are diagnosed with co-occurring disorders. Most have multiple chronic conditions contributing to high acuity. Clients live throughout the County; the majority in Cleveland proper.

- In FY16/17 the LMM served 205 in the prevention program services. LMM is an ongoing participant in Crisis Intervention Team (CIT) training. The agency provides law enforcement officers with an overview of the AGS. Trends over the last year indicate the program is on pace to serve 680 - 700 individuals by year end. The caseload acuity continues to rise along with the number of clients served. In 2016, AGS anticipates providing 3,300 hours of guardianship decision making to 115 ADAMHS Board clients.

- For more than 20 years, LMM has provided prevention services for low-income youth, from 6-17 years of age, residing in public and transitional housing through the Young African-American Reclamation Project (YAARP), Jr. Program.

- The Women’s Reentry Program (WREN) provides gender specific Behavioral Health Services for women with any involvement in the criminal justice system. WREN provides trauma specific services for women incarcerated at the Northeast Reintegration Center (NERC) and returning to Cuyahoga County. Women with a minimum of four (4) months remaining on their sentence will be able to participate in the trauma specific group.

- In CY16, WREN served approximately 48 women and they are near meeting the same goal for CY17.
Magnolia Clubhouse (The Clubhouse)

- Magnolia Clubhouse (The Clubhouse), a center of psychiatric rehabilitation for people living with mental illness, is part of an international evidence-based, best practice, recognized by the Substance Abuse and Mental Health Services Administration (SAMSHA). The clubhouse community supports employment, education, and health and wellness. Magnolia also offers integrated psychiatric and primary care services. ADAMHS Board funding supports the following initiatives:
  - Supported Employment
  - Integrated Health Services – Carriage House
  - Mental Health Treatment Services

- The Clubhouse provides supported employment (transitional and independent), supported education, advocacy, wellness and social recreational activities in the evenings, on weekends and holidays.

- In CY17, Magnolia Clubhouse average daily attendance was 75 members with an anticipated total to be served of 425 individuals. Last year, Magnolia Clubhouse had 74 people employed which surpasses the model employment benchmark by over 100%.

- In the Transitional Employment Program, which are part-time transition work positions with area employers developed by the Clubhouse and members that hold these jobs are employees of the company for nine to 12 months.

- For the first half of 2017, there were 23 members working in transitional employment positions as it is anticipated that in CY17, 35 members will be engaged in the program.

- Magnolia Clubhouse Carriage House Clinic contracts with University Hospitals for psychiatric services and nursing support. Behavioral Healthcare Services are provided four (4) hours a week, while primary cares services are provided on site, by Northeast Ohio Neighborhood Health Services, four (4) hours a month. The agency also reports that 14% of the members have diabetes, 25% report high blood pressure, 9% shared that they have been diagnosed with heart disease, and 16% report a respiratory problem.

- Magnolia Clubhouse anticipates an increase in the number of members served to be more than 90 as projected for CY18 as indicated by CY16/17.
May Dugan Center

- May Dugan Center (MDC) is certified to provide Mental Health Services to adults, adolescents and children. Mental Health Counseling, Case Management, Prevention Services and Wrap-Around Services are provided as well as trauma informed services. Target populations are low-income individuals in need of Counseling or Community Psychiatric Support Treatment and the Lesbian, Gay, Bi-sexual and Transgendered (LGBT) Community in need of the identified service listed above. The ADAMHS Board funding supports the following initiative:
  - **Mental Health Prevention Services**

- For the LGBT community, May Dugan Center provides prevention services through school-based and community-based prevention groups for adults and youth.

- For 2016/2017 school year, May Dugan Center served 446 individuals in the community and schools.
MetroHealth System

- MetroHealth System was funded by two (2) regional foundations to develop and pilot a program to deal with the complex medical and mental health issues of people with Severe and Persistent Mental Illness (SPMI) who are being released from Cuyahoga County jail into the community. MetroHealth’s task was to identify clients at the jail, to connect them with the MetroHealth System and a community behavioral health agency partner to provide assessments and mental health care, substance abuse treatment and case management. The ADAMHS Board funding supports the following initiative:

  - **Mental Health Treatment Services**

- ADAMHS Board funding supports the functions related to pre-release coordination and screening, once clients have been released from jail.

- In CY17, the program has enrolled 128 clients, of whom 70 are fully engaged in a wide range of treatment, coordination and linkage.

- The project’s goals for CY18 are to:
  - Provide integrated primary care, mental health care and substance abuse treatment to 100 clients with SPMI recently released to community.
  - Gather information on the complexity of care required and the characteristics of recently released SPMI clients. Document costs and savings to the corrections system and MetroHealth System and the ADAMHS Board of Cuyahoga County.
  - Demonstrate improved quality of life for clients through integrated care.

- To date MetroHealth has enrolled 118 clients.
Moore Counseling & Mediation Services (MCMS), Inc.

- Moore Counseling & Mediation Services (MCMS), Inc. is an organization which provides services in mental health treatment, Substance Use Disorder (SUD) Treatment Services, mediation, employee assistance programs and professional development. MCMS has been delivering services to the communities since 1999. It is their mission to provide the most comprehensive services to individuals with a goal to achieve a healthy and productive lifestyle. **ADAMHS Board funding is for the following initiative:**

  - **Recovery Housing**

- MCMS' Recovery Housing is gender-specific for women and a trauma-informed treatment program for individuals diagnosed with a SUD, referred by the Cleveland Municipal Court's Human Trafficking Specialized Docket. The women may be homeless and/or involved in the criminal justice system.

- The program was developed to expand access to the recovery housing for women experiencing co-morbid conditions including trauma and mental health issues.

- The housing model is evidence-based treatment and Level II Recovery Housing defined by the National Association of Recovery Residences (NARR) Standards.

- In CY16, MCMS served approximately 50 women over the funding period.

- Thus far in CY17, MCMS has served 63 women in their recovery housing program.
### Murtis Taylor Human Services System (MTHSS)

- Murtis Taylor Human Services System (MTHSS) is a comprehensive behavioral health organization that also provides a variety of other services in the community to both children and adults. The ADAMHS Board funding supports the following initiatives:
  - Prison Outreach/Jail Liaison
  - Peer Recovery Services/St. Clair House
  - Mentally Disordered Offender Program
  - Representative Payee Services
  - Behavioral Health School Based Programming

- The agency has an array of criminal justice programs, e.g. Jail/Forensic Liaison and Suburban Jail Liaison that provide services to clients that have felony arrests as well as misdemeanor offenses. Murtis Taylor’s Prison Outreach provides intensive case management services to engage individuals incarcerated prior to release and provide behavioral health services to assist with their reintegration into the community.

- In CY17, between the two programs, 410 individuals will be served. To date, the two (2) programs average 113 clients per month.

- To date, the specialized team has engaged 118 individuals.

- Through July 31 of CY17 the MTHHS’ residential program consisted of 3 residential care facilities that operate 24 hours, 7 days a week to provide a therapeutic environment for 61 individuals (bed capacity) with severe mental illness.

- From August to present CY17, MTHHS’ residential program consists of one (1) residential care facility that operates 24 hours a day, seven days a week to provide a therapeutic environment for 14 individuals (bed capacity) with severe mental illness.

- For CY17, St. Clair House provided peer support services to 14 males diagnosed with mental illness and substance use disorders and on probation. The average length of stay is six (6) months.

- Mental Health and Developmentally Disabled (MHDD) Program, more commonly known as the Mentally Disordered Offender Program (MDOP), will provide mental health services to clients referred from the County MHDD Probation Department who remain on active probation.

- In CY17, the MHDD program anticipates serving 80 individuals.
Murtis Taylor Human Services System (MTHSS)

- Murtis Taylor also provides Representative Payee services to Social Security recipients who are unable to manage their funds to meet their daily living needs. Staff assists with monthly budgeting, bill paying, purchases, and saving. In CY17, Murtis Taylor served an average of 346 clients per month, and processes an average of 1,750 payments per month.

- Under the guides of the ADAMHS Board Behavioral Health School Based Program, Murtis Taylor utilizes consultation through brief interventions that are short-term modeled from the Ohio Georgetown Model that is extended to students, teachers, school administration and more importantly parents and/or caregivers without the need to develop a formal treatment plan in effort to intervene.

- School Based services are provided in Cleveland Metropolitan Schools District and to Charter Schools. Grades K through 12th grade are targeted for consultation services. In the CY16/17 school year, Murtis Taylor served approximately 1,278 students.