



Roads to Recovery '17:
***Heading in the Right Direction
to Attain Mental Health and Addiction Recovery***
Monday, October 23, 2017
Cleveland, Ohio



Call for Conference Workshop Proposals

Proposals Due: Friday, April 7, 2017

Background:

The Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County is seeking proposals for workshops for its ***Roads to Recovery '17: Heading in the Right Direction to Attain Mental Health and Addiction Recovery conference***. This biennial regional conference for clients of mental health services, individuals in treatment from addictions, family members, and providers of mental health and alcohol and other drug treatment/prevention services will be held **Monday, October 23, 2017**, at the **Marriott Cleveland Airport on West 150th Street**.

Heading in the Right Direction to Attain Mental Health and Addiction Recovery was chosen as our conference theme to reflect Ohio's community mental health and addiction treatment and recovery services system transition from a system that focuses on acute care to a Recovery-Oriented System of Care (ROSC) that focuses on recovery management to help individuals not only get well, but stay well. The ADAMHS Board of Cuyahoga County, along with the other county ADAMHS Boards, is the key to ensuring that individuals and families affected by mental illness and/or addiction have access to this high-quality ROSC to ensure that Cuyahoga County is healthy, safe, and drug-free, while assuring accountability and effectiveness in client care.

We anticipate attracting over 300 clients, family members and workers from mental health and alcohol and other drug treatment/prevention recovery providers. Workshops will be presented throughout the day beginning at 10:00 a.m. and ending at 5:30 p.m.

What the ADAMHS Board of Cuyahoga County is looking for:

Proposals for workshops should complement the conference goals of:

- Illustrating successful mental health and alcohol and other drug addiction recovery models and best practices.
- Implementing successful mental health and alcohol and other drug addiction recovery models into daily practice for clients, families and professionals.
- Establishing a trusting relationship between clients, family members, and providers to foster recovery.
- Educating the public that personal recovery from mental illness and alcohol and other drug addiction is possible.

Workshops should focus on the topic of recovery from mental illness and alcohol and other drug addiction, and related issues that are of interest to clients, family members and providers. These issues may include, but are not limited to:

- Policy and system changes to support recovery and resiliency.
- Housing, sober beds, residential care, assisted living, etc.
- Early childhood and adolescent mental health and addiction.
- Examples and benefits of integrating mental health and addiction healthcare with physical healthcare.
- Practical techniques for implementation of recovery practices for mental health and/or alcohol and other drug treatment/prevention providers.
- Opiate and heroin prevention strategies and treatment for children, adolescents and adults.
- Self-care and vicarious trauma.
- Medication Assisted Treatment (MAT)
- Gambling addiction prevention strategies and treatment.
- Recovery Coaches and/or Peer Support Specialists role in recovery.
- Family treatment support systems and recovery.
- Using social media and the media to reduce stigma.
- Role of spirituality in the recovery process.
- Mental, emotional and behavioral health wellness and/or prevention.

- Advocacy, mentoring and positive behavioral support for youth.
- Illness management and/or use of medications in recovery.
- Cultural competency in recovery and resiliency.
- Best practices for recovery and resiliency.
- Healing through dance, art, writing and other recreational/social activities.
- Vocational training, education and employment.
- Peer empowerment and client-run programs.
- Advocacy and communication efforts to demonstrate that recovery is possible.
- Elimination of stigma associated with mental illness and/or alcohol and other drug addiction.
- Recovery for people with a dual diagnosis.
- Recovery and resiliency in the gay, lesbian, bisexual, transgender and questioning population.
- Supervision, ethics and counselor development.
- DSM-5 and ICD-10.
- Pet therapy for behavioral health issues.
- Pressing related behavioral health issues, such as human trafficking, reentry, cyber bullying, etc.

Each workshop presenter and/or secondary presenter(s) will have a combined total of **90 minutes for the presentation, including time for audience participation**. *We also are accepting proposals for special institute workshops of 180 minutes for presentation of in-depth information.*

Presenters may submit a proposal for more than one workshop.

Proposal Format:

Proposals for workshops must include the following:

- A proposal cover page that includes:
 - Title of workshop.
 - Indication if appropriate for Special Institute Workshop.
 - Names, degrees, titles, organizations, complete mailing addresses, phone numbers, fax numbers and e-mail addresses for all presenters. *(Please list principal presenter first.)*
- A half-page biographical sketch for each presenter.
- A summary of the proposed workshop, including learning objectives – no more than 100 words on one typed page. *(If your proposal is accepted, all or part of this description will appear in the conference program and be used for approval of CEUs.)*
- Workshop format that outlines any audiovisual requirements *(please specify)*, any special requirements *(day and time restrictions or special needs)*, and if this or a similar workshop has been presented previously *(please specify where and when)*.
- Fee/travel requirements, if any.

Proposals must be received no later than 5:00 p.m. on Friday, April 7, 2017.

Submit your proposal for presenting a workshop by **5:00 p.m. on Friday, April 7, 2017.**

- via e-mail *(preferred)* to:
Scott S. Osiecki, Chief of External Affairs, osiecki@adamhsc.org
with a cc: to Tonya Birney, Training Officer, at birney@adamhsc.org
Subject Line: Roads Conference Proposal
Attachments in Word or PDF format
- or mail to:
Scott S. Osiecki, Chief of External Affairs
ADAMHS Board
1212 West 25th Street, 6th Floor
Cleveland, Ohio 44113

Acceptance:

All proposals will be reviewed by the ADAMHS Board Training Institute Advisory Committee. We anticipate issuing notifications of acceptance by May 5, 2017.