

CY 2019 Program Highlights and Outcomes

Achievement Centers for Children (ACC)

- Achievement Centers for Children (ACC) offers a wide array of interdisciplinary services for children from the youngest age (prenatal) through adulthood and their families. Mental Health Programming is provided for children birth through five (5) years of age experiencing social, emotional and/or behavioral challenges. The ADAMHS Board funding supports the following initiative:
 - **Early Childhood Mental Health (ECMH) Programming**
- ACC have been a longstanding partner within Cuyahoga County's early childhood system. Consultation and treatment services, provided by the Early Childhood Mental Health (ECMH) Agency Work Group is delivered as a family driven, strength-based community service to aid parents and caregivers with early intervention support to divert and avoid deeper penetration into the behavioral health system.

CY 2019 Program Highlights and Outcomes

Applewood Centers, Inc.

- Applewood Centers, Inc., is a non-profit agency and one of Northeast Ohio's largest providers of behavioral healthcare and social services for children, youth and families. ADAMHS Board funding supports the following initiatives:
 - Crisis Stabilization**
 - School-based Prevention**
 - Early Childhood Mental Health (ECMH)**
 - Mental Health Services – Cuyahoga County Juvenile Court Detention Center**
- Applewood's needs-driven **crisis stabilization** program provides flexible, therapeutic short-term residential placement that varies from 24 hours to 30 days depending upon each youth's presenting needs and individualized treatment plan.
- The program served 32 youth in CY 2017, has provided placement to 19 youth so far in CY2018, and expects to place 32 youth in CY2019.
- Applewood's **School-based Prevention** programs run for eight to 12 weeks. Short Term Child and Family Consultation services are client-specific and dependent upon individual needs, client profile, and problem intensity. Staff will utilize the Ohio/Georgetown Consultation Model, which is evidence-based and can be provided in whole class and small group settings as well as individually and to school staff, children, and parents.
- Applewood's program served 475 individual children in CY 2017; of these, 170 children participated in groups on developing social skills, anger management, self-esteem, and bullying prevention. Consultation was provided to 594 parents, teachers and staff on classroom management, social media aggression, trauma-informed care, crisis planning and interventions for students with suicidal ideation, education on mental health diagnoses, referrals for social community support, staff burnout, and parent support.
- From January – June, 2018, Applewood has served 237 individual children with 132 children participating in a group setting, and has provided 525 adult consultations to teachers, school staff and parents in the agency's 37 Cuyahoga County schools.
- In CY2019, Applewood projects serving 475 to 500 individual children, with about 150 participating in prevention groups. The agency expects to provide 600 adult consultations to teachers, school staff and parents.
- Consultation and treatment services, provided by the **Early Childhood Mental Health (ECMH)** Agency Work Group is delivered as a family driven, strength-based community service to aid parents and caregivers with early intervention support to divert and avoid deeper penetration into the behavioral health system.

CY 2019 Program Highlights and Outcomes

- The Mental Health Services in the Cuyahoga County Juvenile Court Detention Center program stabilizes youth with mental health challenges who are detained within the detention center, as well as provides consultative guidance and education about mental health and behavioral issues to Detention Center staff.
- A dedicated team of licensed clinicians provides mental health services to youth identified by the Juvenile Court within each of the five housing units of the detention center: brief solution focused therapy, suicide risk assessments, linkage and coordination, and crisis intervention when indicated. A child/adolescent psychiatrist provides pharmacological assessment and medication management up to eight hours per week.
- In CY2019, Applewood projects to provide initial brief functional behavioral assessments and/or suicide risk assessments to approximately 700 youth identified through the detention center, and provide ongoing mental health services to approximately 300 of those assessed.

CY 2019 Program Highlights and Outcomes

Asian Services in Action (ASIA), Inc.

- Asian Services in Action (ASIA) Inc., is a non-profit organization in Northeast Ohio whose mission is to empower and advocate for Asian Americans/Pacific Islanders (AAPI's) and to provide access to culturally and linguistically appropriate information and services. The ADAMHS Board provides funding for the following initiative:
 - **Behavioral Health Prevention Services – Westside Community Adult Mentoring Program (West CAM)**
- West CAM meets after school, twice a week, for students in grades 2-12 and involves drug prevention education, English language education, tutoring, and mentoring. In addition, parenting classes are offered weekly during the school year. The classes teach parents about communicating expectations, handling family conflict, setting rules about drugs, using "I" messages, American culture, and other ways to prevent drug use and abuse.
- During the summer, West CAM provides small group and individual drug prevention education, literacy-based education, and extracurricular activities such as field trips. Summer programming occurs 6 hours a day, 5 days a week, in June and July.
- In CY2017/18, ASIA served 160 youth in afterschool programs, 100 youth in the summer program and 36 refugee and immigrant adults in the parenting classes for a total of 296 individuals served. In CY2019, ASIA expects to serve 308 individuals and adding two parenting classes with 6 people in each.

CY 2019 Program Highlights and Outcomes

Beech Brook

- Beech Brook is a behavioral health agency that serves children, adolescents and transitional aged youth at risk in Northeast Ohio through a continuum of outpatient services. ADAMHS Board funding supports the following initiatives:
 - School-based Prevention**
 - Early Childhood Mental Health (ECMH)**
- The **School-based Prevention** program is a collaborative effort comprised of the ADAMHS Board, Agency Providers, Cleveland Metropolitan School District, as well as the outer and inner ring suburban districts in Cuyahoga County. The ADAMHS Board School-based Prevention utilizes consultation services through brief interventions that are short-term modeled from the Ohio Georgetown Model that is extended to students, teachers, school administration and more importantly parents and/or caregivers without the need to develop a formal treatment plan in effort to intervene. In addition to the aforementioned, programming includes universal and targeted prevention groups to address mental health and social skill struggles.
- For the 2017/2018 school year, Beech Brook served approximately 2,798 students through consultation and targeted prevention groups.
- Beech Brook provides **ECMH** services through consultation and treatment interventions. As other ECMH partnering agencies, Beech Brook utilizes the Devereux Center for Resilience's web-based system to assess the strengths of children birth to six (6) years of age.

CY 2019 Program Highlights and Outcomes

Bellefaire Jewish Children's Bureau (Bellefaire JCB)

- Founded as an orphanage in 1868, Bellefaire Jewish Children's Bureau has evolved into one of the nation's leading providers and innovators of wellness, advocacy and behavioral healthcare for children, youth and their families. ADAMHS Board funding supports the following initiatives:
 - School-based Prevention**
 - Residential Treatment Crisis Beds**
 - Mobile Autism Intervention Team and Beds**
- Bellefaire's **School-based Prevention** programs run eight to 12 weeks, while Short Term Child and Family Consultation services utilize the Ohio/Georgetown Consultation Model, and are client-specific and dependent upon individual needs, client profile, and problem intensity.
- School-based Prevention program served 1,700 youth through consultation and prevention services and provided 675 consultation sessions with adults. The School-based Prevention program served about 1,700 youth via our treatment services and 8,000 clients so far in CY2018 through the Social Advocates for Youth (SAY) program.
- Bellefaire is on target to serve the same amount of students and adults or more during the 2018/2019 academic year. Due to the increased demand for consultation and prevention services in schools, they expect to increase consultation and prevention services by 25% in 2019. In CY2019, SAY is expected to reach around 10,700 students because of the addition of Problem Identification and Referral Services.
- The **Residential Treatment Crisis Beds** serve as an adjunct to our children's mobile crisis team to stabilize youth 8 through 17 years of age with mental health & co-occurring disorders who may require brief periods of stabilization, assessment, interventions and treatment recommendations. The goal is to divert hospitalization and a residential placement stay. All residential programs stress a multidisciplinary approach to address the complex needs of each individual.
- Bellefaire's residential program serves over 500 youth annually. In CY2017, ADAMHS Board funding supported 45 youth, 17 of which were children with a developmental disability and a mental health disorder. Between January and June of 2018, ADAMHS board funding supported 25 youth, 9 of which were children with a dual diagnosis.
- In CY2019, Bellefaire plans to serve 45-57 youth through the three crisis beds for youth who require crisis placement but who do not meet the criteria for inpatient hospitalization. We expect that 10-12 of those youth will have a dual diagnosis of a development disability and a mental health disorder.

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Bellefaire Jewish Children's Bureau (Bellefaire JCB)

- **Bellefaire's Mobile Autism Intervention Team and Beds** are for youth ages 8-21 with autism spectrum disorder or other developmental diagnoses and a co-occurring mental health disorder. Clients include youth that are experiencing a crisis situation in which they become a safety risk to themselves or others and require immediate crisis intervention and de-escalation.
- The program began in September of 2017, and by the end of the year had 4 clients. So far in CY2018, the unit has provided services to 7 clients. In CY2019, Bellefaire expects to serve 12 clients that are crisis placements at Monarch Boarding Academy, and with the expansion of services into the community, serve an additional 12 youth.

CY 2019 Program Highlights and Outcomes

NEW: Briermost Foundation

- The Briermost Foundation's mission is to provide safe, sober and supportive housing to women in recovery from drugs and alcohol and provide purpose in living through learning and training opportunities. ADAMHS Board funding supports the following initiative:
 - **Recovery Housing**
- **NEW:** The Briermost Foundation began operating the **recovery house** and training farm in March of 2018. Eight residents currently live/work on the farm. The Briermost Foundation aims to serve 20 residents in CY2019.
- This program aims to eliminate the employment barriers that many women in recovery face and includes a training program. Residents who participate in the training program are paid an hourly stipend for training. Residents engaged in intensive outpatient treatment are able to participate for 10 hours per week. Once clients have completed IOP, they can increase the number of hours worked. Not all residents participate in the training program.
- All residents have been diagnosed with SUD, many have been dually-diagnosed. The farm allows for residents receiving MAT.
- The Recovery house offers supportive housing in a monitored peer-supported environment.

CY 2019 Program Highlights and Outcomes

Care Alliance Health Center

- Care Alliance Health Center is a Federally Qualified Health Center (FQHC) agency with a mission to provide high-quality, comprehensive medical and dental care, patient advocacy and related services to people who need them most, regardless of their ability to pay. ADAMHS Board funding supports the following initiative:

Fentanyl Test Strip Program

- The **Fentanyl Test Strip Program's** (FTSP) is a harm reduction effort to reduce the number of overdoses deaths related to fentanyl in Cuyahoga County. The fentanyl test strips can be used to test heroin and cocaine for traces of fentanyl.
- The test strips and educational information will be given to patients at the FQHC who have indicated drug use or have symptoms of drug use or substance use disorders.
- The funding allocation will be used to purchase 15,000 test strips with the intention of reducing overdoses and deaths related to Fentanyl, which is now appearing in cocaine.

CY 2019 Program Highlights and Outcomes

Catholic Charities Corporation

- Catholic Charities Corporation (CCC) is a comprehensive behavioral health organization that provides a myriad of services under contract with the ADAMHS Board for adolescents and adults. ADAMHS Board funding supports the following initiatives:
 - Seasons of Hope**
 - ATOD Prevention Services**
 - Employment**
 - Project FIRST Episode Schizophrenia Program**
 - School-based Prevention**
- **Seasons of Hope** is a safe house, open 7 days per week from 7 p.m. to 7 a.m. that provides resources for women who may have substance use disorders or other needs (homelessness, leaving violent situations, or other difficult situations). The program serves approximately 500 women per year.
- Catholic Charities' **Alcohol, Tobacco and Other Drugs (ATOD) Prevention Services** target Hispanic youth and provide culturally specific programming that is bilingual. The youth program utilizes the Lions Quest Skills for Adolescents, a comprehensive evidence-based prevention curriculum through SAMHSA that is appropriate for school settings and promotes the development of life skills and citizenship skills into the future. Youth are served in DAPS school program and the Covenant Center. Combined, the programs serve approximately 1,000 – 2,000 young people per year.
- Catholic Charities' comprehensive **Employment** program serves clients ages 16-65 and provides a full range of workforce development services from vocational assessment and career counselling to job placement and post-employment support. The services are provided to approximately 75 adults and transitional youth each quarter and 300 annually.
- **Project FIRST Episode Schizophrenia program** implements the evidence-based High Yield Cognitive Behavioral Therapy for Psychosis. There are six treatment components (clients must select at least 2): individual counseling; family psycho-education; pharmacological management; case management; supported employment/education; and/or, substance use disorder treatment. It also involves peer support, transportation, housing, treatment and employment programming. In CY2019 Catholic Charities projects serving 45 newly referred individuals from ages 16-40 years of age; with current participants the program should serve more than 70 people overall in CY2019.

CY 2019 Program Highlights and Outcomes

Catholic Charities Corporation

- Catholic Charities' **School-based Prevention** is similarly designed as other partnering agencies as consultation and targeted prevention groups are part of the continuum of services through ADAMHS Board funding. Services provide prevention groups and consultation services to assist school personnel with developing behavioral intervention strategies, trains school personnel and parents on mental health signs and symptoms. Forty-four group sessions, with approximately 23 children in each, are held each year and serve just over 1,000 youth each year.

CY 2019 Program Highlights and Outcomes

The Centers for Families and Children (The Centers)

- The Centers is a comprehensive behavioral health organization that also provides a variety of other services in the community to both children and adults. The ADAMHS Board funding supports the following initiatives:
 - Integrated Care Coordination (Prevention)**
 - Peer Support**
 - Transportation Pilot Program**
- The Centers' **Integrated Care Coordination (Prevention)** program includes Rapid Access and Transitional Case Management Services to position the clients and the community provider in the center of transitional care planning.
- The program includes centralized enrollment and access to information, rapid access assessment after hospitalization and primary care case management and clinical pharmacy services for individuals with persistent and severe mental illness.
- The team engages the client with in-home and office-based follow-up care regarding chronic disease management including but not limited to smoking cessation, diabetes control, medication compliance, pill boxes, vaccines, hypertension management nutrition and prescriber consultation.
- In CY2019, The Centers intends to serve 600 clients through this program, which is almost double the 325 clients served so far in 2018, and substantially more than the 385 served in 2017.
- The Centers' **Peer Support Program** includes benefits and wellness supports. Benefit support includes verifying insurance coverage and benefits eligibility, educating clients about their benefits and assisting clients in applying for Medicaid and other benefits (SSD, food assistance, etc.) as well as assisting with the redetermination process for benefits. Wellness activities include group activities with peers such as art coping groups, yoga, smoking cessation, chronic disease management classes, photography club, knitting club, health fairs, and dancing. Clubs are offered in English and Spanish and generally provide a healthy snack. There is full interdisciplinary support for clients by team members from psychiatry, pharmacy, behavioral health and primary care.
- The Centers Health and Wellness Program includes a **Transportation Pilot Program** that will use a combination of bus tickets, hired taxi (Lyft/Uber) or Community Psychiatric Supportive Treatment (CPST) Service providers personal car use for all clients deemed incapable of utilizing public transportation or taxi service.

CY 2019 Program Highlights and Outcomes

- In CY2019, The Centers intends to serve 5,700 clients through this program. This number is 15% more than the clients served, so far in 2018 and 10% more than those served in 2017.

CY 2019 Program Highlights and Outcomes

Circle Health Services

- Circle Health Services (formally The Free Clinic) is a Federally Qualified Health Center (FQHC) agency that provides intensive and non-intensive outpatient substance abuse treatment in Northeast Ohio. ADAMHS Board funding supports the following initiative:
 - **Fentanyl Test Strip Program**
- The **Fentanyl Test Strip Program's** (FTSP) is a harm reduction effort to reduce the number of opiate overdoses and deaths in Cuyahoga County. The FTSP allows individuals who inject drugs intravenously to test heroin for traces of fentanyl.
- In CY2018, this program served 5,000 individuals. The funding allocation is used to purchase 15,000 test strips with the intention of reducing the overdoses and deaths related to Fentanyl use. Each individual receives three test strips. The program will serve the same number of individuals in CY2019.

CY 2019 Program Highlights and Outcomes

Cleveland Christian Home (CCH)

- Cleveland Christian Home is a non-profit organization specializing in the provision of treatment services for difficult and at-risk child and youth populations. ADAMHS Board funding supports the following initiative:
 - **School-based Prevention**
- CCH's School-based Prevention program services are delivered with a similar framework as the other partnering agencies participating in this school-based initiative. This program identifies youth most in need through the Georgetown consultation model.
- In the 2017/18 school year, CCH supported 38 students in groups and 68 students through consultation and preventative services. CCH plans to serve 290 students in CY2019.

CY 2019 Program Highlights and Outcomes

City of Cleveland Department of Public Health (CDPH)

- The Cleveland Department of Public Health's (CDPH) Office of Mental Health and Substance Abuse provides abstinence based substance abuse treatment and prevention activities. ADAMHS Board funding supports the following initiative:
 - **School-based Prevention**
- CDPH delivers services in the prevention service model, utilizing the Substance Abuse Mental Health Services Approach (SAMHSA) & the Center for Substance Abuse Prevention (CSAP) strategies which are Problem Identification and Referral along with dissemination of educational materials, Alternatives, and Community Based Process to reduce risk factors and enhance protective factors.
- In 2017/2018 school year, the agency's Student Assistance Program (SAP) provided school-based prevention and early intervention services to all students in three CMSD schools (Clark, Louis Agassiz and Marion C. Seltzer, Elementary Schools). The total number of students served was approximately 1,322.
- The SAP program was administered at Clark elementary and served 189 students during the 2017/2018 school year. That number is expected to increase in the 2018/2019 school year.

CY 2019 Program Highlights and Outcomes

Cleveland Rape Crisis Center (CRCC)

- Cleveland Rape Crisis Center (CRCC) offers direct and comprehensive services which include prevention, treatment, education and advocacy to support individuals impacted by sexual violence and assault. The ADAMHS Board funding supports the following initiative:

□ Mental Health Prevention Outreach Services

- CRCC provides Comprehensive Sexual Violence Prevention programming. This Community-based prevention programming provides information about sexual violence so that community members can recognize and respond to sexual violence disclosures.
- The program provides outreach, education and information dissemination to faith-based organizations, community groups, culturally specific organizations, schools and college campus to prevent rape and sexual assault. It also trains community partners on referral systems and best practices on referring survivors to services.
- CRCC serves any survivor of rape or sexual abuse, their families, and community members seeking to learn about or prevent rape and sexual assault. Participants include first responder professionals, religious leaders, community organizations, middle and high school and college students.
- Thus far in CY2018, CRCC participated 882 speaking engagements, reaching 5,852 individuals; distributed 14,007 pieces of collateral material; completed direct referrals for 100% of individuals who disclosed sexual abuse or rape; participated in 28 community collaborations and attended at least 75% of scheduled partner meetings; participated in 28 speaking engagements in collaboration with community partners; and, responded to 100% of training requests.
- In CY2019, CRCC projects participating in 60 speaking engagements to reach approximately 4,000 individuals; distribute 5,000 pieces of collateral material; provide direct referrals to 100% of individuals who disclosed sexual abuse or rape; participate in 6 community collaborations and attend at least 75% of scheduled partner meetings; participate in 35 speaking engagements in collaboration with community partners; and respond to 100% of training requests.

CY 2019 Program Highlights and Outcomes

Cleveland Treatment Center (CTC)

- The mission of the Cleveland Treatment Center (CTC) is to “Improve the health and well-being of residents of Northeast Ohio by providing a state of the art, cost effective, abstinence-based drug treatment/prevention health prevention services.” The Cleveland Treatment Center (CTC) is a Substance Use Disorder (SUD) treatment facility that primarily provides Methadone Maintenance and Outpatient services. The ADAMHS Board funding supports the following initiatives:
 - Sober Housing**
 - Art Therapy**
- The CTC continues to have a strong interest in offering **sober housing** for adults who struggle with heroin/opiates and Alcohol and Other Drugs (AOD). CTC offers Recovery Housing that meets the standards for the National Association of Recovery Residences (NARR) and Ohio Recovery Housing (ORH) as Levels 1 and 2 Recovery Residences.
- The average length in the Sober Housing Program of stay is 90 days. Key services include orientation, intake and comprehensive assessment, benefit coordination, links to support groups, IOP, family services, physical/medical evaluation, financial assessment and budgeting, transportation, life skills and other services as needed.
- Thus far in CY2018, CTC had 149 clients enrolled, and anticipates serving an additional 125 in CY2019.
- **CTC’s Art Therapy Program** is a complementary and alternative medial (CAM) approach to assist with SUD and co-occurring disorders. In CY2018 CTC enrolled 35 clients to date and projects to serve 70 clients by the end of the year. With the expansion of the project they expect to serve over 90 clients in CY2019.

CY 2019 Program Highlights and Outcomes

Community Action Against Addiction (CAAA)

- Community Action Against Addiction (CAAA) provides Medication Assisted Treatment (MAT) to persons addicted to heroin. The agency has expanded its treatment base of Methadone to include Subutex/Suboxone and Vivitrol giving the clients greater choice in their treatment regimen. The agency also has expanded its Intensive Outpatient (IOP) Treatment Program. The ADAMHS Board funding supports the following initiative:
 - **Recovery Housing**
- CAAA's **Recovery Housing** program is a 24-hour/day, 7-days/week residential program for men in recovery from SUD, some on Medication Assisted Treatment. Clients receive a physical examination and psychosocial assessment upon intake and create individualized treatment plans to help them achieve their goals.
- The housing program provides hygiene items and food to clients. Clients are required to attend individual and group counseling sessions and receive assistance in obtaining employment.

CY 2019 Program Highlights and Outcomes

Community Assessment & Treatment Services, Inc. (CATS)

- Community Assessment & Treatment Services (CATS) provides Alcohol and Other Drugs (AOD) Intensive Outpatient (IOP) Treatment Program and residential treatment services to referrals from Drug Court, the community and adult probation staff. ADAMHS Board Funding supports the following initiative:
 - **Modified Therapeutic Community (MTC)**
- CATS' **Modified Therapeutic Community (MTC)** complements treatment services by helping clients transition from residential to outpatient levels of care by providing: assistance with security deposits for housing and utilities, household items, clothing and hygiene items; work supplies, and staff guided peer support meetings
- CATS' program includes assessment, individual counseling, group therapy, case management, crisis intervention, and urine analysis. It uses several evidence-based practices including relapse prevention and MAT, and provides accommodations for mental health symptom management. The program also assists with aftercare expenses.
- The MTC program provides a minimum of 15 hours per week for adult males with a diagnosis of chemical abuse and/or dependency and a history of incarcerations. Thus far in CY2018, the agency has served nearly 24 clients in the MTC program. It served 35 in CY2017 and projects to serve 42 in CY2019.

CY 2019 Program Highlights and Outcomes

Cornerstone of Hope

- Cornerstone of Hope's goal is to make life and living possible again and to find new hope after the loss of a loved one. ADAMHS Board Funding supports the following initiative:
 - **Traumatic Loss Support Group**
- Cornerstone of Hope's Traumatic Loss Support Group include loss-specific support groups for individuals who have experienced the death of a loved one due to accidental overdose, suicide, murder, and/or have experienced the death of a loved one with whom the relationship was strained.
- These Support Groups are offered each quarter, and run for 10 weekly sessions. Support Group Sessions are 2-2.5 hours in length and are held in the evenings. Some of the groups offer Peer Mentors, who are individuals who have been through Cornerstone's Support Group program.
- With the ability to be guided by a facilitator to express grief reactions, gain education on healthy coping strategies, normalize their grief feelings, and gain peer support, support group clients will be at a decreased risk for complicated grief, depression, and substance abuse.
- In CY2017, 94 individuals participated in these support groups. In CY2018, Cornerstone is on track to serve approximately 124 clients. The increase is due to the addition of the Complicated Loss Group. The agency projects serving 140 individuals in all four groups in CY2019.

CY 2019 Program Highlights and Outcomes

NEW: Courage to Caregivers

- Courage to Caregivers is a Support Group pilot program. ADAMHS Board Funding supports the following initiative:
 - **Support Groups For Mental Illness**
- **NEW:** Courage to Caregivers is a support group for individuals who identify as caregivers for people living with mental illness. The weekly groups will be themed around self-care.
- The groups will educate members, provide support to reduce stress, create positive relationships with others who understand and empower participants to achieve personal goals.
- The groups will be facilitated by both professional and trained peers. Courage to Caregivers projects that 10 mental health caregivers will serve as peer facilitators and that the groups will be attended by approximately 40 clients/month in CY2019.

CY 2019 Program Highlights and Outcomes

Signature Health

- Signature Health provides a spectrum of behavioral health and recovery support services allowing for seamless care for children, adults and their families. ADAMHS Board funding supports the following initiatives:
 - 24/7 Access**
 - MAT/Peer Support**
 - Housing – ORCA/Crawford House and Northridge Commons**
 - Peer Support**
 - Transportation Pilot Program**
 - Wellness Works**
 - Art Therapy**
- **NEW:** Signature Health will provide **24-hour/7-day access** to MH and SUD treatment services by streamlining access to care and linkage of clients to appropriate levels of care. The central point of contact will assess clients for immediate harm or crisis and link clients to the appropriate provider for care needed. They will also verify that the provider with which they are connecting the client accepts the client's form of insurance, payment or funding.
- It is projected that this program will serve approximately 250 clients.
- **NEW:** Mental health and physical health impact each other. By addressing one, improvement can be made to the other. Addressing both has the most beneficial impact on a client. The **Wellness Works** program will assess and track healthcare metrics (weight, BMI, etc.), provide education and support to clients and increase activities that will help clients remain well or address acute and chronic health conditions.
- It is projected that 250-350 clients would be served in CY2019
- **NEW:** Circulation Health is a **pilot transportation** program being implemented by Signature Health to remove barriers to treatment and health maintenance. This program will ensure that clients that have issues with transportation get to necessary BH and primary care appointments.
- The program expects to serve between 200-300 clients in the first year with Uber rides.
- **NEW:** Signature Health has been providing MAT since 2012. MAT is most successful when combined with comprehensive treatment services. Signature Health will be adding two peer supporters as part of the comprehensive plan of care to increase sustained recovery for clients on MAT.

CY 2019 Program Highlights and Outcomes

Signature Health

- It is projected that 750-800 clients will receive MAT in CY2019 and that 300-350 of those clients will benefit from the comprehensive care plan (including IOP and Peer support).
- Signature Health provides supportive services to **Northridge Commons**, which is a 30 unit permanent housing environment, owned by EDEN, Inc., and operated by Signature Health for clients who are 50 years of age and older and have a mental illness.
- In CY2017/2018 34 individuals resided in the program. They expect the same for CY2019.
- Signature Health will expand its **peer support services** using three specialists: a forensic specialist, a substance abuse specialist and a general mental health specialist. Forensic peer support specialist will assist during key points of incarceration process from arrival at the jail through the proceedings/sentencing and finally, to re-entry back in to the community. All specialists will provide holistic, person-centered strength-based support to clients to promote recovery principles, advocate for clients and educate stakeholders in the recovery process.
- In the first half of CY2018, 1540 hours of general peer support were provided to 82 clients; 211 visits were conducted at the jail; and, 100 clients were served through ORCA.
- Signature Health provides **Recovery Housing** at Crawford House to male clients who have completed ORCA residential treatment. Residents receive a secure and stable living environment, have structure (chores), responsibility (required outpatient, group therapy) and accountability (sober living, resource referral, etc.). On average, 20 men are served in the program each calendar year. The same is expected for CY2019.
- Signature Health has a robust **Art Therapy** program. The program served 66 individuals through 500 art sessions in CY2017; 353 services were provided to 51 people in the first half of CY2018; and, the program expects to provide 700 services in CY2019.

CY 2019 Program Highlights and Outcomes

Cuyahoga County Common Pleas Court, Corrections Planning Board, TASC

- The Corrections Planning Board is a governmental entity under the auspices of the Cuyahoga County Common Pleas Court (CPC) and functions as the administering organization to Treatment Alternatives to Street Crime (TASC). TASC's mission is to provide an objective and effective bridge between the Criminal Justice System and the treatment community. ADAMHS Board funding supports the following initiative:
 - **Cuyahoga County Correction Center (CCCC) Women's Reentry Pilot Program**
- **Pilot Program:** Cuyahoga County TASC is Ohio Mental Health and Addiction Services (Ohio MHAS) certified for Behavioral Health Counseling and Therapy.
- The Court/Correction's Planning Board and the Sheriff's Department (SD) proposes to implement and adhere to an evidence-based trauma informed cognitive behavioral treatment (CBT) modality for its gender specific SUD Treatment Services Program for incarcerated females at the CCCC.
- Sentenced moderate to high-risk female participants will be screened by CCCC Social Service Specialists for drug abuse and referred to TASC for assessment. Based on ASAM criteria, TASC Assessment Specialists will provide: Outpatient Treatment (OP), Intensive Outpatient Treatment (IOP), Individual Counseling, Case Management, and aftercare.
- Linkages to community agencies for treatment services and other post release programming (e.g., employment, literacy, mental health) will be included in each individual participant case plan.
- This program expects to serve approximately 96 women.

CY 2019 Program Highlights and Outcomes

NEW: Cuyahoga County Domestic Relations Court

- Cuyahoga County Domestic Relations Court facilitates the Families First Program. The ADAMHS Board funding supports the following initiative:
 - **Families First Program**
- **NEW:** The **Families First Program** combines judicial supervision with identification and treatment of parents involved in contested divorce proceedings and experiencing substance use and mental health issues with the goal of improving the co-parent relationship.
- Essential elements of this program are judicial supervision, status review, treatment team, screening and assessment, evidence based treatment services and mentored court visits. The 18-month program is voluntary and available to all families in the process of divorce and experiencing substance use, mental health issues and/or co-occurring disorders.
- The program will launch in October 2018 with ten families. It is anticipated that both parents will receive some level of service for a total of 20 individuals. The program capacity may be increased to 25 families during CY2019 depending on funding.

CY 2019 Program Highlights and Outcomes

Domestic Violence & Child Advocacy Center

- Domestic Violence & Child Advocacy Center (DVCAC) is the result of a merger between the Domestic Violence Center and Bellflower Center for Prevention of Child Abuse. Its mission is to end child abuse and domestic violence, empowering victims, educating the community, and advocating for justice. DVCAC offers a wide variety of prevention and intervention services. ADAMHS Board funding supports the following initiative:
 - **Domestic Violence and Family Helpline: 216-391-4357 (HELP)**
- DVCAC's confidential, 24-hour Domestic Violence Helpline offers crisis intervention, support, safety planning, information and referrals to domestic violence/child abuse victims, survivors, families and professionals. Domestic Violence victims requiring immediate help access the safe shelter via this Helpline.
- The Helpline expects to receive approximately 11,000 calls in CY2019 (that is an average of calls from the past two years (12,344 in CY2017 and 10,344 in CY2018)).

CY 2019 Program Highlights and Outcomes

East Cleveland Neighborhood Center

- East Cleveland Neighborhood Center (ECNC) provides an array of behavioral health prevention services which promoted the health and safety of individuals in East Cleveland schools and neighboring communities. The ADAMHS Board funding supports the following initiative:
 - **School-based Prevention**
- The agency implemented behavioral health prevention services through the utilization of evidence-based prevention education using Positive Action, Reconnecting Youth and Girls Circle curricula.
- Program services utilized the Substance Abuse Mental Health Services Administrations prevention strategies which included alternatives; community-based process; information dissemination; and problem identification & referral.
- The agency serves youth ages 12 to 18 years who are at risk for behavioral health issues due to low self-esteem, poor school performance, school disciplinary occurrences and association with peers who have favorable attitudes toward substance use.
- ECNC provided skills training, decision making skills and opportunities for giving and receiving feedback, establishing goals and developing interpersonal skills. Program participants made use of worksheets, role play scenarios, youth-led activities and peer group discussions.
- In CY2017, 935 students were served; they expect to serve 1,036 in CY2018, as of July they served 486. In CY2019, ECNC projects serving 1,250 students.

CY 2019 Program Highlights and Outcomes

Eldercare Services Institute, LLC (ESI)

- Eldercare Services Institute (ESI) provides an array of mental health services for individuals 55 years of age and older. The ADAMHS Board funding supports the following initiative:
 - **Hoarding Connection**
- Eldercare serves as the “founder and co-leader” of the Hoarding Connection, which is a county wide Task Force designed to increase awareness and education both to professionals and the general public on Hoarding Disorders and its impact on the community.
- The Hoarding Connection supports partnerships that allow for ongoing community education, including to First Responders, at the annual Hoarding conference and in monthly BITs groups.
- Eldercare links client with peer led Buried In Treasure (BITs) groups and in CY2017, 85 clients received services for hoarding disorder. In CY2019, they project to serve 130 clients with hoarding disorder.

CY 2019 Program Highlights and Outcomes

Emerald Development & Economic Network, Inc. (EDEN)

- EDEN has been identified as the housing development agency charged to expand affordable housing opportunities for persons with disabilities. The ADAMHS Board funding supports the following initiatives:
 - Property Management for Residential Facilities**
 - Property Management for Peer Operated Services**
 - Property Management for ADAMHS Board-owned Properties**
 - Housing Assistance Program (HAP)**
 - EDEN Owned Housing Subsidy**
 - Northridge Commons**
 - Permanent Housing**
- EDEN has been providing **Property Management** and maintenance services for **Residential Facilities (Safe Havens, Class I and NARR III), Peer Operated Services (Living Miracles and Future Directions) and ADAMHS Board Owned Properties.**
- Property Management includes collecting rents, paying property related expenses and completing on-site maintenance related functions. Properties are maintained in a cost-effective manner, and property service requests are promptly addressed. EDEN acts as the 'contractor' when major repairs or renovations are needed at the sites and determines the scope of work, obtains bids and upon approval of ADAMHS Board, ensures renovations are completed on-time, on-budget and in a quality manner.
 - ADAMHS Board-owned facilities house 46 clients per year.
 - Residential Facilities housed 57 residents in the Class I and NARR III sites in the first 6 months of CY2018 and provided shelter to approximately 20 people/day at the Safe Havens.
 - Peer Operated facilities track clients visits.
- The **Housing Assistance Program (HAP)** is a rental assistance program for clients who live with mental illness. HAP allows the clients in the program to choose where they want to live in Cuyahoga County and pays 30% of their adjusted income toward rent and utilities. EDEN administers HAP, and the ADAMHS Board conducts the inspections to ensure the units are safe and habitable. It is intended to be a temporary subsidy until an EDEN owned housing unit, housing choice voucher or another permanent housing option becomes available. EDEN projects that in CY2019 a minimum of 112 clients will be served. In the first six months of CY2018 the program served 116 clients.

CY 2019 Program Highlights and Outcomes

Emerald Development & Economic Network, Inc. (EDEN)

- **Northridge Commons** provides permanent housing with on-site supports to the highest need, chronically homeless, near elderly/elderly clients. Residents' safety is monitored by front desk security. There are thirty units at Northridge Commons, In CY2017, it served 35 clients. In the first six months of CY2018 it served 31 clients. With resident turnover rates around 10-15 percent, EDEN expects to serve at least 34 clients at Northridge Commons in CY2019.
- EDEN owns 65 properties with 205 units of **Permanent Housing** for clients living with mental illness. Property Managers and Maintenance Techs are able to identify potential issues a client may be having and coordinate with their case workers to provide intervention. Units must meet ADAMHS Board certification standards. EDEN Property Managers assist with property issues when applicable, and coordinates communication with the client's primary CPST worker. EDEN projects to serve 204 clients in CY2019. 202 clients were served in CY2017 and in the first half of CY2018, 183 clients have been served.

CY 2019 Program Highlights and Outcomes

Far West Center

- Far West Center provides comprehensive mental health treatment and support services to provide affordable, accessible mental health services for the under and uninsured adults under contract with the ADAMHS Board's funding. ADAMHS Board funding supports the following initiatives:
 - Seniors Strong: Prevention Services**
 - Family Caregivers Program**
 - Peer Support: Compeer Program**
 - Peer Support Specialist: Compeer**
 - Art Therapy**
- **NEW: Seniors Strong** is a new prevention program through which Far West Center staff will interact with Senior Center members via group sessions, monthly contacts, screenings, talks, and other "help sessions" to support good mental health practices and reduce risk of self-harm from isolation and hopelessness. The program promotes emotional health and reduces suicide risk among older adults. The program intends to host 72 monthly sessions at six different senior centers.
- **Family Caregivers Program** – is a multi-family, psychoeducational CPST group using an evidence-based practice approach. In CY2017, the Family Caregivers Program served 12 families and provided 190 hours of outreach, consultation and education related to mental illness and family caregiving. Through July of CY2018, nine families representing 21 individuals have been served; 88 hours of community outreach has been delivered. The goal for 2019 is to serve 13 families, representing 30 individuals and provide 220 hours of community outreach.
- The **Compeer Program** is an international, SAMHSA designated evidence-based best practice program of peer support. Compeer provides peer support services in group settings, through volunteer "One-to-One Friendship Matching" of peers and peer calling. It also offers mentoring services, facilitated activities to promote socialization, community volunteering and self-advocacy/leadership opportunities. In CY2018 there were 49 clients, 49 "matched" volunteers and 79 clients on a "match" waiting list. In 2019 the program hopes to add eight new matches, 57 clients with 57 volunteers.
- **Peer Support Specialists** are funded by the ADAMHS Board to serve in the Compeer program.
- For CY17, Far West Center, provided **Art Therapy through the Art Helps and Heals Program** (10-week sessions and weekly drop-in "Open Art Studio." In 2017, 27 clients were served; so far in 2018, 32 clients have been served; and, in CY2019, Far West expects to serve 32 clients.

CY 2019 Program Highlights and Outcomes

Front Steps Housing and Services

- Front Steps Housing and Services (Front Steps), provides temporary housing with supports for formerly homeless individuals. ADAMHS Board funding supports the following initiative:
 - **Art Therapy**
- Over the past 15 years, Front Steps has served more than 1,500 individuals. In more recent years, Front Steps has discovered that an overwhelming percentage of its residents have been exposed to trauma and/or are living with some form of mental illness.
- Front Steps Housing and Services' Art Therapy program targets formerly homeless men and women between the ages of 21 and 55 years of age with persistent mental illness.
- For CY17, Front Steps served up to 102 unduplicated clients from Front Steps, Norma Herr and Signature Health in the Art Therapy program.
- The Art Therapy Program:
 - Provides a safe place for supportive and creative expression of personal experiences.
 - Facilitates therapeutic art interventions for managing traumatic stress, self-regulation and building resiliency.
 - Creates art-based opportunities and experiences that allow for self-awareness and insight, as well as promotes and celebrates self-worth.
 - Restores one's power to create personal change through therapeutic art interventions.

CY 2019 Program Highlights and Outcomes

FrontLine Service

- FrontLine Service is a private, non-profit community Behavioral Health Organization located in Cuyahoga County. FrontLine Service provides mental health and supportive services to children, adults and families. In addition, FrontLine Service operates the largest comprehensive continuum of care for homeless persons. ADAMHS Board funding supports the following initiatives:
 - Outreach Program**
 - Crisis Services: Children**
 - Crisis Services: Adults**
 - Strickland Crisis Stabilization Unit (CSU)**
 - Crisis Chat**
 - Safe Haven I**
 - Housing First**
 - Prison Linkage Program**
 - Traumatic Loss Response Team**
 - Women's Forensic Program**
 - Residential Treatment (Flores Home)**
- FrontLine Service's AOD **outreach** specialists provide coordinated services to assure that unsheltered, chronically homeless and high-need homeless individuals, homeless youth ages 18-24, homeless veterans, and homeless individuals that struggle with primary substance abuse and generally, behavioral health issues gain access to permanent supportive housing, permanent housing, case management, benefits, substance abuse and behavioral health supports, and other community resources that they request.
- FrontLine provided outreach services to 255 individuals in CY 2017. From January 1, 2018 through July 31, 2018, the AOD team served 114 individuals, annualized to 228. It expects to serve 150 clients in CY2019.
- FrontLine Service's continuum of **crisis services**, the Adult Mobile Crisis Team (AMCT), Children's Response Team (CRT), Crisis Chat, (online emotional support) and the Crisis Stabilization Unit (CSU), serves adults and children experiencing a mental health crisis.
- The AMCT, CRT, and Crisis Stabilization Unit (CSU) provides service 24-hours per day, as well as coordinates the linkage of individuals released from prison, ensuring that critical engagement with treatment services is established immediately.
- In CY2017, the CRT handled 1,627 calls and did 352 assessments. In CY2018, 1,812 calls were handled and 372 assessments completed. The CRT expects to take 2,000 calls in CY2019 and provide 400 assessments.

CY 2019 Program Highlights and Outcomes

FrontLine Service

- The AMCT served 14,437 (1,918 assessments) individuals in CY2017, is on par to serve 14,600 (2,000 assessments projected) in CY2018 and expects to serve 14,800 (2,100 assessments projected) in CY2019.
- The CSU provided stabilization services to 283 adults so far in CY2018 and projects to serve a total of 474 for the entire year. In CY2019 the CSU projects to serve 545 clients based on a sharp increase in referrals since July 1, 2018.
- **Crisis chat** services were used by 1,444 in CY2018 and are projected to serve 1,500 people in CY2019.
- FrontLine's **Housing First** program provides access to: Mental Health Assessment, Pharmacologic Management, Behavioral Health Counseling, Supported Employment, and Life Skills/Housing Support. In collaboration Care Alliance (a FQHC), Integrated Primary and Behavioral Healthcare services are available onsite at each Permanent Supportive Housing building and at FrontLine's clinic located in its main office. Services are focused on outreach and engagement to reduce the barriers to achieving and maintaining housing, employment and recovery.
- In CY2018 the agency has served 623 clients so far, and expects to serve a total of 680 by the end of the year. The program projects to serve 720 individuals in CY2019.
- **Safe Haven I** provides services in alignment with the Clubhouse Model of Psychosocial Rehabilitation, which is a comprehensive and dynamic program of support and opportunities for people with severe and persistent mental illness. The program includes individual psychotherapy and groups.
- The program has an 8 bed capacity. Safe Haven I served 11 individuals in 2017, and has served 10 individuals to date in 2018 (expects to serve 12 total). Frontline projects that Safe Haven I will serve 12 individuals in CY2019.
- The **Prison Linkage Program** connects individuals with behavioral health issues that are being released from prison to behavioral health services in the community. This program provides support and assistance to improve each person's ability to successfully reintegrating back into the community.
- Linkages were provided to 133 people out of 196 referrals in CY2017; and, 54 individuals out of 88 referrals to date in CY2018, with a projection of 200 referrals by the end of the year and in CY2019.

CY 2019 Program Highlights and Outcomes

FrontLine Service

- FrontLine Service's **Traumatic Loss Response Team (TLRT)** responds quickly to families following the traumatic loss of a loved one, usually from homicide or suicide, in collaboration with the Cleveland Division of Police (CDP). The agency anticipates that the TLRT will respond to 500 traumatic events in the community as requested by CDP in CY2019. It has responded to 450 so far in CY2018 and to 446 in CY2017.
- FrontLine Service provides an array of behavioral health services to children and adults involved in the juvenile/criminal justice systems.
- FrontLine Service's **Women's Forensic Program** served 31 clients thus far in CY2018 who are in the County jail and are diagnosed with co-occurring substance abuse and mental health disorders and are at high risk for recidivism due to the illnesses and criminogenic risk factors.
- **The Flores Home SAMI (Substance Abuse/Mental Illness) Residential Treatment Program** is a community-based transitional residential treatment program targeted to serve low-income, dually diagnosed adults that have a co-morbid severe mental illness and substance use disorder.
- The Flores home is an 8 bed facility with an anticipated length of stay of 9-12 months. In CY2017, Flores provided services to 16 individuals. From January-June, 2018, Flores served 9 individuals, and of the clients discharged during that timeframe, 40% successfully completed the program, 10% over the national average of 30%. With an average daily census of 5 residents during the first half of CY2018, we project to serve a total of 16 unique individuals in 2018. In CY2019, Flores Home is projected to serve 16 unique individuals.

CY 2019 Program Highlights and Outcomes

Future Directions

- Future Directions is a client operated drop-in-center that incorporates arts and crafts into the mental health recovery process. ADAMHS Board funding supports the following initiative:
 - Peer Support**
- Clients create art and crafts to sell. The agency reinvests proceeds from the sale of the crafts at Fairs, Crafts Shows and Holiday Events back into the program.
- For CY2019, Future Directions expects to serve over 300 different individuals. There was lower service provision in CY2018 because of location change and unexpected facility complications (no wiring, no telecommunications services/internet).

CY 2019 Program Highlights and Outcomes

Golden Ciphers

- Golden Ciphers provides school-based and community based substance abuse prevention and life skills programming for youth. The ADAMHS Board funding supports the following initiative:
 - **AOD Prevention**
- Golden Cipher's programming targets socially and educationally disadvantaged youth ages 12 to 18. The programming uses evidence-based theoretical perspectives including Competence Theory, Narrative Theory, the Focus Theory of Norm, and Risk and Resiliency Theory. These theories are connected to cultural values and norms to provide a basis for the content and structure of the curriculum to meet the needs of the community.
- The agency served individuals through a comprehensive blend of educational and alternative prevention programs. Prevention services were targeted to young people who have experienced numerous identified risk factors, including: easy access to alcohol, tobacco and other drugs (ATOD), extreme economic deprivation, low educational attainment, and negative peer influence.
- In CY2017 the Golden Ciphers served 1,000 youth in the prevention programs. They expect to serve 1,500 in CY2019.

CY 2019 Program Highlights and Outcomes

Hispanic Urban Minority Alcoholism and Drug Abuse Outreach Program (Hispanic UMADAOP)

- Hispanic Urban Minority Alcoholism and Drug Abuse Outreach Program's (UMADAOP) provides prevention and residential and outpatient treatment specific Hispanic/Latino population. The agency's priority is to serve youth and adults who are experiencing Behavioral Health issues with a focus on opiate/heroin addictions in both the Hispanic/Latino community and the community-at-large. The ADAMHS Board funding supports the following initiatives:
 - School-based Prevention**
 - Afterschool Prevention**
- Hispanic UMADAOP uses culturally/linguistically (Hispanic/Spanish) competent prevention education specialists to deliver Social and Emotional Learning (SEL) and youth development services.
- Both school-based and afterschool programs implement the Lions Quest Project models; the Niños program serves children K-8 and the Jovenes en Acción program serves high school students.
- **NEW:** Jovenes en Acción is a new **afterschool** community-based recreation, substance use **prevention** and youth leadership program. This program is expected to serve 15 youth who will engage in 6 skills banks (cultural awareness, interpersonal communication, personal management and responsibility, prevention use of tobacco and other drugs, coping with bullying/intimidation and study/writing skills) and 27 community service-learning lessons through a community-service project with five steps process that guides youth in assessing, planning, taking action and sharing results of their service experiences.
- The Niños Program is a year-long bilingual **school-based prevention** program. It utilizes a Skills for Growing model, which is a comprehensive positive youth development and prevention curriculum that helps develop life and citizenship skills by guiding youth through six units: a positive learning community, personal development, social development, health and prevention, leadership and service and reflection and closure. It will provide 30-36 weekly lessons that engage youth in a social and emotional learning process.
- The Niños program is expected to serve 325 unduplicated K-8 students through a year-long plan in CY2019. In CY2017 the program served 552 students; and, from January – July of 2018 it served 312 students. In previous years the program was delivered in semesters.

CY 2019 Program Highlights and Outcomes

Hitchcock Center for Women (HCFW)

- Hitchcock Center for Women is a gender specific, trauma sensitive, substance use disorder treatment program for women. The ADAMHS Board provides funding for the following initiatives:
 - Women's Recovery Housing**
 - Transportation**
- HCFW provides high quality **Recovery Housing** in a safe and supportive recovery environment for women in early recovery. Up to three children (infant – age 12) may live with their mother in the recovery housing.
- HCFW also provides residential services to pregnant women who are viewed as a priority for services and has the capacity to serve up to 35 women and/or women with children. It also provides housing to women receiving MAT.
- HCFW provides **transportation** for residents who require MAT, pregnant women attending prenatal and postnatal appointments, and individuals with health challenges that don't allow them to take public transportation.
- The agency's recovery residences meet the standards for the National Association of Recovery Residences (NARR) and Ohio Recovery Housing (ORH) as level 2 recovery residences.
- The average stay of non-pregnant women is 3-4 months and is 6-8 months for pregnant women. HCFW expects to serve 60 women in CY2019, which is slightly higher than the number of individuals served in CY2018.

CY 2019 Program Highlights and Outcomes

I'm In Transition (IIT)

- I'm In Transition (IIT) provides a drug-free recovery residence setting and redirection housing program where clients are provided with a multitude of resources to sustain their recovery. The ADAMHS Board provides funding for the following initiative:
 - **AOD Recovery Housing**
- IIT has multiple recovery residences on Cleveland's east side and is constantly expanding. In CY2019, IIT will have a Medication Assisted Treatment (MAT) house for clients receiving MAT treatment.
- IIT serves both men and women and can currently accommodate up to 46 residents. They plan to serve between 74-76 clients in CY2019. Through August, 2018 the program has served 43 clients.
- The agency's recovery residences meet the standards for the National Association of Recovery Residences (NARR) and Ohio Recovery Housing (ORH) as level II and level I recovery residences.
- IIT assists their residents with transitioning and integrating into the community through recovery housing that ensures continuity of care beyond traditional treatment.

CY 2019 Program Highlights and Outcomes

Jewish Family Services Association (JFSA)

- Ascentia is Jewish Family Services' (JFSA) division designated to serve people with mental health and cognitive disorders and provides evidence-based, recovery oriented therapeutic and supportive living services. ADAMHS Board funding supports the following initiatives:
 - Mental Health Residential Services**
 - Transportation**
 - Peer Support**
 - Supportive Employment**
 - Shared Staffing for MH Services with Opportunities for Ohioans with Disabilities (OOD)**
- **University House** is a unique living environment designed to meet the needs of 4 men who are deaf, mentally ill, and have developmental disabilities. Funding covers room and board for the four men.
- The Ohio Department of Developmental Disabilities provides 24/7 staffing through Jewish Family Service Association. Services include homemaker/personal care and transportation services. While this type of service is typically provided via staff trained only within the DD system, individuals working at University House receive ongoing training in mental health.
- Jewish Family Service Association also provides Psychiatry and Counseling as needed or as requested. Those services are covered via Medicaid and/or Medicare.
- The program often consults with the Cleveland Hearing and Speech Center to help understand the nuances of the deaf culture, to provide ASL training for staff and managers, as well as to assist with finding and training staff.
- The **Transportation** program is designed to help clients of both Core Mental Health and Employment Services access appointments for healthcare needs and job-related activities.
- The program is new and expects to provide almost 3,000 rides to clients in CY2019.
- This program seeks to eliminate the transportation barrier by providing an array of transportation opportunities based on individual need.
 - For the most independent clients, daily bus passes would be provided for appointments when the client is unable to pay for the pass.
 - For clients unable to use the standard RTA bus, daily bus passes would be provided for paratransit when a client is unable to pay for the pass.

CY 2019 Program Highlights and Outcomes

Jewish Family Services Association (JFSA)

- For clients unable to use either RTA option, Shuttle on the Go! would be provided for clients needing to access the agency for Core Mental Health Services. The Shuttle on the Go! driver will be trained in Mental Health 101.
- **Peer support specialists** are integrated into the Core Mental Health Team for people living with severe mental illness in supportive housing. Over the course of a year, 15-20 people are provided with peer support.
- Peer Recovery Coaches are integrated into the Employment Team for individuals actively involved in employment services. Through August of 2016, 16 people have received employment peer support. JFSA expects to serve 20 people in 2019.
- The agency provides mental health assessment, community support treatment services, pharmacologic management and behavioral health counseling, residential treatment and art therapy services.
- The Employment Service Program (SEP) of JFSA offers **supportive employment** and vocational rehabilitation services to assist persons with disabilities in obtaining competitive community employment. The program has served 70 clients so far in CY2018 and expects to serve 85 clients in CY2019.
- The **Opportunities for Ohioians with Disabilities** (OOD) Case Services Contract is a highly regulated program to achieve high quality and positive employment outcomes for clients. A total of 575 clients will be served across the contract (250 through JFSA), which is similar to the past two years.

CY 2019 Program Highlights and Outcomes

NEW: Jordan Community Residential Center (Jordan CRC)

- Jordan Community Residential Center (Jordan CRC) has served over 2,500 women with recovery housing, employment preparation and other supportive services since its inception in 2004. ADAMHS Board funding supports the following initiatives:
 - Transportation**
 - Recovery Housing**
- **NEW: Transportation** will be provided to or from treatment providers, doctor appointments, therapy, court, and recovery oriented services in addition to Jordan CRC, workshops and events. Sober transportation will also be offered as an integral part of life adjustment assistance and for clients with PTSD.
- Jordan Transportation Program currently has an 18 passenger bus and a 7 passenger van. In CY2017, 31 clients were served. In the first 6 months of CY2018, 41 clients have been served. It is projected that this service will be provided to at least 70 participants in CY2019 based on increased referrals from the Cleveland Municipal Courts.
- **NEW:** The Jordan CRC **Recovery House Program** is designed for women diagnosed with a substance use disorder and at risk or already involved in the criminal justice system. For women referred to JRH program by the Cleveland Municipal Court, additional supervision will be overseen by the Human Trafficking Specialized Docket, under the leadership of Judge Marilyn Cassidy.
- This program integrates cultural competence including gender-specific and trauma-informed care into alcohol and other drug treatment, judicial supervision and recovery housing.
- In CY2017, 31 participants maintained consistent residency for 90 days. Through August of 2018, 50 women have maintained consistent residency for 90 day. Jordan CRC expects to serve 55 women in CY2019.

CY 2019 Program Highlights and Outcomes

NEW: Joseph's Home

- The mission of Joseph's Home is to provide a nurturing, caring environment for men without resources who have acute medical needs, helping them heal and achieve independence. Joseph's Home is the only homeless provider in Cuyahoga County exclusively focused on delivering medical respite care. ADAMHS Board funding supports the following initiative:
 - **Recovery Support Services**
- **NEW:** Joseph's Home offers a unique, multi-dimensional approach to assisting residents in identifying behavioral health issues and breaking down barriers to recovery. The integrated care team consists of a Medical Director, Behavioral Health Director, Respite Care Manager, Registered Nurse, Health Care Navigator, and Peer Recovery Supporter.
- This program will expand peer recovery support services for acutely ill homeless residents suffering from SUDs and SMIs to further help residents and alumni build self-sufficiency and maintain positive health outcomes.
- Funding would support an additional peer recovery support to assist residents as they navigate through transitions in care and help prevent worsening health conditions, relapse and recidivism. By providing added support and wrap-around services to alumni, clients should appropriately transition to the community.
- The Peer Recovery Supporter (PRS) will be the primary point of contact post-discharge, develop person-centered, stage-wise care planning and interventions, conduct weekly home visits and coaching sessions, monitor wellness, helping residents overcome barriers, and report issues back to the clinical team in an attempt to mitigate any significant decline in health post-discharge. The PRS will also work conjointly with the Health Care Navigator to ensure medication compliance.
- Transportation expenses, bus passes, and Lyft rides will also be covered and Joseph's Home plans to incorporate travel training (navigating bus routes, obtaining driver's license, etc.) in the Peer Support program to teach residents and alumni to use/access transportation independently.
- Decreasing barriers to accessing treatment should increase adherence to treatment, improve health outcomes and reduce mortality rates. In CY2017, Joseph's Home served 53 unduplicated residents and 49 unduplicated alumni. So far in CY2018, Joseph's Home has served 37 residents and 33 alumni. The agency predicts to serve 55-60 residents and 45-50 alumni in CY2019.

CY 2019 Program Highlights and Outcomes

Life Exchange Center (LEC)

- The Life Exchange Center (LEC) is a peer-oriented, member-driven drop in center that offers peer support services and other recovery-oriented services to persons with a mental illness and/or addiction in Cuyahoga County. The ADAMHS Board funding supports the following initiatives:
 - Peer Support**
 - Art Therapy**
 - Transitional Youth Housing**
- LEC provides **peer support** programing that assists members in sustaining the highest quality of life while in recovery.
- The LEC serves unemployed and low income Cuyahoga County adults who are on a journey of mental health and/or substance use recovery. The members are ages 18 and older. They are living independently or in Adult Care Facilities.
- LEC members continue to enjoy social activities and as a result of our efforts, members of our LEC community persistently show increased confidence and self-assurance. They are more willing and prepared to participate in some structured social settings and they are learning to use their voices to advocate on behalf of themselves and their peers.
- The LEC has served nearly 2,000 unduplicated clients in CY2017 and CY2018 (thus far).
- The LEC provides peer recovery services for the **Transitional Youth Housing Program** (TYHP), which serves young adults with behavioral health challenges ages 18 to 25.
- The program provides up to 12 months of housing while assisting residents in developing independent living skills, employment skills, and pro-social skills to be successfully independent, and aids young adults in learning how to manage behavioral health symptoms with the ultimate goal of sustained permanent housing.
- In CY2018 to date, ADAMHS Board's funding supports housing and peer recovery services for approximately six young adults, one of who completed all objectives and goals and was discharged.
- LEC's **Art Therapy Program** is facilitated by an ATS art therapist to help clients on their journey toward recovery and wellness through art. The program is open to all clients who utilize LEC.

CY 2019 Program Highlights and Outcomes

NEW: Life Long Transportation, LLC.

- Life Long Transportation, LLC. is a transportation service for clients needing non-emergency medical assistance, especially for behavioral health services. ADAMHS Board funding supports the following initiative:
 - **Transportation for ACFs: Medical Non-Emergency Pilot Program**
- Life Long Transportation offers quality transportation services by qualified drivers who are trained in CPR, First Aid, addiction/mental health issues, and Narcan/Naloxone administration.
- Each driver has gone through a background check, has a clean driving record and goes through training before driving clients. Transportation team members participate in HIPAA training, vehicle operation training and shadow an experienced transportation specialist before climbing behind the wheel of one of our passenger vans or other automobiles owned by Life Long Transportation, LLC.
- Transportation staff is also trained in motivational interviewing, so they know how to communicate with patients in a non-confrontational manner, because it is important to interact with clients professionally and compassionately. The goal of Life Long Transportation is to increase the number of people accessing treatment services.
- In CY2019, Life Long Transportation anticipates serving 4,000 clients in Cuyahoga County. In CY2018 the agency provided 2,074 rides to 116 clients. The program launched in August of CY2017, and since inception has provided a total of 3,452 rides to 179 clients.

CY 2019 Program Highlights and Outcomes

NEW: Lifeworks Behavioral Health Solutions

- Lifeworks Behavioral Health Solutions (Lifeworks BHS) believes that recovery from Mental Disorders and Substance Use Disorders is a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential. ADAMHS Board funding supports the following initiative:
 - **ACF Peer Support/Benefits Assistance Pilot Program**
- Trained peer support specialists will provide 24-hour/day access to clients in face-to-face and via phone, tele-health video technology, outreach and community events.
- **Peer supporter** specialists will visit ACFs to assist clients and operators, provide support and assist with communication.
- Benefits support includes verifying insurance coverage and benefits eligibility, educating clients about their benefits and assisting clients in applying for Medicaid and other benefits (SSD, food assistance, etc.) as well as assisting with the redetermination process for benefits.
- CY2019, Lifeworks BHS intends to have 7 certified peer supporters, who can provide support to 20 active clients at a time, with no more than 30 clients on their caseload at a time. The agency estimates that 200 individuals will receive services in CY2019.

CY 2019 Program Highlights and Outcomes

Living Miracles Peer Empowerment Center

- Living Miracles' Peer Empowerment Center is a client operated program that promotes the mental health recovery process by offering hope and motivation through peer support and peer facilitated educational sessions, supportive services and recreational activities. ADAMHS Board funding supports the following initiatives:
 - Peer Support**
 - Warmline**
- Trained **peer support** specialists visit patients at both the FrontLine Crisis Stabilization Unit and Northcoast Behavioral Healthcare's In-Patient Psychiatric Unit.
- In CY2019, the Living Miracles expects to serve 475 clients through onsite group service, plus 1,200 clients through community outreach Peer Mentoring and Support Program at Frontline's CSU, the Algart home and other community housing programs.
- The Center also has a speakers' bureau that provides information and education about mental illness to high schools, colleges, churches and business organizations.
- In CY2019, they will also operate the **Warmline**, a peer-run call center to prevent isolation and provide understanding and a listening ear to people living with mental illness. The Warmline was run by Recovery Resources in prior years; approximately 13,000 clients will be served by the end of CY2018, with similar projections for CY2019.

CY 2019 Program Highlights and Outcomes

Lutheran Metropolitan Ministry (LMM)

- Lutheran Metropolitan Ministry (LMM) provides Behavioral Health Services, that empower individuals to overcome barriers, obtain job skills, gain employment, locate stable housing, access counseling and support services, secure second chances and become self-sufficient, productive members of our community. The ADAMHS Board funding supports the following initiatives:
 - Adult Guardianship Services (AGS)**
 - Youth Afterschool Prevention**
 - Women's Reentry Program**
- **AGS** provides trained legal guardians to serve as concerned, caring advocates and surrogate decision-makers when a less restrictive alternative is not available. Services are provided to adults of Cuyahoga County who are indigent, incompetent and without family or friends. Individuals referred are often in crisis and have a pending medical and/or placement decision after suffering from abuse, neglect or exploitation.
- The program serves more than 600 clients annually. Eighty-two percent of clients served are 60+ years old. Approximately 50 percent of all clients have a SMI (severely mentally ill) diagnosis, and almost all have some type of mental disorder.
- LMM provides **afterschool and summer prevention programming** to youth and low-income families in Cleveland. Programs include ATOD and MH prevention services that are provided year-round from 2:30-5:30 pm, Monday through Friday. In CY2017, 327 individuals were served; in the first half of CY2018, 247 individuals have been served; and, the program expects to serve 365 individuals in CY2019.
- The **Women's Reentry Program (WREN)** provides gender specific Behavioral Health Services for women with any involvement in the criminal justice system. WREN provides trauma specific services for women incarcerated at the Northeast Reintegration Center (NERC) and returning to Cuyahoga County. Women with a minimum of four (4) months remaining on their sentence will be able to participate in the trauma specific group. Prevention education surrounding trauma, substance use, HIV, suicide, domestic violence, sexual violence and gambling are provided.
- In CY2017, WREN served approximately 111 women. So far in CY2018, WREN served 46 women. The program expects to serve 60 women in CY2019.

CY 2019 Program Highlights and Outcomes

Magnolia Clubhouse

- Magnolia Clubhouse, a center of psychiatric rehabilitation for people living with mental illness, is part of an international evidence-based, best practice, recognized by the Substance Abuse and Mental Health Services Administration (SAMSHA). The clubhouse community supports employment, education, and health and wellness. Magnolia also offers integrated psychiatric and primary care services. ADAMHS Board funding supports the following initiative:

Clubhouse and Employment Programs

- Magnolia Clubhouse is peer-driven and uses a Clubhouse model of peer support. Key features include education and employment.
- Magnolia Clubhouse provides **supported employment** (transitional and independent), supported education, advocacy, wellness and social recreational activities in the evenings, on weekends and holidays.
- In CY2017, Magnolia Clubhouse served 408 people. In CY2018, it has served 424 clients with an average daily attendance of 70 people. Magnolia Clubhouse expects to serve 445 clients in CY2019.
- In the Transitional Employment Program, which are part-time transition work positions with area employers developed by the Clubhouse and members that hold these jobs are employees of the company for nine to 12 months.

CY 2019 Program Highlights and Outcomes

May Dugan Center (Near West Side Multi-Service Corp)

- May Dugan Center's (MDC) is certified to provide Mental Health Services to adults, adolescents and children. Mental Health Counseling, Case Management, Prevention Services and Wrap-Around Services are provided as well as trauma informed services. Target populations are low-income individuals in need of Counseling or Community Psychiatric Support Treatment and the Lesbian, Gay, Bi-sexual and Transgendered (LGBT) Community in need of the identified service listed above. The ADAMHS Board funding supports the following initiative:
 - **Mental Health Prevention**
- For the LGBT community, May Dugan Center provides prevention services through school-based and community-based prevention groups for adults and youth.
- Prevention programming at MDC focuses on increased resiliency to trauma and coping mechanisms to deal with stigma and bullying.
- In the first half of CY2018, May Dugan served 18 and expects to serve 40 students by the end of the year. MDC projects to serve 60 young people in CY2019.

CY 2019 Program Highlights and Outcomes

Murtis Taylor Human Services System (MTHSS)

- Murtis Taylor is a comprehensive behavioral health organization that also provides a variety of other services in the community to both children and adults. The ADAMHS Board funding supports the following initiatives:
 - Mental Health Suburban Jail Liaison**
 - Peer Support/St. Clair House**
 - Mental Health Representative Payee**
 - Mental Health Residential**
 - School-based Prevention**
- The **Suburban/Municipal Jail Liaison** meets with clients who are arrested by an Eastside Municipality on a misdemeanor offense, screens/assesses a client's mental state and need for medication and communicates with the Courts and/or Probation Department to facilitate mental health and Substance and Other Drug (SUD) treatment needs.
- The program provides intensive treatment and support of individuals re-entering the community through supports that focus on recovery and reduce client involvement in criminal activity. Rehabilitation and environmental support activities reduce the symptoms of psychiatric illness, build resilience and improve quality of life and re-integration into the community. Services are driven by the needs and preferences of the individual (and family members as appropriate) through a strength-based approach and are culturally sensitive.
- In CY2017, the program served 190 unduplicated clients. So far in CY2018, 74 unduplicated clients were served. The program expects to serve at least 190 clients in CY2019.
- **Peer Support** provides stable, short term, specialized, intensive residential treatment at the St. Clair House. Case Management Teams work with clients who have been released from prison and have a high number of contacts with the criminal justice system. Services are designed to stabilize mental health, reduce recidivism back into prison and support re-integration back into the community. The program is client-focused and culturally sensitive.
- In CY2017 13 clients were served. So far in CY2018, 8 clients were served. In CY2019 MTHSS expects to serve 10 clients (the facility's capacity).
- Murtis Taylor provides **Representative Payee** services to Social Security recipients who are unable to manage their funds to meet their daily living needs, provide a stable living environment.

CY 2019 Program Highlights and Outcomes

Murtis Taylor Human Services System (MTHSS)

- In CY2017, 341 clients were served. So far in CY2018, 339 clients have been served. The program expects to serve 250 clients in CY2019.
- **MTHHS' mental health residential program** provides treatment in a residential setting and teaches clients how to live independently. It provides structure, treatment and support to individuals at risk for hospitalization or stepping down from inpatient stays. It also reduces the rate of hospital admissions/readmissions.
- In CY2017, the program served 15 clients. From January – July of CY2018, the program has served 13 clients. The program expects to serve 24 residential clients in CY2019.
- Under the guides of the ADAMHS Board **School-based Prevention**, Murtis Taylor utilizes consultation through brief interventions that are short-term modeled from the Ohio Georgetown Model that is extended to students, teachers, school administration and more importantly parents and/or caregivers without the need to develop a formal treatment plan in effort to intervene.
- School-based Prevention services are provided in Cleveland Metropolitan School District (CMSD), Grades K through 12 are targeted for consultation services. In the CY2017 Murtis Taylor served 28 CMSD schools, 692 students for consultation/prevention services and 41 students were referred to treatment after screening. So far in CY2018, the program served 29 CMSD schools, 137 children were provided consultation/prevention services and 12 were referred to treatment after screening.

CY 2019 Program Highlights and Outcomes

NAMI Greater Cleveland

- NAMI Greater Cleveland is dedicated to empowering persons affected by mental illness and their family members to achieve a better quality of life by providing them with mutual support, practical information, referrals, advocacy and educational resources. ADAMHS Board funding supports the following initiatives:
 - Community Prevention Education Program**
 - Peer Support Program**
 - Family/Caregiver Education Program**
- NAMI provides age-appropriate programming to adults, including those diagnosed with severe and persistent mental illness (SPMI), transitional aged young adults and youth, including children with serious emotional disturbance (SED).
- Through Community Prevention Education programming NAMI addresses the risk factors of untreated mental illness and lack of knowledge of signs and symptoms. The program includes a Helpline, Community Presentations, Psycho-Education Presentations, Community Education and Outreach, the Ending the silence program, Mental Health workshops and Mental Health First Aid courses.
- NAMI reached 2,189 individuals through specialized educational programs presented to the community through presentations, workshops, and training so far in CY2018. In addition, the Helpline received 1,783 calls and the NAMI Greater Cleveland website was visited over 8,700 times. Both are valuable resources providing vital access to information about mental illness, services, and community resources.
- **NEW:** NAMI Greater Cleveland's **Peer Support Program** provides a 10-week Peer-to-Peer education course, offers 25 support groups, visits patients in psychiatric units at five area hospitals, provides individual peer support services (phone and face-to-face interactions, transportation to groups, and mentoring), and hosts In Our Own Voice - a recovery education program using video to highlight recovery. Peer support services have been provided to 1,212 clients so far in CY2018 and are expected to serve 3,680 in CY2019.
- NAMIGC's **Family/Caregiver Education Program** offers a range of services involving group interactions that provide emotional support and understanding, encourage sharing experiences in coping with problems, and help individuals develop a network of support outside of the formal mental health system. It provides three education courses for family members, caregivers, and friends: Family-to-Family, Understanding Mental Illness, and NAMI Basics. In CY2018 these programs have yet to meet the goal of serving 88 family/caregiver groups. In CY2019, the program expects to serve 51 families/caregivers.

CY 2019 Program Highlights and Outcomes

New Directions

- New Directions provides quality life-changing treatment to chemically dependent adolescence and their families dealing with emotional, behavioral, or psychiatric needs. They provide residential treatment services for adolescents who are between the ages of 13 to 19 years old, which included pregnant teenagers. ADAMHS Board funding supports the following initiatives:
 - Boys and Girls Empowerment**
 - AOD Young Adult Outpatient Support Services**
 - Young Adult Recovery Housing**
- New Directions provides Alcohol and Other Drugs (AOD), Intensive Outpatient Treatment Programs and residential treatment services that incorporate effective and culturally appropriate treatment that is family driven, and builds on support systems.
- **The Boys and Girls Empowerment (BAGE)** prevention program is focused on the education and empowerment of young people. It is available in schools and community settings and its critical services are demonstrated to improve outcomes for adolescents and young adults as noted in the BAGE Grant research outcomes.
- The adolescent and **young adult outpatient support services** program at New Directions includes: assessment; outpatient substance use and mental health individual and group counseling; Intensive outpatient program (IOP); continuing care program; and Post Treatment Aftercare.
- New Directions provides access to care, access to support when in crisis, family/caregiver involvement, the ability to connect with adolescent/young adults using methods familiar to them (via technology) to ensure a clients' success in the community.
- The adolescent and young adult gender specific **Recovery Housing (RH)** program at New Directions provides a sober, safe, supportive, and supervised living environment to sustain ongoing recovery. It targets adolescents and young adults who are transitioning from residential treatment programs or from the community who are demonstrating early recovery and do not have a place to live.
- In CY2019, New Directions projects to serve a total of 268 clients in assessment, outpatient individual counseling, IOP, and outpatient/continuing care groups.
- New Directions projects to serve 60 clients (18 females and 42 males), with a 45-60 days average length of stay, in CY2019. This number is consistent with clients served in CY2017/2018.

CY 2019 Program Highlights and Outcomes

NEW: New Visions Unlimited, Inc.

- New Visions Unlimited, Inc. is an outpatient drug and alcohol treatment center built around removing barriers to treatment and recovery. ADAMHS Board funding supports the following initiative:
 - **Transportation**
- **NEW:** New Visions has been providing transportation services to its clients for the past 4 years. Clients are transported to and from the facility for Intensive Outpatient groups, individual appointments and case management appointments. The agency also provides on-site childcare for parents participating in IOP.
- New Visions will provide transportation via UberHealth or Lyft for clients that do not qualify for Non-Emergency Medical Transportation through the county.
- From January – November in CY2017, New Visions transported 20 clients per month in its 14-person shuttle van. In CY2018, New Visions began using the Uber/Lyft program and was able to provide transportation services to 30 clients/month. In CY2019, New Visions projects being able to provide transportation services to 40-50 clients per month.

CY 2019 Program Highlights and Outcomes

Northcoast Behavioral Healthcare Community Support Network (NBH/CSN)

- Northcoast Behavioral Healthcare Community Support Network (NBH/CSN) provides services to those with severe and persistent mental illness, as well as Intensive Outpatient (IOP) Treatment Programs and residential treatment services. The CSN MH Subsidized Housing consists of 62 beds, across 6 residential sites, that are designed to provide 24-hour per day supervised transitional housing to persons diagnosed with severe mental illness. The ADAMHS Board funding supports the following initiative:
 - **Mental Health Residential**
- The residential program and MH Subsidized Housing staff provides on-site support 24-hours-a-day, 7-days-a-week. The staff are experienced and/or trained in the teaching and reinforcement of skills and interventions outlined in each client's Residential Service Plan.
- The staff focuses on improving residents' quality of life with: housing, residential support, personal care services, direct skills teaching, medication monitoring/education, enhancement of natural supports, crisis intervention, advocacy/protections of rights and face-to-face support, assistance and education.
- Community Support Network's residential program has served approximately 31 adults in the first six months of CY2018. CSN projects this number to increase by 25 percent in CY2019.
- CSN's MH subsidized housing served 51 clients in the first eight months of CY2018. The program projects an increase in clients by approximately 20 percent.

CY 2019 Program Highlights and Outcomes

OhioGuidestone

- OhioGuidestone is one of the leading children's behavioral health agencies in Northeast Ohio for children, adolescents and transitional youth. The ADAMHS Board funding supports the following initiatives:
 - School-based Prevention**
 - Mental Health Treatment Services – Paternal Depression**
 - Early Childhood Mental Health**
- The **School-based Prevention program** utilizes consultation services through brief interventions that are short-term modeled from the Ohio Georgetown Model that is extended to students, teachers, school administration and more importantly parents and/or caregivers without the need to develop a formal treatment plan in effort to intervene.
- OhioGuidestone anticipates serving 525 students with one-time consultations; 175 students served with on-going consultation services; 600 parent/teacher consultations and serving 200 students with prevention group in CY2019.
- In the first six months of CY2018, OhioGuidestone has provided one-time consultation to 231 students; on-going student consultations to 80 students; 299 parent/teacher consultations; and 25 students served in prevention groups.
- **NEW:** OhioGuidestone proposes a pilot program to establish the validity and diagnostic accuracy of a **paternal depression** screen for male fathers (The Fathers' Feelings Depression Screen). Currently there does not exist a depression screening tool for male fathers during the perinatal period.
- Eligible participants will be asked to participate in up to 2 home visits to complete research enrollment documentation, and study procedures. Study procedures during home visits will include completion of the Edinburgh Postpartum Depression Screen and OhioGuidestone's Fathers' Feelings Depression Screen; followed by a structured diagnostic interview per the Mini-International Neuropsychiatric Interview (MINI) module(s) for major depressive disorder. Follow up and treatment recommendations will be provided to individuals at risk. Approximately 200 men will be asked to participate in this study for CY2019.
- OhioGuidestone provides consultation and treatment services for **Early Childhood Mental Health (ECMH)** that are family driven, strength-based community service to aid parents and caregivers with early intervention support to divert and avoid deeper penetration into the behavioral health system.

CY 2019 Program Highlights and Outcomes

NEW: Oriana House, Inc.

- Oriana House supports an individual's continuous commitment to recovery over the course of his or her life. Its programming sends individuals on a multi-step journey to rehabilitation through their own admission of a problem, abstinence, avoidance of relapse, and a daily dedication to recovery. ADAMHS Board funding supports the following initiative:
 - **Healthy Families**
- **NEW:** The Healthy Families Program is a collaborative program that will improve services for incarcerated parents, their children, and the custodial parents/caregivers through activities that foster positive family engagement, address the negative mental health consequences of incarceration, and provide for the basic needs of families.
- The program provides the following services:
 - Program coordination including bi-weekly program/case meetings
 - Expanded family orientation at the CBCF
 - Co-parenting classes
 - In-home trauma-informed assessment and intensive case management
 - Visitation and communications among all family members
- Since this is a new program, there is no existing data. The program hopes to serve at least 700 parents, children and caregivers.

CY 2019 Program Highlights and Outcomes

Positive Education Program (PEP)

- Positive Education Program (PEP) Connections is a cooperative effort between PEP and the child serving systems designed to provide intensive mental health Community Psychiatric Supportive Treatment (CPST) utilizing the wraparound and trauma-informed care models. The ADAMHS Board funding supports the following initiatives:
 - ☐ **Child Wrap**
 - ☐ **Early Childhood Mental Health (ECMH)**
- PEP Connections serves children and adolescents three to 17 years of age who have a serious emotional disturbance (SED), multiple behavioral problems resulting from their mental health issues, involved with several “systems” or at risk for deeper system involvement, and are at risk of out-of-home placement based on these issues.
- As part of their System Integration contract with the ADAMHS Board, PEP has maintained the responsibility of authorizing as well as providing oversight and management of Child Wrap funds that are used to divert and reduce residential placement length of stay. Additionally, Wrap funds are utilized to divert and/or eliminate children, youth, and adolescents from deeper system involvement from neighboring child serving entities.
- In CY2017, PEP Connections served a total of 827 individuals. In the first six months of CY2018, PEP Connections has served 637 individuals. PEP estimates that in CY2019, Connections will serve at least 825 total youth. Of those, 18% will not have Medicaid and therefore, predicts that 150 non-Medicaid clients will be served by the program described in this proposal.
- The PEP ECMH Community-Based Consultation program receives referrals from a variety of sources and implemented an extension of the short-term, 5 visit limited service. The Intensive Parenting Support (IPS) consultation continues beyond the initial short-term service, increasing the number of visits and the duration of service if and when the parent/caregiver opts into IPS. Consultants continue to meet DCFS and other professional workers’ requests for consultation regarding mental health concerns and needs of young children. Our consultants also respond to direct requests for training of professionals and parents from community agencies.

CY 2019 Program Highlights and Outcomes

NEW: Pipeline to God

- Pipeline to God is a mission-driven, faith-based social service agency that provides quality children and family services that are accessible, diverse and culturally sensitive. The ADAMHS Board funding supports the following initiative:
 - **Early Childhood Mental Health (ECMH)**
- **NEW:** Pipeline to God uses the Georgetown model for its **Early Childhood Mental Health (ECMH)** services. Knowledge is shared in the delivery of services between the child and family; among teaching staff in the classroom environment and amongst peers. Consultation services are also provided to ensure proper programming levels and supports.
- This program expects to serve 75-100 children annually.

CY 2019 Program Highlights and Outcomes

NEW: Providence House, Inc.

- Providence House is Ohio's first and one of the nation's longest operating crisis nurseries. The ADAMHS Board funding supports the following initiative:
 - **Children's Shelter**
- This program will provide **shelter and direct care for children** whose parent or guardian needs inpatient treatment. Without anywhere safe for their children to stay, parents may choose not to address treatment for mental health or addiction issues that could put their children at risk of abuse or neglect or result in loss of custody if the caregiver's condition escalates.
- Providence House is a secondary prevention program designed to target the needs of families who have limited resources, parenting skills, education, and live in hazardous environmental factors that place their children at significant risk for abuse or neglect. Our services fit the Strengthening Families Protective Factors framework.
- Children in this program receive emergency shelter and basic needs, as well as direct care through trained early childcare staff, who reinforce attachment, provide individual nurturing, and enhance developmental, social-emotional, and educational milestone achievements.
- In CY2017, Providence House provided 143 days of care to 14 children while their 8 parents were receiving inpatient treatment. In the first six months of CY2018, Providence House has provided 26 days of care to 7 children while 4 parents were receiving inpatient treatment. Providence House projects that 97 children and 48 caregivers will be served to address caregiver mental health and/or addiction needs in CY2019; and, that 150 days of care will be provided to approximately 20 children while 10 parents receive inpatient treatment.

CY 2019 Program Highlights and Outcomes

Recovery Resources

- Recovery Resources is a comprehensive Outpatient Behavioral Health Organization which provides services to children, adolescents and adults using evidence based practice and client centered strategies. ADAMHS Board funding supports the following initiatives:
 - Mental Health Peer Support**
 - MH/AOD Prevention for Transitional Aged Adults**
 - Employment**
 - AOD Prevention**
 - MH Housing**
 - MH Community-based Correctional Facility and Suburban Jail Forensic Liasion**
- The **Employment** Services at Recovery Resources represents an employment continuum that affords opportunities to obtain a job in traditional and/or within the agency's Social Enterprises. There are employment exploration and readiness groups, which provides education and training with **peer supporters**; Recovery Works, a transitional employment program to identify strengths and challenges to successful community employment; and, the Employment Alliance, through which clients are linked with employment specialist to assist with obtaining and retaining competitive jobs.
- In CY2017 524 clients were served and Recovery Resources is on track to serve at least 600 by the end of CY2018. Funding for CY2019 will expand programming and allow for a minimum of 1,200 clients to be served.
- Recovery Resources provides **AOD Prevention Services** throughout the lifespan to prevent substance use/abuse and illicit drug use. The agency serves individuals through a comprehensive blend of educational and alternative prevention programs.
- So far in CY2018, Recovery Resources has served 5,072 clients.
- **NEW:** Recovery Resources will use funding to sustain programming on college campuses that was previously provided through a three-year grant from SAMHSA.
- This **prevention** programming **for transitional aged adults** addresses risk behaviors of college-aged students, provides information about mental health and substance use and uses Mental Health First Aid and InShape Prevention Plus Wellness curricula.
- The program expects to serve approximately 1,170 clients.

CY 2019 Program Highlights and Outcomes

Recovery Resources

- Recovery Resources also provides an array of subsidized **housing** units throughout the County and expects to serve a total of 87 people in CY2019: Monarch House (30 Clients), Westgate House (25 clients), Edgewater Landing (4 clients), Golden Oakes E (3 clients), Golden Oaks A (1 client), River Oaks (2 clients) and Franklin Manor (22 clients).
- These houses and all RR programs utilize peer support elements to support clients in all areas of treatment and recovery. Peer supporters interact with over 2,000 clients annually.
- Recovery Resources is one of a few agencies that provides a variety of program/services for individuals involved in the criminal justice system. They have forensic liaisons to the suburban municipal courts and community-based correctional facilities.
- The **forensic liaison** provides individual mental health and addiction screenings and assessments for inmates and participates fully on the Jail's multi-disciplinary team. These workers advocate for people with mental illness and addiction and assist in the behavioral health care and criminal justice systems in maintaining continuity of care for severely mentally disabled or dual diagnosed offenders. Trainings are also held in group settings for inmates and linkages are made for community re-entry.
- In CY2017, RR served a total of 701 individuals across the entire group of re-entry programs. They expect similar totals for CY2018, but will expand in 2019 to serve 10 percent more clients.

CY 2019 Program Highlights and Outcomes

NEW: Recovery Solutions of Northeast Ohio

- Recovery Solutions of Northeast Ohio (RSNO) provides recovery housing to adult men engaged in treatment or recovering from substance use disorders. ADAMHS Board funding supports the following initiative:
 - **Recovery Housing**
- RSNO housing is Level II recovery service care compliant with the National Alliance for Recovery Residences and includes peer support services, a drug-free environment, and coordinated daily activities.
- RSNO embodies the spirit of recovery by embracing an attitude of hope, self-determination, and partnering with each client on their personal journey.
- RSNO allows clients receiving MAT to live in the recovery houses. Transportation is provided to treatment and recovery support (appointments, meetings, etc.).
- In CY2018, approximately 23 clients will be served by the end of the year. Funding for CY2019 will expand programming and allow for a minimum of 45 clients to be served.

CY 2019 Program Highlights and Outcomes

Scarborough House

- Scarborough House is a recovery house that has capacity for eight (8) women and accepts drug and alcohol addicted women over the age of 18, who are chemically dependent but have already embarked upon a sober lifestyle through treatment. ADAMHS Board funding supports the following initiative:
 - **Recovery Housing for Women**
- Scarborough welcomes women who are in recovery from substance abuse and who are in need of monitored, transitional housing.
- Residence through Scarborough's treatment program is highly structured and includes a behavioral contract, required treatment or probations plan adherence, participation in weekly group and individual counseling and participation in house duties. Residents ready for discharge must complete a relapse prevention plan and demonstrate that they have appropriate community supports for recovery.
- Thus far in CY2018, Scarborough House served 17 women. The agency predicts serving 25 women in CY2019.
- The agency's recovery residence meet the standards for the National Association of Recovery Residences (NARR) and Ohio Recovery Housing (ORH) as a Level 2 recovery residence.

CY 2019 Program Highlights and Outcomes

Shaker Heights Youth Center (SHYC)

- The Shaker Heights Youth Center (SHYC) is a community based social service agency that provides prevention and wellness services to Shaker Heights Residents and their families. By utilizing a variety of strategies and resources, including collaborative projects with other community agencies, the center seeks to inspire youth to lead a productive, drug-free life. ADAMHS Board funding supports the following initiative:

AOD Prevention

- SHYC provides **AOD Prevention Services** to students in grades K-12 in the Shaker Heights City School System (Shaker Schools) through the Intensive School-day Prevention Program (IPP) and the Academic Success Aid Program (ASAP), Positive Engagement Encouraging Resiliency (PEERS), Life Skills/IMPACT and the Girls Summer Leadership Camp programs.
- IPP served youth suspended from Shaker Schools by providing services as a typical school day until the end of the suspension period for both, K-6 grades and High School and Middle School (HS/MS).
- ASAP served youth expelled from Shaker Schools for the entire school day up to five (5) days per week and provides prevention educational services to include computer based academic education in the morning and the Life Skills curriculum two (2) days per week in the afternoon.
- SHYC worked with the Shaker Heights Schools, the Public Library and the city of Shaker Heights.
- In school year 2017/18, SHYC served 121 youth in the IPP programs; 205 youth through its selective population prevention programming (SAP, IMPACT, etc.); and, 326 students through its universal population programming (PEERS, Summer Camp/Jobs, Youth Council, etc.).

CY 2019 Program Highlights and Outcomes

NEW: Sober Living Cleveland

- Sober Living Cleveland provides high quality housing to women leaving rehabilitation from alcohol and substance use. ADAMHS Board funding supports the following initiative:
 - **Recovery Housing for Women**
- **NEW:** Sober Living Cleveland has assembled a program that offers high-quality recovery housing that is indeed a home – not a facility or institution – to women in recovery.
- Upon entry, each woman and the House Manager develop an individual sobriety plan which is monitored weekly. Women can stay as long as they would like, but the average length of stay is 30-45 days.
- House managers ensure that the women strictly follow the rules while making sure the residents bond and support one another and attend 12-step meetings, job training, service opportunities, and seek physical and mental healthcare when needed.
- Sober Living Cleveland’s program adheres to the strict rules as set forth by NARR for Level II housing. Door-to-door admission helps avoid risks by ensuring a continuum of sobriety from treatment to sober living environment.
- The program expects to serve 78 women in two homes during CY2019.

CY 2019 Program Highlights and Outcomes

St. Vincent Charity Medical Center

- St. Vincent (St. V's) Charity Medical Center's Rosary Hall offers a continuum of care, capable seamlessly transitioning patients through a process of in-patient medical withdrawal/detoxification to outpatient rehabilitation and into community-based support networks. The ADAMHS Board funding supports the following initiatives:
 - ☐ **Psychiatric Emergency Department**
 - ☐ **Transportation**
- St. Vincent Charity Medical Center's **Psychiatric Emergency Department (PED)** provides assessments, observations, treatment and referrals for individuals experiencing a mental health and/or alcohol and other drug crisis.
- The provider estimates that by the end of CY2018 they will have served more than 3,802 people; in the first six months of CY2018 they served 2,217 patients. They expect to serve approximately 3,900 clients in CY2019.
- Access to their 23-hour observation bed allows for continued assessments and observation that has resulted in diverting the client from going to jail or an inpatient psychiatric unit.
- St. V's is an ongoing participant with Crisis Intervention Team (CIT) training with law enforcement officers. The agency provides officers with an overview of the PED in order to increase understanding and awareness about what services are provided and the use of the 23-hour observation bed.
- St. V's offers transportation services in an effort to reduce barriers to treatment, which will then lead to more successful outcomes.
- Rosary Hall clients have access to free Lyft **transportation** services that provide round trip transportation from their residence to treatment. All rides are coordinated by Rosary Hall staff and clients are able to attend IOP worry-free and avoid temptations that may arise on public transportation.
- In addition to Lyft transportation, the Outpatient Chemical Dependency program offers bus tickets to clients requesting all-day passes so they can attend appointments, support groups (AA/NA meetings), and interviews or work.
- The PED also provides transportation home to clients who were treated and stabilized. If the client must be transported to Northcoast Behavioral Healthcare for higher level of care an ambulance ride is provided.

CY 2019 Program Highlights and Outcomes

Stella Maris, Inc.

- Stella Maris has provided drug and alcohol treatment services to the people of Greater Cleveland since 1948. The ADAMHS Board funding supports the following initiatives:
 - Sober Housing**
 - Supportive Housing**
- The goal of Stella Maris is to coordinate and provide subsidy, as the fiscal agent, to serve individuals in need of sober living environments, which will ensure continuity of care beyond traditional treatment.
- They do this through a Therapeutic Community Model in which all residents must participate. Clients advance through the levels of the program based upon individual progress. A wide variety of services are included in the supportive housing units such as, transportation, art therapy, group activities and 12-step meetings. Housing also includes a job readiness and placement program.
- In CY2017, 25 clients were placed in **Sober Housing**, with an average length of stay of 89 days/client. In the first 6 months of CY2018, the program has served 17 clients with the same average length of stay. It is projected that 33 clients will be served in CY2019.
- Stella Maris also acts as a **supportive housing network** and refers clients, who have completed detox or residential treatment and are in need of housing, to non-profit sober houses that are certified for AOD treatment services. Some of these homes are operated by Stella Maris.
- This program served 444 clients, with an average stay of 63 days in CY2017. In CY2018, various factors including a delayed referral start of May 1, led to decreased use of services. There were 46 clients served in the first 6 months of 2018 with an average stay of 25.5 days. Based on utilization averages for CY2017 and CY2018, Stella predicts serving 132 clients in CY2019.

CY 2019 Program Highlights and Outcomes

NEW: Thrive Behavioral Health Care

- Thrive Behavioral Health Care, formerly Ascent, partners with individuals in their recovery from mental illness and or substance abuse disorders through the delivery of integrated recovery support services. The ADAMHS Board funding supports the following initiative:
 - **Peer Support Pilot Program**
- All peer support staff have been trained in Whole Health Action Management to help clients achieve whole health goals to improve chronic health and behavioral health conditions.
- By engaging the peer, certified wellness peer support specialists will provide education and resources on these services and help coordinate referrals and supportive services as appropriate.
- Peer support is provided face-to-face and via telephone calls.
- In CY2017/2018 a total of 140 clients (not SRS eligible) were served. Thrive anticipates serving 420 clients (35/month) for CY2019 who are not SRS eligible.

CY 2019 Program Highlights and Outcomes

United Way of Greater Cleveland

- United Way of Greater Cleveland's 2-1-1 connects individuals challenged by personal, health and economic struggles to social, health and government resources 24 hours a day, every day of the year. The ADAMHS Board funding supports the following initiative:
 - **First Call for Help - Information and Referral Services**
- 2-1-1 provides individuals receive free, professional and confidential information and service navigation to help them understand their options, resolve problems and improve their lives. There is also a chat center available for online assistance.
- United Way 2-1-1 uses navigation specialists to help address all identified needs of the caller by providing resources and referral to the client. They also follow up with clients (if the client agrees) to ensure resolution of issue or assist the client further.
- In CY2017, 2-1-1 responded to 6,168 requests. Through July of CY2018, 3,465 people were provided options for addictions or mental health problems. The projected number of callers assisted is expected to be approximately 6,000 in CY2019.

CY 2019 Program Highlights and Outcomes

University Hospitals Cleveland Medical Center Department of Psychiatry

- University Hospitals Cleveland Medical Center Department of Psychiatry partners with the ADAMHS Board for the provision of clinical services, education and research in community mental health. The ADAMHS Board funding supports the following initiatives:
 - Acupuncture-based Support for Recovery**
 - Addiction Psychiatry Fellowship**
 - Public Academic Liaison (PAL) Program (PAL)**
- **NEW:** The National **Acupuncture** Detoxification Association (NADA) was established to disseminate an effective and affordable treatment modality for detoxification. Data collected from 30 years of NADA protocol has shown clients who used this treatment retained in early treatment, relapse prevention and maintenance phases, and had positive outcomes such as medical adherence, avoidance of incarceration, return to job, and restoration of child custody. It is not a stand-alone treatment, but one that facilitates adherence to a complete program of recovery.
- The program will provide 70 hours of training to 10 providers: 30 hours of didactics and 40 hours of clinical supervision and case management and will have one certified trainer and one consultant, who will work together as a team.
- Clients served will depend on the trainees' availability to provide treatment in their home programs; at least 400 treatments will be provided during training of each 10 trainees in CY2019.
- **NEW:** Two **Addiction Psychiatry Fellowship** positions will be created. Each Addiction Fellow rotates through ADAMHS Board-funded agencies (including Rosary Hall, Recovery Resources Matt Talbot, and New Directions) and provides behavioral health services (including MAT) to patients with mental illness and substance use disorders under the supervision of attending physicians.
- It is conservatively estimated that each Fellow could treat 150 patients during a one-year fellowship. Two fellowships would allow treatment for at least 300 clients in CY2019.
- The **Public Academic Liaison (PAL) Program** is a joint venture of the Department of Psychiatry at University Hospital Case Medical Center and the ADAMHS Board for the provision of clinical services, education and research in community mental health. PAL residents provide Medical/Somatic services to the contract agencies of the Board at no cost provided that supervision of resident services is provided by either full-time or clinical faculty and is at no cost to the participating agency.

CY 2019 Program Highlights and Outcomes

- Advance psychiatry residents spend one day per week providing medical/somatic services in community mental health center settings.

University Settlement, Inc.

- University Settlement is a neighborhood center that aims to empower youth, families and seniors in the Broadway/Slavic Village Neighborhood. A broad range of services are delivered through a variety of social, educational, and health programs that transform the lives of children, families and seniors. The ADAMHS Board funding supports the following initiative:

- AOD Prevention**

- In CY2019, University Settlement expects to serve 150 youth and seniors through on-site and off-site programming at three elementary schools and at University Settlement.
- University Settlement will conduct a needs assessment at the participating schools as well as in the University Settlement's Wellness Programs to determine risk factors of the participants.
- After the assessment is completed, youth programming will begin at Mound STEM and Fullerton Elementary for 12 hours/week per school and at Willow Elementary for four hours/week. The program provides wrap-around services for both children and parents.
- Within the community, alternative activities will be planned with partner agencies to assist in prevention for both youth and seniors.
- The senior program will utilize the Lion's Quest curriculum to help older adults enhance social and emotional competencies to manage personal stressors that influence the use of drugs and alcohol and to address the physical, mental, and personal issues faced by seniors in the Broadway-Slavic Village community.
- University Settlement offered the Problem Identification and Referrals (PIR) prevention strategy for children/adolescents referred from the out-of-school time and school-based prevention programs.

CY 2019 Program Highlights and Outcomes

NEW: YMCA of Greater Cleveland/ Y-Haven

- Since 1993, Y-Haven has provided transitional housing, recovery services, treatment for mental illness, educational training, vocational services and permanent housing placement to men who are homeless. Thousands have found sobriety and re-built their lives at Y-Haven. The ADAMHS Board funding supports the following initiative:
 - **Recovery Housing – Rising Hope**
- **NEW:** Rising Hope targets men and women, ages 21 and older, in Cuyahoga County who are opioid dependent and have been in intensive outpatient treatment for at least one week, or have completed residential treatment. Phase I is IOP; Phase II is Relapse Prevention and Phase III is Aftercare.
- Y-Haven gives priority to individuals who are currently homeless and face significant barriers including co-occurring mental health problems and/or criminal histories (with the exception of arson, drug manufacturing and high-level sexual offenses).
- Ten of the 80 Recovery Housing beds are reserved for women who are exiting the criminal justice system who also have opioid dependency.
- Rising Hope residents have access to treatment services including IOP, medication monitoring, life skills programming. The program also includes employment assistance services and supported recovery and relapse prevention plans.
- In the first six months of CY2018, Rising Hope served 104 residents. The program expects to serve 120 individuals in CY2019.