



Family Education & Support Group Program Schedule

The Education Group

The goal of ***The Education Group*** is to provide participants with basic information that will assist them in making healthy choices for themselves and those they love. ***The Education Group*** meets from 12:30 p.m. – 1:45 p.m.

The Family Support Group

The ***Family Support Group*** is designed and conducted primarily for parents, spouses and other family members who are concerned about a loved one's harmful use of alcohol or other drugs. It is not a 12-step community based self-help group. ***The Family Support Group*** provides a structured, caring environment for individuals seeking support for making healthier choices for themselves and those they love. Participants are free to share their common strength and hope through their past and present experiences, without fear of reprisal, judgment or negative feedback. The ***Family Support Group*** meets from 1:45 p.m. – 3:00 p.m. or immediately after the ***Education Group***.

Fee

Program services are free and open to persons who are concerned about a loved one's abuse or addictive use of alcohol and or other drugs.

Program Location and Hours

MetroHealth-Parma Medical Center, 12301 Snow Road, Conference Room D, **enter East Pharmacy Entrance**, every Saturday from 12:30 p.m. – 3:00 p.m. unless otherwise scheduled.



Saturday Meeting Dates and Topics for 2018

September 22	Understanding Treatment, Recovery, Relapse and Resources
September 29	Opiates: Opiates: "Chasing the Dragon" DVD
October 6	Addiction Not a Choice: "Pleasure Unwoven" DVD
October 13	The Neurobiology of Addiction
October 20	Alcohol and Other Drugs, What We Should Know
October 27	Addiction and The Family Dis-Ease
November 3	Enabling, When Helping Hurts
November 10	Boundaries & Rules, The Things You Can and Can Not Change
November 17	Reducing the Risk: Talking to Your Kids About Drugs
November 24	NO GROUP
December 1	Understanding Treatment, Recovery, Relapse and Resources
December 8	Opiates: Opiates: "Chasing the Dragon" DVD
December 16	Addiction Not a Choice: "Pleasure Unwoven" DVD
December 22	The Neurobiology of Addiction
December 29	Alcohol and Other Drugs, What We Should Know

Please note that topics and dates can change without notice.

Programs Funded By:

