FAITH-BASED OUTREACH COMMITTEE

WEDNESDAY, JUNE 3, 2020
4:00 P.M.

ZOOM MEETING: Join Zoom Meeting via direct link:
https://adamhsc-c.org.zoom.us/j/81208580759?pwd=MVAvR1pnOGdidHFSdnlPMk4ySFRSQg09

Through the web at: https://zoom.us/join and enter Meeting ID: 812 0858 0759 and Password: 814718

Call: 1 929 205 6099 and enter Meeting ID: 812 0858 0759 and Password: 814718

Committee Mission Statement: To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices; and to promote the concept that treatment works and people recover.

AGENDA

1. Call to Order – Rev. Max M. Rodas, Committee Chair

2. Board Member Attendance Roll Call – Linda Lamp

3. Approval of Minutes – April 1, 2020 – Rev. Rodas

4. Provider Program Presentations: COVID-19 Impact on Services

   • 99Treasures Arts & Culture (formerly known as Coalition for a Better Life) – Khalib Samad, Chief Executive Officer/Co-Founder

   • Naaleh Cleveland – Rabbi Chaim Helman

5. 2020 Faith-Based Outreach Program Update – Rev. Rodas / Starlette Sizemore-Rice

6. New Business

   • Next meeting: Wednesday, October 7, 2020

Faith-based Outreach Committee
Rev. Max M. Rodas, MA, Committee Chair
Gwendolyn Howard, LSW, MSSA, Committee Vice Chair
Crystal L. Bryant, Esq., MS, LSW; Rev. Benjamin F. Gohlstin, Sr.;
Patricia James-Stewart, M.Ed., LSW; Mary Warr, M.Ed.; Rev. Brenda Ware-Abrams
Committee Members Present: Gwendolyn Howard, LSW, MSSA, Committee Vice Chair, Rev. Benjamin F. Gohlstin, Sr., Patricia James-Stewart, M.Ed., LSW, Mary R. Warr, M.Ed.
Absent: Rev. Max M. Rodas, MA, Crystal L. Bryant, Esq., MS, LSW

Board Staff Present: Scott Osiecki, Chief Executive Officer, Carole Ballard, Charde Hollins, Linda Lamp, Kelli Perk, Allison Schaefer, Starlette Sizemore-Rice, Larry Smith, Jr., Michaele Smith, Thomas Williams

1. CALL TO ORDER
Rev. Benjamin F. Gohlstin, Sr., Board Chair, called the meeting to order at 4:04 p.m.

2. COMMITTEE MEMBER ATTENDANCE ROLL CALL
Due to the current public health orders surrounding COVID-19, and the Board’s commitment to ensuring the health and safety of our Board members, staff, partners, and stakeholders, the Faith-based Outreach Committee was held via conference call. To assure a quorum, Ms. Linda Lamp, Executive Assistant, completed the committee member attendance roll call.

3. APPROVAL OF MINUTES
The Faith-based Outreach Committee minutes of October 2, 2019 were approved as submitted.

4. 2019 FAITH-BASED OUTREACH PROGRAM REPORT
Mr. Tom Williams, Evaluation & Research Officer, highlighted accomplishments of each of the Faith-based Outreach Providers illustrated in the written Faith-based Programs Performance Outcomes 2019 Annual Report dated April 1, 2020. The report is attached to the original minutes stored in the Executive Unit.

Mr. Williams stated that the faith-based programming for children K-12th grade is measured through the Devereux Student Strengths Assessment (DESSA) instrument. The DESSA web-based system is designed to help school and after-school program staff promote the healthy social-emotional development of all children. The DESSA is a thorough assessment of the following social-emotional competencies: self-awareness; social-awareness; self-management; relationship skills; goal directed behavior; personal responsibility; decision making skills; and optimistic thinking, which translates to a score and categorized through a numerical value. 60 and above indicate social and emotional “Strengths” showing children doing well; 40-59 indicate “Typical” positive behaviors for children; and 40 and below indicate “Need for Instruction” to further develop social and emotional skills. The report identified the DESSA K-8th completed pre/post assessments in a program for the five agencies to date and noted that results from pre to post assessments indicated the need declined and strengths went up.

The faith-based program for adults demonstrates resiliency measured as Always (A), Sometimes (S), or Not Yet (N) through the Devereux Adult Resilience Survey (DARS) instrument that promotes self-awareness regarding personal strengths to enhance creativity and the ability to set limits to cope with adversity and stress measured through the following areas: Will gain knowledge to develop healthy relationships; Will learn skills to increase self-worth to enhance internal beliefs and values; Will learn strategies to develop/enhance self-motivation to increase independence; and Will learn to self-regulate and control without the use of substance and negative influences. The report identified the four agencies that have submitted their DARS data to date; Trinity Outreach Ministries, Inner Healing Ministries, OhioGuidestone and Coalition for a Better Life.

Mental Health First Aid is designed to teach individuals how to spot the signs and symptoms of mental illness and provide help on a first aid basis. Individuals who are participating in a Mental Health First Aid training provided by a faith-based program provider is expected to successfully complete the course evaluation/quiz and score at least 60% based on the
following topics: Helpful Things to Say; Myths and Facts-Suicide and Self-Injury; Suicidal Thoughts and Behaviors; Panic
Attacks; Traumatic Events; Auditory Hallucinations; Psychosis; and Substance Use Disorders.

Ms. Starlette Sizemore-Rice, Director of Special Projects, reported on a variety of 2019 highlights from each the faith-based
programs and responded to questions from committee members. Overall, Mr. Williams and Ms. Sizemore-Rice noted that
the faith-based outreach initiatives are making a difference in the lives of those individuals being served and show
movement and growth.

5. **2020 FAITH-BASED OUTREACH PROGRAM**

Ms. Sizemore-Rice reported on the CY2020 Faith-based Outreach Program Progress Report and provided an update on
the progress and impact of COVID-19 on of each of the faith-based provider programs thus far in CY2020. The report is
attached to the original minutes stored in the Executive Unit.

6. **FAITH COMMUNITY SUPPORTIVE SERVICES, INC. – 2ND CHANCE PROGRAM**

Ms. Sizemore-Rice reported that the ADAMHS Board’s Faith-based program is making a difference in our communities by
reaching thousands of youth, adults and families through trainings, prevention/intervention services and outreach/awareness activities in order to build resiliency in our communities. She stated that the 2nd Chance Youth Program being proposed by Faith Community Supportive Services, Inc. (FCSS) is located inside the Hough Community Multi-Purpose Building and has been providing a variety of services/support to the Hough Community for many years; serving many neighborhoods, races, religions and all levels of income. The 2nd Chance Youth Program’s major goals are to (1) provide alternative support services to youth involved in the Juvenile Justice System, (2) demonstrate how faith-based outreach initiatives can reduce delinquency and (3) reduce youth recidivism.

The 2nd Chance Youth Program will provide after-school services/support to high-risk youth (10-17) and their families as an alternative to incarceration in the Cuyahoga County Juvenile Court’s Juvenile Detention Center. The program will also provide services that prevent at risk youth (10-17) from entering the Juvenile Court System. Participants will include (1) individuals involved in drug violations such as the selling of drugs and/or use of illegal drugs, (2) court referred high risk youth that have been identified as serious felony offenders and (3) individuals expelled from school for repeated violations and behavioral problems. This program is anticipated to serve 60 – 70 individuals.

The 2nd Chance Youth Program will provide services/support that include prevention/intervention services, outreach/awareness activities, substance use education and referrals to support services. Specifically, this program will provide training and mentoring/tutoring support, personal development, leadership development, outreach support, community service projects, concept art, teen/adult parenting training/support and employment assistance. Additionally, this program will provide supportive services and skill development for grandparents that are caring for their grandchildren and utilize referrals for specialized services and support.

Referral sources for the 2nd Chance Youth Program will include the Cuyahoga County Juvenile Court, parents, churches, schools, community organizations and other sources with services taking place at the FCSS Center, in the community, schools, home and over the phone. Community resource partners include schools, parents, social service agencies, community-based organizations, political officials, business leaders and volunteers.

Committee members inquired as to the status of FCSS’s accreditation. Rev. Gohlstin reported that Ms. Maggie Tolbert, Assistant Chief Clinical Officer, is in the process of assisting FCSS to become accredited.

**Motion to recommend approval of entering into a contract with Faith Community Supportive Services, Inc. 2nd Chance Program in the amount of $20,000 for the probation period of May 1, 2020 – December 31, 2020 to the Finance & Operations Committee.** MOTION: P. James-Stewart / SECOND: M. Warr / AYES: B. Gohlstin, G. Howard, P. James-Stewart, M. Warr / NAYS: None / **Motion passed.**

7. **FAITH-BASED SELF CARE FOR CLERGY TRAINING, DATE TO BE DETERMINED**

Ms. Sizemore-Rice reported that the Intensive 2020 Mental Health and Ministry Conference that was originally scheduled for Friday, May 1, 2020, at the Cleveland Clinic South Pointe Hospital has been postponed due to COVID-19. This conference, which is being hosted by Kingdom Fellowship International and City of God, was scheduled to kick off Mental
Health Awareness month and provide empowerment and assistance to the spiritual, mental and physical health of the pastor/faith leader. Two national speakers have been scheduled to present at this conference.

Ms. Warr inquired as to whether the curriculum and/or a publication regarding this conference had previously been shared with committee members. Rev. Gohlstin reported that a flyer was provided to pastors/faith leaders and that workshops were developed around the spiritual, mental and physical health of the pastor/faith leaders. After a brief discussion of this conference, Rev. Gohlstin indicated that he will forward this information to Ms. Warr’s attention.

8. EVALUATION/OUTCOME TRAINING
Ms. Sizemore-Rice reported that a DESSA training was had during January 2020 and included the Board’s faith-based providers and prevention providers. This training delved into strategies regarding the DESSA web-based system.

9. NEW BUSINESS – None

10. NEXT MEETING DATE – June 3, 2020 at 4:00 p.m.

There being no further business, the meeting adjourned at 5:21 p.m.

Submitted by: Linda Lamp, Executive Assistant

Approved by: Gwendolyn A. Howard, LSW, MSSA, Faith-Based Outreach Committee Vice Chair
The tables below show for the several Faith-Based providers the counts of the actual number of clients served in the first quarter of 2020 and the outcome type counts. Breakdowns by outcome type and provider are included.

<table>
<thead>
<tr>
<th>Provider</th>
<th># Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coalition</td>
<td>58</td>
</tr>
<tr>
<td>Far West Center</td>
<td>25</td>
</tr>
<tr>
<td>Inner Healing</td>
<td>25</td>
</tr>
<tr>
<td>Life Recovery Ministry</td>
<td>0</td>
</tr>
<tr>
<td>Naaleh Cleveland</td>
<td>51</td>
</tr>
<tr>
<td>NAMI Greater Cleveland</td>
<td>0</td>
</tr>
<tr>
<td>Ohio Guidestone</td>
<td>22</td>
</tr>
<tr>
<td>Trinity</td>
<td>85</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>266</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Program Outcome Type</th>
<th># Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>DESSA</td>
<td>130</td>
</tr>
<tr>
<td>DARS</td>
<td>111</td>
</tr>
<tr>
<td>MHFA</td>
<td>0</td>
</tr>
<tr>
<td>Awareness &amp; Education</td>
<td>25</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>266</strong></td>
</tr>
</tbody>
</table>

**Devereux Student Strengths Assessment (DESSA) Outcomes**

Faith-Based programming for children K-12th grade is measured through the Devereux Student Strengths Assessment (DESSA) instrument by comparing a Pre assessment with a Post assessment. The DESSA web-based system is designed to help school and after-school program staff promote the healthy social-emotional development of all children. As there are differences between younger children and high school age children, two separate instruments have been developed for children in grades K – 8 and the high school grades. The DESSA is a thorough assessment of the following social-emotional competencies:

Self-awareness; social-awareness; self-management; relationship skills; goal directed behavior; personal responsibility; decision making skills, and optimistic thinking.
The scoring of the several competencies can be broken down into three categories:

1. **"Strengths"** showing children doing well
2. **"Typical"** positive behaviors for children
3. **"Need for Instruction"** to further develop social and emotional skills

The following charts show a breakdown of various measures collected from DESSA.

**DESSA Pre/Post Submissions**

Counts of children who completed both preliminary and post assessments in a program for both the K-8 grades and high school grades. This chart shows all the assessments done. As some of the programs were in progress at the end of the first quarter of the year, many, if not all, the Post assessments had not been done. Hence, some of the Post counts are small if not zero.
The following chart shows changes in the number of children who were identified as in need of instruction, typical, or having strengths. It is too early in the data collection process to analyze change from Pre to Post assessment as many Post assessment have yet to be collected.
DESSA K-8th Individual Agency Outcomes

The following charts show counts for the pre and post assessments separately for each provider.

### 99 Treasures Arts Culture

**DESSA K-8th Pre/Post Ratings**

<table>
<thead>
<tr>
<th>Need</th>
<th>Typical</th>
<th>Strength</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre</td>
<td>4</td>
<td>15</td>
</tr>
<tr>
<td>Post</td>
<td>1</td>
<td>7</td>
</tr>
</tbody>
</table>

### Naaleh Cleveland

**High Risk Teen Mentorship**

**DESSA K-8th Pre/Post Ratings**

<table>
<thead>
<tr>
<th>Need</th>
<th>Typical</th>
<th>Strength</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>Post</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>


DESSA High School Individual Agency Outcomes
Faith-Based Programs Performance Outcomes 2020 Quarter 1 Report
Faith-Based Outreach Committee Meeting
June 3, 2020

Naaleh Cleveland
High Risk Teen Mentorship Program
DESSA 9th-12th Pre/Post Ratings

Trinity Outreach Ministries
Faith Program Inner-City Youth and Families Arts Performance
DESSA 9th-12th Pre/Post Ratings
Devereux Adult Resilience Survey (DARS) Outcomes

The Faith-Based Program for adults demonstrate resiliency measured as Always (A), Sometimes (S), or Not Yet (N) through the Devereux Adult Resilience Survey (DARS) instrument that promotes self-awareness regarding personal strengths to enhance creativity and the ability to set limits to cope with adversity and stress measured through the following areas:

- Will gain knowledge to develop healthy relationships
- Will learn skills to increase self-worth to enhance internal beliefs & values
- Will learn strategies to develop/enhance self-motivation to increase independence
- Will learn how to self-regulate & control without the use of substances and negative influences.
DARS Individual Agency Outcomes

*No Data Submissions from Life Recovery Ministries. The following is the response from Life Recovery Ministries to the query about the lack of DARS data:

- Life Recovery Ministries has determined that space, time and opportunity are not available to provide or perform the DARS evaluation.

- Our programs welcome participants from the community who experience "hurts, hang-ups and habits" (mental health & substance use disorders).

- These participants are not our clients but rather participants who come seeking a structured support group experience. Performing the DARS was not agreed upon by these attendees. It would push them away. They only expressed a desire to learn to open their hearts after being faced with painful situations and circumstances.

- Those who attend Recovery Church are similar although recognizing the support for Recovery, the religious worship environment is also not an appropriate environment.

- For these programs, we currently measure outcome by their ongoing involuntary participation and involvement.
99 Treasures Arts & Culture
DARS Submissions

Inner Healing Ministries
Student Training Outreach Prevention (STOP) Program
DARS Submission
OhioGuidetone
Utilizing Spiritual Care as a Bridge to Mental Health Services
DARS Submissions

Trinity Outreach Ministries
The Faith Program Inner City Youth and Families Cultural Arts Performance
DARS Submissions
Mental Health First Aid Individual Agency Outcomes

Health First Aid is designed to teach individuals how to spot the signs and symptoms of mental illness and provide help on a first aid basis. Individuals who are participating in a Mental Health First Aid training provided by Far West Center, Life Recovery Ministries and NAMI Greater Cleveland is expected to successfully complete the course evaluation/quiz and score at least 60% based on the following topics:

- Helpful Things to Say
- Myths and Facts- Suicide and Self-Injury
- Suicidal Thoughts and Behaviors
- Panic Attacks
- Traumatic Events
- Auditory Hallucinations
- Psychosis
- Substance Use Disorders

Neither program provided classes in the first quarter of 2020.
Education and Awareness Outcomes

- NAMI Greater Cleveland / Naaleh Cleveland - Providing mental health education and support within faith-based communities for individuals with mental illness and their families.

- NAMI Greater Cleveland - Providing mental health education and support within faith-based communities for individuals with mental illness and their families.

- Far West Center - Building bridges between the faith community and behavioral health providers.

Only Far West Center was able to provide a program before COVID – 19 restrictions were instituted in March.
Prevention/Intervention, Outreach/Awareness, Substance Use Education and Referrals

- Faith Community Supportive Services, Inc - 2nd Chance Program – After school program providing an alternative to incarceration and prevention services for youth and their families.

No 1st Quarter Report - Program started 5/1/2020
Grassroots Saturday/Summer Program - Youth and high-risk youth that have had contact with the Juvenile Justice System and their families serving 75-80 individuals. We take a human centered and spiritual approach in recovery, healing and providing program services.

### Project Community Empowerment Holistic Solutions for Holistic Problems – Goal 75-80 Individuals

<table>
<thead>
<tr>
<th>Community Networking Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Panelist at Case Western Reserve University discussing the epidemic of gun violence and the need for trauma informed services for survivors. We were able to network with other organizations and faith-based organizations on campus.</td>
</tr>
<tr>
<td>• Participated in TeaTime for Peace Event at Fairmont Presbyterian Church. We were able to network and share our efforts. We also participated in a TeaTime event at New Covenant Lutheran Church in East Cleveland.</td>
</tr>
<tr>
<td>• Participated in a program sponsored by God Before Guns at Pilgrim Congregation Church which featured an AK 47 which was melted down into a farm implement. God Before Guns is a faith-based collaboration formed to bring people together to address the epidemic of gun violence. We were able to distribute flyers about our services.</td>
</tr>
<tr>
<td>• Shared information through social media, events and fliers. We have reached out to the Liberian Community through Rev. Dogba Bass.</td>
</tr>
</tbody>
</table>

### Program Presentation

- Presented at the monthly Standing Together Against Neighborhood (S.T.A.N.C.E.) meeting - collaboration of community, faith-based organizations and law enforcement.
- Presented at the Cuyahoga County Child Trauma Stress Collaborative.

### Activities/Services

- Participated in a service project in the Mt. Pleasant Community that involved a collaboration of various faith community-based organizations, Cleveland Police 4th District and many more. Service projects helped the youth and their families become bonded to the community and help see themselves as assets in the community.
- Continued Protective and Resiliency Services Against Illicit Drug and Alcohol Use:
  - Painting or Art Therapy - Teaches self-control and self-discipline/Art is utilized to earn income
  - Unity Circle Sessions - Increases unity and healing through discussions, dialogue and role playing
  - Education and information about drug and alcohol use
  - Our Family Day - Provides safe space for families to come and work together in peaceful activities
- Social work department provided referrals for services and helped address issues with the justice system.
• The challenge of COVID-19 and re-inventing our programming and assuring our clients had the necessary resources to face this monumental challenge:
  o Drove families to faith-based institutions for food distribution. Dropped off 10 arts and crafts kits for families.
  o Transitioned to Saturday conference calls.
  o Maintained phone checkups, conference calls and will increase using Zoom moving forward.
  o Joined the Facebook Cleveland Pandemic Response, which is a clearing house of resources for home schooling, meeting basic needs, services and just being connected to each other.
  o Conducted a needs assessment on our clients and then ensured through email and social media that our clients had access to information specific to those needs.
  o We provided drug information to our clients to review at home, as well as access to 12 step support for those who need to continue with that avenue of support.
  o In our lessons, we have stressed using this time to reconnect with family, develop new skills and positive supports.
  o Our youth have been writing and working on paintings about this historic experience. We have stressed that all of us can come out of this experience stronger and more connected than ever.
  o Hosted arts and crafts activities at the Mt. Pleasant and East 131st Libraries. We welcomed new students and a clergy member from the Mt. Pleasant MyCom Collaborative.
  o Despite the pandemic youth are still working on their paintings that will be part of the permanent display in the Mt. Pleasant and E. 131st street library.

**FAITH COMMUNITY SUPPORTIVE SERVICES, INC - 2nd Chance Program**

The 2nd Chance Youth Program will provide after-school services/support to high-risk youth (10-17) and their families as an alternative to incarceration in the Juvenile Court – Juvenile Detention Center. The program will also provide services that prevent at risk youth (10-17) from entering the Juvenile Court System. This program started on May 1, 2020 and the goal is to serve 60-70 Individuals.

• The building where we hold sessions is not open to the public due to the COVID – 19.
• Will follow the directions from the state and local authorities when we start holding sessions again.
• Currently working from home since March but have been making revisions and additions to our core Personal Development Curriculum, Parenting Skills Classes, and Volunteers Training that now includes mental health and substance use education.
• Completed basic technical training designed to prepare us to present our training sessions online and related activities.
• Developing new brochures and video/Presentation presentations that describe in more details the program goals, activities, expected outcomes and additional services that will be available to clients and their families.
• Presentations will also include information about the ADAMHS Board services, information/brochures and how to make referrals to ADAMHS Board Service Providers.
• Received calls from parents in at least 5 other communities who learned about the program and wanted to enroll their children and others.
• Planning to participate in classes offered by the ADAMHS Board Training Institute and would like to participate in classes or training offered by other ADAMHS service providers.
Building bridges between the faith community and behavioral health providers – Establishing an ongoing “bridge” relationship with congregations and their ministers serving 93 individuals.

### Bridges Program

<table>
<thead>
<tr>
<th>Established collaborations: clergy/congregations/community</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Faith-Based Organization</strong></td>
</tr>
<tr>
<td>St. Ladislas Roman Catholic Church</td>
</tr>
<tr>
<td>Dr. Martin Luther Evangelical Lutheran Church</td>
</tr>
<tr>
<td>Dover Congregational Church</td>
</tr>
<tr>
<td>St. Christopher Roman Catholic</td>
</tr>
</tbody>
</table>

### Outreach Efforts

<table>
<thead>
<tr>
<th>Outreach Efforts</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Faith-Based Organizations</strong></td>
</tr>
<tr>
<td>Cleveland West Conference Northeast Ohio Synod ELCA</td>
</tr>
<tr>
<td>St. Ladislas Roman Catholic Church</td>
</tr>
</tbody>
</table>
coping with anxiety of COVID-19 was distributed along with program materials at their last session, before sessions were cancelled due to the Stay at Home order. Discussed future programming with their spiritual life director. maintained relations with the parish. Further programming to be scheduled once the church reopens after COVID-19.

**Dover Congregational Church**

- 1 contact with their Parish Nurse
- Follow-up with Parish Nurse regarding further programming. Congregation is interested but is presently under the Stay at Home order.

**Dr. Martin Luther Lutheran Church**

- 4 contacts with clergy, parish staff and church council
- Additional Bridges educational programming to be scheduled for late summer or early fall. 25 options for Coping with the COVID-19 stay at home order provided to the pastor for their newsletter
- Family who tested positive in March is doing better. Discussion with pastor the Changes and limits he and congregation has faced.

**St. Christopher Roman Catholic Church**

- 2 phone contacts
- Parish contact is focused on parish’s electronic religious activities for the congregation

**Prince of Peace Lutheran Church**

- 1 contact with clergy and educational director and 1 follow-up phone contact
- Educational Director and Pastor are very interested in sponsoring the Bridges program once the COVID-19 pandemic is under control.

<table>
<thead>
<tr>
<th>Mental Health First Aid</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Faith-Based Organizations</strong></td>
</tr>
<tr>
<td>MHFA scheduled for March 30 and 31</td>
</tr>
</tbody>
</table>

**INNER HEALING MINISTRIES - S.T.O.P (Student Training Outreach Program)**
Serving youth, young adults, adults and their families that are involved in the Criminal Justice System. The program is designed to decrease risk factors and increase both internal and external protective factors serving 75 individuals.

- Due to the social distancing mandate; the month of April was focused on devising a new comprehensive plan to shift the STOP program from an “in-person” initiative to an electronic virtual program. Most of this work will be done from the Kingdom Developers site.

- Our time was spent coordinating with the South Euclid and Cleveland Heights probation officers and judges in order to synchronize our new virtual STOP program with the court’s new way of handling cases.

- Instead of meeting on Wednesday for 2 hours for 10-12 weeks; we are changing the program to meet virtually for only one hour on Tuesday and one hour on Thursday. In this manner the program can be completed in a total of 5 weeks!

- We are encouraging all clients who were already registered in the initial STOP program to complete the program under the virtual electronic means. We are coordinating with the court’s schedules so that we can continue to provide a quality faith-based prevention program to the community.

- We would like to highlight the hard work, stellar organizational skills, and superb administrative efforts of Ms. Nichole Cobb of Kingdom Developers for making great strides in the transition of the STOP program into an effective electronic platform that will continue to meet the needs of the courts and clients. We expect that the month of May will show engagement, improvement and increase in our program.

**LIFE RECOVERY MINISTRIES (LRM)**

**Program 1 - Community Mental Health Chaplain**

Meeting the spiritual needs of individuals with apparent or diagnosed chronic life-threatening illnesses such as mental health and/or substance use disorders to enhance spiritual well-being. Targeted population – Adults in detox, residential treatment and diversionary programs, i.e. MH/Drug Court. Also, adults that have experienced an opiate overdose.

<table>
<thead>
<tr>
<th>Community Mental Health Chaplain – Goal 100 Individuals</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Organization</strong></td>
</tr>
<tr>
<td>Olivet Counseling Community</td>
</tr>
<tr>
<td>Recovery Church</td>
</tr>
</tbody>
</table>

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Program 2 - Mental Health First Aid – Clergy and Other Lay Leaders

Reducing stigma associated with mental health problems, inform participants about common mental illnesses and teach participants how to respond appropriately.

<table>
<thead>
<tr>
<th>Mental Health First Aid – Clergy and Other Lay Leaders - 8 hour Training</th>
<th>Goal 125 Individuals</th>
</tr>
</thead>
<tbody>
<tr>
<td># Participating</td>
<td>Faith</td>
</tr>
<tr>
<td>0</td>
<td>N/A</td>
</tr>
</tbody>
</table>

Additional Information:

Life Recovery Ministries did not conduct a Mental Health First Aid training in the month of April 2020 due to COVID-19.

Program 3 – “Open Heart Healthy Minds” Mental Health Support Group: Held at Olivet Institutional Baptist Church

To enhanced spiritual well-being and provide spiritual support to assist those affected by mental health and substance use function fully at work, home and in society despite having thought, emotional or behavioral disabilities.

<table>
<thead>
<tr>
<th>“Open Hearts Healthy Minds” Mental Health Support Group</th>
<th>Goal 30 Individuals</th>
</tr>
</thead>
<tbody>
<tr>
<td># Participating</td>
<td>LRM Referral Program or Source</td>
</tr>
<tr>
<td>0</td>
<td>N/A</td>
</tr>
</tbody>
</table>

There were no support groups held this month due to COVID-19.

NAALEH CLEVELAND – High Risk Mentorship Program
Provides a healthy and dependable role model to a struggling teenager to help them to find themselves during this pivotal and formative time of life.

<table>
<thead>
<tr>
<th>High Risk Mentorship Program – Goal 40 Individuals</th>
</tr>
</thead>
<tbody>
<tr>
<td># of kids Receiving Mentorships</td>
</tr>
<tr>
<td>34</td>
</tr>
</tbody>
</table>

- 34 Adolescents – approximately 8 interactions each
- 10 parents
- Life-skills, self-Esteem building and delayed, offset or arrested the use and abuse of illicit drugs and alcohol.
- Two different local schools allowed our High-Risk Teen Coordinator to come to their school and give a 2.5-hour drug education course to the students.
- With our encouragement, several teens have continued their IOP's via video conferencing. Others have stayed on track at TRI-C College and are finishing the semester.
- We have communicated with teens via, Zoom Video, phone calls and text. We have enabled peer- to-peers support and teens have reached out to other struggling teens that they have met through Naaleh programming. They call each other a few times a week.
- We have also done group projects, where friends can weigh in and advise others on projects that we are doing as a group.

**NAMI GREATER CLEVELAND - Mental Health Awareness, Support and Education**

Increase awareness of how mental health conditions affect everyday life and to provide mental health education and support within faith-based communities for individuals with mental illness and their families serving 200 individuals.

Will also work with Naaleh to increase awareness and education in their community and train NAALEH staff to conduct support groups and signature programming in their Orthodox Jewish community.

<table>
<thead>
<tr>
<th>Faith-Based Organizations</th>
<th>Programs Activities</th>
<th>Awareness and Engagement - # Served</th>
<th>Mental Health Education - # Served</th>
<th>Discussions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Affinity Baptist: Support Group</td>
<td></td>
<td>0 individuals attended</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cuyahoga Valley Church</td>
<td></td>
<td>0 individuals attended</td>
<td></td>
<td></td>
</tr>
<tr>
<td>First Baptist Church</td>
<td></td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ebenezer Spanish Seventh Day Adventist Church</td>
<td></td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>St. Michael Archangel</td>
<td></td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Church of Pentecost</td>
<td></td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td></td>
<td>4</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Provider Collaboration</th>
<th>Awareness/Education/Training Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Increased awareness/education</td>
<td>Trainings - # Served</td>
</tr>
</tbody>
</table>

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### # Served

| NAALEH Cleveland: monthly gender-specific anxiety & depression support groups | 0 | 0 | 0 |

Additional Information:

**NAALEH-**

- NAALEH has not yet commenced holding monthly gender-specific anxiety/depression support groups; face-to-face support groups are suspended during the COVID-19 pandemic. NAMIGC made multiple email and phone attempts to connect with NAALEH’s social worker and executive director during the month of April, requesting meetings to discuss offering educational programming. We will continue to outreach NAALEH staff to try and get planning underway.

**NAMI-**

- NAMI’s faith-based support groups are not currently operating in-person; face-to-face programs have been suspended during the COVID-19 pandemic. NAMIGC’s support and education coordinator has begun contacting the following faith-based support groups to encourage them to collectively join our new virtual faith-based support group, which will meet one Saturday per month.

  - Affinity Baptist support group
  - Cuyahoga Valley Church support group

- NAMIGC’s Hispanic Coordinator continues to engage in remote outreach to Spanish-speaking congregations. Congregations reported their focus at this time is activities that meet basic needs, such as food pantries. Congregations also report that they lack capacity/technology to participate in virtual mental health education or discussions during the pandemic. Our Hispanic Coordinator will continue to engage with Spanish-speaking congregations to monitor their needs as the pandemic evolves. In April, NAMIGC’s Hispanic Coordinator outreached the following Spanish-speaking congregations:

  - First Baptist Church
  - St. Michael the Archangel
  - Church of Pentecost
  - Ebenezer Spanish Seventh Day Adventist Church

### OHIOGUIDESTONE - Utilizing Spiritual Care as a Bridge to Mental Health Services

Incorporating a spiritual care component directly into our Workforce 360 program – 80 adult clients – Includes teachings on spirituality during the initial phase of the service, in a group setting, as well as offering on-site individualized spiritual care services for participants to access as needed.

| Utilizing Spiritual Care as a Bridge to Mental Health Services |
|---|---|---|---|---|
| # Enrolled | # Newly accessed MH services | # Received MH services and Spiritual Services | # Only received Spiritual Services | Expanded chaplain engagements |
Additional Information:

- Many of our employees continue working from home. It has been incredibly difficult to provide services in this program.
- We continue in conversation with our WorkForce leaders about integration. As they expand their capabilities, so too will we ours. We expect to see an increase in enrollment and engagements in the next couple of months based on recent conversations.

**TRINITY OUTREACH MINISTRIES – ANOTHER CHANCE OF OHIO** - The FAITH Program Inner City Youth and Families
Cultural Arts Performance

After school and weekend prevention program that will provide a holistic culturally sensitive faith-based approach to early intervention serving 150 youth and families. The aim is to strengthen the protective and resiliency factors in inner city at-risk families that are pertinent to delaying, offsetting or arresting the use and abuse of illicit drugs and alcohol.

| The FAITH Program Inner City Youth and Families Cultural Arts Performance – Goal 150 Individuals |
|-------------------------------------------------|---------------------------------|---------------------------------|---------------------------------|
| Activity                                        | # Registered | # of DARS Completed | # of DESSA Completed |
| Youth Show Choir /Family Fitness Positive Blog/Media/Film Lessons Fashion Design - and Sewing T & Th | 25 | 6 | 25 |
| Adult Choir/ Voice | 20 | 18 | 0 |
| Spiritual Character Development | 40 | 35 | 15 |

<table>
<thead>
<tr>
<th>Activity</th>
<th># Attended and/or Invited</th>
<th>Explain What the Activity/Service Entailed</th>
<th>Activity Schedule</th>
<th># of DARS Completed</th>
<th># of DESSA Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Show Choir /Virtual Family Fitness</td>
<td>12</td>
<td>Virtual Family Fitness with Dance &amp; Music Classes via Zoom</td>
<td>Thursdays 4:30</td>
<td>5</td>
<td>8</td>
</tr>
<tr>
<td>Virtual Social Media Classes /Positive Blogging</td>
<td>15</td>
<td>Teleconference calls and virtual classes on how to connect with people during COVID 19 crises</td>
<td>Daily</td>
<td>20</td>
<td>7</td>
</tr>
<tr>
<td>Youth and Family Leadership Motivation and Spiritual Character Development and Prayer</td>
<td>65</td>
<td>Motivational Teleconference calls to share concerns, strengths, and positive act of kindness toward others. Friday at noon. Facilitated</td>
<td></td>
<td>35</td>
<td>4</td>
</tr>
<tr>
<td>Voice lessons:</td>
<td>17</td>
<td>by Pastor Andrew and Michele Clark. Wednesday Session via telephone conference call at 6:45 P.M.; Daily prayer call at 7:00 A.M. Social distanced classes via Facebook live on Tuesdays at 7:00. Follow up Teleconference Lesson on Saturdays at 2:00</td>
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<tr>
<td>Virtual Kids Club on Fridays/Social Emotional Learning and Character Develop.</td>
<td>375 Views</td>
<td>Video presentation prepared for youth and families to engage in via Facebook. <em>Jayden and Allyson Awesome Adventures.</em> It includes art, science, exercise, character development, math and grammar. New weekly engaging episodes developed. Youth will assist with the filming of episodes when the Say at Home Order is lifted.</td>
<td></td>
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</tr>
<tr>
<td>Fashion Design and Sewing Classes</td>
<td>12</td>
<td>Patters are being made, and fabric has been selected and sewing machines purchased. Kids planning how to assemble Mask packets to address (COVID 19) Universal Precaution. 12 completed had the DESSA assessments.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td><strong>Total Registered and Served</strong></td>
<td><strong>400 +</strong></td>
<td><strong>0</strong> <strong>25</strong></td>
<td></td>
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<td></td>
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</tbody>
</table>

**Additional information:**

- We presented information, cleaning supplies and examples on how to keep people safe and healthy. We began moving some of the classes to tele-prevention using the telephone, Zoom, teleconference calls, video presentations and Facebook live sessions.

- People have been very responsive to the virtual faith-based virtual and teleconference prevention calls. We have encouraged people to remain clean and sober and encouraged them to talk about and incorporate faith and hope during their struggles with depressions, anxiety, stress expectation and connectedness.

- We have talked about how to facilitate watch parties to make sure people are feeling included and connected to the services and classes, and yet remaining safe at home. We are still encouraging people to register online or by phone to key Faith programs staff. We have grown in our Facebook live presence and have close to 6000 followers.

- We have made our Faith Program sessions and services to children and families in India, Nigeria, London, Kenya, Ghana and Australia due to new connections with The Worldwide Anglican Church. We have continued to re-air presentations to connect with people. We used zoom sessions and daily prayer conference and spiritual development classes via scheduled and announced teleconference meetings and classes.
• The youth had a Faith Program game night to keep everyone encouraged and connected with each other. The young adults have sessions to encourage each other to set up schedules, routines and to choose faith and hope and alternatives, to illicit drug use or other unhealthy behaviors or patterns.

• We have continued to spread messages of Universal Precaution and healthy safe distancing but still connectedness in creative ways/ Links are sent to people in the community. One on one calls made to assist senior citizens and others who need help learning how to use the technology.

• We believe all the sessions and interventions listed above not only helps with the protective factors from drug use, but it is now helping protect people from the Corona Virus and keeping them encouraged and hopeful. There is much anxiety due to the virus and it can be a risk factor for illicit use.

• We have served the following faiths: Christian, Lutheran and Muslim, Jews for the 2020 programming. We are not intending to exclude any faiths. We are pleased about our new connectedness to the Worldwide Anglican Church which has expanded our reach.

• We did need to expend unexpected funds on tele connectedness software and hardware during the COVID 19 crises. We will continue to seek ways to increase access to care during this Corona Virus crises. We have allowed feedback and ideas from the participants and other community faith-based leaders, and technology experts.

• We are very excited about the new production of the Kids Club and have made it available to the kids receiving care at the Family First Child Care Center. There has been a decrease in daily attendance at the Family First child Care Center due the temporary order from the Governor. Only kids of Essential Employees are allowed to come on site, however we have been able to reach out to others in the community and to reach out to the families who are still registered.

• We are preparing to make COVID 19 prevention protective masks for children and families in the Fashion Design classes. Students will learn through virtual classes. The kids have begun the COVID-19 Masks patterns. The adults and teens will do the sewing. We will safety distribute them.