FAITH-BASED OUTREACH COMMITTEE MEETING

WEDNESDAY, JULY 12, 2017
2:30 PM
2012 West 25th Street, Sixth Floor, Cleveland, OH 44113 – Ohio Room

Committee Mission Statement: To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices; and to promote the concept that treatment works and people recover.

AGENDA

1. Call to Order – Mary R. Warr, M.Ed., Committee Chair

2. Approval of Minutes – May 3, 2017

3. Faith-based Outreach Brochures - Starlette Sizemore-Rice

4. Updates:
   • Radio Interview - Healing the Hurt – Mary R. Warr / Rev. Benjamin F. Gohlstin, Sr.
   • T.V. Taping - Brenda & Friends/RoundTable - Starlette Sizemore-Rice
   • Faiths in Cuyahoga County: Pew Research - Starlette Sizemore-Rice
   • Concept for Reaching Other Faiths - William M. Denihan
   • Art Mural Program – William M. Denihan

5. OACBHA - Ohio’s 2017 Opiate Conference - Starlette Sizemore-Rice


7. Provider Progress Report - Starlette Sizemore-Rice

8. Old/New Business

9. Next Meeting: Wednesday, September 6, 2017 at 2:30 p.m.

Faith-based Outreach Committee
Mary R. Warr, M.Ed., Committee Chair
Eugenia Kirkland, LSW, MSSA, CDCA; Rev. Benjamin F. Gohlstin, Sr.; Gwendolyn Howard; Rev. Brenda M. Ware-Abrams; Anngela Williams
Faith-Based Outreach Committee

Mission Statement:
To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices; and to promote the concept that

Faith-Based Outreach Committee

Vision Statement:
To lead Cuyahoga County's faith/spiritual community in helping people living with mental illness and substance use and other disorders to recover, and promote the importance of integrating faith/spirituality in the clinical healing process.

Contact Information
ADAMHS Board of Cuyahoga County
2012 West 25th Street - 6th Floor
Cleveland, Ohio 44113
Phone: 216-241-3400
Website: www.adamhscc.org
Eugenia Kirkland, LSW, MSSA, CDC Board Chair
Valeria Harper, CEO

24-Hour Suicide Prevention, Mental Health & Addiction Crisis, Information & Referral Hotline: 216-623-6688
24-Hour Crisis Text "4HELP": 741741
Crisis Chat: www.adamhscc.org

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Spiritual and Recovery Communities
Working Together
The Faith-Based Outreach Committee, as a standing committee of the ADAMHS Board, has developed an action plan to promote and accomplish its vision for changing the unacceptable status quo.

We invite you to partner with us to achieve success in the following areas:

- Increase awareness and understanding of mental health/addiction in the faith community and to address societal stigma surrounding mental illness/alcohol & other substance use disorders.
- Educate the faith community about mental illness & substance use disorders in order to help the congregation and the overall community.
- Develop language and boundaries to clarify scope of practice for auxiliary spiritual leaders duties within the treatment community and healthcare professionals within the faith community.
- Incorporate spirituality as a component of treatment.

**Mental Health Day**

Increase awareness of mental health in your worship assembly by hosting a Mental Health Day during:

- Mental Health Awareness Month (May)
- Minority Mental Health Month (July)
- Alcohol and Drug Addiction Recovery Month (September)

Outreach activities can include:

- **Delivering messages of hope and support to your congregation,** guest speakers or personal testimonies from individuals living successfully with mental illness and drug free.
- Promotional materials and/or related signage about mental illness/substance use disorders and faith-based organizations that provide appropriate treatment services.
- **Videos that feature people living successfully with mental illness and free from alcohol and other drug use.**
- Health fairs that include information about local mental health and substance related behavioral health care services.
- Other mediums, radio, television, news and PSA coverage.
- **Scripture study which links unfortunate life events to possible Spiritual Distress & Mental Health Problems, i.e.,**
  1. Divorce: Anxiety/Depression
  2. Death: Depression/Substance Use Disorders
  3. Hospital Sickness: Depression
  4. Prison: Anxiety/Depression/Substance Use Disorders

**MERGE Spirituality Training**

Partake of MERGE Spirituality educational opportunities which will be available to your religious/spiritual congregation:

- Core Competencies for Clergy and Other Spiritual Caregivers in Addressing Mental Health & Substance Use Disorders and the Impact on Family Members.
- Mental Health First Aid (MHFA).
- Competently Addressing the Faith Traditions of the Substance Use Diagnosed Client.
- Linking Spiritual Rituals & Activities to Address Mental Health.
- Referral to Spiritual Counseling and the use of Healthcare Professional ministries.

**Speakers Bureau**

The ADAMHS Board serves as a clearinghouse for a Speakers Bureau of clients, consumers, treatment and faith-based professionals available to serve as speakers to congregations and treatment facilities.

Call 216-241-3400 for information.
Providers and Programs

Trinity Outreach Ministries — Another Chance of Ohio
Inner City Life Fitness and F.A.I.T.H Boot Camp

Provides holistic faith-based approach to early intervention and prevention services providing inspirational activities with the goal to strengthen the protective and resiliency factors in families pertinent to delaying, preventing or arresting the use or abuse of illicit drugs and alcohol. Offering daily/weekly classes and activities for the entire family.

For more information and to register please go to www.thefaithprogram.com.

Dr. Deborah Watson, Program Operations Manager
Call 216-288-2038

Contact Information

If you would like more information regarding the ADAMHS Board’s Faith-Based Programs contact:

ADAMHS Board of Cuyahoga County
2012 West 25th Street - 6th Floor
Cleveland, Ohio 44113
Phone: 216-241-3400
Website: www.adamhscc.org

Eugenia Kirkland, LSW, MSSA, CDC Board Chair
Valeria Harper, CEO

Faith-Based Outreach Initiative Program

Five contract providers/faith-based organizations with unique programs:

- Integrating faith into the overall provision of treatment services.
- Providing prevention and early intervention services to youth and their families.
- Providing awareness and understanding of mental health and substance abuse.

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24-Hour Crisis Text ‘4HELP’; 741741
Crisis Chat: www.adamhscc.org

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MERGE
Spirituality
Mental Health
Emotional Wellness
Recovery
Gaining
Excellence &
Spirituality
Background

Enhance the quality of life for our community through a commitment to excellence in mental health and addiction prevention, treatment, and recovery services coordinated through a person-centered network of community supports.

Over the years, Board staff learned that the faith-based community often is contacted early on by individuals/families experiencing difficult circumstances involving mental health or substance abuse issues and realized that spirituality plays an important role in the recovery process.

Recognizing this, the ADAMHS Board formed a Faith-based Outreach Committee and a Faith-based Outreach Subcommittee with the mission:

To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices; and to promote the concept that treatment works and people recover.

Since the ADAMHS Board does not provide direct services and recognized the benefits of incorporating spirituality into prevention, treatment and recovery support services, they contracted with five organizations with diverse programs to participate in the Faith-Based Outreach Initiatives Program to:

- Increase awareness and understanding of mental health/addiction in the faith community and to address societal stigma surrounding the mental illness/substance use disorders.

- Educate the faith community about mental illness & substance use disorders.

- Develop language and boundaries to clarify the scope of practice for auxiliary spiritual leaders duties within the treatment community and healthcare professionals within the faith community.

- Incorporate spirituality as a component of treatment.

Providers and Programs

Each program is unique and diverse. Participation from ALL faith communities is welcome.

Inner Healing Ministries — Student Training Outreach Programs (S.T.O.P.) Church Assistance Program

Increasing the protective factors of youth, young adults and their families. This program has seven components that educate individuals about the connection between spirituality/recovery/behavioral health and it provides drug/alcohol free alternative activities for young adults.

Dr. Benjamin Franklin, Pastor
440-786-7858
Nichole M. Cobb, LISW-S, SAP, OCPS II
Kingdom Developers Consulting Inc.
216-481-8585

Life Recovery Ministries

Life Recovery Ministries — Building bridges between the faith community and behavioral health providers, to better assist people living with mental health and substance use disorders.

Programs:

- Let's Talk Mental Health a congregational awareness campaign focusing on breaking down the "wall of silence" between the faith community and people with mental illness and substance use disorders.

- Mental Health First Aid (MHFA) a prevention program designed to shape, form and educate caring congregations to welcome and support persons and families affected by mental health and substance use disorders.

- Spiritual Recovery & Wellness Program a comprehensive 12 week outreach program designed to link clients from participating treatment programs to supportive faith communities.

Rev. Karell T. McDaniel, LICDC-CS, Executive Director
216.408.9091

NAMIGreater Cleveland

NAMI Greater Cleveland — Outreach/Awareness

Increasing support, education and referrals around mental health and substance abuse issues in community churches by building support groups/partnerships, providing an understanding of mental/behavioral health and dual diagnosis.

Marsha Blanks, Program Director
216-875-0288

OhioGuidestone

OhioGuidestone solutions for children, families & communities

OhioGuidestone: Extending Spiritual Care into the Community.

OhioGuidestone serves clients who are struggling with mental health and addiction issues by taking a holistic approach that incorporates mind, body and spirit into the recovery process. This is accomplished by including a chaplain in the treatment team who will address issues of self-worth, shame, grief, and more by entering into the client’s own understanding of spirituality and working to bring healing and wholeness. These services are provided at the client's home, school or in the community.

Colleen L. Grabowski, MA, PCC-S, LICDC
440-260-8581
# FAITH-BASED OUTREACH INITIATIVE PROGRAM
## PROVIDER STATUS REPORT
### As of May 2017

<table>
<thead>
<tr>
<th>Provider</th>
<th>Goal</th>
<th>Objective</th>
<th># Served</th>
<th>Grant Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inner Healing Ministries – Prevention: &quot;Student Training Outreach Programs&quot; (S.T.O.P.) - Church Assistance Program”</td>
<td>Increasing the protective factors of youth, young adults and their families.</td>
<td>400 Youth/Adults/Families</td>
<td>18 Individuals</td>
<td>$45,000</td>
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</table>

- **Youth and Teen Prevention Group**
  - Summer lunch initiative/STOP prevention program - City of South Euclid partnership.
  - June 12th - July 22nd/Monday – Friday/12:00 -1:30.

- **Parent Group Program**
  - Numerous calls of interest during the Radio Broadcast (WERE 1490 AM) from parents with challenging situations.

- **Adult Program**
  - Continues to provide prevention services and counseling for adults - exercising substance abuse prevention/exercising faith.

- **Church Volunteer Training**
  - Volunteers from the Church/community - Wednesday from 5:00 - 7:00 p.m. - lessons in prevention, counseling, substance abuse training, spiritual meditation prayer, faith and how to use the *Word of God* to practice restraint.

- **The Community Outreach Radio Broadcast** - Saturdays from 3-4 p.m. on radio WERE 1490 AM.
  - April’s Guest/Host
    - Mr. Brian Moore, Chief Operating Officer and Ms. Letitia Young, Director of Operations of Moore Counseling and Mediation Services.
• Mrs. Nichole Cobb of Kingdom Developers Counseling and Consulting Inc. /STOP Education Director and a client from the STOP Men's Group by the name of Chris.
• Ms. Antonise Jackson is one of the first parents and inaugural participants of the STOP program.
• Mr. and Mrs. Kyle who were former participants of our Parenting Group.
• Dr. Franklin, STOP Program Director, Mrs. Nichole Cobb and STOP program volunteers.

  - May’s Guest/Host
    • Dr. Franklin, Ms. Nichole Cobb and STOP program volunteers.
    • Teacher and a counselor from a neighborhood school.
    • Nichole Cobb and Dr. Franklin.
    • Mr. Jeff Franks, the CEO of HCFM (Healing Care Mandate International).

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<tr>
<td>Life Recovery Ministries, Inc.</td>
<td>Increasing commitment in the faith</td>
<td>500 Adults/Youths</td>
<td>152 Individuals</td>
<td>$54,000</td>
</tr>
<tr>
<td>Prevention:</td>
<td>community.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>&quot;Spiritual Recovery &amp; Wellness Program&quot;</td>
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• Let’s Talk...Mental Health
  - November 4th - Noble Road Presbyterian Church.
  - Working with a few other churches including the Buddhist Center.

• Spiritual Recovery & Wellness Program - Front Steps Housing and Services
  - April – 3 Sessions
  - May – 2 Sessions

• Monthly Mental Health First Aid Training - Olivet Institutional Baptist Church
  - May – 4 Sessions
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<tr>
<td>NAMI Greater Cleveland - Prevention</td>
<td>Increasing support, education, and referrals around mental health and substance abuse issues in community churches.</td>
<td>400 Children/Families</td>
<td>308 Individuals</td>
<td>$19,000</td>
</tr>
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</table>

- **Awareness and Engagement/Mental Health Education**

  - **Affinity Baptist Church** - June 3rd; Tracee’ Black-Fall, Executive Director, TOVA’s N.E.S.T - 4 hour Workshop “Who is Knocking at Your Door”.
  - **New Community Bible Fellowship** - Material on mental health conditions for adults, youth and seniors - May 20th Mental Health Awareness presentation - 108 adult church members – May 28, 2017 conducted two psychoeducation sessions on emotional wellness for youth of church - 86 youth/18 years and under attended.
  - **Bay Presbyterian Church** – May 23, 2017 - Mental Health Awareness presentation - 25 individuals participated.
  - **United Missionary Baptist Church** - May 7, 2017 health fair - Provided 275 pieces of information.
  - **Christ Centered Church** – June 24, 2017 health fair – Speaker.
  - **Citadel of Faith Ministry** - Provided 275 pieces of information on mental health conditions.
  - **Alive on Purpose** - May 10, 2017 - Mental Health Awareness and the Importance of Incorporating Spirituality in Recovery presentation to 15 adults who work with teen girls.
  - **Al Nations Ministry** – Meeting with church pastor Mother McCurry on May 10th to discuss possible Mental Health Awareness presentation.
  - **Meeting with Kim Jordon** – She established a faith based counseling agency - Discussed how NAMI can partner with her to access churches that need education that she is unable to do.
  - **Open Door Missionary Baptist Church** - Ms. Alexander, Education Coordinator was pleased with the final April presentation.

- **Mental Health Support**

  - **Blessed Trinity** – Support group serving 5-8 individuals.
  - **Affinity Baptist** - Discussed how we can spark interest at June 3rd event and possibly providing an education event in July and then starting the group up again.
  - **Church of Jesus Christ-Apostolic Faith** - May 19-Meeting to discuss start date of Faith-Based-Support Group.
- **Mental Health Education**
  
  - **The Word Church** - May 20, 2017- conducted Mental Health First Aid Course for 11 church ministry leaders. Will conduct Understanding Mental Illness Course starting in June.
  
  - **Open Door Missionary Baptist Church** - Planning meeting for church Senior Citizens group on mental health and elderly - Presentation to family members was well received therefore church wants the seniors themselves to hear presentation.

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<td>OhioGuidestone - Behavioral Health Treatment:</td>
<td>Expanding efforts in providing spiritual care and support.</td>
<td>100 Youth/Families</td>
<td>83 Individuals</td>
<td>$50,000</td>
</tr>
<tr>
<td>&quot;Expanding Spiritual Care&quot;</td>
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<td>51 Continued from 2016 32 New clients 2017</td>
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- The program is undergoing a major transition this month as Colleen Grabowski, MA, LPCC-S, LICDC-CS takes over administration of the program from Rev. Jared Gadomski Littleton.
- Demand for the Community Chaplaincy program has reached an all-time high.
- We currently have 20 clients on our waiting list for services.
- One of the goals in this year's program is to transition to a second billing source (Medicaid) following the introduction of Medicaid Redesign.
- Rev. Marc Neal:
  - Regular part time - up to 30 hours of paid work to increase availability.
  - Providing excellent service with minimal downtime/clients are growing tremendously.
  - Training in preparation for the Medicaid Redesign including as a Therapeutic Behavioral Specialist.
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<tr>
<td>Trinity Outreach Ministries Another Chance of Ohio - Prevention</td>
<td>Holistic faith-based approach to early intervention and prevention services</td>
<td>100 Children/Families</td>
<td>128 Individuals</td>
<td>$54,000</td>
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<tr>
<td>&quot;Inner City Life Fitness and F.A.I.T.H Boot Camp&quot;</td>
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- Registration and classes began on February 6th, 2017.
- Hot Cards and the Website were redesigned for the 2017 Program [www.thefaithprogram.com](http://www.thefaithprogram.com).
- Art, Basketball and the Arts & Cultural Entrepreneurial classes still have good participation and excitement.
- Art class completed sample window murals for the church and are still planning to create a large chess board.
- Students were active in the rehearsals for the upcoming Carnival Fashion to showcase their talents.
- We have selected five students to participate in a community-wide boxing – their families have shown more connection to church.
- We continued the music program.
- The families still express a sense of relief to have a church/friendly faith-based community program as a refuge from the troubles in the neighborhood.
- The new cheerleaders also did very well.
- One key focus was preparing for the end of semester sports and fitness showcase via a basketball & boxing scrimmage with support from the cheerleaders rooting them on.
- We continued to discuss what we will do to improve services and the outreach to other groups.