

THE *NEXT* STEP Race to Recovery

Sunday, August 31st, 2014

5k Run/Walk & 1 Mile Fun Walk

Edgewater Park, Cleveland, Ohio



AWARDS • FOOD • MUSIC • YOGA • RAFFLES

Proceeds to benefit the expansion of Edna House for Women: We offer long-term, structured sober living and education to women seeking recovery from addiction to drugs and alcohol.

Name	Phone
Company Name	Email
Address	Date of Birth
City/State/Zip	Male/Female

Early Registration

1 mile walker \$20/ea
 5k Runner/Walker \$25/ea
 Team of 4 \$75/team

Name 2: _____ DOB _____

Name 3: _____ DOB _____

Name 4: _____ DOB _____

Register Online at

<http://www.active.com/>



Mail Registration form to

The Edna House for Women
 PO Box 602686, Cleveland, OH 44102
 Make Checks Payable to The Edna House for Women

Participant Waiver for Race to Recovery

I know that running [volunteering for] a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road [insert any specific risks related to your here, e.g. "the alligators who bask in the sun at the corner of 4th and Sunset St..."], all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Race to Recovery, the city of Cleveland, Cleveland Metro Parks, The Edna House for Women & Friends, North Coast Multisports, Inc., all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.